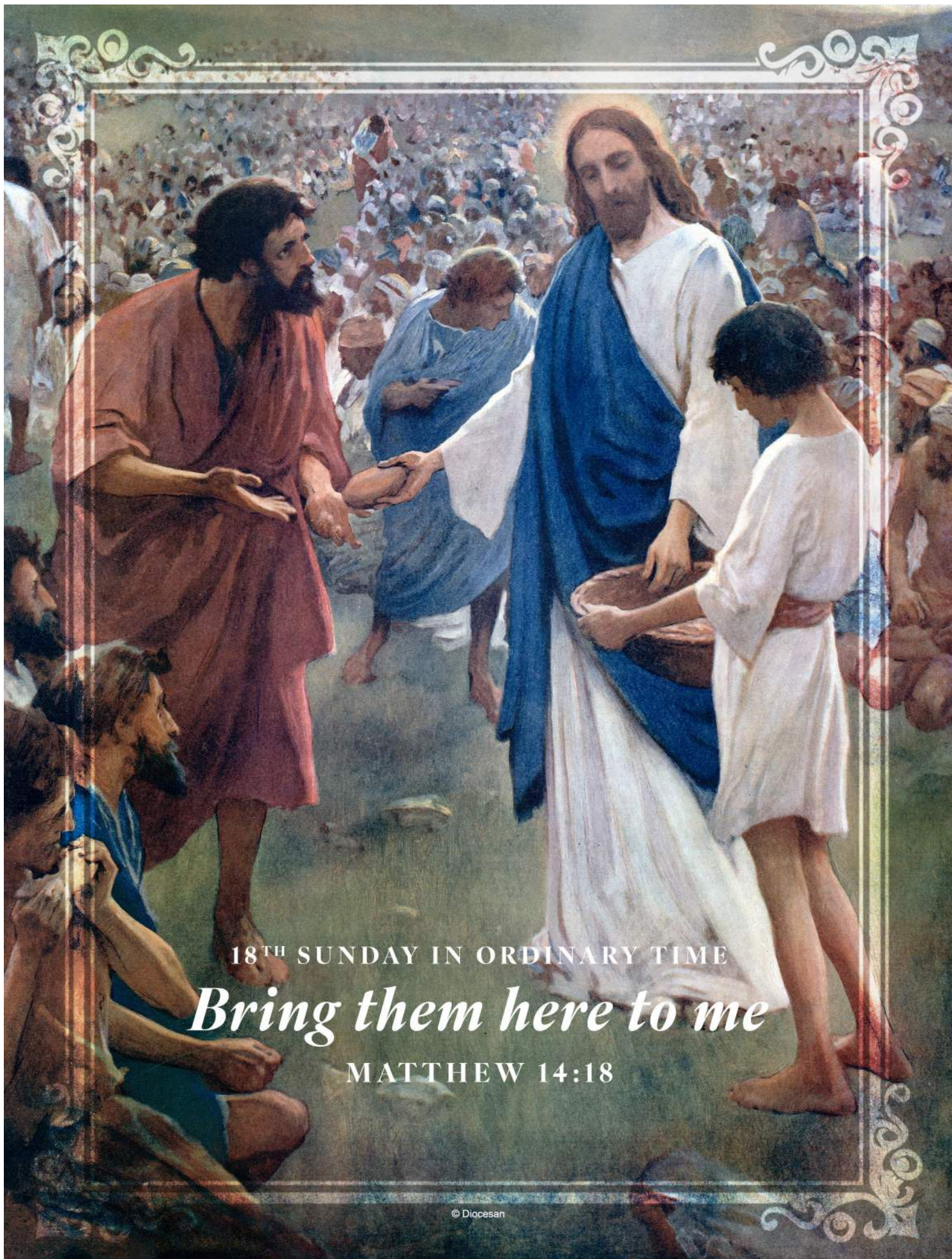




18TH SUNDAY IN ORDINARY TIME

Bring them here to me

MATTHEW 14:18



St. Bernard of Clairvaux

4001 East 101st Street, Tulsa, OK | 918.299.9406

PARISH OFFICE HOURS

Monday-Friday | 9:00 am-5:00 pm

SUNDAY MASSES | MAIN CHURCH

Saturday Vigil | 5:00 pm
8:00 am, 11:15 am, & 5:00 pm

WEEKDAY MASSES | MAIN CHURCH

Monday-Saturday | 8:30 am
Wednesdays | 6:00 pm

ADORATION | GOOD SHEPHERD CHAPEL

Mon., Tues., Thur., and Fri. | 9:00 am-8:00 pm
Wed. | 9:00 am-6:00 pm

THE HOLY ROSARY

Prayed thirty minutes before all daily and weekend Masses except the 5:00 pm Sunday.

