



Autumn 2025 Issue 108

Community Newsletter of St Michael and All Angels, Lancing

Sunday Services 10.30 am Sung Mass

10.30 am Sung Mass followed by refreshments 10.30 am Alive! (monthly on first Sunday) Stories, games and crafts for children aged 0-11

Church Open

The Church is open for visitors and private prayer Monday - Friday 9 am - 4 pm

Christenings, Weddings, Banns of Marriage

please contact The Revd Ben Scott Telephone: 01903 753653

Editor

The Revd Ben Scott c/o St Michael's Vicarage 117, Penhill Road Lancing, BN15 8HD E: chalkspringscurate@outlook.com www.chalkspringchurches.org



/stmichaelslancing

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Keep Lancing Lovely and the Blue Plague Railway Heritage Trail

2025 marks the 200th anniversary of the opening of the Stockton to Darlington Railway which is recognised around the globe as the world's first modern passenger railway. The Rail 200 campaign runs throughout 2025 and honours rail's transformative impact on society, technology and the economy. There have been many events up and down the

country over the course of the year highlighting the rail's heritage. For example, The Inspiration Train has toured the country 60 visited and locations between June and December showcasing railways the from past, present and future.

Another Rail 200 initiative has been the

heritage blue plaques for the railways this year. Across southeast England 200 blue plaques have been unveiled to honour individuals — past and present — who shaped Britain's railways, from iconic engineers and authors to everyday station staff and modern rail workers.

Since 2017 Keep Lancing Lovely have been station partners to Lancing Station. We

were asked by Southeast Community Rail Partnership to submit the names of local people associated with the railways from times past. Of the 200 blue plaques across the whole of the southeast, we were very pleased to have been awarded 6 blue plaques in Lancing.

The blue plaques focus on 6 remarkable individuals who played a vital role in the

history of Lancing's railway, either at the Lancing Carriage Works or Lancing Station and who gave service during conflicts.

The six individuals being remembered through this initiative are:



- Harold Dray
- Ernest Strudwick
 - Evelyn Joan Ford
- Herbert J Clist
- Sarah Chesterman
 - Arthur R R Bartlett



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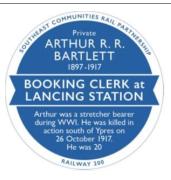
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Research of the six people was undertaken by members of Keep Lancing Lovely with support from Lancing and Sompting Pastfinders.

Keep Lancing Lovely are in contact with some of the descendants of these individuals and they were able support us with photographs, memories and information about the lives of



the people focused on. Some of the descendants still live in Lancing whilst others are elsewhere in the country. However, all of the people that we are in contact with are grateful that their relatives are being remembered in such a thoughtful way.

Local suitable businesses were approached and asked if they would be happy to support the initiative and host the blue plaque along with a small display on the individual which would consist of photographs and written material offering a glimpse into their lives, their work, and their impact on the community.

Leaflets and a map were produced by Keep Lancing Lovely so that visitors can take part in a self-guided tour of the plaques which stretch from just above the station down South Street to the sea front.

Keep Lancing Lovely are incredibly grateful to the local businesses supporting us in this important local heritage initiative: H.G. King Funeral Services, Lancing Eye Care, H.D. Tribe Limited and Dillistone and Wraights Funeral Directors.

Leaflets are available from all of the above businesses during their normal opening hours and also from the ticket office on the south side of Lancing station where two of the blue plaques are proudly displayed, alongside a poignant history and storyboards honouring workers from the station and Carriage Works who lost their lives in 20thcentury conflicts. Every Remembrance weekend, we host a gathering to honour them, often joined by their relatives who share their moving stories. Remarkably, the station is 180 years old in November.

The trail route also passes by the Lancing war memorial outside the Parish Hall in South Street. The war memorial lists the names of those fallen in the first and second world wars and behind the main memorial are the panels from the Lancing Carriage Works memorial which originally stood at the workers entrance to the carriage works just north of Bessborough Terrace. This is also why the Lancing band stand is located at the west end of the green as it was near to the carriage works entrance.

