Avoid using fragranced products especially in the School Health Office. These may include: perfumes, scented candles, essential oils, potpourri, air fresheners, scented cleaning, laundry products, etc.

Fragrances are unregulated and usually contain multiple toxins that volatize and enter our bodies. Manufacturers are not required to list them on the label or Safety Data Sheet because they are considered trade secrets.

Children are especially vulnerable to chemical injury. Their body size, metabolism and future decades of life increase the chances of developing illness. Their undeveloped organ and neurological systems cannot effectively process toxins and are more likely to be damaged by exposure.

Asthma episodes and new onset asthma can be caused by many chemicals found in fragrances.

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