

# I WILL OPEN MY MOUTH **IN PARABLES**

— 16<sup>TH</sup> SUNDAY IN ORDINARY TIME —





# St. Bernard of Clairvaux

4001 East 101st Street, Tulsa, OK | 918.299.9406

## PARISH OFFICE HOURS

Monday-Friday | 9:00 am-5:00 pm

## SUNDAY MASSES | MAIN CHURCH

Saturday Vigil | 5:00 pm  
8:00 am, 11:15 am, & 5:00 pm

## WEEKDAY MASSES | MAIN CHURCH

Monday-Saturday | 8:30 am  
Wednesdays | 6:00 pm

## ADORATION | GOOD SHEPHERD CHAPEL

Mon., Tues., Thur., and Fri. | 9:00 am-8:00 pm  
Wed. | 9:00 am-6:00 pm

## THE HOLY ROSARY

Prayed thirty minutes before all daily and weekend Masses except the 5:00 pm Sunday.

## HELPFUL INFORMATION

### HEARING ASSISTANCE for MASS

 If you or a loved one need hearing assistance for Mass, please visit the Welcome Center for an instructional card to help you connect to the sound system.

### CONFESSIONS

Saturdays from 3:30-4:45 pm, thirty minutes before each Sunday Mass, or by appointment.

### WEDDINGS

Six months' notice is required. Additional information is available on the parish website.

### NEWCOMERS

To register as a parishioner, please complete the form on our website under "I'm New" or pick up a registration form & other information at the Welcome Center in the Commons.

### SPECIAL REQUESTS

Please inform the Parish Office if you have a family member in the hospital or homebound.

### ANointING OF THE SICK

If you or a loved one are seriously ill, please contact Fr. Jack or Fr. Shane as soon as possible for the Anointing of the Sick.

## CHANGES

If you are moving or changing contact information, please notify the Parish Office.

## Connect with Us!

(918) 299-9406  
[www.stbernardstulsa.org](http://www.stbernardstulsa.org)

4001 East 101st Street  
Tulsa, OK 74137

**Facebook:** /stbernardstulsa

**Instagram:** @stbernardofclairvaux

**Twitter:** @stbernardstulsa

**YouTube Channel:** search for "St. Bernard of Clairvaux Catholic Church"

**Flocknote:** to join the parish Flocknote, text SBTULSA to 84576 or sign up on our website

## Parish Staff

**V. Rev. Jack Gleason, Pastor,**  
[frjack@stbernardstulsa.org](mailto:frjack@stbernardstulsa.org)

**Rev. Shane Hewson, Associate Pastor,**  
[frshane@stbernardstulsa.org](mailto:frshane@stbernardstulsa.org)

**Deacon Pius Devasahayam**

**Deacon Vince Greuel**

**Deacon Alan Mikell**

**Deacon Tim Sullivan, Director of OCIA and Evangelization,**  
[tsullivan@stbernardstulsa.org](mailto:tsullivan@stbernardstulsa.org)

**Erin Clifton, Faith Formation Administrative Assistant,**  
[eclifton@stbernardstulsa.org](mailto:eclifton@stbernardstulsa.org)

**Mary Isbell, Director of Parish Life,**  
[parishlife@stbernardstulsa.org](mailto:parishlife@stbernardstulsa.org)

**Teresa Krimbill, Coordinator of Relationship Ministry,**  
[tkrimbill@stbernardstulsa.org](mailto:tkrimbill@stbernardstulsa.org)

**Kim McClanahan, Director of Business and Facility,**  
[kmcclanahan@stbernardstulsa.org](mailto:kmcclanahan@stbernardstulsa.org)

**Dr. Christine Miller, Director of Adult Faith Formation, Marriage, and Family Life,**  
[aff@stbernardstulsa.org](mailto:aff@stbernardstulsa.org)

**Mary Poston, Director of Family Catechesis, Children's and Youth Faith Formation,**  
[maryp@stbernardstulsa.org](mailto:maryp@stbernardstulsa.org)

**Kelly Roselle, Director of Communications,**  
[communications@stbernardstulsa.org](mailto:communications@stbernardstulsa.org)

**Hannah Schilling, Coordinator of Families with Young Children Ministry,**  
[hannahs@stbernardstulsa.org](mailto:hannahs@stbernardstulsa.org)

**Courtney Smith, Childcare Ministry Coordinator,**  
[childcare@stbernardstulsa.org](mailto:childcare@stbernardstulsa.org)

