

Plymouth Impact Report



South Shore Community Action Council (SSCAC) works to eliminate poverty on the South Shore by coordinating, strengthening, and supplementing community efforts to empower individuals and families so they can live in decency and with dignity, realize their full potential, and participate to the extent of their capabilities in all that our communities have to offer. Through our 2023 Community Needs Assessment Survey, low-income Plymouth residents identified the ability to pay heat and utility bills, affordable housing, and access to affordable food as their three most critical needs. In addition to providing services to residents of Plymouth to address those needs and more, SSCAC operated as an economic conduit, bringing private, local, state, and federal funding to Plymouth and the South Shore.



PHOTO COURTESY: SSCAC

2024 PROGRAM & SERVICE DOLLARS

SERVICE DOLLARS EXPENDED ON BEHALF OF LOW-INCOME PLYMOUTH RESIDENTS OF ALL AGES IN 2024



3,408 Residents
Served



225,094 Meals
Provided



2,134 Residents
Kept Warm

SSCAC'S PROGRAMS AND SERVICES AVAILABLE TO PLYMOUTH RESIDENTS

Appliance Management Program, Backpack Food 4 Kids, Bagged Food for Seniors, Consumer Aid, Emergency Assistance, Emergency Food and Shelter, Emergency Grocery Assistance, Food Resources, Fuel Assistance, Heating System Repair and Replacement (HEARTWAP), Lend a Hand, South Shore Early Education, Transportation for the Elderly and Disabled, Volunteer Income Tax Assistance (VITA), and Weatherization



Making a Difference for Plymouth Residents



SSCAC SERVED 3,408 PLYMOUTH RESIDENTS IN 2024

Struggling to make ends meet with the high cost of household basics, low- and moderate-income individuals and families are cutting back on prescriptions and food to pay for less “discretionary” expenses such as rent, mortgage, utilities, and transportation. SSCAC and our community partners are rising to the challenge and made a powerful difference in the lives of thousands of South Shore residents in the past year. We hosted a month-long March Mania food drive tournament that collected over 16,000 pounds of food. Our Transportation program secured additional funding to expand its service reach so greater numbers of older adults and individuals with disabilities accessed the healthcare and services they need. We prevented homelessness for 29 people and utility shut-off for 1,659 people. And we fostered a love of learning through early education for 1,278 children. On behalf of the thousands of children, seniors, and families whose lives we touch each year, we remain ever-grateful to our dedicated community partners who support our mission to ensure everyone in our communities is safe, warm, and healthy.

PLYMOUTH CLIENT CHARACTERISTICS

| | |
|---------------------------------|-----|
| Female | 61% |
| 0-17 Years Old | 26% |
| 65 Years or Older | 30% |
| At or Below 100% Poverty Level | 28% |
| Single Person Household | 46% |
| High School Graduate or Greater | 59% |
| Active Military or Veteran | 4% |
| Disabled | 25% |
| Retired | 31% |
| Homeowners | 50% |

SSCAC SERVED 28,970 PEOPLE IN 2024

“ Community Speaks ”

My family has been through a lot. There have been so many challenges and obstacles. But knowing that hard work is acknowledged and having your support and understanding has been substantial. It's because of people like you that I don't give up!

#OurCommunityInAction

As the Community Action Agency for Plymouth, our Board of Directors includes a seat designated for a member or representative of the town's Select Board. Our Board of Directors also includes Community Representatives and Low-Income Representatives.

Other towns in our primary service area are:

Carver, Duxbury, Hanover, Hull, Kingston, Marshfield, Norwell, Plymouth, Plympton, and Scituate

28,970

Individuals
Served

239

Locally
Employed

\$33.1M

FY24 Direct
Expenditures

95%

Average Revenue
Spent on Direct
Services

11,165

Hours
of Volunteer
Service

696

Community
Volunteers

2,134
Residents

HOME ENERGY ASSISTANCE (FUEL ASSISTANCE)

Plymouth residents stayed safe and warm through **\$1,575,411** in direct payments made by SSCAC to local home heating companies.

181
Residents

ENERGY CONSERVATION

Lowered utility bills for Plymouth residents through Weatherization, Appliance Management and Heating System Repair and Replacement totaling **\$312,345**.

151
Children

SOUTH SHORE EARLY EDUCATION

Head Start, Early Head Start, and state funded preschool provided for free or low-cost for Plymouth's children, including daily nutritious meals, health screening, bus transportation, and family supports.

75
Residents

TRANSPORTATION

Elderly and disabled Plymouth residents with no means of transportation accessed medical, adult day health, and social service appointments in handicap accessible vehicles with specially trained drivers.

270,113
Pounds

FOOD RESOURCES

Fresh and non-perishable food supplied to a low-income 55+ community in Plymouth and distributed directly by SSCAC to **604** Plymouth children and families to fight hunger and promote food security.

232
Residents

VOLUNTEER INCOME TAX ASSISTANCE

Plymouth taxpayers saved **\$74,936** in tax preparation fees and received **\$451,712** in state and federal refunds through free, electronic preparation and filing of tax returns.

81
Households

CONSUMER AID

Consumer education and mediation of consumer complaints for residents of Plymouth resulting in **\$13,766** in resolutions.

102
Residents

EMERGENCY ASSISTANCE AND FINANCIAL STABILITY

Helping households in crisis with information, referrals, case management, and financial assistance totaling **\$28,061** to avoid eviction or utility shut-off.

South Shore Community Action Council

For more information visit sscac.org, follow us on social media or call 508-747-7575