HELPFUL INFORMATION

HEARING ASSISTANCE for MASS

 If you or a loved one need hearing assistance for Mass, please visit the Welcome Center for an instructional card to help you connect to the sound system.

CONFESSIONS

Saturdays from 3:30-4:45 pm, thirty minutes before each Sunday Mass, or by appointment.

WEDDINGS

Six months' notice is required. Additional information is available on the parish website.

NEWCOMERS

To register as a parishioner, please complete the form on our website under "I'm New" or pick up a registration form & other information at the Welcome Center in the Commons.

SPECIAL REQUESTS

Please inform the Parish Office if you have a family member in the hospital or homebound.

ANointING OF THE SICK

If you or a loved one are seriously ill, please contact Fr. Jack or Fr. Shane as soon as possible for the Anointing of the Sick.

CHANGES

If you are moving or changing contact information, please notify the Parish Office.

Connect with Us!

(918) 299-9406
www.stbernardstulsa.org

4001 East 101st Street
Tulsa, OK 74137

Facebook: /stbernardstulsa

Instagram: @stbernardofclairvaux

Twitter: @stbernardstulsa

YouTube Channel: search for "St. Bernard of Clairvaux Catholic Church"

Flocknote: to join the parish Flocknote, text SBTULSA to 84576 or sign up on our website

Parish Staff

V. Rev. Jack Gleason, Pastor,

frjack@stbernardstulsa.org

Rev. Shane Hewson, Associate Pastor,

frshane@stbernardstulsa.org

Deacon Pius Devasahayam

Deacon Vince Greuel

Deacon Alan Mikell

Deacon Kevin Stephenson

Deacon Tim Sullivan, Director of OCIA and

Evangelization, tsullivan@stbernardstulsa.org

Erin Clifton, Faith Formation Administrative Assistant,

ecclifton@stbernardstulsa.org

Mary Isbell, Director of Parish Life,

parishlife@stbernardstulsa.org

Teresa Krimbill, Coordinator of Relationship Ministry,

tkrimbill@stbernardstulsa.org

Kim McClanahan, Director of Business and Facility,

kmccclanahan@stbernardstulsa.org

Dr. Christine Miller, Director of Adult Faith

Formation, Marriage, and Family Life,

aff@stbernardstulsa.org

Mary Poston, Director of Family Catechesis,

Children's and Youth Faith Formation,

maryp@stbernardstulsa.org

Kelly Roselle, Director of Communications,

communications@stbernardstulsa.org

Hannah Schilling, Coordinator of Families with Young

Children Ministry, hannahs@stbernardstulsa.org

Courtney Smith, Childcare Ministry Coordinator,

childcare@stbernardstulsa.org

Monica Stephenson, Director of Music,

monica@stbernardstulsa.org

Tara Sudler, Director of Preschool,

tsudler@stbernardstulsa.org

Michelle Wolfe, Parish Bookkeeper,

mwolfe@stbernardstulsa.org

Willow Zarecki, Youth Faith Formation Coordinator,

youth@stbernardstulsa.org

SAINT BERNARD OF CLAIRVAUX CATHOLIC CHURCH
TULSA, OK — AUGUST 2, 2026
EIGHTEENTH SUNDAY IN ORDINARY TIME/YEAR A



MASS INTENTIONS

August 3-9, 2026

Monday:

8:30 am, +Charles & +Chris Ford by M/M
Roger Ford

Tuesday: St. John Vianney

8:30 am, +Bill Jones Sp. Int. Kirstin & Nicki
Jones

Wednesday: Ded. of St. Mary Major Bas.

