

# Services this week

## Easter: Sunday Cycle Year A

Services/Events are at St Michael's unless stated otherwise

St Michael's open: Monday-Friday 8.30 am - 4 pm

St Mary's open: Tuesday 10 am - 1 pm (March-December)

<b>SUNDAY (3) EASTER 5</b>	Mass with Hymns (St Peter) Sung Mass	9 am 10.30 am
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Monday (4)  
English Reformation  
saints and martyrs  
Morning Prayer and Rosary 9 am

Tuesday (5)  
Feria  
Morning Prayer 9 am

Wednesday (6)  
Feria  
Morning Prayer 9 am

Thursday (7)  
Feria  
Morning Prayer 9 am  
Mass 11 am

Friday (8)  
Julian of Norwich  
Morning Prayer 9 am

Saturday (9)  
Feria  
Morning Prayer 9 am  
Mass 9.30 am

<b>SUNDAY (10) EASTER 6</b>	Mass with Hymns (St Peter) Sung Mass	9 am 10.30 am
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## Notices

### Celebrating 150 years of Mothers' Union

Mothers' Union Diocese of Chichester celebrate 150 years of Mothers' Union at their Spring Gathering on Saturday 9 May 10.30am - 3 pm (coffee from 10am) at St John the Evangelist, Preston, Brighton. Guest speaker: Rachael Anderson, Acting Director of Communications and Marketing at Mary Sumner House. The former Bishop of Derby, the Rt Revd Dr Alastair Redfern will celebrate the Eucharist. All welcome especially to find out more about Mothers' Union.

### Messy Church - Friday 15 May

Messy Church is a form of church for all ages that involves creativity, celebration and hospitality. We have a range of activities for people of all ages all based around a theme for the session, join together for a celebration time and finish with a shared meal. Please encourage family and friends to attend. Booking is now open at [www.chalkspringchurches.org/coming-soon](http://www.chalkspringchurches.org/coming-soon). To help with the activities contact Gill Kerney (761913).

### Net Folding

The next edition of The Net will be folded from 10 am on Saturday 23 May. If we get lots of helpers it really does help to get the job done quickly. If you're a Net deliverer and find that you can't do your usual round please contact Ian Tout.

### Saturday Afternoon Pictures at St Peter's

Saturday 30 May, 2.30 pm for a screening of 'Wonka'. Admission free - donations welcome. Book at [www.chalkspringchurches.org/coming-soon](http://www.chalkspringchurches.org/coming-soon) or with Ian Tout.

### Help to celebrate Patricia's 90th birthday

Patricia Barrett will turn 90 at the end of the month. There will be drinks and nibbles after Mass on Sunday 31 May in St Michael's Hall to celebrate. Everyone is invited.

### The Star Spangled Summer Fete

Date for your diary - Saturday 4 July, 10 am - 1 pm. Theme is Stars and Stripes. Please donate Tombola items, Good as New items for Muddle stall. Cakes, Preserves and Jams on the day.

### Intercessions board

Please use the [intercessions board](#) for prayers for the sick, departed, those in need or for thanksgivings. Requests are prayed for weekly on Thursdays at Morning Prayer and the monthly Healing Mass. Requests for [inclusion on the Sunday Bulletin](#) should be emailed to [stmichaelslancing@gmail.com](mailto:stmichaelslancing@gmail.com). Names are included for 4 weeks after which they have to be renewed in writing/by email.

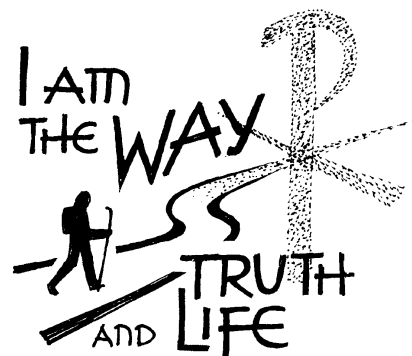
# SUNDAY BULLETIN

Bulletin No. 449

3 May 2026

**St Michael and All Angels, Lancing**  
**St Mary the Virgin, Sompting**  
**St Peter the Apostle, Sompting**

## Fifth Sunday of Easter



Welcome to our worship today.

