



OUR PASTORAL TEAM

- ✧ Fr. Steve Rosera, Parish Administrator;
- ✧ Fr. Robert Bustamante, Parochial Vicar;
- ✧ Deacon Don Roseborough, Baptisms, Bereavement, Funerals, and Homebound Ministry;
- ✧ Deacon George Sandoval, Ph.D., Retired;
- ✧ Mrs. Rebecca Maestas-Sanchez, Principal of St. Mary's School;
- ✧ Sr. Teresa Aparicio, OLVN, and Debbie Garcia, Co-Coordinator of Faith Formation;
- ✧ Ms. Michelle Rusk, Social Media Director; and
- ✧ Ms. Dianne Dragoo, Jesuit Volunteers Liaison.

THE PARISH OFFICE is open:

Monday—Friday: 9am to 4pm.

Parish Office: (505) 247-4271 ~ Website: iccabq.org

MASS SCHEDULE:

- ✧ Monday, Wednesday, & Friday—12:10pm
- ✧ Tuesday, Thursday, & Saturday —7am
- ✧ First Friday of each month—7am and 12:10pm
- ✧ SUNDAY LITURGIES:
 - ❖ Saturday—4pm;
 - ❖ Sunday—8am, 10am, and 12:30pm (SPANISH).

CONFESSIONS:

- ❖ Fridays and Saturdays from 11am to 12noon; and
- ❖ By appointment. Call (505) 247-4271 to make an appointment.

UPCOMING SECOND COLLECTION:

- ✧ February 4 & 5: St. Mary's School
- ✧ February 18 & 19: Black and Indian Missions
- ✧ February 25 & 26: Renovation

Online Giving
is available at
ICCABQ.org



May They Rest in Peace ~ Let us keep our recently deceased brothers and sisters in our prayers.

- ✧ Mary Woods (age 67). Vigil on Wednesday, February 1, 6:30pm. Funeral Mass on Thursday, February 2, 10am. Both services are at Immaculate Conception

FIRST FRIDAY DEVOTIONS

EUCCHARISTIC ADORATION



On February 3, the 1st Friday of February, we will celebrate the 7am Mass, followed by *Exposition of the Blessed Sacrament and Adoration* from 7:30 until 11:45am Benediction. The regularly scheduled 12:10pm Mass will follow.

Confessions will be heard as usual from 11am to 12noon.

Weekend Retreat for Discernment of Priestly Vocation, sponsored by the Vocation Office of the Archdiocese of Santa Fe

- ❖ From 5pm on Friday, February 3, to 1pm on Sunday, February 5.
- ❖ Location: Pecos Benedictine Monastery.
- ❖ For Whom?: For Single Catholic Men aged 18-50 (17-year-olds may attend if they are High School seniors preparing to graduate in the Spring).
- ❖ Register here: <https://forms.gle/Q9ciu3Qv6sSG3f3L8>

The Knights of Columbus, ICC Council, will complete the Five First Saturdays Devotion to the Immaculate Heart of Mary.



Pamphlets are available to learn of the promises and graces of this devotion.

The devotional prayers led by the Knights will begin at 6:55am on Saturday, February 4, before the 7am Mass.

God bless us and Mary keep us.

Any questions call Abraham at 505-730-1838.



MINISTRY OF THE WORD



LECTORS: There will be a meeting of All Lectors on Saturday, February 4, at 11am in the Church, ending promptly at noon.

Please email Fr. Steve at srosera@iccabq.org if you cannot be at this meeting. Mark your calendars.

Next Sunday's Readings



The Fifth Sunday in
Ordinary Time
Sunday, February 5,
2023

[This Sunday's Readings](#)

FIRST READING: *Isaiah 58: 7-10*

In the work of justice, light shall break through darkness.

RESPONSORIAL PSALM: *Psalms 112: 4-9*

The just person will be a light in the darkness.

SECOND READING: *1 Corinthians 2: 1-5*

Paul shows that he came to Corinth preaching Christ crucified.