**Monica Stephenson, Director of Music,**  
[monica@stbernardstulsa.org](mailto:monica@stbernardstulsa.org)

**Tara Sudler, Director of Preschool,**  
[tsudler@stbernardstulsa.org](mailto:tsudler@stbernardstulsa.org)

**Michelle Wolfe, Parish Bookkeeper,**  
[mwolfe@stbernardstulsa.org](mailto:mwolfe@stbernardstulsa.org)

**Willow Zarecki, Youth Faith Formation Coordinator,**  
[youth@stbernardstulsa.org](mailto:youth@stbernardstulsa.org)

SAINT BERNARD OF CLAIRVAUX CATHOLIC CHURCH  
TULSA, OK — JULY 19, 2026  
SIXTEENTH SUNDAY IN ORDINARY TIME/YEAR A



## MASS INTENTIONS

July 20-26, 2026

### **Monday: St. Apollinaris**

8:30 am, +Sara Taranto Miller by M/M Treak Tasker

### **Tuesday: St. Lawrence Brindisi**

8:30 am, +Florence Gulla by Rosemarie Gulla

### **Wednesday: St. Mary Magdalene**

8:30 am, +Edwin Day by Rosemarie Gulla

### **Thursday: St. Bridget**

8:30 am, +John Hingey by Margaret Hingey

### **Friday: St. Sharbel Makhluf**

8:30 am, +Douglas Dulany by Lu Stevenson

### **Saturday: St. James the Apostle**

8:30 am, Sp. Int. Alex Kwon by K. Maloney

5:00 pm, +Cindy Kapura by M/M John Kapura

### **Sunday: 17th Sunday in Ordinary Time**

8:00 am, Sp. Int. Pat Lingenfelter & John Alford by the Peek Family

5:00 pm, +Andy Ericksen his Mom

**To request a Mass, please call the Parish Office at (918) 299-9406.**

## What's Happening

### **JULY**

18-19—GoLife Baby Bottle Campaign

18-19—Franciscan Mission Service 2nd Coll.

21-25—Pictorial Directory

24—M.S. Glow Jump at Sky Zone

25-26—GoLife Baby Bottle Campaign

26—Coffee & Donuts

27-30—Middle School Summer Blast

### **AUGUST**

4-8—Pictorial Directory

7—Friday Morning Moms Group Resumes

27—Baptism Class

### **SEPTEMBER**

23-25—Beatification Pilgrimage to St. Louis

## Family Catechesis & Children's Faith Formation

Mary Poston, Director  
Hannah Schilling, Coordinator

### **THANK YOU, VBS & TOTUS TUUS VOLUNTEERS!**

Thank you to everyone who participated in VBS and Totus Tuus! We had 122 kids in VBS, and 55 kids in Totus Tuus. Special thanks to the host families, the Krimbills and Ngos, and to the families who provided dinners, the Yeagers, Baumans, and Ngos.

### **FAMILY CATECHESIS VOLUNTEERS**

It is summertime, and you know what that means—planning for the upcoming catechetical year! We are looking for Family Catechesis volunteers. Specifics are still being ironed out, but if you would like to volunteer with us, please contact Mary Poston.

### **CGS VOLUNTEERS NEEDED**

We are looking for adult volunteers to assist with our Catechesis of the Good Shepherd program this fall during our **Sunday and Friday morning sessions**. If you enjoy working with children ages 3–6 years, we'd love to have you! Experience with Catechesis of the Good Shepherd or a Montessori background is especially welcome, but not required. For more information or to volunteer, please contact Hannah Schilling at [hannahs@stbernardstulsa.org](mailto:hannahs@stbernardstulsa.org).

[www.stbernardstulsa.org/cgs](http://www.stbernardstulsa.org/cgs)

## Online Giving



Thank you for your generous support of our parish. Please consider St. Bernard's in your estate and trust planning. Thank you!

## Youth Faith Formation

Mary Poston, Director  
Willow Zarecki, Coordinator

### HIGH SCHOOL YOUTH

**July 19** — Steubenville Conference  
**July 26** — Bob Ross Paint-a-long! Best Bob Ross Costume wins a prize!

### MIDDLE SCHOOL YOUTH

**July 22** — No Youth Group  
**July 24** — Glow Jump at Sky Zone  
**July 27-30** — Middle School Summer Blast registration is open! The focus of the week is the source and summit of our Catholic faith, the Eucharist! Register by July 13th to receive a t-shirt. Registration cost: \$30. Register online via QR code.



