

Services this week

Trinity: Sunday Cycle Year A

Services/Events are at St Michael's unless stated otherwise

St Michael's open: Monday-Friday 9 am - 4 pm

St Mary's open: Tuesday 10 am - 1 pm (March-December)

SUNDAY (11)	Mass with Hymns (St Peter)	9 am
TRINITY 19	Sung Mass	10.30 am
	Time to Remember	3 pm

Monday (12)
Wilfrid Morning Prayer and Rosary 9 am

Tuesday (13)
Edward the Confessor Morning Prayer 9 am

Wednesday (14)
Feria Morning Prayer 9 am

Thursday (15)
Teresa of Avila Morning Prayer 9 am
Mass 11 am

Friday (16)
Nicholas Ridley and Hugh Latimer Morning Prayer 9 am

Saturday (17)
Ignatius Morning Prayer 9 am
Mass 9.30 am

SUNDAY (18)	Mass with Hymns (St Mary)	9 am
ST LUKE	Sung Mass	10.30 am

Notices

Messy Church - Friday 16 October

Helpers needed please see Gill Kerney. Families welcome - please encourage booking (to help with catering) at <https://www.chalkspringchurches.org/coming-soon>.

Zimbe - Saturday 17 October, 7.30 pm

The Boundstone Chorus perform this fusion of jazz and African music by Alexander L'Estrange with Sompting Village Primary School Choir and the Call Me Al Jazz Quintet. Tickets £10 (U16 £3) from Aedan Kerney, Ian Tout or www.theboundstonechorus.co.uk.

Travels with Gwen for next Evergreen

Evergreen meets again on Wednesday 21 October at 2 pm. The illustrated talk this month, "Travels with Gwen, Part 2". £2pp to include refreshments. All welcome.

Ladies invited to tea

Open invitation from Lancing Methodist Ladies Cameo club for ladies to attend their Anniversary Tea on Monday 26 October at 2 pm. Please let Sandy Tout know if you would like to attend.

Commemoration of the Faithful Departed

All Souls Day: Said Requiem Mass - 11 am at St James the Less, Said Requiem Mass with Hymns - 7 pm at St Michael's. On arrival there will be an opportunity write names to be remembered.

Saturday Afternoon Pictures: Railway Children Return

Saturday 31 October, 2.30 pm at St Peter's. Tickets: Adults £8; children £5; families £20. Ticket prices include refreshments. Buy at www.chalkspringchurches.org/coming-soon or on the door.

Thanks for prayer

Thank you so much to everyone who has prayed for my grandson Ben Hollins and enquired after him. He has had his operation now, a very difficult one according to the surgeon, but he is recovering, getting a little better each day. However, he still has to stay in hospital as it was such a complicated operation and we are not sure when they will let him home - but each day brings it nearer. I'm sure that our Lord answered your prayers and also it gave me comfort too during a very difficult time, knowing he was in people's minds and prayers. Thank you all so very much. *Margaret Bentley*

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SUNDAY BULLETIN

Bulletin No. 472

11 October 2026

St Michael and All Angels, Lancing

St Mary the Virgin, Sompting

St Peter the Apostle, Sompting



Nineteenth Sunday after Trinity

Welcome to our worship today.

9 am Celebrant and Preacher: Father Gerald Kirsch

10.30 am Celebrant and Preacher: Father Ben Scott

Father Gerald is the celebrant at St James the Less

Refreshments are available after both services.

For your prayers...

BIRTHDAYS: Judy Excell, Iona Bennett-White, Stella Atiti, Heather Christie, Patsy Belford

SICK OR IN NEED: Ben Hollins, Keith Parkinson, Olive Leonard, Richard Thompson, Joan Goddard, Andrew Parkinson, Julie Laraway, # Daphne Gaitley, Laurette Gaitley, Mark Gilbert and Rena Gaitley # (#= due for renewal)

RECENTLY DEPARTED: Gwen Dearing and Colin Edkins

THE DEPARTED COMMEMORATED THIS WEEK: Charles Hunniball, Alex Borrie, Jill Thompson, Molly Heslop, Albert Jenkins and Joyce Venn

PARISH: Those who receive communion at home

THE LAMP BURNING BEFORE THE BLESSED SACRAMENT is sponsored this week for Bob Beaumont RIP

THE LAMP BURNING BY THE BLESSED VIRGIN MARY STATUE is sponsored this week for Violet Durrant RIP

Names of the sick are included on the Bulletin for 4 weeks after which they have to be renewed in writing.