GOSPEL READING: *Matthew 5: 13-16*

Jesus teaches that his disciples are to be the salt of the earth and the light of the world.

BACKGROUND ON THE GOSPEL READING: Following upon the teaching of the [Beatitudes](#), Jesus uses the now familiar metaphors of salt and light to describe the life of discipleship. We take salt and light for granted in our society, but these commodities were more precious in ancient cultures. Just as now, salt was used in Jesus' time for flavoring, as a preservative, and as a healing agent. Similarly, the widespread use of electricity in the modern world makes us less aware of the value and importance of light in our lives.

Still, our familiarity with this passage from Matthew's Gospel speaks well to the abiding power of the imagery that Jesus presented. Jesus' call to be salt for the earth and light for the world powerfully states our mission as Church and as Christians. Our commitment to social justice flows from the exhortation that Jesus gives us in today's Gospel. Some of the activities that this commitment leads us to are given more concrete expression as the Corporal and Spiritual [Works of Mercy](#). When we feed the hungry, clothe the naked, console those who mourn, and so on, we show ourselves to be the salt of the earth and the light of the world. When we do these things with the community of faith, the Church, we are indeed acting as "a city set on a mountain" that cannot be hidden!



VOCATIONS TO RELIGIOUS LIFE
Keep all young people discerning
religious life and priesthood
in your prayers!

Mass Intentions	
Sat., Jan. 28, Vigil of the 4th Sunday in Ordinary Time	
4 pm	+ Anthony R. Martinez + John Gallegos
Sunday, January 29, 4th Sunday in Ordinary Time	
8 am	+ Marie S. & Louis G. Romero
10 am	+ Michael Salata
12:30pm Spanish	For Our Parish
Mon., Jan. 30, Monday of the 4th Week in Ordinary Time	
12:10 pm	For the Intentions of Danielle Valdez + Bertha Montoya + Marcelo Martinez
Tuesday, Jan. 31, Memorial of Saint John Bosco, Priest	
7 am	+ Francisco Hernandez
Wed., Feb. 1, Wednesday of 4th Week in Ordinary Time	
12:10 pm	For All People with Cognitive Disorders of Any Kind
Thursday, Feb. 2, Feast of the Presentation of the Lord	
7 am	For the Intentions of Barbara Candelaria + Tommy Torres - Birthday
Friday, February 3, Friday of the 4th Week in Ordinary Time , Saint Blaise, Bishop, Martyr; Saint Ansgar	
7 am	For the People of Our Parish
7:30 a.m.	Adoration
11:45a.m.	Benediction
12:10 pm	+ Armando & Lois Giannini
Saturday, February 4, Saturday of the 4th Week in Ordinary Time , Blessed Virgin Mary on Saturday	
7 am	For our RCIA & Confirmation Participants For the Intentions of Tyonna Hopp and Family
Saturday, February 4, Vigil of the Fifth Sunday in Ordinary Time	
4 pm	+ John Gallegos + Tom Jaramillo
Sunday, February 5, Fifth Sunday in Ordinary Time	
8 am	+ Marie S. & Louis G. Romero
10 am	+ Michael Salata
12:30 pm Spanish	For Our Parish

Archbishop John C. Wester spoke last Sunday on *Living the Light of Christ's Peace: A Conversation about Nuclear Disarmament*, an urgent pro-life issue.



You can view the Archbishop's talk and the question and answer session on YouTube. Go to our website at www.iccabq.org and then click on Social Media. From there, select YouTube.

The Apostleship of Prayer

Apostles of Prayer offer themselves to God each day for the good of the world, the Church, one another, and the Holy Father's Intentions.



Begin with A Daily Offering:

O Jesus, through the Immaculate Heart of Mary, I offer you my prayers, works, joys, and sufferings of this day in unity with the Holy Sacrifice of the Mass throughout the world. I offer them for all the intentions of your Sacred Heart: the salvation of souls, reparation for sins, and the reunion of all Christians.