8:30 am, +Herbert Tesker by M/M Treak
Tasker

Thursday: Transfiguration of the Lord

8:30 am, +Gerda & Gottlieb Fischer by
Marion Williams

Friday: St. Sixtus II and Companions

8:30 am, +Sandra Hayes by Frederick Martin

Saturday: St. Dominic

8:30 am, Sp. Int. Kendall Brown by Annabelle
Clark

5:00 pm, +Patrick Griffin by Cathy Meussner

Sunday: 19th Sunday in Ordinary Time

8:00 am, +Douglas Dulany by Lu Stevenson
5:00 pm, +Robert Sudler by Brenda & Linda
Fetsch

**To request a Mass, please call the Parish
Office at (918) 299-9406.**

What's Happening

AUGUST

4-8—Pictorial Directory
7—Friday Morning Moms Group Resumes
8-9—Called by Name Weekend
9—Stained Glass Windows Tour
16—Dinners for Eight Deadline
18—Preschool Meet the Teacher/Open House
19—Preschool First Day of School
21—Bernardfest "Bernard's Bash"
22—Bernardfest "Family Fest"
26—Middle & High School Youth Holy Hour
27—Baptism Class

SEPTEMBER

2—ACTS 15th Anniversary Mass
4—Parish Office Closed/No Adoration
7—Parish Office Closed/No Adoration
16—Men of the Upper Room (MOUR) Kick-Off
23-25—Beatification Pilgrimage to St. Louis

Family Catechesis & Children's Faith Formation

Mary Poston, Director
Hannah Schilling, Coordinator

FAMILY CATECHESIS VOLUNTEERS

It is summertime, and you know what that means—planning for the upcoming catechetical year! We are looking for Family Catechesis volunteers. Specifics are still being ironed out, but if you would like to volunteer with us, please contact Mary Poston.

CAT. OF THE GOOD SHEPHERD (CGS)

Catechesis of the Good Shepherd (CGS) is a Montessori-based faith formation program for children ages 3–6 that invites young children to encounter Christ through Scripture, liturgy, and hands-on materials in a prayerful atrium environment. Rooted in the belief that the Holy Spirit is the child's true teacher, CGS nurtures a deep relationship with God while supporting the child's spiritual development. St. Bernard's offers a Level 1 Atrium from September through May. For more information, please contact Hannah Schilling at hannahs@stbernardstulsa.org.

CGS Volunteers needed!

We are looking for adult volunteers to assist with our Catechesis of the Good Shepherd program this fall during our **Sunday and Friday morning sessions**. If you enjoy working with children ages 3–6 years, we'd love to have you join us! Experience with CGS or a Montessori background is especially welcome, but not required. For more info or to volunteer, please contact Hannah Schilling at hannahs@stbernardstulsa.org.

Online Giving



Thank you for your generous support of our parish. Please consider St. Bernard's in your estate and trust planning. Thank you!

Youth Faith Formation

Mary Poston, Director
Willow Zarecki, Coordinator

MIDDLE SCHOOL FLOCKNOTE



HIGH SCHOOL FLOCKNOTE



Scan the QR codes to join the Middle or High School Flocknote or follow the youth Instagram @st.bernards.yg to stay up to date on all that is happening in youth ministry. We are so excited for the 26/27 school year and have lots of fun things in store!

All Middle and High School youth are invited to participate in our Youth Holy Hour Wednesday, August 26th, from 7:00-8:00 pm!

HIGH SCHOOL YOUTH

Our High School youth is for students entering 9th through 12th grade and meets every Sunday from 6:00-8:00 pm.

MIDDLE SCHOOL YOUTH

Our Middle School youth is for students entering 6th through 8th grade and meets every Wednesday from 6:30-8:00 pm.

Preschool

Tara Sudler, Director

The new school year is right around the corner already! **Meet the Teacher & Open House is on Tuesday, Aug. 18th, from 10:00 am until 12:00 pm. Our first day of school is on Wednesday, Aug. 19th.** Our capacity is full, but prospective students can be added to our waitlist. If you would like more information about our wonderful Preschool or would like to schedule a tour, please contact Tara Sudler at (918) 299-9432 or tsudler@stbernardstulsa.org.

