



Adirondack Vacation
Seasonal Attractions Guide
Spring 2026 Edition



Adirondack Vacation Seasonal Attractions Guide

Welcome to your **Adirondack-Vacation Seasonal Attractions Guide!**

This is your go-to resource for the latest news, exciting events, and must-know highlights in the beautiful Lake Placid, Wilmington, and Jay area of the High Peaks. Whether you're planning hikes, festivals, cozy getaways, or adventures, you'll find everything you need here to make the most of your time in this stunning region—and to plan the perfect stay at our home.



Springtime in the ADKs means you can catch warm weather skiing while enjoying so many of the other activities we're known for! Fly fishing is huge here and readily available up and down the Ausable River (catch and release). You may book a guided trip at Wiley's Flies in Ray Brook. The Hungry Trout Fly Shop in Wilmington sells gear such as flies, tackle, rods, waders, and boots.

Near the Saranac Hospital, the Lake Colby fish population includes land-locked Salmon.

Adirondack Vacation Seasonal Attractions Guide



Whiteface Mountain

Wilmington Activities

Exciting news from [Whiteface Mountain Ski Resort!](#)

The mountain is currently set to stay open through **April 11** for the annual **Pond Skimming Competition**—one of the season’s most fun events! Dress in your best (or wildest) costume, sign up in the morning, and join in—the first 100 contestants get to compete. It’s a blast to watch (or participate in)!

After April 11, the resort will close briefly before reopening for the **Memorial Day Weekend** with scenic **gondola rides**—perfect for soaking in breathtaking mountain views. Once the trails dry out, hit the hiking paths, and mountain biking typically kicks off in June.

Please Note: The Pond Skimming date is weather and conditions-dependent, so be sure to check [Whiteface.com](#) for the latest updates and details.

Adirondack Vacation Seasonal Attractions Guide



Wilmington Activities (cont.)

High Falls Gorge – A Must-See Adirondack Gem!

High Falls Gorge will close for the season on **March 30** and reopen for spring on **May 2**.

This breathtaking natural wonder features 4 stunning waterfalls tumbling through a dramatic, billion-year-old granite gorge. A safe, scenic walkway with bridges and viewing platforms lets visitors of all ages enjoy incredible close-up views of the rushing water and surrounding beauty.

The gorge is open early May - late October, making it perfect for multi-season adventures. After exploring the gorge, enjoy the separate one-mile nature trail, then warm up with hot chocolate and marshmallows around a campfire or grab a delicious bite at the cozy River View Café.

It's one of the most picturesque spots in the High Peaks!

Adirondack Vacation Seasonal Attractions Guide



Lake Placid Activities

Get out on the water and enjoy **kayaking** or **stand-up paddleboarding** on the stunning, mirror-like surface of Mirror Lake! Rentals are easy to grab at EMS right in town. If you prefer something bigger, the Lake Placid Marina has a great selection of boats for rent.

For a cozy evening, catch the latest blockbuster at the historic, family-owned **Palace Theater**. Afterward, wander the charming downtown shops for souvenirs and treats, then settle in for a delicious meal at one of Lake Placid's many welcoming restaurants.

When warmer weather arrives, head to **Boots and Birdies Mini Golf** (opening May 2025) for some family-friendly fun, or play a round at one of the area's beautiful golf courses—including **Craig Wood Golf Course**, publicly owned and operated.

And if you love Olympic history, don't miss the **1980 and 1932 Olympic Skating Rinks**—home of the legendary "Miracle on Ice" from 1980. It's a powerful spot to visit and feel the legacy of those iconic Games.

Adirondack Vacation Seasonal Attractions Guide



Lake Placid Activities (cont.)

Adirondack Mountain Club Cascade Welcome Center Opening in May, this welcoming spot offers naturalist-led programs, guided hikes, and a great selection of outdoor gear for purchase. It's an ideal place to learn more about the High Peaks and plan your adventures.

Mt. Van Hoevenberg Feel the thrill of speed on the famous **Olympic Bobsled Run** (summer bobsled rides!), fly down the **Luge track**, or cruise the **Cliffside Coaster** for sweeping mountain views. Looking for indoor fun? Head to their impressive **30-foot top-rope rock climbing wall**—great for all ages and skill levels.