## Communications

Kelly Roselle, Director

### ANNIVERSARY RECOGNITION

Matrimony is a holy and beautiful sacrament, and it is worth celebrating! If you have an **anniversary in July or August**, please email the following to Kelly Roselle at [communications@stbernardstulsa.org](mailto:communications@stbernardstulsa.org): *photo from your wedding day, current photo of spouses, wedding date (MM/DD/YYYY), number of years married, and a positive quote about the Sacrament.* You will be celebrated on social media and in the Friday E-News! *Widows & widowers are also encouraged to send in their information to honor their spouses.*

### LET'S STAY IN TOUCH!



We're on Facebook, Instagram, and X! Scan the QR code to follow us on social media and keep up-to-date on our parish. Need to promote something? Please email Kelly Roselle at [communications@stbernardstulsa.org](mailto:communications@stbernardstulsa.org).

## Faith & Family

Deacon Tim Sullivan

### CATHOLIC ANTHROPOLOGY

This is the last in a series of articles on helping Catholics know how to have constructive conversations with non-Catholics on the issues that are most likely to arise. This article will deal with Catholic anthropology, the understanding of the human person.

Modern life has been greatly influenced by individualism, the notion that each person is sovereign and can determine his own values and truths independently of any objective source. The Church believes that there are objective truths and moral absolutes, and that nothing that is objectively true will contradict any other objective truths. Like the Declaration of Independence, the Church accepts the laws of nature and of nature's God.

Contrary to the popular notion that freedom is the ability to do anything we want when we want to do it, the Church accepts the teaching of Jesus that the truth will set us free. Faith and reason are not opposed to each other. Both are required for the human person to know the truth about themselves.

As Catholics, we believe that every person is made in God's image and entitled to dignity and respect. Each of us is called to live in right relationship with others and with God. We are made for communion. In keeping with our social nature, what is good for each person is related to the common good. As said in 1 Corinthians 12:26, "If one part suffers, all the parts suffer with it; if one part is honored, all the parts share its joy."

## Preschool

Tara Sudler, Director

If you would like more information about our wonderful Preschool or would like to schedule a tour, please contact Tara Sudler at (918) 299-9432 or [tsudler@stbernardstulsa.org](mailto:tsudler@stbernardstulsa.org).

[www.stbernardstulsa.org/preschool](http://www.stbernardstulsa.org/preschool)

## Parish Life

Mary Isbell, Director

### PICTORIAL DIRECTORY



Scan the QR code to schedule your appointment for our new parish pictorial directory! Use church code **ok307** and church password **sbccphotos**.

**July 21-25 | August 4-8**

**We are now using online scheduling exclusively. Online scheduling is available 24 hours a day, 7 days a week for your convenience.** If you need assistance with scheduling, please contact Mary in the Parish Life Office, and she will be happy to help. Photos will be taken in the library, **with D-14** serving as the waiting area.

**All participants receive complimentary hard copies of a directory and an 8x10 portrait of their choice!** This is also a wonderful opportunity to have your family portrait professionally taken. We encourage all parishioners to participate in this special project.

### COFFEE & DONUTS

Join us for Coffee & Donuts after the 8:00 am Mass next Sunday, July 26th, in the Community Room. Enjoy refreshments, fellowship, and the opportunity to get to know your fellow parishioners.

**If you are new to our parish, we invite you to stop by so we can personally welcome you, provide information about our parish, ministries, and upcoming events, and present you with a welcome gift.** We look forward to meeting you!

## Prayer Requests

To request prayers for yourself or a loved one, **please email Gabi Ford at [gford@stbernardstulsa.org](mailto:gford@stbernardstulsa.org).**

## Adult Faith Formation, Marriage, & Family Life

Dr. Christine Miller, Director  
[sbtulsa.flocknote.com/Update](http://sbtulsa.flocknote.com/Update)

### ADULT FAITH FORMATION

#### Sunday Readings Bible Study

Break open the Sunday readings, dive into Scripture, share insights, and enjoy great conversation & coffee! Sunday mornings, room G6, lead by Brent Hansen. All are welcome!

9:15-9:30 am — Social time

9:30-10:30 am — Readings & discussion

#### Thursday Morning Bible Study

On break during summer; starts up on Thursday, September 10th, at 9:30 am. Suggested study is the *Book of Revelations*.

#### Seekers of Truth

On summer break. Questions? Please contact Sandra Waelder at 918-230-4779.