Events this week

Full list of services on the back page

Services/Events are at St Michael's unless stated otherwise

Sun: Time to Remember 3 pm

Wed: Evergreen 2 pm

Thur: Mass 11 am

Fri: Messy Church 3.15 - 5 pm; Play rehearsal 7.30pm

Sat: Mass 9.30 am Walsingham Festival 11-4pm (St Paul, Brighton); "Zimbe! Come sing the songs of Africa" by The Boundstone Chorus 7.30 pm (Rehearsal 2-5 pm)

Sun: Luke the Evangelist: Mass 9 am (St Mary); Sung Mass 10.30 am

All items for inclusion in next Sunday Bulletin, in writing, to Ian Tout by Wednesday 12 noon.

Please send emails to stmichaelslancing@gmail.com

www.chalkspringchurches.org

Calendar

OCTOBER

Sunday 11	<u>Trinity 19</u> : Services at usual times; <u>Time to Remember</u> 3 pm
Wednesday 14	<u>Evergreen</u> 2 pm
Friday 16	<u>Messy Church</u> 3.15 – 5 pm; <u>Play rehearsal</u> 7.30pm
Saturday 17	<u>Mass</u> 9.30 am; <u>Walsingham Festival</u> 11-4pm (St Paul, Brighton) "Zimbe! Come sing the songs of Africa" by The Boundstone Chorus 7.30 pm (Rehearsal 2-5 pm, hall booked from 12 noon)
Sunday 18	<u>Luke the Evangelist</u> : Services at usual times; 9 am (St Mary)
Tuesday 20	<u>Craft Club</u> 10 am
Thursday 22	<u>Mass with Anointing</u> 11 am
Friday 23	<u>Memory Lane Cafe</u> 2 pm; <u>Play rehearsal</u> 7.30pm
Saturday 24	<u>Mass</u> 9.30 am (Walsingham Cell)
Sunday 25	<u>Bible Sunday</u> : Services at usual times
Friday 30	<u>Play rehearsal</u> 7.30pm
Saturday 31	<u>Mass</u> 9.30 am; <u>Saturday Afternoon Pictures</u> 2.30 pm (St Peter)

NOVEMBER

Sunday 1	<u>All Saints' Sunday</u> : Services at usual times; <u>Alive!</u> (Children's group); <u>Baptism of Lily Page</u>
Monday 2	<u>All Souls Day</u> : <u>Mass</u> 11 am (St James) <u>Mass with Hymns</u> 7 pm (St Michael); "The Net" (Christmas) printing
Tuesday 3	<u>Craft Club</u> 10 am
Wednesday 4	<u>Ecumenical Morning Prayer</u> 8 am (St James the Less); <u>Social Afternoon</u> 2 pm (St Peter)
Thursday 5	<u>Church cleaning</u> 9.15 am; <u>Mass</u> 11 am; <u>Autumn Deanery Finance Meeting</u> 7 pm, refreshments 6.30 pm (St Peter and St Paul, Rustington); Baby Boomers social
Friday 6	<u>Mothers' Union meeting</u> 2.30 pm; <u>Play rehearsal</u> 7.30pm
Saturday 7	<u>Mass</u> 9.30 am; <u>Rooted</u> 5.30-7pm
Sunday 8	<u>3 before Advent (Remembrance Sunday)</u> : Services at usual times; 9 am (St Mary); <u>Laying of Wreaths</u> 2.45 pm; <u>Service of Remembrance</u> 3 pm
Thursday 12	<u>Mass</u> 11 am; <u>Parochial Church Council (PCC) Meeting</u> 7.30 pm
Friday 13	<u>Play rehearsal</u> 7.30pm
Saturday 14	<u>Mass</u> 9.30 am; <u>Mini Market</u> 10 am - 12 noon
Sunday 15	<u>2 before Advent</u> : Services at usual times; 9 am (St Peter)
Tuesday 17	<u>Craft Club</u> 10 am
Wednesday 18	<u>Evergreen</u> 2 pm
Thursday 19	<u>Guild of Servants of the Sanctuary Requiem Mass</u> 7.30 pm
Saturday 21	<u>Mass</u> 9.30 am; "The Net" (Christmas) folding 10 am; <u>Play</u> 7 pm
Sunday 22nd	<u>Christ the King</u> : Services at usual times; "The Net" (Christmas) distribution
Thursday 26	<u>Mass with Anointing</u> 11 am
Friday 27	<u>Memory Lane Cafe</u> 2 pm; <u>Lancing Chamber Orchestra concert</u> 7 pm; <u>XYZ</u>
Saturday 28	<u>Mass</u> 9.30 am (Walsingham Cell)
Sunday 29	<u>Advent 1</u> : Services at usual times; <u>Morning Worship</u> 9 am (St Peter); <u>Choral Evensong</u> 5 pm (St Mary)

DECEMBER

Tuesday 1	<u>Craft Club</u> 10 am
Wednesday 2	<u>Ecumenical Morning Prayer</u> 8 am (St Peter); <u>Social Afternoon</u> 2 pm (St Peter)
Thursday 3	<u>Church cleaning</u> 9.15 am; <u>Mass</u> 11 am;
Friday 4	<u>Mothers' Union meeting</u> 2.30 pm; <u>Setting up for Christmas Fair</u>
Saturday 5	<u>St Michael's Feast of Dedication - Cllth Anniversary</u> ; <u>Mass</u> 9 am; <u>Christmas Fair</u> 10 am – 1 pm

Fr Ben writes...

