

THE DANCE WORKSHOP: 2026 WINTER SESSION CLASS SCHEDULE

AGE IS DETERMINED AS OF DECEMBER 31 2025 WINTER CLASSES BEGIN THE WEEK OF JANUARY 5 SESSION RUNS FOR 18 WEEKS
 FAMILIES REGISTERED FOR FALL CLASSES HAVE PRIORITY REGISTRATION FOR WINTER SESSION. WINTER SESSION ENDS WITH RECITAL.

	<u>CLASSES FOR AGES 22 MONTHS - 2.5 YRS</u>	
MY FIRST DANCE CLASS	SATURDAYS 8:45 AM - 9:10 AM	REQUIRES CAREGIVER PARTICIPATION
MY FIRST DANCE CLASS	SATURDAYS 8:45 AM - 9:10 AM	REQUIRES CAREGIVER PARTICIPATION
MY FIRST DANCE CLASS	TUESDAYS 4:00PM - 4:25PM	REQUIRES CAREGIVER PARTICIPATION

	<u>CLASSES FOR AGES 3 - 4 YRS</u>
KINDER BALLET	MONDAYS 4:30 PM - 5:10 PM WEDNESDAYS 5:15 PM -5:55 PM SATURDAYS 9:20 AM - 10:00 AM SATURDAYS 12:35 PM - 1:15 PM
KINDER HIP HOP	WEDNESDAY 4:30 PM - 5:10 PM SATURDAYS 10:10 AM - 10:50 AM
KINDER ACRO	TUESDAYS 4:30 PM - 5:10 PM SATURDAYS 11:00 AM - 11:40 AM

	<u>CLASSES FOR AGES 5 - 6 YRS</u>
PRE-PRIMARY BALLET	WEDNESDAYS 5:20PM - 6:00PM SATURDAYS 11:45 AM - 12:25 PM
PRE-JUNIOR HIP HOP	MONDAYS 5:00 PM - 5:40 PM TUESDAYS 5:15 PM - 5:55 PM
PRE-PRIMARY ACRO	MONDAYS 5:45 PM - 6:25 PM TUESDAYS 6:15 PM - 6:55 PM THURSDAYS 5:15PM - 5:55PM
PRE-JUNIOR JAZZ	WEDNESDAYS 5:00 PM - 5:40 PM THURSDAYS 4:30 PM - 5:15 PM
PRE-JUNIOR-TAP	WEDNESDAYS 6:00PM - 6:40PM

	<u>CLASSES FOR AGES 7 - 9 YRS</u>
PRIMARY BALLET (AGE 7)	MONDAYS 5:00 PM - 5:55 PM
GRADE 1 BALLET (AGES 8 - 10)	MONDAYS 7:15 PM - 8:10 PM

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GRADE 2 BALLET (AGES 9 - 11)	TUESDAYS 5:30 PM - 6:25PM
JUNIOR HIP HOP	TUESDAYS 6:00PM - 6:55 PM
PRIMARY ACRO	MONDAYS 6:30 PM - 7:25 PM
PRIMARY ACRO	THURSDAYS 6: 00 PM - 6:55 PM
JUNIOR JAZZ	WEDNESDAYS 5:45 PM - 6:40 PM
JUNIOR TAP	WEDNESDAYS 6:45PM - 7:25PM
JUNIOR MUSICAL THEATRE	WEDNESDAYS 7:30PM - 8:10PM

<u>CLASSES FOR AGES 10-12 YRS</u>		
JUNIOR/INTERMEDIATE HIP HOP	TUESDAYS 7:00 PM - 7:55 PM	AGE 9 - 12
INTERMEDIATE/SENIOR JAZZ	WEDNESDAYS 8:15PM - 9:10PM	
INTER/SENIOR MUSICAL THEATRE	MONDAYS 7:30PM - 8:10PM	
CONTEMPORARY	TUESDAYS 7:00PM - 8:00PM	

<u>CLASSES FOR TEENS</u>		NO EXPERIENCE REQUIRED
TEEN HIP HOP (AGES 12+)	TUESDAYS 8:00PM - 8:55PM	
INTER/SENIOR JAZZ	WEDNESDAYS 8:00 PM - 8:55 PM	
INTER/SENIOR TAP	MONDAYS 8:15PM - 8:55PM	
INTER/SENIOR MUSICAL THEATRE	MONDAYS 7:30PM - 8:10PM	
CONTEMPORARY (AGES 10+)	TUESDAYS 7:00PM - 8:00PM	

<u>ADDITIONAL CLASSES (CONTACT US FOR CLASS PLACEMENTS)</u>		ELIGIBILITY DETAILS
LEVEL 1 ACRO	MONDAYS 7:30 PM - 8:25 PM	* Please refer to next page for acro details
LEVEL 1/2 ACRO	THURSDAYS 7:00 PM - 7:55 PM	
LEVEL 2/3 ACRO	THURSDAYS 8:00 PM - 8:55 PM	
GRADE 3 BALLET	TUESDAYS 6:30 PM - 7:30 PM	Pre-requisite Grade 2 in 2024/2025
GRADE 4 BALLET (Bi-Weekly)	TUESDAYS 8:00 PM -9:00 PM	Pre-requisite Grade 3 in 2024/2025
GRADE 4 BALLET	WEDNESDAYS 6:00 PM - 7:00 PM	Pre-requisite Grade 3 in 2024/2025
INTERMEDIATE BALLET	WEDNESDAYS 7:00 PM -8:00 PM	Pre-requisite Grade 5, Grade 6 in 2024/2025
GRADE 5 BALLET (Bi-Weekly)	TUESDAYS 8:00 PM -9:00 PM	Pre-requisite Grade 4/Inter F in 2024/2025
GRADE 5 BALLET	WEDNESDAY 8:00 PM - 9:00 PM	Pre-requisite Grade 4/Inter F in 2024/2025
ADV FOUNDATION/DR + POINTE	WEDNESDAYS 4:20 PM - 5:20 PM	Pre-requisite Discovering Repertoire & Grade 7
ADV FOUNDATION/DR	TUESDAYS 4:30 PM - 5:30 PM	Pre-requisite Discovering Repertoire & Grade 7

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POINTE PREPARATION	TUESDAYS 7:30 PM - 8:00 PM	Ages 11+. Must be taken with a ballet class
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<u>DANCE ABILITY CLASSES</u>		
D.A AGES 4 TO 8	FRIDAYS 5:00 PM - 5:30 PM	For Dance Ability Class pricing please see the parent portal.
D.A AGES 9 TO 12	FRIDAYS 5:35 PM - 6:15 PM	
D.A AGES 13 TO 17	FRIDAYS 6:20 PM - 7:00 PM	
D.A ADULT CLASS AGES 18+	FRIDAYS 7:05PM - 7:45 PM	

SCHEDULE IS CURRENT AS OF NOVEMBER 19 2025

ALL CLASS TIMES ARE SUBJECT TO CHANGE BASED ON ENROLLMENT

A MINIMUM OF 4 DANCERS ENROLLED IS REQUIRED FOR A CLASS TO RUN

ACRO PLACEMENT DETAILS

*If a student took acro last year they do not automatically move up. Regardless of age students must be able to complete the skills required of each level with control and proper technique before moving up.

*Returning acro students who took Level 1, Level 1/2 or Level 2/3 should register for the same level. The skill level of all dancers will be assessed the first two weeks back in studio. Students may be moved to another class based on the student assessments.

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