

## Menu Week 2



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast &amp; Morning snack</b>	Choice of cereal Children's choice of fresh fruit Milk / Water				
<b>Homecooked Lunch</b>	Chicken curry and rice  Quorn chicken  Greek yogurt with fruit coulis	Spaghetti bolognaise  Quorn mince  Homemade Cake	Fish fingers, sweetcorn, Macaroni cheese  Veggie fingers  Ice cream	Pork chipolatas, mash potatoes broccoli and peas medley.  Quorn sausages  Homemade Cake	Vegetable ragu pasta and grated cheese   Melon smiles
<b>High Tea</b>  Fresh water served with all meals Milk at high tea	crackers  Cheese Cucumber Pineapple Banana	Tuna mayo or Dairy lea sandwiches  Cucumber Pepper sticks Orange segments	Ham or cream cheese sandwiches  Raisins Peppers Melon Slices	Tomato pasta Ham / Quorn  cheese Cucumber Banana	Chicken or sliced cheese sandwiches  Carrot sticks Grape halves Banana

Sandwich bread is 50/50 Whole cow's milk or oat/plant milk substitutes