I offer them for the intentions of our bishops and all the Apostles of Prayer, and in particular for those recommended by our Holy Father this month. ~ Amen

Then, pray with the Pope for his intention each month:

FEBRUARY ~ For Parishes

We pray that parishes, placing communion at the center, may increasingly become communities of faith, fraternity, and welcome towards those most in need.

[Download Small Group Reflection \(PDF\)](#)



Pope's Worldwide Prayer Network
UNITED STATES | CANADA
APOSTLESHIP OF PRAYER



MONTHLY SOCIAL LUNCH
Thursday, February 16

Members of the parish meet for lunch once a month ~ that's Thursday, February 16, this month. We meet at the Sawmill Market (1909 Bellamah Ave NW). We try to meet in the center of the building around 11:30am. Come join us. All are welcome. It's fun and the food is good -- you can choose from many restaurants.

FIRST FRIDAY DEVOTIONS ~~ On the 1st Friday of each month, we celebrate the 7am Mass, followed by *Exposition of the Blessed Sacrament and Adoration* from 7:30 until 11:45am Benediction. The regularly scheduled 12:10pm Mass follows. Confessions are as usual from 11am to 12noon.

EUCCHARISTIC
ADORATION



Ongoing Activities

RELIGIOUS EDUCATION



Religious Classes resume today, Sunday, January 8. Classes run from 11:15am to 12:15pm each Sunday following the 10am Mass. Remember that attendance at Mass is an important part of the catechism.

Weekend conversation starter --

NAMETAGS. Look for the nametag tables as you enter the church for your weekend Mass. As a way of inviting a conversation with a stranger, put your first name on a nametag.



After the 10am mass, we will use a TED talk to help start conversations once you've grabbed your coffee or tea. Each week a TED talk will be chosen by parishioners for the following Sunday. You will receive an email about the selection if you currently are receiving the parish bulletin by email. Watch the TED talk ahead of time, or watch it with your coffee after Mass. Then join in the conversation.



The class meets each Monday from 6pm to 7:30pm in the basement Parish Hall. (Use the Parish Office door on Copper Avenue)

For more information contact Sr. Teresa through the Parish Office.

GET HELP IN VIOLENT SITUATIONS

The ALBUQUERQUE FAMILY ADVOCACY CENTER provides victims of domestic violence, child abuse, sexual assault and their families with a safe setting to assist in addressing and overcoming the trauma of their experience and break the cycle of violence that destroys families.

The Center is open 8am to 5pm weekdays.

Staff can be reached 24 hours a day at 505-243-3333.

The website is www.cabq.gov/albuquerque-family-advocacy-center and it lists many more resources.



AT HOME WITH THE WORD ~ BIBLE STUDY

Our weekly bible study group, in which we discuss the upcoming Sunday Readings, meets every Wednesday from 2:30 to 3:30pm in the Rectory.

You are welcome to join us at any time.

We are using LTP's At Home with the Word, 2023.

Copies of the book are available in the Parish Office for \$15 each. All are welcome.

BOOK READING GROUP

The Book Reading Group meets Wednesdays, 6pm to 7pm. On January 4, we will begin to read **Thomas Merton's *The Seven Storey Mountain***.

The Seven Storey Mountain tells of the growing restlessness of a brilliant and passionate young man, who at the age of twenty-six, takes vows in one of the most demanding Catholic orders—the Trappist monks.

At the Abbey of Gethsemani, "the four walls of my new freedom," Thomas Merton struggles to withdraw from the world, but only after he has fully immersed himself in it.

At the abbey, he wrote this extraordinary testament, a unique spiritual autobiography that has been recognized as one of the most influential religious works of our time. Translated into more than twenty languages, it has touched millions of lives." (Amazon.com).

The book can be purchased from booksellers or borrowed from your local library. It is available in hardcover, paper, and in electronic format (Kindle, Audible, etc.).

If you are or know of any person living within our parish boundaries who needs any rent or utility assistance, please have them contact our parish *Society of St. Vincent de Paul* through the Parish Office or email iccabqsvdp@gmail.com.

