

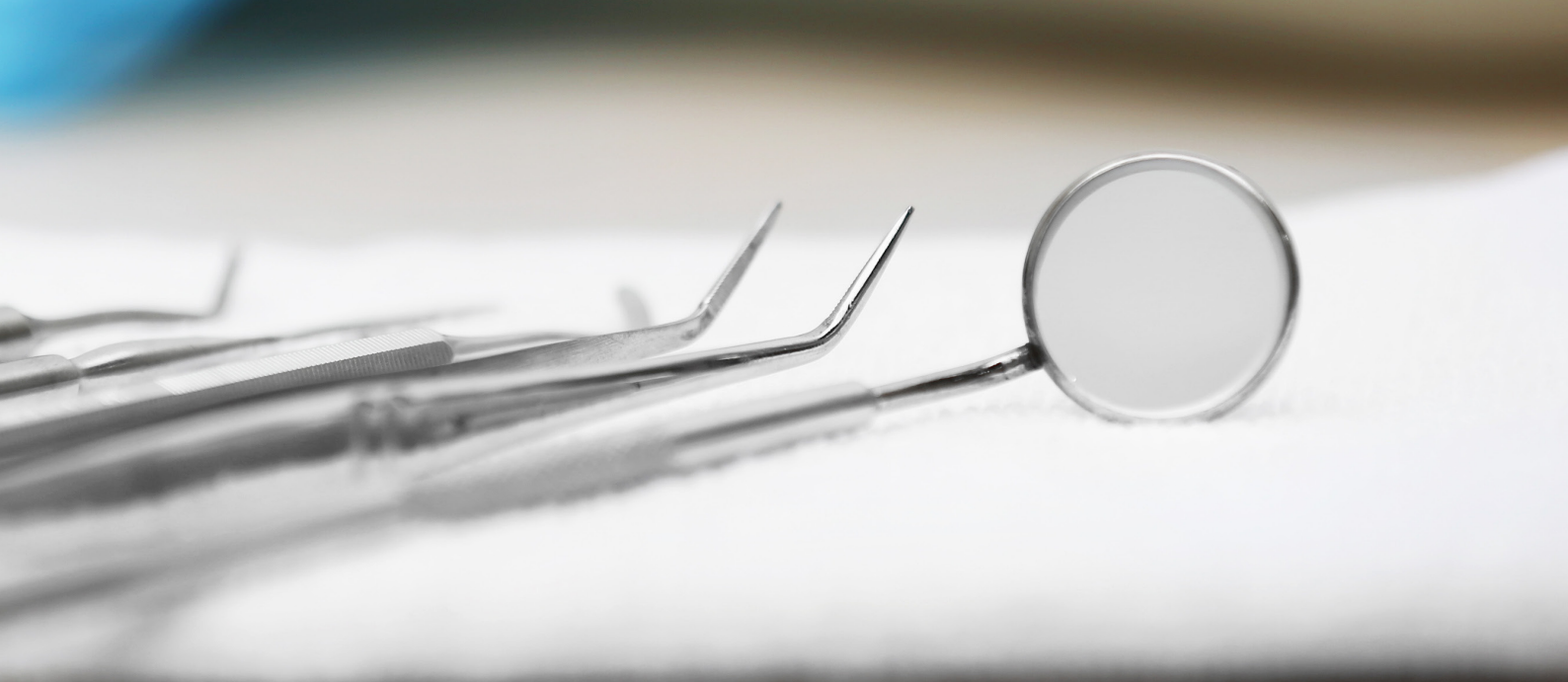


## Welcome to Pemros Dental Practice

*Clare, Richard & the team welcome you to Pemros Dental Practice.*

We are an independently owned private practice, seeing a wide range of patients with varying dental needs. We pride ourselves on adopting a preventative and modern minimal intervention approach to dentistry.

Being a small practice is one of our strengths, as it allows us to get to know you as individuals, enabling us to guide and support you in the decisions regarding your dental health, resolve your unique dental concerns and give tailored advice in the prevention of further problems.



## Meet Our Dentists

### **Clare Beattie**

*BDS MJDF RCS(Eng) PG Dip Cons Sed  
GDC No: 258282*

Clare was a Paramedic before a career change into Dentistry, graduating from Peninsula College of Medicine and Dentistry in 2015 with a BDS.

Clare has a particular interest in sedation for anxious patients, and has completed a Diploma in Conscious Sedation in Dentistry as well as being experienced in providing an extensive range of dental treatments.



### **Richard Michael**

*BEng(Hons) BDS MJDF RCS(Eng) MSc (Rest Dent)  
GDC No: 229549*

Richard graduated from Peninsula College of Medicine and Dentistry in 2012 with a BDS, following 17 years as a Pilot in the Royal Air Force, serving in both the UK and abroad. Richard has a talent for all aspects of dentistry, and has completed an MSc in Restorative Dentistry, giving him increased skills in complex restorative treatments.