Moving forward, Keep Lancing Lovely want to maintain some sort of display about our local railway heritage around the village and we are currently exploring our options on how this may be realised.

Keep Lancing Lovely is a local community group dedicated to enhancing and celebrating the beauty and heritage of Lancing. Through various initiatives, we continue to foster a sense of pride and belonging within the village.

The Blue Plague Railway Heritage Trail will run in Lancing up until late November 2025, so why not pick up a leaflet and find out more?

Find out more:

Keep Lancing Lovely https://keeplancinglovely.weebly.com/ South East Coast Community Rail Partnership https:// www.southeastcrp.org/railway-200/blue-plaques/

Matthew Ayling

Time to Remember - Sunday 8 October, 3 pm

funeral services conducted on behalf of and cake in St Michael's Church Hall. the Parish of South Lancing and However, anyone is welcome. You can Sompting during the past two years, ask for other names of the departed to either in church or at the crematorium, be added to the list of people to be will receive an invitation to Time to remembered when you get to the Remember. The name of their loved church. Simply write the name or names one will be included in the prayers at on the paper provided at the back of the service. The service lasts about 45 church before the service starts. minutes. During the service, you can light a candle to remember a loved one

Bereaved families who have attended who has died. Afterwards, we have tea

Fr Ben Scott





Hayley Richards DIDFH, MCFHP, MAFHP **FOOT HEALTH PRACTITIONER**

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Lancing Chamber Orchestra - Music at the Heart of the Community

Lancing Chamber Orchestra has been part of the village's cultural life since 1948. Originally founded as Lancing Orchestral Society, we've brought together local musicians for over 75 years, sharing the joy of live music and creating space for connection, creativity and community.

We're a chamber orchestra: big enough for exciting,

sweeping repertoire, but small enough that every player matters. Our players come from Lancing and across Sussex, and while we're amateur musicians, we rehearse weekly with real dedication, bringing care, detail and passion to every programme we perform.

From 1965 to 2005, the orchestra was led by Tony King, a familiar face to many in local music circles. He was followed by oboist and conductor Ruth Summers, who shaped the orchestra for nearly two decades and conducted her final concert with us in summer 2023.

Now, under the baton of Danish conductor Laura Kjærgaard-Grier, the

orchestra is entering an exciting new chapter. Laura brings a fresh energy and sense of purpose to our playing, helping us grow as both soloists and ensemble musicians and explore more ambitious repertoire while staying true to our roots.

We're delighted to be returning to St Michael and All Angels Church on Friday 28 November 2025 at 8pm for our next concert and we'd love to welcome you.

The programme will include beautiful, expressive music by Sibelius, Nielsen, Coates, Holst and Coleridge-Taylor—rich in storytelling, warmth and colour.

Recent concerts have included Beethoven's Symphony No. 1, Wagner's Siegfried Idyll, and music by Nielsen, Grieg, Ravel, and local composer Ansel Chaloner-Hughes, our

current composer-in-residence. Whether it's Romantic classics, English suites, or new music from Sussex, we love exploring a wide range of repertoire that brings players and audiences together.

We're especially keen to welcome local musicians, particularly new violin and viola players, so if you're around Grade 5 standard or above and miss the feeling of real ensemble playing, we'd love to hear from you. You don't have to audition! You just have to care about the music and want to be part of something shared. Playing with us isn't about perfection. It's about listening to each other, supporting each other, and enjoying the music we make together.

So if you're local, we hope you'll come along to the concert, or drop us a line if you'd like to play. For more information, visit: www.lancingchamberorchestra.co.uk

Or just come and say hello after the concert—we'd love to meet you.

Milla Jackson (viola)



Join in our Christmas Tree Festival

We'll be celebrating our community in early December this year with the third "St Michael's Christmas Tree Festival".

