

## Menu Week 3



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast &amp; Morning snack</b>	Choice of cereal Children's choice of fresh fruit Milk / Water				
<b>Homecooked Lunch</b>	Spaghetti Bolognese  Quorn mince  Ice cream	Roast chicken with broccoli, carrots and Yorkshire pudding  Quorn chicken  Homemade Cake	Vegetable ragu pasta and grated cheese   Melon smiles	Tuna Pasta bake Peas and sweetcorn   Homemade Cake	Fish fingers, baby potatoes and baked beans  Veggie Fingers  Greek yogurt with fruit coulis
<b>High Tea</b>  Fresh water served with all meals Milk at high tea	Ham or marmite sandwiches  Raisins Cucumber Orange Segments	Tuna mayo and Dairylea sandwiches  Cucumber Pepper sticks Grapes halves	crackers  cheese Cucumber Pineapple Banana	Chicken or sliced cheese sandwiches  Carrot sticks Cucumber Melon slices	Tomato pasta  Ham/Qourn cheese Cucumber Banana

Sandwich bread is 50/50 Whole cow's milk or oat/plant milk substitutes