Celebrant and Preacher: Canon Michael Hart

Father Ben Scott is the celebrant at St James the Less

Refreshments are available after both services

## For your prayers...

**BIRTHDAYS:** Mavis Fernandez, Janet Walters, Ethel Page, Ray Jeffery, Rosemary Howard, Nick Munday

**SICK OR IN NEED:** Brenda Wyatt, Ben Hollins, Kathy Goldstraw, Olive Leonard, Richard Thompson, # Daphne Gaitley, Laurette Gaitley, Mark Gilbert, Rena Gaitley, Julie Laraway, Susan Walpole and Patricia Barrett # (#= due for renewal)

**RECENTLY DEPARTED:** Glenda Jackson

**THE DEPARTED COMMEMORATED THIS WEEK:** George Barnes, Winifred Brentnall, Reginald Green, Ruth Threadgall, John Noel, Laurie Thame, Tony Alston, Reginald Gibson, Harry Hunniball and Mary Fisher

**PARISH:** Local post office staff and those who deliver the post

Names of the sick are included on the Bulletin for 4 weeks after which they have to be renewed in writing.

## Events this week

Full list of services on the back page

Services/Events are at St Michael's unless stated otherwise

Mon: "The Net" (Summer) printing  
Tues: [Craft Club](#) 10 am  
Wed: [Ecumenical Morning Prayer](#) 8 am (St Peter);  
[Social Afternoon](#) 2 pm (St Peter)  
Thur: [Church cleaning](#) 9.15 am; [Mass](#) 11 am  
Sat: [Mass](#) 9.30 am; [Mothers' Union Members Day](#) from  
10 am (St John the Evangelist, Preston, Brighton)  
Sun: [Easter 6](#): 9 am [Mass with Hymns](#) (St Peter); [Sung Mass](#)  
10.30 am

Curate: Father Ben Scott

07492 930704 [chalkspringscurate@outlook.com](mailto:chalkspringscurate@outlook.com)

Parish Administrator: Heather Crookes

01903 750286 [office@chalkspringchurches.org](mailto:office@chalkspringchurches.org)

Parish Safeguarding Officer: Gill Kerney

[southlancingandsomptingpso@gmail.com](mailto:southlancingandsomptingpso@gmail.com)

[www.chalkspringchurches.org](http://www.chalkspringchurches.org)

All items for inclusion in next Sunday Bulletin,  
in writing, to Ian Tout by Wednesday 12 noon.

Please send emails to [stmichaelslancing@gmail.com](mailto:stmichaelslancing@gmail.com)

## Calendar

### MAY

Sunday 10 **Easter 6:** Services at usual times  
 Thursday 14 **Ascension Day:** Mass 11 am; Parochial Church Council meeting 7.30 pm  
 Friday 15 Messy Church 3.15 – 5 pm  
 Saturday 16 Mass 9.30 am; Mini Market 10 am - 12 noon

16-23 May: Nine Days of Prayer between Ascension Day and Pentecost focused on 'Thy Kingdom Come'

Sunday 17 **Easter 7:** Services at usual times; 9 am Mass (St Mary)  
 Tuesday 19 Craft Club 10 am  
 Wednesday 20 Evergreen 2 pm  
 Thursday 21 Guild of Servants of the Sanctuary Mass 7.30 pm  
 Friday 22 Memory Lane Cafe 2 pm  
 Saturday 23 Mass 9.30 am (Walsingham Cell); "The Net" (Summer) Folding 10 am; Baptism of Phoenix Smith 11 am (St Mary)  
 Sunday 24 **Pentecost:** Services at usual times; "The Net" (Summer) distribution  
 Saturday 30 Mass 9.30 am; Saturday Afternoon Pictures 2.30 pm (St Peter)  
 Sunday 31 **Trinity Sunday:** Morning Worship 9 am (St Peter); Sung Mass 10.30 am; Choral Evensong 5 pm (St Mary)

