



# FOOD RESOURCES Program Impact Report

With heart, determination, and in partnership with compassionate community members, our Food Resources Program fought food insecurity, promoted nutrition, and increased food access for more than 11,000 children, older adults, and families on the South Shore in 2025. By all measures and reports, food insecurity remained high in the region and across the Commonwealth. In fact, 1 in 3 adults in our communities does not have enough food. Access to affordable food ranks as the third greatest need for low-income individuals and families on the South Shore, just behind affordable housing and utilities. Children who experience food insecurity fall behind academically and lack adequate nutrition for growth and development. Hunger also negatively impacts the physical and mental health of seniors who have to make unimaginable choices between prescriptions and food. Together with hundreds of volunteers, partner organizations, businesses, and more, we collected over 500,000 pounds of food and distributed 405,000 pounds for individuals and families in need.



PHOTOS COURTESY SSCAC

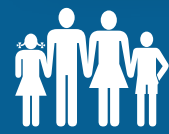
SSCAC collects and distributes fresh and non-perishable emergency food directly to households in need and also sustains the region's emergency food system by supplying food to 60+ food pantries, soup kitchens, schools, Councils on Aging, veterans' services, and others throughout the South Shore.



**338,217  
Meal Equivalent**



**264,125 lbs.  
Locally Donated**



**4,110 First-time  
Recipients**

## TEAM UP AGAINST HUNGER



### ARE YOU A TEAM PLAYER?

Find out how you can donate and make a difference by scanning the QR Code, calling 508-747-7575, or visiting us at [www.sscac.org](http://www.sscac.org)

With the high cost of living in FY25, low-income people in our communities struggled to make ends meet and turned to food pantries more than ever before. SSCAC's Food Resources Program takes a two-prong approach to fighting food insecurity:

- 1) SSCAC distributes emergency food** directly to individuals and families in need and
- 2) SSCAC sustains the region's emergency food system** by supplying hundreds of thousands of pounds of fresh and non-perishable food to more than 60 pantries, Councils on Aging, schools, homeless shelters, and others. These partners in turn distribute food provided by SSCAC for thousands of individuals and families year-round.



## SSCAC FOOD RESOURCES 2025 AT A GLANCE

With each passing year, the high costs for groceries, utilities, housing, gas, and other household necessities continued to strain the already thread-bare household budgets of low-income individuals and families throughout the South Shore. According to the Greater Boston Food Bank's 2025 Food Access report, the number of individuals that experienced very low food security across the state quadrupled over the past 5 years from 6% to 24%. While 1 in 3 adults is food insecure, 1 in 4 has skipped meals or went the whole day without eating due to inability to afford food.

Our Food Resources Program fights hunger, promotes nutrition, and increases food access through direct food distribution and also by supplying food to sustain more than 60 other pantries, soup kitchens, other emergency food providers. We collected over a half-million pounds of food and are thrilled to report a 28% increase in local food donations. Our food collection efforts included our 2nd annual March Mania Food Drive Tournament that raised over 16,000 pounds of food and saw the mighty team from the North Easton Savings Bank emerge as Tournament champion.

We distributed 405,860 pounds of fresh and non-perishable food - the equivalent of 338,217 meals - for individuals and families in need. Knowing that children and older adults experience greater negative health, mental health, academic, and developmental outcomes due to hunger, we continued our "Senior Access" and "Children's Access" strategic food distribution through partnership with Councils on Aging, senior housing, schools, Head Start centers, family shelters, family resource centers, the Plymouth Boys & Girls Club, and more. With changes to SNAP, Medicaid, and other safety net programs on the horizon and the end of pandemic-era health insurance benefit expansion, we look to 2026 with concern and steady resolve to ensure the most vulnerable in our communities have the food they need.

### FOOD IN

**506,678**  
POUNDS

#### TOTAL EMERGENCY FOOD COLLECTED

To fight hunger on the South Shore, we received fresh and non-perishable food donations from compassionate individuals and groups, Food Recovery partners, Healthy Harvest partners, and the Greater Boston Food Bank.

**264,125**  
POUNDS

#### LOCAL FOOD DONATIONS

Nearly 100 individuals, businesses, organizations, and community groups donated 264,125 pounds of emergency food, including participants in our 2nd Annual March Mania Food Drive Tournament which collected over 16,000 pounds of local food donations.

**16,917**  
POUNDS

#### FARM FRESH PRODUCE DONATIONS

Our local food donations included 16,917 pounds of nutrient-dense, farm fresh fruits and vegetables from our partners at the Plymouth County Farm (including its aquaponics center) and Plimoth Produce.

**242,553**  
POUNDS

#### GREATER BOSTON FOOD BANK

We received and facilitated distribution of fresh and non-perishable food purchased from the Greater Boston Food Bank by SSCAC and other area pantries and donated food through GBFB's local Retail Enabling Program.

### FOOD OUT

**405,860**  
POUNDS

#### TOTAL EMERGENCY FOOD DISTRIBUTED

We distributed 405,860 lbs.\* of emergency food - the equivalent of 338,217 meals - including fresh perishables such as produce, dairy, vital proteins, and prepared foods.

**193,984**  
POUNDS

#### MEALS FOR OLDER ADULTS

Through direct distribution and in partnership with food pantries, Councils on Aging, senior housing developments, and others, we increased food distribution for seniors by 42% in 2025. Nearly 3/4ths of the food was fresh perishables such as dairy, produce, and proteins.

**112,539**  
POUNDS

#### MEALS FOR CHILDREN

We distributed 112,539 lbs. of food for children - a 10% increase over 2024 - through our mobile pantry, supplying food to the region's food pantries, our Backpack Food 4 Kids school partners, Head Start centers, shelters, low income housing, and other CBOs.

**11,482**  
PEOPLE

#### SOUTH SHORE RESIDENTS FED

Together with hundreds of compassionate food donors, volunteers, and food distribution partners, we fought hunger, promoted nutrition, and increased food access for 11,482 South Shore residents of all ages.

\* Staff and volunteers regularly and carefully perform safety and quality inspections of all food in our inventory. Expired, spoiled, or substandard items are disposed.



### #TeamUpAgainstHunger

**11,482**  
People of All  
Ages Received  
Food

**63**  
Food Distribution  
Center Members

**99**  
Local Food  
Donors

**7**  
Backpack  
Food 4 Kids  
Schools

**10**  
Councils on  
Aging

**6,664**  
Hours of Donated  
by 50 Active  
Volunteers

### #OurCommunityInAction

For 60 years, SSCAC has worked to alleviate poverty with programs that address the most pressing needs of low-income individuals and families in our communities, including home heating assistance and energy conservation, early education and childcare, food resources, transportation, emergency assistance, and income maximization services.



### #MarchManiaFoodDrive

We hosted the 2nd annual March Mania Food Drive Tournament with 16 teams from throughout the South Shore competing head-to-head in single elimination food drives.

The North Easton Savings Bank was the Cinderella story of this year's Tournament. The small but mighty team collected over 5,500 pounds of non-perishable emergency food to take home the coveted John van Hengel trophy!