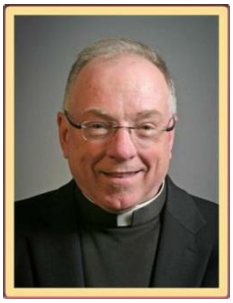
This Week's Message from Fr. Amesse October 4, 2026



This Sunday we observe Respect Life Sunday. It is a good time to remind ourselves of something at the very heart of our Catholic faith: every human life is precious because every human person is created by God and loved by God. Respect for life begins in the womb, but it does not end there. We are called to protect the unborn child. We are also called to care for the mother who is frightened and does not know where to turn. We must value the person with disabilities, the immigrant and the poor, the person who is sick or lonely, and the elderly person who may wonder if anyone still needs them.

Every life has dignity. Every life has value. Sometimes it is easier to talk about respecting life than it is to live it. Respecting life asks something of us. It asks us to notice people. To listen. To be patient. To help someone who is struggling. To stand beside someone who feels forgotten. Jesus did this throughout His ministry. He saw people others overlooked. He touched those others avoided. He welcomed those others pushed aside. That is the example He gives us.

On this Respect Life Sunday, let us pray for a greater respect for human life in our country and throughout the world. But let us also ask ourselves a more personal question: What can I do to help another person know that his or her life matters? Sometimes the answer begins with something very small. May we always be a people who choose life, protect life, and cherish life—from its beginning until its natural end.

I remember you at Mass.