

Hey Sport,  
**RUOK?**

**#takeawaytogether**

Stay connected, support each other and help your local

Lock in a date and get the conversation flowing.



Support your local business through #takeawaytogether – order takeaway or delivery from your favourite local, share a meal with your teammates or those in your sporting community and serve up a side of conversation. This is a simple way for people to support each other and local businesses. It can also be a good opportunity to ask teammates or training buddies how they're really going.

Hey Sport,  
**RUOK?**

**SPOTLIGHT**

Profile a different member of your sporting community in your newsletter or socials.

You might like to ask them:

- ☐ Who is your sporting hero?
- ☐ What other sports do you like to play / watch?
- ☐ Why they love sport?
- ☐ What's their favourite thing to do outside of sport?
- ☐ What do you think is a good way to start a conversation?