

# Ask your mob, your way, RU OK?

“ I said,  
'What happened?  
Any time you want  
we can go out for  
a coffee, just to  
chat. You can tell  
me how you feel if  
you want to.' ”

Kirk

Arrente



**STRONGER  
TOGETHER**

[ruok.org.au/strongertogether](http://ruok.org.au/strongertogether)

**RU OK?**™

A conversation could change a life.