#### Small Groups

This fall St. Bernard's will offer several small group opportunities on Wednesday evenings with childcare available. If you would be interested in a group focused on spiritual growth or healing, please join our Flocknote group at the link below. More information and sign-ups will go out in August.

[sbtulsa.flocknote.com/hwpsg](http://sbtulsa.flocknote.com/hwpsg)

#### Hallow

Coming this fall, St. Bernard's will launch a partnership with Hallow! If you already have the prayer app, please join our community page. Click the church icon and search for our parish by zip code (74137). The official parish launch will take place this September. Passionate about Hallow and interested in helping us share this resource? Sign up today to be a Hallow Herald at the link below.

[sbtulsa.flocknote.com/signup/263942](http://sbtulsa.flocknote.com/signup/263942)

#### Healing the Whole Person

This impactful course created by Dr. Bob Schuchts and Sr. Miriam James Heidland will be offered this fall on Sunday morning in between the Masses with childcare available. Space will be limited. If you would like to be on the waitlist and get a few days (continued)

headstart on registration, please join our Flocknote listed below. Registration opens in August.

[sbtulsa.flocknote.com/signup/223050](http://sbtulsa.flocknote.com/signup/223050)

### 10-10 Challenge

Beginning in September, St. Bernard's parishioners are invited to learn 10 ways to grow closer to Jesus. The Challenge will meet once per month on Sunday in between the Masses. It will include a short presentation, group discussion, and a practical take-home challenge. Details and registration will be available in August.

### Communio

St. Bernard's is partnering with a stellar relationship and marriage ministry organization called Communio. Teresa Krimbill is our Coordinator of Relationship Ministry. We are working this summer to build our plans for the parish.

### MARRIAGE & FAMILY LIFE

### Moms Ministry

On break July 3rd through August 6th. We meet on Fridays, from 9:30-11:30 am in room G-8. Childcare is available each week for preschool-aged children and for older kids on distance learning days. Join our email list to receive updates at:

[SBTULSA.flocknote.com/Moms](mailto:SBTULSA.flocknote.com/Moms)

## Around Our Parish

### BULLETIN ADVERTISING

If you missed our bulletin representative's visit last week but would still like to participate by advertising your business or to simply sponsor a space on the back page, please call or email Rich Suarez at 361-585-0882 or email him at [rsuarez@diocesan.com](mailto:rsuarez@diocesan.com). You can choose from the following ads:

- Business ads
- Personal ads (In Loving Memory of J. Miller)
- Ad sponsor (Compliments of the Miller Family)

Thank you to all who participate in the ad section of the weekly bulletin; it is through the advertising/sponsors that the bulletin is made possible free of cost to the church every week of the year.

### FRANCISCAN MISSION SERVICE SECOND COLLECTION

This weekend, July 18-19, St. Bernard's will learn about the ministries of Franciscan Mission Service (FMS). As a Catholic, 501(c)(3) nonprofit organization, FMS prepares and sends lay people to serve communities in South America, the Caribbean, and here in the United States—and the organization relies on the prayers and financial support of U.S. parishes to do this. To find out more and hear missionaries' first-hand accounts, visit [www.franciscanmissionservice.org](http://www.franciscanmissionservice.org). Thank you for your generous support!

### FULTON SHEEN BEATIFICATION PILGRIMAGE TO ST. LOUIS

St. Bernard's is going on a pilgrimage to St. Louis, MO for the beatification of Venerable Fulton Sheen, September 23rd-25th! Cost is \$515 for a single occupancy hotel room, or \$350 for a double occupancy hotel room. What's included: hotel stay for two nights, bus transportation to and from St. Louis, dinner on Sept. 24th, and hotel breakfasts. All other meals are on your own. Open to parishioners ages 12 and up. **Registration is open! Visit our parish website and click on "Online Giving & Payments" to register and pay under the pilgrimage section.**

### BABY BOTTLE CAMPAIGN

The GoLife Baby Bottle Campaign is well underway! Please continue to fill baby bottles with cash, coins, or checks to support mothers and their babies. Representatives from GoLife will be back this weekend and next weekend to collect bottles. To learn more about their mission and the great work they're doing in Tulsa, visit [golife.org](http://golife.org). Thank you for your generous support!

## Eucharistic Adoration

### Tuesdays

**12:00-1:00 pm**

5:00-6:00 pm

6:00-7:00 pm

### Thursdays

**12:00-1:00 pm**

2:00-3:00 pm

### Fridays

9:00-10:00 am

2:00-3:00 pm

7:00-8:00 pm

### Wednesdays

4:00-5:00 pm



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