We're inviting Lancing and Sompting businesses, local groups, schools and others in the community to join in the

fun by decorating and promoting their tree and what they do in the community. We encourage creativity!

Trees can be placed in the church and decorated on Thursday 4 December from midday onwards. These can be plastic (provided by sponsor) or real (sourced by us). Alternatively, we welcome sponsors of trees that we can allocate to another school or group to decorate. On the evening of Thursday 4 December we will have a big 'turning on the lights' with refreshments to which all tree sponsors and decorators will be invited.

WHAT ELSE IS HAPPENING?

The Festival runs from 5-7 December. It will be open from 10 am - 4 pm on Friday and Saturday and from 12 noon - 4pm on Sunday. You can also join in three special events during the Festival: our Christmas

Fair on Saturday from 10 am - 1 pm, a Christmas concert by Worthing Community Concert Band at 7.30 pm on Saturday, and a service of Carol Praise on Sunday afternoon at 4 pm. During the Festival everyone will have the opportunity to vote for their favourite carols and during Carol Praise we'll announce the top 10 and have a good

sing as well!

Trees can be collected on Monday 8 December, or - if it is a real tree - we can send it to a good home.

The last two Christmas Tree Festivals have been great community occasions with an increased number of trees each time. It would be great to have even more this time.

WHAT ARE THE COSTS?

To have a plastic tree in the fair that is supplied by you, the cost is £20.

If you would like us to source a real tree for you (5ft), then the cost is £50.

We do recognise that money is tight for everyone at the moment so welcome the sharing of trees between similar organisations. Or if you'd like to sponsor a tree so that a school or other organisation can decorate it on your behalf we'd love to hear from you.

HOW CAN I GET INVOLVED?

Register your interest by visiting www.chalkspringchurches.org/tree-festival

or email stmichaelslancing@gmail.com and we'll get back to you to with further information.

Please support this great community event.

Ian Tout



Anagram Quiz

Nine Questions: the first letter to the answer of each of the first nine questions make up an anagram to the clue in question ten.

	our answers in the Net competition box at St Michaell Angels Church, South Street, Lancing, The firs
10. Anagram Clue : NOT an old fortress.	10
9. What distinctive name is given to the building at 1600 Pennsylvania Avenue?	9
8. On which American river is the Boulder Dam?	8
7. What is the name of the Elizabethan mansion and Safari Park near Warminster (Wiltshire)?	7
6. Whose tomb was discovered near Luxor in 1922?	6
5. Which plant's name means "Noble White", and is also the title of a song from "The Sound of Music"?	5
4. What was the name of the Roman slave who removed a thorn from a lion's paw?	4
3. Saint who is the patron saint of children?	3
2. What was the surname of the American inventor who patented the sewing machine?	2
1. What name is given to the lower tidal part of a river?	1

Summer Wordsearch Congratulations to the winner Lesley Dodd

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<u>Place your answers in the Net competition box</u> at St Michael and All Angels Church, South Street, Lancing. The first entry drawn on **1 November 2025** will win a £10 High Street voucher.

COMPETITION CONDITIONS - Entries will only be accepted from addresses with postcodes BN15 8_ or from persons whose names are entered on the South Lancing and Sompting Parish electoral roll. The first entry received per household will be accepted. The entry form is the whole of Page 4 of Tle Net. Do not tear or cut the page - a copy may be made, or one may be printed from https://www.chalkspringchurches.org/st-michael-and-all-angels/community-newsletter





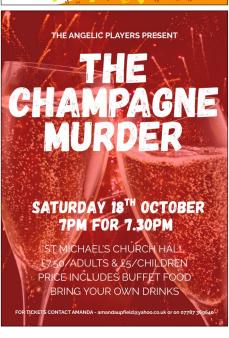


FUN ACTIVITIES FOR ALL AGES

Friday 17 October
from 3.15 - 5 pm
St Michael's Church Hall
South Street, Lancing

