

Menu Week 2



	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast & Morning snack	Choice of cereal Children's choice of fresh fruit Milk / Water				
Homecooked Lunch	Chicken curry and rice Quorn chicken Greek yogurt with fruit coulis	Spaghetti bolognaise Quorn mince Homemade Cake	Fish fingers, sweetcorn, Macaroni cheese Veggie fingers Ice cream	Pork chipolatas, mash potatoes broccoli and peas medley. Quorn sausages Homemade Cake	Vegetable ragu and pasta grated cheese Melon smiles
High Tea Fresh water served with all meals	Chicken or sliced cheese sandwiches Carrot sticks Grape halves Banana	Vegetable Quiche cheese Malt loaf Cucumber Banana	Ham or cream cheese sandwiches Raisins Peppers Melon Slices	Tuna mayo or Dairy lea sandwiches Cucumber Pepper sticks Orange segments	Pitta and Hummus Cheese Cucumber Pineapple Banana

Sandwich bread is 50/50 Whole cow's milk or oat/plant milk substitutes