SSVDP assistance is available to everyone in need. They do not need to be registered parishioners or Catholic to qualify.



St. Vincent de Paul
ASSISTANCE • SHELTER • HOPE

Dial 988: Help & Hope in New Mexico
The 24/7 Lifeline for Emotional, Mental, or
Substance Misuse Support

WEEKLY FINANCIAL REPORT FOR THE WEEK OF JANUARY 15 — JANUARY 21, 2023:

INCOME INCLUDING ONLINE GIVING

Weekly Collection	\$	9,064.00
St. Mary's School		120.00
St. Vincent de Paul Society		162.50
Rejuvenation Fund		758.00
Bread & Blessings		35.00
Francis House and Trinity House		45.00
Solemnity of Mary. Ash Wednesday,		
Christmas, Religious Retirement		20.00
Office, Masses, Candles, Flowers,		
Religious Ed., & ACA Rebate, CRS		21,493.00*
TOTAL INCOME	\$	31,860.50*

*Included in this amount is \$13,000 given to the parish as one-time designated gifts. Designated gifts can only be used for the purpose for which they were given.

EXPENSES

Liturgy and Worship	\$	00.00
Religious Education		00.00
School Support		3,166.67
Clergy Administration		00.00
Parish Administration		00.00
Building and Land Operations:		6,746.94
<u>Church Building</u>		<u>00.00</u>
Total Expenses:	\$	9,913.61

Office Depot contributes 5% of your purchase to a local school of your choice whenever you shop with them.

St. Mary's' School ID with Office Depot is 70068725.

Office DEPOT
OfficeMax®



Faculty Meetings

St. Mary's Faculty meets weekly to discuss a variety of topics all centered on making the school the best it can be.

Last week, the school hosted the Public Safety ECHO Project. This innovative project is part of the city's strategy to tackle crime. St. Mary's teachers were made aware of how we can share our skills to help solve problems.

Additionally, we were introduced to ABQ Police, a mobile app, that will help to keep the lines of communication open between the police and St. Mary's School.

Thank you to the officers who shared their time with our faculty and their dedicated efforts to keep our school safe.

~~Carol Johansen, Teacher & Parishioner



Attention all St. Mary's Alumni... ...It's this Tuesday

All St. Mary's School alumni are invited to join us at our school Mass on TUESDAY, JANUARY 31, 2023, at 8:30am. We will have a reception following the Mass and a school tour.

All alumni are welcome!



VOLUNTEER OPPORTUNITIES

Volunteers are needed before each week-end mass to encourage those attending mass to make a nametag for themselves so we can get to know each other.



For more information or to volunteer, contact Patrick O'Meara, pomearanm@gmail.com

Inspired by the teachings of Jesus in Matthew 25 ("for I was hungry and you gave me food. . ."), **Francis House Catholic Worker** embraces a two-pronged mission to serve both the unhoused in some of Albuquerque's poorest neighborhoods, and refugees fleeing poverty and violence at our southern doorstep.

Francis House always needs regular volunteers and substitutes to prepare and deliver sandwiches and soups from home. On site, volunteers serve our guests, package bread, crackers, cookies and other tasks. We are open Fridays through Tuesdays.

Call Linda (505-515-6241) or Glenn (505-489-8100) if interested in joining this dynamic ministry. We are located at 8016-A Zuni SE. You can donate to us tax-free through the ICCABQ.org online giving bottom in the lower right hand corner.



St. Benedict Joseph Labre Ministry serves the homeless and others in need with care packages that you and other parishioners can hand out from your vehicle when you encounter a person asking for money. We ask your help to:

- ✧ Create or provide supplies for the care packages;
- ✧ Make the care packages;
- ✧ Take the care packages with you at the end of your Sunday mass so you may hand them out.



