Menu Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast & Morning snack	Choice of cereal Children's choice of fresh fruit Milk / Water				
Homecooked Lunch	Fish fingers, baby potatoes with mixed beans Veggie fingers Ice cream	Vegetable ragu with pasta and grated cheese Melon smiles	Spaghetti Bolognese Quorn mince Home made Cake	Mild chilli with hidden veg served with rice Quorn mince Vanilla ice cream and wafer	Roast chicken with Broccoli, carrots and Yorkshire pudding Quorn Chicken Homemade Cake
High Tea Fresh water served with all meals Milk at high tea	Tuna mayo or chicken sandwiches Carrot Cucumber Raisins	Crackers Cheese Cucumber Pineapple Banana	Ham or Dairylea cheese sandwiches Cucumber Pepper sticks Melon slices	Chicken or cream cheese sandwiches Carrot sticks Grape halves banana	Crackers/Crackerbread Cheese Pepper sticks Cucumber Banana

Sandwich bread is 50/50 from a local bakery
Whole cow's milk or oat/plant milk substitute.