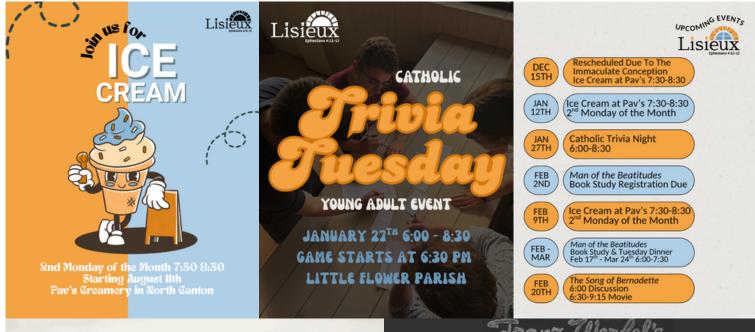




Scan the QR code to find google sign ups for our upcoming events!





Happy New Year!

We love the start to a new Liturgical Year, and we are so blessed to have a Lord who gives us times like this to reflect and come closer to him.

I know we all hear how busy December can be, and honestly how busy our lives can be. Try to set aside more time for rest – especially rest with the Lord – this season and this new Liturgical year.

Check out some simple Advent Liturgical Living Ideas below!

Home is where the sis, Megan and Gaac

lisieuxyoungadults@gmail.com

Week 1: Hope

The first candle is called the "prophecy" candle - it symbolizes the prophets who told of Jesus's coming

Meal Idea: Have your favorite (prophe) SOUP!

Activity: Reach out to a friend who is struggling, and be a sign of hope for them

Week 2: Peace

The second candle is called the "Bethlehem" candle - it symbolizes the Holy Family's experience in Bethlehem

Meal Idea: Bethlehem was connected to Joseph's heritage. Enjoy a meal celebrating your own heritage **Activity:** Bring the joyful singing that resounds in Bethlehem on Christmas day to a nursing home. Christmas Caroling will brighten anyone's day

Week 3: Joy

The pink candle is called the "Shepherd" candle - it symbolizes the joy of meeting Baby Jesus!

Meal Idea: Enjoy a meal with Ham to celebrate this PINK week! Strawberry shortcake for dessert. **Activity:** Simply do something that bring you joy and take the time to thank God for that joy!

Week 4: Love

The final candle is called the "Angel" candle - it symbolizes God's endless love and the four times He sent angels to prepare the way for His Son

Meal Idea: Angel Hair Pasta

Activity: Have a "Year In Review" evening with family to reflect on your experiences and God's blessings throughout the year