Commonly needed items are: Protein bars, Granola, breakfast bars, snack bags of nuts, water cartons, (for environmental purposes), toothpaste, toothbrushes, Personal Cleansing Cloths, Woman's personal hygiene products, Chap stick, Socks (for winter), Gloves (for winter), hand lotion, anything that can be placed in a 1- gallon zip lock bag, so long as it is not bulky; and 1- gallon zip lock bags.

For information, call Phyllis Ortiz at 505-231-5902.

After a long break, we are starting the Communion to the Homebound program again. Volunteers are needed to take communion to those who cannot join us at Mass. We also need a list of those parishioners who would like to receive Holy Communion at home. Call the Parish Office and leave a message for Maria Armijo to set up training or to assign you to an homebound communicant.



VOLUNTEER PARISH POSITIONS AVAILABLE ~ ~

Videographers Needed. If you are interested in helping to stream, the 10am and 12:30pm Sunday Masses, please let Fr. Steve know by calling the Parish Office at 505-247-4271 or by email at srosera@iccabq.org.

Streaming the Mass is fairly easy, and most of the setup is already in place. The work involves redirecting the camera during the Mass so that it focuses on the action taking place. This is a volunteer position.

The 2023 FIESTA PLANNING COMMITTEE has begun meeting. Please join us, if you would like to be a participant on this committee. Contact Chairperson Kathleen Sandoval through the Parish Office.



Our Fiesta will happen on Saturday, June 10.



GIFT BEARERS are needed for weekend Masses. They carry the bread and wine to the Presider during the Preparation of the Gifts.

Gift Bearers can be couples, families, or individuals. If you would like to do this, talk to an usher before Mass to see if you are needed. If you have questions, contact Erne Woodley at 505-340-5292.

CATHOLIC CHARITIES has many volunteer opportunities. However, the greatest need is for **Senior Transportation Drivers**.

Contact: Linda Seabrooks at (505) 724-4634 or at seabrooksl@ccasnm.org





A good source for news about the Church is *VATICAN NEWS*. You can subscribe by completing

the form at this URL: <https://www.vaticannews.va/en/newsletter-registration.html> and receive the news daily in your inbox.



Consider a memorial brick for your family or faithfully departed in our PRAYER GARDEN.

Each 4x8" brick costs \$125.00 and may be engraved with up to 3 lines with 13 characters

per line including spaces.

Bricks are ordered in batches of 10. Order forms are available on our website: ICCABQ.org.

WE STREAM MASS ON FACEBOOK AND YOUTUBE.



To follow us on Facebook, find us at <https://www.facebook.com/iccabq/>



on YouTube, find us at https://www.youtube.com/channel/UCpsBXhOrta8CPn_hjXEwcw



and on Instagram, find us at <https://www.instagram.com/immaculateconceptionabq/>

DOWNLOAD
myParish app
App Store • Google Play



Join us on
myParish app.

About our blue recycling barrels.

- ✧ The two barrels, now, are for *glass only*.
- ✧ For *mixed recycling*, please use the recycling bin on the west (7th Street) side of St. Mary's School.
- ✧ *Plastic bags* can be recycled at some retailers, for example, Smiths.



Three Keys of Discipleship as We Start with Jesus

Julianne Stanz outlines the role of denial, deliberation, and dedication in discipleship.

How Can I Be Kerygmatic?

Joe Paprocki shares several ideas for effectively proclaiming the Gospel in a way that consistently highlights and reinforces the core message of the Gospel.

Prayer of an Aging Disciple

Barbara Lee invites us to consider our continuing call to discipleship. We provide her "Prayer of an Aging Disciple" in three formats: printable mini-poster, coloring page, and group prayer version.

Living the Mass the Other Six Days of the Week: The Penitential Act

In this episode of a new video series, look at the Penitential Act, through which we acknowledge that we are sinners and ask for God's forgiveness.



Ash Wednesday is February 22, 2023. Discover inspiring ways to observe the season with these ideas.

40 Ideas for 40 Days

Get an early start on Lent planning with this selection of Lenten activities from the deep archives of *Catechist's Journey*. While organized according to the 2023 calendar, the activities aren't limited to just one day of Lent.

