

**This Week's Message
from Fr. Amesse
September 21, 2025**



Teach us O Lord to live the virtue of prudence. At every moment, we rely on prudence. The Byrds popularized Pete Seeger's song, "*Turn, Turn, Turn*" in the 1960's. "A time to build up, a time to break down, a time to dance, a time to mourn, a time to cast away stones, a time to gather stones together." Prudence is the salt that seasons all our actions.

Prudence keeps our "it's all about me" syndrome in check. It's a natural virtue. Mother Nature gives it to all. God strengthens it to make it easier for us to fulfill His will. When we get in the car, we know where we are going. I was anxious one day when I left church to make a sick call. Why was I anxious?

As I pulled out of the driveway, I completely forgot where I was going. Calling on God, I remembered, "Where am I going?" Panic. Then peace, when He reminded me. When we do not have a sense of direction, anxiety kicks in! Even when we know where we are going, we fear the unknown.

Anxiety causes us to lack prudence. Without prudence we find it difficult to be charitable. Peace and joy flee from our conscience. It is impossible to bring peace and joy to our family, our community, to each person with whom we come in contact in our daily life and to society in general when we are laden with anxiety.

At Mass, God gives us the grace we need. If it is prudence we need, we must be sure to ask Him.

I remember you at Mass!