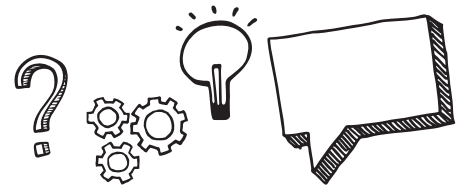


Classroom activity

Being a mate

Year level **8**



Duration	20 minutes
Learning intention	Students consider what it means to be a friend.
Activity focus	Students discuss friendship and how they can support a friend.
Resources required	<ul style="list-style-type: none">○ A space for small discussion groups
Curriculum and wellbeing themes	<ul style="list-style-type: none">○ Relationships○ Personal and social skills
Success criteria	<p>I can:</p> <ul style="list-style-type: none">○ Explain why friendship is important and identity skills which are important in friendship.
Activity description	<p><u>Talking Circles (15 minutes)</u></p> <ol style="list-style-type: none">1. Break the class into 2 groups. Students form 2 circles, one inside the other. Students face each other in pairs.2. Ask students the following questions. Students discuss with one partner for 1 minute. The outside circle then rotates 1 person to the left, 3 people to the right ect. repeat for each question<ul style="list-style-type: none">- What makes you a good friend?- What does it mean to be a friend?- How do you show someone you are listening?- How can you tell if your friend might be struggling?- How can you ask someone how they are going?- If you are worried about a friend, but you aren't sure how to help them, what can you do? <p><u>Check out paragraph (5 minutes)</u></p> <ol style="list-style-type: none">1. Students write a paragraph answering the question: <i>To be a good friend I can:</i>
Differentiation	<ul style="list-style-type: none">○ Support Strategies: Provide an example answer for each question.○ Extension Strategies: Students write written responses to each question.
Reflection question	To be a good friend it is important that you know how to support them. How do you support your friends?