

Services this week

Trinity: Sunday Cycle Year A

Services/Events are at St Michael's unless stated otherwise

St Michael's open: Monday-Friday 8.30 am - 4 pm

St Mary's open: Tuesday 10 am - 1 pm (March-December)

SUNDAY (2) TRINITY 9	Mass with Hymns (St Peter) Sung Mass	9 am 10.30 am
Monday (3) Feria	Morning Prayer and Rosary	9 am
Tuesday (4) Jean-Baptiste Vianney	Morning Prayer	9 am
Wednesday (5) Oswald	Morning Prayer	9 am
Thursday (6) Transfiguration of Our Lord	Morning Prayer Mass	9 am 11 am
Friday (7) John Mason Neale	Morning Prayer	9 am
Saturday (8) Dominic	Morning Prayer Mass	9 am 9.30 am
SUNDAY (9) TRINITY 10	Mass with Hymns (St Peter) Sung Mass	9 am 10.30 am

Notices

Hall Roof fund

We need to raise £11,400 to replace the main roof on the Church Hall. One donor has agreed to match fund any donations made. £3038.82 raised so far.

Baby Boomers Sausage Sizzle

Saturday 8 August from 5 pm at Steve and Marian's beach hut (No 38). Bring drinks, plastic glass and any salad. Sausage and rolls £1. Please let Margaret Burton know if you plan to attend. Even those who don't like sausages are welcome!

Guest Preacher for 150 years of Mothers' Union

On Sunday 9 August our guest preacher will be Canon Emma Ham-Riche, Diocesan Mothers' Union Chaplain and Associate Archdeacon for Diversity and Inclusion. The service at St Michael's will also include the enrolment of new members.

Screening of *The People's Emergency Briefing*

This eye-opening film brings together leading UK climate and nature scientists, experts and well-known voices to explain the latest evidence on the climate and nature crisis, what it means for all of us, and the actions that can still make a difference. Saturday 15 August, 3.30 pm at Lancing Parish Hall. Book your free place at <https://www.eventbrite.co.uk/e/1993533534466>

Next Chalk Spring Supper Club - 15 August, 6 pm

Let's raise a glass to VJ Day at The Perch on Lancing beach. Sign up sheet available. Closing date Sunday 9 August.

Choral Evensong for St Mary's Patronal Festival

Sunday 16 August, 5 pm with Guest Preacher Canon Dominic Keech, Priest-in-Charge of Boxgrove Priory, and great music.

Saturday Afternoon Pictures at St Peter's

The Choral by Alan Bennett, starring Ralph Fiennes. Saturday 22 August, 2.30 pm. Tickets £8 includes refreshments. Book at <https://www.chalkspringchurches.org/coming-soon> or via Ian Tout.

Can you ride or stride to raise funds?

Ride and Stride is back on Saturday 12 September. If you would like to take part as a rider or strider or would be happy to sponsor someone, please contact Katie 01903 756583. Half the money raised will go to your nominated church, the other half to the Sussex Historic Churches Trust. To find out more visit: <https://www.sussexhistoricchurchestrust.org.uk/ride-stride>

Curate: Father Ben Scott

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Parish Safeguarding Officer: Gill Kerney

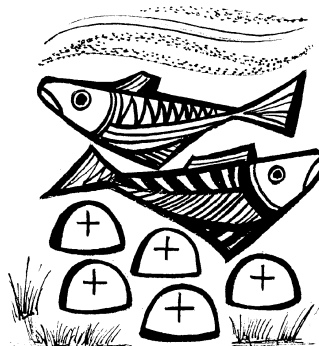
southlancingandsomptingpso@gmail.com

SUNDAY BULLETIN

Bulletin No. 462

2 August 2026

St Michael and All Angels, Lancing
St Mary the Virgin, Sompting
St Peter the Apostle, Sompting



Ninth Sunday after Trinity

Welcome to our worship today.

9 am Celebrant and Preacher: Father Gerald Kirsch

10.30 am Celebrant and Preacher: Canon Michael Hart

Father Peter Attwood is the celebrant at St James the Less Alive!, for children aged up to 11, meets today at 10.30 am in the Church Hall.

Refreshments are available after both services.

For your prayers...

BIRTHDAYS: Simon Bridge, Brian Goldstraw

SICK OR IN NEED: Julie Laraway, Joan Goddard, Karen Goldstraw, Ben Hollins, # Dawn Burton, Daphne Gaitley, Laurette Gaitley, Mark Gilbert, Rena Gaitley, Olive Leonard and Richard Thompson # (#= due for renewal)

THE DEPARTED COMMEMORATED THIS WEEK: Polly Vyles, Lorna Last

PARISH: All who read lessons and lead prayers

Names of the sick are included on the Bulletin for 4 weeks after which they have to be renewed in writing.