Olympic Ski Jumps (on Old Military Road) Take the elevator ride up for a stunning 360-degree panorama of the High Peaks—and if you're lucky, you might catch sight of ski jumpers training! The skyride typically opens from late April to early May—check Whiteface.com for exact dates.

Sip, Savor & Dine in ADK From late April through early May, dozens of local restaurants participate in this delicious event, offering 3-course prix-fixe menus for \$20–\$40. It's a wonderful way to taste the best of the region—keep an eye on the website for the full schedule and participating spots.

Adirondack Vacation Seasonal Attractions Guide



Lake Placid Activities (cont.)

Discover the **Adirondack Rail Trail** – a stunning 34-mile multi-use path connecting Lake Placid, Ray Brook, Saranac Lake, Lake Clear, and Tupper Lake. This scenic route is perfect year-round: walk, jog, or cycle in the warmer months and snowshoe or cross-country ski in winter for a peaceful adventure.

Bike and e-bike rentals are easy to find at **Placid Planet**, **High Peaks Cyclery**, and **Bike Lake Placid**. For early-Spring snowy days, rent skis or snowshoes at EMS or Cunningham's. Pack a lunch, bring your camera, and enjoy the quiet beauty of the woods, lakes, and mountains—you won't be disappointed!

Upcoming Events

- **Lake Placid Half Marathon, Marathon, and 10K** – all scheduled for **June 14**.
- A fun **children's run** takes place the day before on **June 13**.

Looking for more outdoor time? Explore **low-elevation trails** for easier walks or venture out on some of the area's beautiful **waterfall hikes**—perfect for all ages and energy levels. The Adirondacks are full of hidden gems waiting to be discovered!

Adirondack Vacation Seasonal Attractions Guide



Dining

There's plenty of great dining in Wilmington, Jay and Lake Placid!

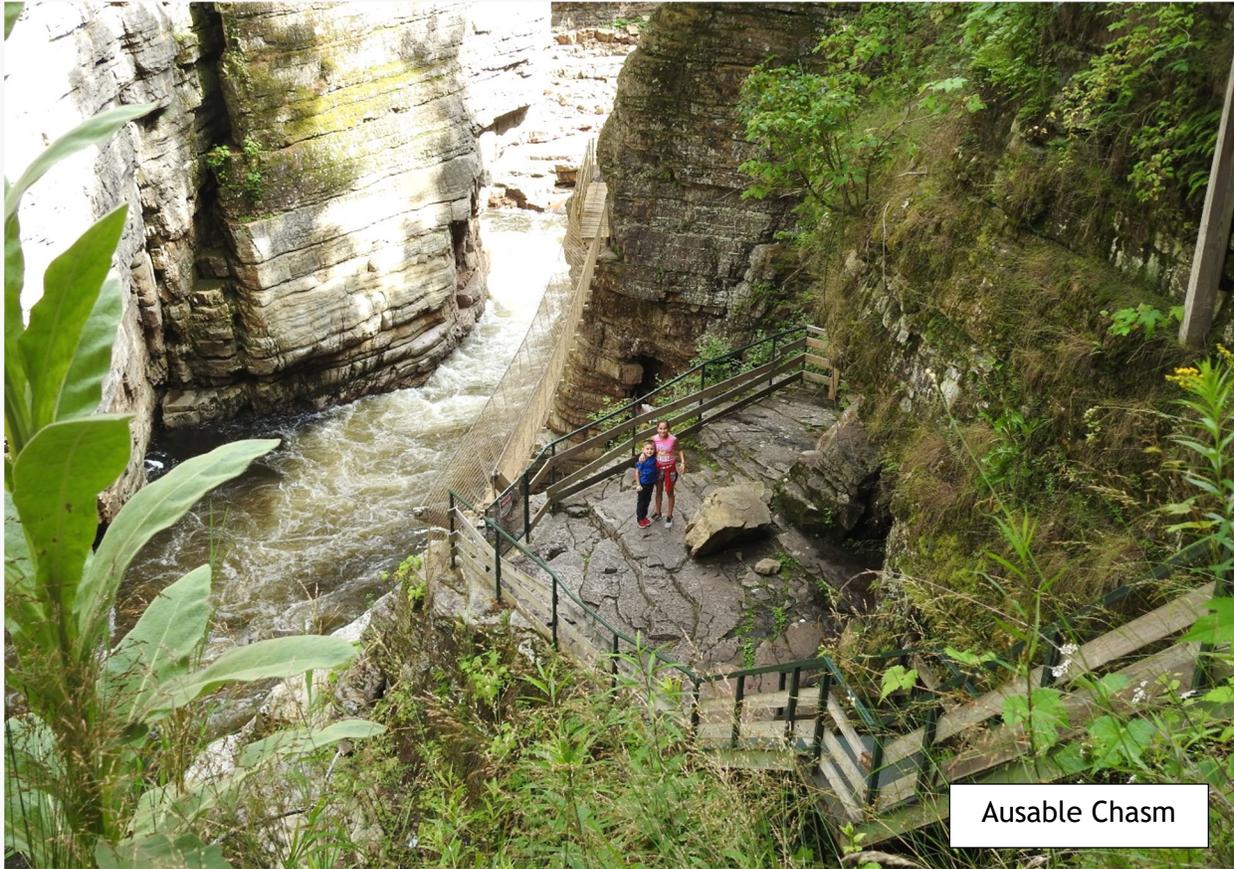
In Wilmington, check out the [Hungry Trout](#), [Fratelli's](#), and the [Twisted Raven](#). And stop by the Little Supermarket Deli to pick up sandwiches for your day of adventure!