There is something strange about an interconnected world. A conflict thousands of miles away can still reach our homes. The Strait of Hormuz, a narrow stretch of water between Iran and the Arabian Peninsula, is not a place most of us will ever visit. Yet a large share of the world's oil and gas passes through it, and disruption there quickly raises energy prices, transport costs and the price of everyday goods.

A decision made on the other side of the world can affect what it costs to fill the car or heat the house. For us the consequences are measured in pounds and pence; for those living through the conflict they are measured in lost livelihoods, destroyed homes, separated families and ended lives. Behind the language of "market volatility" are real people trying to feed their families.

The Christian response is not to claim we can solve problems beyond our control, nor to pretend complex conflicts have simple answers. But neither should distance make us indifferent. Prayer refuses to let other people's suffering become merely a news item. When we pray for peace and for those caught up in fighting, we acknowledge that they are our fellow human beings, not abstractions.

As the First Letter of John puts it: "Let us love, not in word or speech, but in truth and action." What we can do may seem small. We can give, pray, support those helping refugees, choose our words carefully, and resist turning complicated situations into stories of heroes and villains. We can also learn greater gratitude for what we take for granted.

The world may feel uncertain, but Christian faith does not ask us to live in fear. It asks us to live faithfully. We are not promised perpetual peace or prosperity, only that God has not abandoned his creation. That is why the Church keeps praying for peace even when it seems distant. Hope is not optimism; it is the stubborn conviction that God is still at work.

We cannot control events in Tehran, Washington or Jerusalem. But we can decide what kind of people we will be here in Lancing and Sompington: grateful rather than entitled, compassionate rather than indifferent, prayerful rather than cynical, and hopeful rather than despairing.

Father Ben

Heritage Open Days at St Mary's

Judith Excell

On the first weekend the re-enactors were wonderful; I hope that many of you managed a visit. In addition to their performing and describing of Saxon crafts we had a talk on monastic life and sign language and speaking in Latin and Old English with translation into English. The crafts included fire-starting, weaving, spinning, leatherwork, manuscript writing.

The tours went well with those on the first Sunday nearly fully booked. The following weekdays were less busy but with suggestions as well as questions from those taking the tours. The final tour had several differences from the first as a result. The Harvest Service was unfortunately not attended by any visitors, just the regular congregation. Finally there was energetic Morris dancing from Sompington Morris just outside the church.

Visitor numbers varied from 129 on the first Saturday to only three on the Thursday. I was surprised that it was only twelve on the Friday as the questions and suggestions were so vigorous it felt like more people. Were they all from St Michael's?

Thank you to Coral Weber, Paula Errington of Susses Family History Group who sent information about people of Lancing and Sompington. Thank you to everyone who helped in any way to make the Open Days so successful, your contribution was really appreciated.

I think I can reveal that the re-enactors and the Friends would both like a repeat next year. We do not yet know the exact dates but watch out for the second week in September.

Ride and Stride

Katie Ayling

As part of my fundraising for Ride and Stride this year, I cycled between Ferring and Southwick and north to Steyning and Upper Beeding, visiting over 20 local churches, including, for the first time, St Laurence's church in Goring - a fairly modern building (about 10 years younger than St Michael's), but a lovely, bright and welcoming space. Each year it is a privilege being able to have a look around so many different church buildings, from those that have been in existence for 1000 years to those that have only been around for just over half a century.

Ride and Stride is the main fundraiser for the Sussex Historic Churches Trust (SHCT), which aims to preserve churches and chapels of historic and architectural interest through the provision of grants for specific repairs to the fabric of these buildings. Since it was founded in 1956, it has assisted more than 500 churches and places of worship, including two recent grants for St Mary's, Sompting, to help with the cost of repairing stonework and replacing rainwater goods. These grants have totalled £9000, which is a sum we, as a Parish, would struggle to find for these essential works. This year, our Parish has raised over £500 through sponsoring Judy or me. Only half of this money goes to SHCT, the rest comes back to us, but the more we can raise for the Trust, the more money there will be available for preserving our historic buildings for future generations to appreciate. Perhaps next year, you could help by taking part in some way?

Race Night

Rosie Kirsch

The atmosphere was electric at St Michael's on Saturday as the annual Race Night got underway with enthusiastic punters and plenty of excitement from the opening race to the final furlong.

