

Classroom activity

Bucket Filling

Year level **1**



Duration	30 minutes
Learning intention	Students learn about the power of kindness by filling each other's buckets.
Activity focus	This activity allows students to think about the qualities of others. By doing so, students share these thoughts with others, and spread the friendship quality of kindness as a result. Students create paper 'buckets' with the intention for them to be filled with kind messages and notes from classroom friends.
Resources required	<ul style="list-style-type: none"> ○ A 'bucket' for each student ○ Bucket Filler Sentence Starters ○ Bucket Filler Strips
Curriculum and wellbeing themes	<ul style="list-style-type: none"> ○ Identity ○ Wellbeing
Success criteria	<p>I can:</p> <ul style="list-style-type: none"> ○ Share a kind message ○ Describe why kindness is important ○ Explain why filling someone's bucket is being a good friend
Activity description	<ol style="list-style-type: none"> 1. Pose question: <i>what does it mean to fill someone's bucket?</i> Answers may include: being kind, saying something nice, bring friendly or being supportive. 2. Explain to students that by filling someone's bucket, we are being a good friend and showing kindness. 3. Pose question: <i>what are some things that we could say or do to fill someone's bucket?</i> 4. Provide sentence strips with responses for students to place next to/in their classmates buckets. See template provided. 5. Students create, draw, or fold a 'bucket', ensuring they include their name. 6. Students fill each other's buckets by using the sentence strips. 7. Leave the buckets on display in the classroom.
Differentiation	<ul style="list-style-type: none"> ○ Supporting Strategies: Support students to create the physical bucket, or create these prior to commencing the lesson. Use sentence starter strips or pre-filled strips to support students in filling each other's buckets. ○ Extension Strategies: Students create their own bucket filler sentence strips. Students place a range of bucket filler strips next to the bucket display for other students to use.
Reflection question	When someone is kind to you, how do you feel?



You are a good friend because...

You are kind because...

You make me smile because...

I like being friends with you because...

You make me happy because...

Thank you for...

I saw you being kind when...

My name is _____ and I am your friend.



You are a kind friend.

You are a good friend.

You make me happy.

Thank you for being you.

You are very funny.

You are patient.

You make me smile.

Thank you for being kind to me.