

“Poop Goop” Recipe for home use

Parent Information



Mix the following ingredients in a clean plastic container and apply with each diaper change or at least 3-4 times per day for 1 week.

1:1:1 ratio of each of the following:

1/3 clotrimazole cream

1/3 zinc oxide paste *Note: Higher % zinc oxide is better.

1/3 Maalox or Mylanta (generics are fine to use)

Your child needs to be seen if the rash is worsening or if the rash has open sores, the rash spreads to the abdomen or thighs, or if not improving after 2 days using poop goop.