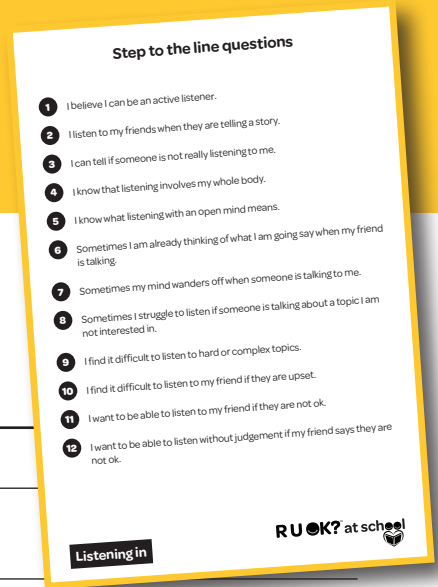


Classroom activity

Listening in

Year level **7**

Duration	20 minutes
Learning intention	To ensure that students have the skills to listen and respond when they ask their mate if they are OK.
Activity focus	This activity focuses on listening and asking appropriate questions.
Resources required	<ul style="list-style-type: none"> List of step-to-the-line questions for teacher
Curriculum and wellbeing themes	<ul style="list-style-type: none"> Social management Personal and social skills
Success criteria	<p>I can:</p> <ul style="list-style-type: none"> Listen to my friend without talking about myself.
Activity description	<div> <div> <p><u>Step to the line</u></p> <ol style="list-style-type: none"> Using tape, make a line down the middle of the room or an outside space. All students stand away from the line on either side. Read out each step-to-the-line statement, if student answers yes, they indicate this by silently stepping up to the line. Ask easy warm-up questions to demonstrate the activity to the class. "Have you eaten breakfast today?"; "Are you excited for maths today?". After each question, make sure students are looking around and noting how many people step to the line. Remind students that this is an opportunity to reflect on their own behaviours and interactions. </div> <div> <p><u>Class Discussion</u></p> <ol style="list-style-type: none"> Ask the students, "What do you think the intention of this activity is?". Discuss the different ways we can listen and respond to our friends after we ask "Are you OK?". Ask students, "How does it feel if someone isn't listening". If there were any interesting moments from step-to-the-line, discuss these. Ask students to share their reflections from the activity. </div> </div>
Differentiation	<ul style="list-style-type: none"> Supporting Strategies: Use the R U OK? website to find different listening strategies. Extension Strategies: Students make a list in their diary/planner (something they use daily) of different ways we can listen and respond when our friends say they are not ok.
Reflection question	Why is it important to continue a conversation after we ask R U OK?



Step to the line questions

- 1** I believe I can be an active listener.
- 2** I listen to my friends when they are telling a story.
- 3** I can tell if someone is not really listening to me.
- 4** I know that listening involves my whole body.
- 5** I know what listening with an open mind means.
- 6** Sometimes I am already thinking of what I am going say when my friend is talking.
- 7** Sometimes my mind wanders off when someone is talking to me.
- 8** Sometimes I struggle to listen if someone is talking about a topic I am not interested in.
- 9** I find it difficult to listen to hard or complex topics.
- 10** I find it difficult to listen to my friend if they are upset.
- 11** I want to be able to listen to my friend if they are not ok.
- 12** I want to be able to listen without judgement if my friend says they are not ok.