Events this week

Full list of services on the back page

Services/Events are at St Michael's unless stated otherwise

Tues: Craft Club 10 am

Wed: Social Afternoon 2 pm (St Peter)

Thur: **Transfiguration of Our Lord:** Church cleaning 9.15 am; **Mass** 11 am

Sat: **Mass** 9.30 am; **Mothers' Union Coffee Morning** 10 am (Church Hall); **Baby Boomers Sausage Sizzle** 5 pm (Beach Hut 38)

Sun: **Trinity 10** (Mary Sumner Day): **Mass with Hymns** 9 am (St Peter); **Sung Mass** 10.30 am - Preacher at both services: The Revd Canon Emma Ham-Riche

All items for inclusion in next Sunday Bulletin, in writing, to Ian Tout by Wednesday 12 noon.

Please send emails to stmichaelslancing@gmail.com

www.chalkspringchurches.org

Calendar

AUGUST

For 2-8 August see front of 2 August edition

- Sunday 9 **Trinity 10** (Mary Summer Day): Services at usual times; Preacher at 9 am and 10.30 am The Revd Canon Emma Ham-Riche
- Thursday 13 **Mass** 11 am; **Standing Committee meeting** 7.30 pm
- Saturday 15 **Chalk Spring Supper Club**
- Sunday 16 **Blessed Virgin Mary**: Services at usual times (St Michael's); Choral Evensong 5 pm (St Mary) Preacher: The Revd Canon Dr Dominic Keech "The Net" (Autumn) deadline
- Monday 17 **Craft Club** 10 am;
- Tuesday 18 **Evergreen** 2 pm
- Wednesday 19 **Mass** 9.30 am (Walsingham Cell); **Saturday Afternoon Pictures** 2.30 pm (St Peter)
- Sunday 23 **Trinity 12**: Services at usual times

25-28 August: Parish Pilgrimage to Walsingham

- Thursday 27 **Mass with Anointing** 11 am
- Sunday 30 **Trinity 13**: Services at usual times; **Morning Worship** 9 am (St Peter)

SEPTEMBER

- Tuesday 1 **Craft Club** 10 am
- Wednesday 2 **Ecumenical Morning Prayer** 8 am (St Michael and All Angels); **Social Afternoon** 2 pm (St Peter)
- Thursday 3 **Church cleaning** 9.15 am; **Mass** 11 am
- Friday 4 **Mothers' Union Meeting** 2.30 pm
- Sunday 6 **Trinity 14**: Services at usual times; **Alive!** (Children's group)
- Monday 7 "The Net" (Autumn) printing
- Thursday 10 **Mass** 11 am; **Parochial Church Council (PCC) Meeting** 7.30 pm
- Friday 11 **XYZ**

Heritage Open Days 11-20 September (St Mary)

- Saturday 12 **Mass** 9.30 am; **SHCT Sponsored Ride and Stride**; **Mini Market** 10 am - 12 noon;
- Sunday 13 **Harvest Thanksgiving**: Services at usual times;
- Tuesday 15 **Craft Club** 10 am
- Wednesday 16 **Evergreen** 2 pm
- Thursday 17 **Mass** 11 am; **Guild of Servants of the Sanctuary** **Mass** 7.30 pm
- Saturday 19 **Mass** 9.30 am; "The Net" (Autumn) folding 10 am; **Music Quiz** 7 pm
- Sunday 20 **Trinity 16**: 9 am (St Mary) celebrating Harvest; "The Net" (Autumn) distribution;
- Thursday 24 **Mass with Anointing** 11 am
- Friday 25 **Memory Lane Cafe** 2 pm
- Saturday 26 **Mass** 9.30 am (Walsingham Cell)
- Sunday 27 **St Michael and All Angels: Sung Mass** followed by Michaelmas Lunch 12 noon. Preacher – TBC

OCTOBER

- Thursday 1 **Church cleaning** 9.15 am; **Mass** 11 am
- Friday 2 **Mothers' Union meeting** 2.30 pm
- Saturday 3 **Mass** 9.30 am; **Autumn Sale** 10 - 12 (St Peter); **Blessing of Marriage of Ibeeth Fatima Valencia Revatta and Luke Saint** 1pm
- Sunday 4 **Trinity 18**: Services at usual times; **Alive!** (Children's group)
- Monday 5 "The Net" (Christmas) deadline
- Tuesday 6 **Craft Club** 10 am
- Wednesday 7 **Ecumenical Morning Prayer** 8 am (Holy Family); **Social Afternoon** 2 pm (St Peter)
- Thursday 8 **Mass** 11 am; **Standing Committee meeting** 7.30 pm
- Friday 9 **Play rehearsal** 7.30pm
- Saturday 10 **Mass** 9.30 am; **Mini Market** 10 am - 12 noon; **Chalk Spring Supper Club**
- Sunday 11 **Trinity 19**: Services at usual times; **Time to Remember** 3 pm

Fr Ben writes...

