

Ask your mob, your way, RU OK?

“ I often like
to **text or call** and
with my inner circle
of friends, who I
feel comfortable
with and who feel
comfortable with
me, I like to **reach
out in person.** ”

Kevin

Wakka Wakka, South Sea Islander

**STRONGER
TOGETHER**

ruok.org.au/strongertogether

RU OK?™

A conversation could change a life.