### JUNE

Tuesday 2 Craft Club 10 am  
 Wednesday 3 Ecumenical Morning Prayer 8 am (Sompting URC); Social Afternoon 2 pm (St Peter)  
 Thursday 4 Church cleaning 9.15 am; Mass 11 am  
 Friday 5 Mothers' Union meeting 2.30 pm  
 Saturday 6 Chalk Spring Supper Club  
 Sunday 7 **Corpus Christi:** 9 am Mass with Hymns (St Peter); Alive! (Children's group); 10.30 am Sung Mass, Procession and Benediction - Celebrant and Preacher: TBC; Parish BBQ 12 noon.  
 Thursday 11 **Barnabas the Apostle:** Mass 11 am; Standing Committee meeting 7.30 pm  
 Saturday 13 Mass 9.30 am; Mini Market 10 am - 12 noon; Wedding of Lauren Phillips and Wayne Ward 2 pm; XYZ  
 Sunday 14 **Trinity 2:** Services at usual times;  
 Tuesday 16 Craft Club 10 am  
 Wednesday 17 Evergreen 2 pm  
 Saturday 20 Mass 9.30 am; The Boundstone Chorus Summer Concert 7.30 pm (Rehearsal 2-5 pm and Hall to be booked from 1 pm)  
 Sunday 21 **Trinity 3:** Services at usual times; 9 am Mass (St Mary)  
 Thursday 25 Mass with Anointing 11 am  
 Friday 26 Memory Lane Cafe 2 pm  
 Saturday 27 Mass 9.30 am (Walsingham Cell); Rooted 5.30-7pm  
 Sunday 28 **St Peter the Apostle:** Services at usual times; Mass 9 am (St Peter) - Patronal Festival - Preacher: TBC; Worthing Community Concert Band 5 pm

### JULY

Wednesday 1 Ecumenical Morning Prayer 8 am (Lancing Methodist); Social Afternoon 2 pm (St Peter)  
 Thursday 2 Church cleaning 9.15 am; Mass 11 am; Lancing Orchestra rehearsal 6.30-9.30 pm  
 Friday 3 Mothers' Union meeting 2.30 pm; Setting up for Summer Fete 4-6 pm; Lancing Chamber Orchestra concert 7.30 pm  
 Saturday 4 Mass 9 am; St Michael's Summer Fête 10 am – 1 pm  
 Sunday 5 **Trinity 5:** Services at usual times; Alive! (Children's group)  
 Tuesday 7 Craft Club 10 am  
 Thursday 9 Mass 11 am; Parochial Church Council (PCC) Meeting 7.30 pm  
 Friday 10 Messy Church 3.15 – 5 pm

## Fr Ben writes...

In May the Church celebrates three great feasts –Ascension, Pentecost, and Trinity Sunday – through which we are invited not only to believe more deeply, but to live more faithfully the life we have received in Christ.

The Ascension of the Lord lifts our gaze heavenward, yet not in escape from the world. In Christ, our human nature is taken into the very life of God. The wounds of the Cross are not erased, but glorified; suffering is not denied but redeemed. For those who endure quietly, who carry burdens unseen, or who persevere in faith amidst uncertainty, this feast speaks a steady and consoling truth: that our destiny is not loss, but fulfilment – our life hidden now with Christ in God.

And yet, our Lord does not leave us to make that journey alone. At Pentecost, the Holy Spirit is poured out upon the Church, the fire of divine love, the breath of God animating his people. The Church is born not as a human society sustained by effort, but as a living body, sustained by grace. That same Spirit is given to us still: in the sacraments, in the quiet prompting of conscience, in the strength to continue when we feel we have little left to give.