Parish Life

Mary Isbell, Director

PICTORIAL DIRECTORY



Scan the QR code to schedule your appointment for our new parish pictorial directory! Use church code **ok307** and church password **sbccphotos**.

BERNARDFEST 2026

Bernardfest is our annual parish celebration honoring our patron saint, St. Bernard of Clairvaux!

Bernard's Bash



Adults ages 21 and over are invited to join us on Friday, August 21, from 6:00–9:00 pm for an evening of dinner, music, fellowship, and a cash bar. Tickets are \$15 per person and may be purchased online

through our parish website (see QR code) or by cash or check at the Parish Life Office.

Family Fest

Bring the whole family on Saturday, August 22, from 9:00–11:00 am for a fun-filled morning designed especially for children and their families! Enjoy face painting, games, water activities, breakfast treats, a coffee cart, and many more exciting activities.

Volunteers Needed!

We need many volunteers to help make Bernardfest a success. If you are interested in serving, please email Mary Isbell at parishlife@stbernardstulsa.org. We would love to have you join the team!

Eucharistic Adoration

Want to take your spiritual life to the next level? Call the Parish Office at (918) 299-9406 to take an hour with Jesus each week!

Tuesdays

12:00-1:00 pm

5:00-6:00 pm

6:00-7:00 pm

Thursdays

12:00-1:00 pm

2:00-3:00 pm

Fridays

9:00-10:00 am

2:00-3:00 pm

Wednesdays

4:00-5:00 pm

Adult Faith Formation, Marriage, & Family Life

Dr. Christine Miller, Director
sbtulsa.flocknote.com/Update

ADULT FAITH FORMATION

Sunday Readings Bible Study

Break open the Sunday readings, dive into Scripture, share insights, and enjoy great conversation & coffee! Sunday mornings, room G6, lead by Brent Hansen. All are welcome!

9:15-9:30 am — Social time

9:30-10:30 am — Readings & discussion

Thursday Morning Bible Study

On break during summer; starts up on Thursday, September 10th, at 9:30 am. Suggested study is the *Book of Revelations*.

Small Groups

This fall St. Bernard's will offer several small group opportunities on Wednesday evenings with childcare available. If you would be interested in a group focused on spiritual growth or healing, please join our Flocknote group at the link below. More information and sign-ups will go out in August.

sbtulsa.flocknote.com/hwpsg

Hallow

Coming this fall, St. Bernard's will launch a partnership with Hallow! If you already have the prayer app, please join our community page. Click the church icon and search for our parish by zip code (74137). The official parish launch will take place this September. Passionate about Hallow and interested in helping us share this resource? Sign up today to be a Hallow Herald at the link below.

sbtulsa.flocknote.com/signup/263942

Healing the Whole Person

This impactful course created by Dr. Bob Schuchts and Sr. Miriam James Heidland will be offered this fall on Sunday morning in between the Masses with childcare available. Space will be limited. If you would like to be on the waitlist and get a few days headstart on registration, please join our Flocknote listed below. Registration opens in August.

sbtulsa.flocknote.com/signup/223050

10-10 Challenge

Beginning in September, St. Bernard's parishioners are invited to learn 10 ways to grow closer to Jesus. The Challenge will meet once per month on Sunday in between the Masses. It will include a short presentation, group discussion, and a practical take-home challenge. Details and registration will be available in August.

Communio

St. Bernard's is partnering with a stellar relationship and marriage ministry organization called Communio. Teresa Krimbill is our Coordinator of Relationship Ministry. We are working this summer to build our plans for the parish.

MARRIAGE & FAMILY LIFE

Moms Ministry

On break July 3rd through August 6th. Join our email list to receive updates at:

SBTULSA.flocknote.com/Moms

Around Our Parish

A GENTLE REMINDER ABOUT PARISH DONATIONS

Our parishioners are wonderfully generous, and we are grateful for every effort to help those in need. To keep our donation room useful and organized, please bring only non-perishable food, requested Birthright items, new and unopened hygiene products, and cereal for the Tulsa Day Center. Clothing, linens, bedding, and appliances should be taken directly to the Tulsa Day Center. Please do not leave damaged, opened, expired, or unusable items. Thank you for helping us serve others well!