We had been asked to gather in the enclosure at 7pm ready for the first race at 7.30. Fortunately the jockeys didn't have to weigh in!! Bets were placed - there were some gasps amongst the crowd as gamblers placed high stakes of 20p....or even more! The horses were getting a bit frisky as they waited to start. The going was good to firm and there were some fiercely contested races but order was maintained as ever by Lady Amanda, the Clerk of the Course. The final furlong of the evening saw June K storming through the field in the closing stages and crossing the line ahead of all her competitors. The beautiful gold(?)cup presented to her is assuredly in pride of place at home.....in the loo???

Special thanks go to all who organised and took part in the evening. Bets taken totalled over £80+, everybody had a great timeand there were no stewards' enquiries.

Time to Remember

Bereaved families who have attended funeral services conducted on behalf of the Parish of South Lancing and Sompting during the past two years, either in church or at the crematorium, will receive an invitation to Time to Remember on Sunday 11 October. The name of their loved one will be included in the prayers at the service. However, anyone is welcome. You can ask for other names of the departed to be added to the list of people to be remembered when you get to the church. Simply write the name or names on the paper provided at the back of church before the service starts.

The service lasts about 45 minutes. During the service, you can light a candle to remember a loved one who has died. Afterwards, we have tea and cake in St Michael's Church Hall.

Zimbe! Come sing the songs of Africa

The uplifting sounds and rhythms of Africa will come to Lancing when The Boundstone Chorus, Sompting Village Primary School and Call Me Al Jazz Quintet join forces to perform *Zimbe! Come sing the songs of Africa*.

This vibrant community concert brings together adult and young voices with a live jazz ensemble for an evening of energetic choral music inspired by African traditions. The hugely popular 40-minute

work by British composer Alexander L'Estrange blends traditional African songs with jazz and is scored for adult choir, unison children's choir and jazz quintet.

"Zimbe! is full of colour, rhythm and joy, and it is wonderful to bring singers of different ages together for this performance. We hope the audience will enjoy an exciting and uplifting evening of music," said Mattea Leow, Associate Musical Director who will conduct the Zimbe! performance.

The performance begins at 7.30 pm on Saturday 17 October at St Michael and All Angels Church, South Street, Lancing.

Tickets: £10; under-16s £3. Tickets are available from The Boundstone Chorus website www.theboundstonechorus.co.uk, email theboundstonechorus@gmail.com or telephone 01903 762793.

Saturday Afternoon Pictures

A special screening of *The Railway Children Return* will be held at 2.30 pm on Saturday 31 October at St Peter's.

Set during the Second World War, this warm-hearted family adventure follows a group of children evacuated to a Yorkshire village. When they discover a young American soldier hiding in a railway yard, they are drawn into a story of friendship, courage and mystery. This is the sequel to the much-loved 1970 film *The Railway Children* and sees Jenny Agutter reprise her role as Bobbie, now a grandmother.

Tickets: Adults £8; children £5; families £20. Ticket prices include refreshments. Buy tickets from Ian Tout, telephone 01903 762793, or email somptingstpeter@gmail.com or online at www.chalkspringchurches.org/coming-soon.

Come along for an enjoyable afternoon of family cinema in the welcoming surroundings of St Peter's Church.

Messiaen's Christmas Masterpiece comes to Lancing

Experience one of the great landmarks of twentieth-century organ music when acclaimed organist Benjamin Chewter performs Olivier Messiaen's *La Nativité du Seigneur* at St Michael's on Saturday 12 December at 7.30 pm.

Composed in 1935, *La Nativité du Seigneur* is a cycle of nine vivid meditations on the Nativity. Its music ranges from hushed, luminous stillness to thrilling bursts of colour and power, drawing on birdsong, plainsong and Messiaen's unmistakable harmonies. Heard in the resonant space of St Michael's, the work promises an absorbing journey through wonder, joy and mystery.

Whether you already know Messiaen's music or are discovering it for the first time, this atmospheric performance offers a memorable way to begin the Christmas season. Come and hear the church's organ brought to life in a work of extraordinary imagination.

Tickets: £10 available from Aedan Kerney, contact 01903 762793, email stmichaelslancing@gmail.com or buy online at www.chalkspringchurches.org/coming-soon.

This is a fantastic way to start your Christmas and could also be a great fundraising opportunity for the church. Please encourage other people to attend.

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Shop online to raise funds

You can now support all of our churches via easyfundraising who have over 3,000 shops and sites on board ready to make a donation which doesn't cost you a penny extra!

Go to www.easyfundraising.org.uk/causes/ and add **stpeterssompting/** (St Peter), **stmichaelallangelsppcc/** (St Michael) or **stmaryssompting/** (St Mary) to sign up.