Liturgical Year: Lent

Bookmark this link for a full selection of Lenten articles, activities, prayers, and videos.

Living Lent Daily

Reflect each day with the Scripture-based inspiration of this e-mail series. Authors and other friends will share reflections based on Bible verses featured in the popular 3-Minute Retreats. **Parents are invited to subscribe!**

LA CATEQUESIS

Las clases religiosas se reanudarán el domingo 8 de enero de 2023, de las 11:15-12:15 antes de la misa. Recordatorio que la asistencia a la misa es importante y parte del catecismo



LADRILLOS CONMEMORATIVOS

Disponibles en nuestra página web ICCABQ.org. El costo de cada ladrillo es de \$125.00; mide 4+8", y permite grabar 3 líneas con 13

letras por línea incluyendo espacios

y se piden en lote de 10. Los ladrillos conmemoran a familias, miembros de la parroquia, y familiares fallecidos y se agregan al Jardín de Oración como recuerdo.

VOLUNTARIOS ~

Se necesitan voluntarios durante todas las Misas que lleven el pan y el vino al altar para la preparación de los sacramentos. Parejas, familias, individuos pueden participar en este acto y solo necesitan comunicar su intención a los ayudantes en la misa. Esta es una oportunidad para que todas las familias participen trayendo las ofrendas. Favor de comunicarse con Carlos Ramírez o con Erne Woodley (505) 340-5292.



Las Familias que necesitan informacion para recibir los Sacramentos de:

Baptismo, Confirmacion, Primera Comunión.

O, para otra informacion favor de llamar a la oficina de la parroquia de los mananas: O, llamar Sister Teresa Aparicio at 505-249-2781

AYUDA DISPONIBLE, hable con alguien hoy.
No está solo.

CADENA NACIONAL DE PREVENCIÓN DEL SUICIDIO
Abierta por 24 horas al día en español e inglés.

APRENDA MÁS ~ 988

A partir del 16 de julio, los estadounidenses podrán llamar o enviar mensajes de texto a un nuevo número de teléfono, 988, si sienten que están experimentando una crisis de salud mental y/o corren el riesgo de suicidarse.

Casa de las Comunidades necesita voluntarios para la clase de Inglés (clases básicas de ESL) cada semana por 2 horas. También para distribuir comida el viernes de 10-12 o los sábados de 8:30-11:00.



Para mas información favor de llamar a la oficina de casa a (505) 265-2371 o con la Hermana Teresa (505) 249-2781

PREPARACION MATRIMONIAL

Para parejas interesadas en recibir el sacramento de matrimonio en la Iglesia de la Inmaculada Concepcion, favor de comunicarse con el Padre Steve Rosera en la Oficina de la Parroquia o por correo electronico a



srosera@iccabg.org. La parroquia ofrece cursos de preparacion matrimonial con consejeros experimentados en esta area a todos aquellos que buscan preparacion matrimonial.

Acerca de los retiros

3 minutos de retiro te invita a tomar un descanso dedicado a la oración mientras estás enfrente de tu computadora. Toma una breve pausa para reflexionar en silencio sobre un pasaje bíblico.

Como cada uno de nosotros ora a su ritmo, 3 minutos de retiro te permite controlar el ritmo del retiro. Después de cada pantalla aparecerá un botón que dice "Siguiente". Presiónalo cuando quieras pasar a la siguiente imagen. Si este tipo de oración online es nuevo para ti, el ritmo preseleccionado para el retiro te guiará durante esta experiencia de oración. de

Prensa Loyola [Apple App Store](#) [Android Google Play](#)

Los textos bíblicos corresponden a La Biblia de nuestro pueblo, (Bilbao: Ediciones Mensajero, S.A.U., 2006). Reservados todos los derechos.



3 minutos de
RETIRO

Lineas de Crisis en Nuevo México
1-855-NMCRISIS (1-855-662-7474) nmcrisisline.com