Then, in the mystery of the Most Holy Trinity, we glimpse the source and end of all things: the perfect communion of Father, Son, and Holy Spirit. Here is no domination, no rivalry, no distortion of truth – only co-equal, self-giving love. The life of God is not power grasped but love shared; not confusion, but harmony; not isolation, but communion. And it is into this life that we are baptised and drawn.

Set against this vision, the realities of our world can weigh heavily upon us. We are daily confronted with accounts of conflict, suffering, and the misuse of power – in Ukraine, in Iran, and in so many places where truth is obscured, dignity diminished, and language pressed into the service of division or control. There are times when we will find we cannot watch or listen to it all. There are days when, for the sake our own spiritual and emotional well-being, we must turn away – not out of indifference, but out of a need for preservation, for silence, for prayer.

And perhaps that, too, is a deeply Christian instinct. For we are not called to carry the whole weight of the world unaided, nor to immerse ourselves endlessly in that which diminishes hope. Rather, we are called to root ourselves again and again in the life of God, in Word and Sacrament, in prayer, in the fellowship of the Church so that we may be renewed and strengthened for the part we are given to play.

That part is not insignificant. Indeed, it is quietly prophetic. In a world where words are often careless or manipulative, we are called to speak truthfully and graciously. Where power is misused, we are called to exercise whatever influence we have with humility and integrity. Where others are diminished, we are called to honour the dignity of every person. Where there is noise and confusion, we are called to be people of prayerful attentiveness. To live in this way is not dramatic, but it is deeply faithful. It is to bear witness, however simply, to the Kingdom of God already at work among us.

The feasts of this month do not remove us from the world as it is, but they do remind us of the world as it is called to be, and of the God who is even now at work bringing all things to their fulfilment in Christ. May we be given grace to share in that work: to live with hope, to act with charity, and, in all things, to reflect the life of the Father, the Son, and the Holy Spirit.

*Father Ben*

## Outreach at St Peter's

*Pam Pashley*

We have had quite a busy time at St Peter's lately, what with celebrating the 60th anniversary of the church, Clive's maintenance team continuing to redecorate, and the forthcoming 'Saturday Afternoon Pictures' to look forward to.

Also, each year we have an outreach initiative. This happened on April 25th this year.

We offer afternoon tea, free of charge, to all comers.

As usual there was a large selection of plants for sale, which we know attracts local interest. Also various other stalls.

The strategically set out table plan, to encourage conversation, looked quite spectacular, with rose designed napkins and small vases of fresh red roses and greenery. Tea consisted of sandwiches, scones and various other cakes, all made and donated by the congregation.

It was a very pleasant afternoon. A couple of games were played, and seemed to be enjoyed by all.

Once again, we invited the local community into our church. If they decided to come back on a Sunday they would be welcomed with open arms, - if perhaps not a full afternoon tea!!

Just friendliness and fellowship as usual.

p.s. The afternoon also raised £543 for church funds

## Mini-Market Needs New Stock!

*Victor Olliver*

Each monthly St Michael's mini-market makes about £200-300 or more which is a useful contribution to church funds. Many treat it as a social event, and it's likely the bacon rolls are a big draw! We're keen to get new stock so please consider donating items – it is, after all, spring clean time.

