

Third Sunday of Easter – Year A

*“Were not our hearts burning within us?”*

In this Sunday’s Gospel, two disciples of Jesus, who meet him on their way to Emmaus and invite him to stay with them that evening, recognize him at table in the breaking of the bread. Jesus opens their minds and hearts.

As St. Leo the Great writes: “Illumined by his grace, they heard the call of faith; and as he interpreted the Scriptures to them, their cold, sad hearts began to burn within them. Their eyes were opened at the breaking of the bread when they sat with Him, and they were able to see and contemplate Christ’s glorified nature.”

This event shows the importance that Holy Scripture and the Eucharist have in the Church, for the nourishment of our faith. If we wish to grow in our faith; if we wish our hearts to begin burning for love of God and the things of God, then we need only commit to spending time with Scripture and with Jesus in the Host – adoring him at Adoration; receiving him worthily at Holy Mass.

*Lord Jesus, open the Scriptures to us; make our hearts burn for love of you.*

Father Frei