The [ADK Mountain Coffee](#) in Upper Jay is our go-to for breakfast and lunch. The [Ice Jam Inn Restaurant](#) is great for dinner. [New Vida](#) in Jay has a restaurant, craft bar, game room and live music on Fridays.

Also fantastic for lunch and dinner is the stylish farm-to-table [Forty-Six](#) in Keene.

In Lake Placid, [The Cottage](#) on Mirror Lake is a great spot for food and beautiful views and [Simply Gourmet](#) is fantastic for lunch, both dine-in and to-go!

Adirondack Vacation Seasonal Attractions Guide



More Fun!

Spring brings wonderful nearby adventures too – perfect for your Adirondack getaway!

Ausable Chasm (“Grand Canyon of the Adirondacks”) opens on **April 1** and runs through **June 28**. This dramatic, deep gorge features a beautifully maintained path with stunning views of rushing waterfalls and towering rock walls. Rappel, take the scenic River Walk, raft or tour on a tube float – there’s something for all ages and abilities!

The Wild Center in Tupper Lake reopens **May 1** and is open weekends (10 am–5 pm) through Memorial Day. It’s a fantastic mix of indoor and outdoor fun—interactive exhibits, trails, a wild walk canopy bridge, and nature programs.

Paul Smith’s Visitor Interpretive Center (the VIC) offers year-round events, workshops, guided hikes, and miles of trails for hiking, snowshoeing, or cross-country skiing. It’s also one of the best places for birdwatching—bring your binoculars!

These are all wonderful ways to experience the High Peaks in spring—fresh air, beautiful scenery, and plenty of adventure!

Adirondack Vacation Seasonal Attractions Guide

Golf with a View to the Ski Jumps



Spring in the Adirondacks is pure magic—and the best part? So many adventures are right outside your front door!

Step out and choose your own path: bike scenic trails, hike to hidden waterfalls, paddle Mirror Lake, browse charming shops in Lake Placid, or simply unwind in the hot tub, sauna, or by the cozy fire.

Need gear? EMS and Cunningham's in Lake Placid have everything you need—rentals for bikes, kayaks, paddleboards, snowshoes, and more. Feeling extra adventurous? Sign up for guided climbing or mountaineering sessions through EMS—they'll get you safely up into the High Peaks.

We truly hope you soak up every moment of your stay. The mountains are beautiful year-round, and we'd love to welcome you back anytime—spring, summer, fall, or winter.

Wishing you an unforgettable getaway!



Adirondack Vacation Seasonal Attractions Guide



Adirondack View Lodge

Luxurious Stay in the ADKs

We truly love welcoming guests to our corner of the Adirondacks—and we're always especially happy to see familiar faces return!

If you'd like our other seasonal guides (full of events, activities, and tips for whatever time of year you're planning to visit), just let us know—we'd be happy to send them your way. We can also share more about our beautiful vacation rental homes if you or anyone you know is thinking about another getaway.

Wishing you the most wonderful, memorable visit filled with fresh air, mountain views, and all the special moments the High Peaks have to offer.

Warmest regards & see you again soon,

Your friends at Adirondack Vacation