## Routine Dentistry

*Regular dental appointments are the key to a healthy, confident smile. Our friendly team provide thorough check-ups, examining your teeth, gums, and mouth, with x-rays and clinical photos taken when required.*

*We offer a range of Practice Plan options to make savings and spread the cost of your routine dental appointments throughout the year.*

*Stay ahead of problems, feel your best, and enjoy stress-free visits.*

## Hygienist Services

*Our team of hygienists focus on keeping your smile healthy and fresh. Your hygienist will gently remove plaque and tartar, polish your teeth, and provide tailored advice for daily care. Regular visits help prevent gum disease, cavities, and bad breath, leaving your mouth clean, bright, and refreshed.*



## Restorations

*Dentists Clare and Richard provide expert restorative treatments to bring back the strength, function, and beauty of your smile.*

Working with the most up to date materials and equipment alongside their skills, they deliver precise, high-quality tooth restorations. With an MSc in Restorative Dentistry, Richard has furthered his training to enable him to carry out difficult & complex restorations. Their gentle, patient-focused approach ensures comfort and confidence throughout the treatment, helping you achieve lasting oral health and a natural-looking smile.

## Composite Bonding

*Richard is highly experienced in working with dental composite, skillfully restoring teeth with natural-looking, durable results that blend seamlessly.*

During composite bonding treatments, Richard uses his skill alongside a perfectly matched colour of high quality resin material to repair tooth erosion, chipped, fractured, or discoloured teeth, and close gaps between them. It's a minimally invasive treatment that can often be completed in a single visit.



# Tooth Whitening

*Your journey to a whiter, brighter smile can start here. Our clinicians offer Boutique Whitening which is the most effective and comfortable, professional teeth whitening experience available.*

Just 4 easy steps for your new smile:

- Consultation
- Intra oral scan
- Tooth preparation
- Start whitening at home



# Alignment Solutions

*Transform your smile with our expert orthodontic treatments which will boost your confidence and improve your oral health. Our dentist Richard has undertaken additional training to provide effective teeth straightening options.*



- Fixed braces
- Removable clear aligners



## Crowns & Bridges

*We specialise in providing high-quality dental crowns and bridges to restore damaged teeth and replace missing teeth. We use the latest digital technology to create natural-looking, durable restorations that improve both the appearance and function of your smile.*

By using the most up to date materials and working with some of the UK's leading laboratories, we're able to offer an extensive range of crown & bridge options and will always advise which is most suited to our patients.

- Porcelain/ceramic crowns
- Gold crowns
- Zirconia crowns
- Porcelain-fused-to-metal crowns
- Traditional bridges
- Cantilever bridges
- Resin bonded bridges