DINNERS FOR EIGHT

Do you enjoy eating and want to meet other parishioners? Come and join in the fun! Dinners for Eight has two sessions, spring and fall. Participants are randomly assigned to a group of 8 people (usually 4 couples but sometimes includes singles). Once a month for four months, the group meets for dinner (or other times determined by the group), with the host/hostess rotating (continued)

each month. At the beginning of the session, groups are randomly assigned again.

Register by Sunday, August 16th! For more information or to sign up, contact coordinators Tanya Butler at 785-635-2762 or atbutler@att.net, or Julian Urrea at 918-230-1481 or urreajulian@yahoo.com.

STAINED GLASS WINDOWS TOUR

The Clairvaux Women's Club invites all women of St. Bernard's to a prayerful tour of the stained glass in the sanctuary and Marian Chapel. Meet in the Commons at 2:00 pm next Sunday, August 9th, to start the tour. We'll learn the theme of each window and how the imagery tells holy stories, like the Parable of the Sower in last Sunday's Gospel. Join us to take a closer look at the beauty and artistry depicting the teachings of Jesus. Please RSVP at the link on our website.

FULTON SHEEN BEATIFICATION PILGRIMAGE TO ST. LOUIS

St. Bernard's is going on a pilgrimage to St. Louis, MO for the beatification of Venerable Fulton Sheen, September 23rd-25th! Cost is \$515 for a single occupancy hotel room, or \$350 for a double occupancy hotel room. What's included: ticket to the beatification, hotel stay for two nights, bus transportation to and from St. Louis, dinner on Sept. 24th, and hotel breakfasts. All other meals are on your own. Open to parishioners ages 12 and up. **Registration is open!** Visit our parish website and click on "Online Giving & Payments" to register & pay.

CALLED BY NAME WEEKEND & NEW DEACON CANDIDATES

Coming up next August 8th & 9th, our parish will participate in the Called by Name program, which invites parishioners to suggest names of unmarried men, 16 or older, who may have a calling to the priesthood. You will have a few minutes to complete a card listing the name (or names) of someone you could see as a priest and future leader in the Church. The cards will be collected in a basket by our ushers.

We are also pleased to announce that three men from our parish have been accepted into the deacon formation program: Chad Briggs, Minwoo Kwon, and Zane Zarecki. (continued)

If you see them around the parish, please congratulate them and thank them for their openness to God's calling!

WELCOME, DEACON KEVIN!



Welcome to Deacon Kevin Stephenson, who Bishop Konderla just assigned to St. Bernard's! Here is more about Deacon Kevin in his own words:

"I hold a Master's in Marriage and Family Therapy and a Master of Divinity from Oral Roberts University Graduate School of Theology. I bring more than 20 years of experience as a mental health provider in both inpatient and outpatient settings. I converted to Catholicism in 2009 and was later ordained a Deacon for the Diocese of Tulsa and Eastern Oklahoma in 2020.

I am an Oklahoma Licensed Professional Counselor and Supervisor, a Certified Life Coach, and a Board-Certified Chaplain with the National Association of Catholic Chaplains. I have published books on spirituality and mental health. I currently serve as the executive director of Saint Augustine Behavioral Health/Association of Catholic Counselors and as President of Faith Based Films LLC. I am married to my wife Monica, and we currently have six children and nine grandchildren."

ACTS SAVE THE DATE

Please join us as we celebrate 15 years of ACTS at St. Bernard's. **Mass is at 6:00 pm on Wednesday, September 2nd, with a Family Picnic Reception to follow at the Pavilion.** All parishioners are welcome to share in this joyful milestone of faith, fellowship, and community.

ST. MONICA PRAYER GROUP

St. Monica's Prayer Group invites anyone who would like to pray for our fallen away family members and friends to consider joining a small group. There are small prayer groups on Tuesday and Wednesday mornings at 9:15 that anyone can join. Prayers can be said at home or anywhere convenient for the group. For more information, call/text Rene Borchers at 918-899-1952.



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