

## Fifth Sunday of Easter – Year A

In this Sunday's Gospel, Jesus says to Thomas, "I am the way and the truth and the life" (Jn 14:6).

Jesus is the Way to the Father because he reveals God to man and man to himself. He is the Truth because his coming into the world proves that God is true to his promises, and because he teaches the truth about God and tells us that true worship must be "in spirit and truth" (Jn 4:24). Jesus is the Life because from all eternity he shares in divine life with the Father, and because he allows us, through grace, to partake of that divine life.

In other words, Jesus is the face of God. As the *Catechism* teaches: "Christ's whole earthly life – his words and deeds, his silences and sufferings, indeed his manner of being and speaking – is *Revelation* of the Father. Jesus can say: 'Whoever has seen me has seen the Father' (Jn 14:9), and the Father can say: 'This is my Son, my Chosen; listen to him!' (Lk 9:35). Because our Lord became man in order to do his Father's will, even the least characteristics of his mysteries manifest 'God's love ... among us' (1 Jn 4:9)" (CCC 516).

As we continue the Year of Catechesis, perhaps we could commit to reading the New Testament for five minutes every day to better understand who Jesus is and who he wants us to be for him.

Father Frei