### What we need

- Plants, seedlings, or garden produce (when in season). Particularly welcome.
- Necklaces, earrings, bracelets, and rings (costume/fashion style).
- Brooches, pins, and cufflinks.
- Hand-made beaded or craft jewellery.
- Second-hand books (fiction, cookery, gardening, biographies).
- Bric-a-brac (in good condition).
- Garden-related items (tools/decoration) in good condition.
- Kettles, lamps, chargers, radios, fans, small heaters and other electrical items in excellent condition. BUT a PAT (Portable Appliance Testing) pass is strongly advised. Items must be safe.
- Household bits: mugs, tea towels, candles, toiletries. Also unopened/unused household goods such as air freshener, dishwasher cleaner, etc.
- Toys and games for children in good condition.
- Picture/poster frames. Wall art may be welcome but talk to Sandy Tout first.
- Mantel clocks, carriage clocks, or novelty decorative clocks.
- Local honey, eggs, or vegetables from allotment-holding parishioners.
- Craft items made by church groups (knitted goods, cards, etc.).
- Seasonal items (e.g., Christmas-themed or Easter charms).
- Bookends, paperweights, small lampshades (non-electrical), potpourri bowls, or decorative boxes.
- Any novelty product or high-end collectors' items.

### What we don't need

- Clothes and fabrics in general do not sell.
- Electric blankets, heaters with visible wear, or anything high-risk without clear proof of safety.
- Textiles and soft décor e.g. table runners, doilies, embroidered cushions, throws, or small rugs. No carpets of any condition.
- Crockery items such as cups and saucers or plates unless of high quality.
- Cutlery.

- Mirrors.
- Upholstered furniture.
- Gas appliances.
- Opened cosmetics, toiletries.

### How to donate items

Please do not leave donated products for sale outside the shed at any time. It's best to bring your goods on the day of the mini-market – but talk to Sandy Tout first or to Steve Gates or Victor Olliver for advice on suitability. We can arrange a time for delivery to the church if you cannot make mini-market day.

The next mini-market is on Saturday 16 May in St Michael's Hall. See you there.

## Can you donate to the Church Hall roof?

St Michael's Church Hall has been a gathering place for celebrations, meetings, fundraising events and more for nearly 60 years. Unfortunately, time and the elements have taken their toll, and the main hall roof is now in urgent need of repair. To keep the hall safe, warm, and welcoming for all, we must raise £11,400.

Your donation, no matter the size, will make a real difference. By supporting the roof fund, you'll help preserve a vital space where friendships are forged, support is found, and memories are made. Every pound brings us closer to our target.

Please consider contributing what you can – whether it's a one-off gift or a regular donation. The church hall is not just a building; it's a symbol of togetherness and hope. With your help, we can protect and restore it for everyone in our community.

Donations can be made online, in person at church, or by bank transfer. If you'd like more details or wish to organise a fundraising event, do speak to Anne Gisby or Ian Tout. Thank you for your kindness and support.

Let's rally together and reach our £11,400 goal!

## Evensong for Trinity Sunday

Our next Choral Evensong at St Mary's on Sunday 31 May will celebrate Trinity Sunday. Music to be included in the service includes a sublime setting of the Magnificat and Nunc Dimittis by Charles Villiers Stanford and an inspiring setting of Charles Wesley's great hymn "Love divine, all loves excelling" by Howard Goodall.

Our guest preacher is **The Venerable John Barton** who spent 20 years serving in parishes in Canterbury and London dioceses before becoming the Church of England's Chief Broadcasting Officer in 1983. He held this role for seven years when he was appointed Archdeacon of Aston in Birmingham diocese, retiring in 2003. He has also been an adviser to Bishop John Sentamu.

The service will be followed by wine and soft drinks sponsored by Titch Hill Winery.

The Diocese of Chichester circulates a fortnightly E-Bulletin with lots of news and forthcoming events. To sign up go to <https://www.chichester.anglican.org/e-news/>

## Shop online to raise funds

You can now support all of our churches via easyfundraising who have over 3,000 shops and sites on board ready to make a donation which doesn't cost you a penny extra!

Go to [www.easyfundraising.org.uk/causes/](http://www.easyfundraising.org.uk/causes/) and add **stpeterssompthing/** (St Peter), **stmichaelallangelsppc/** (St Michael) or **stmaryssompthing/** (St Mary) to sign up.

Download the Donation reminder that will prompt you to support the church every time you shop