Menu Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast & Morning snack	Choice of cereal Children's choice of fresh fruit Milk / Water				
Homecooked Lunch	Chicken curry and rice Quorn chicken Vanilla ice cream and wafer	Spaghetti bolognese Quorn mince Home made Cake	Fish fingers, mixed beans and cheesy pasta Veggie fingers Ice cream	Pork chipolatas, baby potatoes broccoli and peas medley. Quorn sausages Homemade Cake	Vegetable ragu pasta and grated cheese Melon smiles
High Tea Fresh water served with all meals Milk at high tea	Crackers Cheese Cucumber Pineapple Banana	Tuna mayo or Chicken sandwiches Cucumber Pepper sticks Orange segments	Ham or cream cheese sandwiches Raisins Peppers Melon Slices	Crackers/Crackerbread Ham / Quorn cheese Cucumber Banana	Chicken or Dairylea sandwiches Carrot sticks Grape halves Banana

Sandwich bread is 50/50 from a local bakery
Whole cow's milk or oat/plant milk substitutes