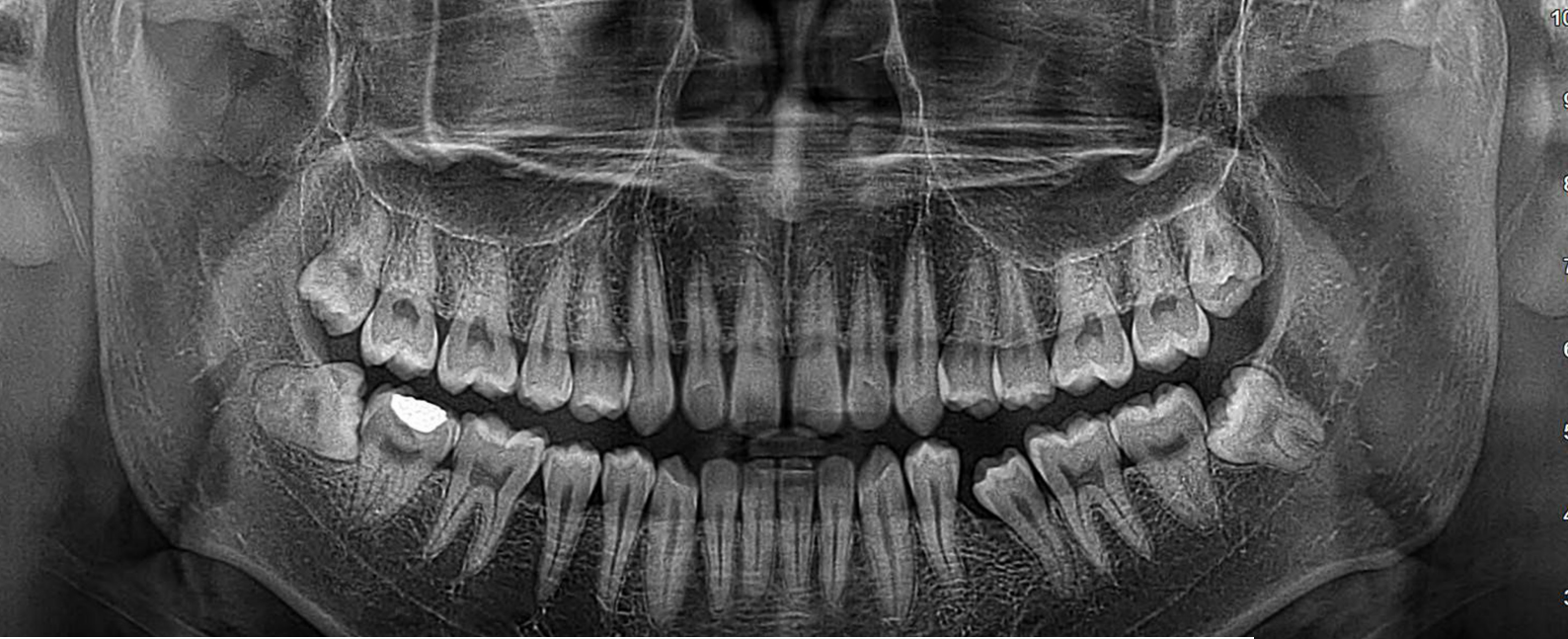
## Dental Implants

*If you're looking for a permanent solution to replace missing teeth, dental implants could be the answer, restoring both function and aesthetics to your smile.*

Working closely with Fin Bason (Special interest in Implants and Advanced Restorative Dentistry), Richard offers advanced dental implant treatments here at Pemros Dental Practice. With extensive experience and precision, as a team they ensure each implant feels comfortable and functions like a real tooth. Richard's patient-focused care provides long-lasting results, boosting confidence, oral health, and overall quality of life.

## Endodontics

*Our experienced dentists provide precise endodontic (root canal) treatments using the Zeiss Extaro 300 microscope, one of the world's most advanced dental surgical microscopes, ensuring exceptional accuracy and predictable outcomes.*



## Sedation

*Having treated over 1000 patients throughout the past 9 years, Dentist Clare has significant experience and has completed a Diploma in Conscious Sedation in Dentistry.*

Clare understands that for some, the thought of visiting a dentist can be terrifying, and this can prevent treatment leading to significant negative impact on daily life. Clare's goal is to transform the dental visit into a positive and relaxing experience by actively listening to create a safe and comfortable environment to reduce anxiety.

## Minor Oral Surgery

*Dentist Clare has an MSc in Oral Surgery and is an expert in difficult extractions, including broken, impacted and wisdom teeth.*

Clare is skilled, precise, and knowledgeable, ensuring patients feel comfortable, supported, and confident throughout treatment, with excellent outcomes. She combines advanced techniques with a calm, reassuring manner, delivering safe procedures, faster recovery, and long-lasting oral health benefits.



# Dr Clare Aesthetics

*As well as offering dental treatments, Clare has undertaken additional training to provide advanced aesthetic treatments, including anti-wrinkle, exosome therapy and dermal fillers.*

## **Anti-Wrinkle**

Anti-wrinkle injections work by blocking the signals between your nerves and muscles, causing them to relax and reducing the appearance of lines. From lifting drooping eyebrows to softening the jawline, our anti-wrinkle treatments give you results that are subtle, natural and confidence-boosting.

## **Exosome Therapy**

Exosomes play a powerful role in skin rejuvenation and aesthetic treatments by penetrating the dermal layer and communicating directly with fibroblast cells. This interaction stimulates the natural regeneration process, encouraging the production of collagen and elastin, which are key components for firmer, smoother and more youthful looking skin.

## **Dermal Fillers**

Dermal fillers are safe and effective non-surgical treatment designed to restore lost volume, enhance facial contours, and smooth out deep lines and wrinkles. Using hyaluronic acid based products found naturally in the skin, fillers can plump the lips, define cheeks and the jawline, soften nasolabial folds, and rejuvenate under-eye hollows.



# Practice Membership Plans

## Membership benefits:



### Healthy teeth

Generally, plan members have healthier mouths than patients who pay-as-you-go at the practice because you attend more regularly, any issues are spotted earlier and treatment is swifter.



### Easy budgeting

A plan allows you to budget for your dental care with the guarantee you are going to see the dentist you know and trust.



### WDEAS - The Scheme

Most plans include eligibility to request assistance from the Worldwide Dental Emergency Assistance Scheme. Benefits may include emergency treatment when away from home or abroad, for dental trauma or oral cancer.



*Practice membership plans start from £22.00 a month and include a set number of dental examinations & hygiene visits per year, plus approximately 10% discount on most dental treatments.*

All membership plans are subject to a new patient examination and an extended hygienist appointment.

Membership plans are also subject to appropriate level of dental health prior to acceptance.