Please book online (to help with catering) at www.chalkspringchurches.org/coming-soon

Messy Church is for everyone - young and old alike. If you are a child, you will need to bring an adult with you
No charge - donations welcome
Further details
01903 761913 / messychurch@stmichaelslancing.org











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Vegan Chocolate Brownie

Ingredients

250g plain flour
350g demerara sugar (or you can use soft brown sugar)
65g plain cocoa powder
1tsp baking powder
1tsp salt
250ml water
200 ml vegetable oil (may need a little more if mixture is quite stiff)
1 tsp vanilla extract

You can make this gluten free by using gluten free flour and baking powder.

Method

Preheat the over to 180C

In a large bowl, mix together the flour, sugar, cocoa powder, baking powder and salt.

Pour in water, vegetable oil and vanilla extract and mix until well blended.

Pour into greased baking tin approx 23cm x 33cm (9 x 13in) I find it works best if you line the tin, but you don't have to.

Bake for 25 - 30 minutes in preheated oven until the top is no longer shiny.

Cool for at least 10 mins before cutting into squares and turning out.

Autumn jobs for the garden

Clear Up The Leaves

Clear your lawn of any fallen foliage before cold weather sets in. This helps to make things look tidy, but also allows all the air and nutrients to get to your lawn. Set your debris aside for composting.

Pruning

Tidy up your hedges before winter sets in so they're easier to maintain when the cold weather hits. Pruning fruit trees stimulates the formation of fruit buds and flowers which will encourage a stronger harvest next year. Once trimmed, don't forget to water thoroughly to keep them in good condition.

Create Habitats For Wildlife

Create small piles of debris and twigs throughout your garden to give homes to insects, birds and small animals. A simple pile of twigs will be a wonderful spot for hedgehogs to hunker down.

Cut Back Herbs

Cutting back your herbs now will encourage a new flush of growth and prevent energy going into flower and seed production as this reduces the flavour.

Mulch, Mulch, and er... Mulch!

Mulching retains moisture, reduces weed growth and promotes healthy soil. You can use wood chips, grass cuttings and fallen leaves – any dead, organic plant material that provides precious nutrients to the soil as it decays. Add a layer of mulch around your trees, shrubs and herbaceous perennials.



Fill In The Gaps

Fill gaps in your garden borders with late-flowering plants — such as heleniums — these offer a delightful pop of colour and keep your garden feeling alive through the autumn months.

Clean Your Pots

Dirty pots can contain pests, bacteria and fungus that can do damage to your garden. In a sink or a large container, dilute bleach with water to create a disinfectant. Use a stiff brush to scrub away dried soil and debris, then leave them to dry in the sun.

Plant Your Spring Bulbs

Plant spring bulbs to add colour to your garden in the spring — crocuses, tulips and daffodils are sure to brighten up any outdoor space.

The Evergreen Club

"Evergreen: A timeless person who remains fresh & interesting"

COFFEE, CAKE and CHAT

Come and meet new friends, enjoy a drink and a delicious cakeand have fun! We enjoy listening to interesting speakers, playing board games, solving quizzes, outings together and lots more

WHEN: 3rd Wednesday of the month TIME: 1.45pm

WHERE: St Michael's Church Hall, Lancing

Stanbridge House

54-58 Kings Road, Lancing, West Sussex, BN15 8DY Tel: 01903 753059 www.stanbridgehouse.co.uk

A spacious detached family run care home established for over 40 years

Prospective residents are welcome to visit to look around, meet the staff and residents, and experience the importance of tenderness in a warm and loving environment.

Do you enjoy singing? Come and sing with us!

COST: £2pp



is a friendly group who perform a wide range of music.

We're open to all who enjoy singing.

We meet during term-time on Wednesday evenings, 7.15 –9.15 pm in St Michael's Church Hall, Lancing.

For further information contact the Chorus Administrator 01903 762793 / theboundstonechorus@gmail.com or just come along!