On Sunday 16 August Mass at St Michael's and Evensong at St Mary's shall celebrate the glorious Assumption of the Blessed Virgin Mary. This feast proclaims that, at the end of her earthly life, Our Lady was taken up body and soul into the glory of heaven. The Assumption is not just a pious legend; it is a truth of our faith rooted in Mary's unique place in God's plan of salvation.

Because she was preserved from original sin and became the Mother of God, it was fitting that her pure body should not see corruption. Yet the Assumption never stands alone. It points us always to Jesus. Mary's glory is entirely the fruit of her Son's victory over sin and death. She shows what Christ's redeeming work achieves. Where he has gone by his own power, she has followed by his grace—and so shall we.

For us today the Assumption is a living source of hope. In a world that often treats the body as disposable or the future as uncertain, this feast affirms the dignity of every human person. It reminds us that suffering, ageing and death do not have the final word. Mary's Assumption encourages us to persevere in ordinary faithfulness, knowing that every act of love, every quiet "yes" to God, is caught up into eternal life. She stands as our mother and intercessor, always directing our gaze to Jesus, the source of every grace.

At the end of August, a group from our parish will spend a week at the Shrine of Our Lady of Walsingham in Norfolk, an ancient place of pilgrimage and prayer where we think particularly of Mary's role in pointing us to her son and asking her to pray for us and with us. Please keep our pilgrims in your prayers and let Fr Ben know if you would like us to pray for you.

Look up the Shrine online and consider whether you might like to join us next year - as this is Lancing of course it isn't all prayer and devotions, there is also plenty of fun with trips out and time spent in the bar as well as free time.

Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women and blessed is the fruit of thy womb, Jesus. Holy Mary, mother of God, pray for us sinners now and at the hour of our death. Amen.

Father Ben.

Blessing the Boats

Anne Gisby

Fr Ben led the Blessing of the Boats on Lancing Beach Green, on Sea Sunday (12 July). This year's blessing included a large rigid inflatable boat (RIB), the Sea Scouts safety boat and a selection of fishing rods and body boards brought along by local families. Each item represented a connection to the water, whether for work, service or leisure and each received a prayer for safe use and good fortune. It was a really hot day with little shade to be found. The band played in the shelter of the bandstand and everyone enjoyed the familiar hymns and maritime melodies. Following the concert, a good number made their way up to St Michael's to partake of the delicious cream teas served by Mothers' Union members.

Diary notes on the restoration of St Mary's pipe-organ

Aedan Kerney

Day 1: Monday 27 July

At 11.30am our organ builder Andrew together with son Toby and wood worker Paul appeared at St Mary's Church. Over the next four hours they worked in the heat to remove most of the large decorated front pipes, laying them carefully on the floor before carefully removing from behind where they had been all the small pipes which together make the sound of the organ. They were laid on cloths in trays, carefully stored in their van and then driven away. During the day there was much discussion about the organ's vanity screen (answers on a postcard please!).

Day 2: Tuesday 28 July

Andrew travelled north to leave our pipes with a firm which repairs organ pipes (there are just two in the country) before travelling to Hull, where our Forster and Andrews organ was built,

to access the firms archives. He was able to gather much useful information.

Day 3: Wednesday 29 July

We were able to put together a number of questions and answers about the pipe organ and St Mary's itself following Andrew's visit to Hull. Mike Tristram's great great grandmother Mrs Croft, patron of the church, paid to have the organ built to commemorate Queen Victoria's Golden Jubilee in 1887. We now know that she also used one of the most respected church musicians of the day to help design and manage the creation of the organ, Professor William Henry Monk. Monk was the editor of the highly successful hymn book Hymns Ancient and Modern and wrote the hymn tune "Eventide" for the popular hymn "Abide with me". His son, also a Professor Monk, returned on a number of occasions to maintain the organ in good condition, the last time in 1924.

Why did the great Professor William Henry Monk have such a strong relationship with Sompting?

150 Years of Faith in Action

Sandy Tout

In 2026, Mothers' Union marks its 150th anniversary, celebrating a remarkable story of faith, fellowship and practical service. The movement began in 1876 in the Hampshire village of Old Alresford, where Mary Sumner, the wife of a parish priest, gathered local women to support one another in family life and Christian discipleship. Her vision was simple but courageous: women of every class and background could meet together, pray together and strengthen homes and communities.

From that small beginning, Mothers' Union has grown into a worldwide Christian movement. Today, it brings together millions of members across more than 80 countries, united by prayer, advocacy and hands-on action. Its work is shaped by local needs: supporting parents and carers, helping families affected by poverty, promoting literacy, campaigning against gender-based violence, visiting prisons and hospitals, and offering practical care to people who might otherwise feel forgotten. Although its projects vary from place to place, the heart of the organisation remains the same — strengthening family and community life through compassion, justice and faith.

The 150th anniversary is therefore more than a look back at history. It is a moment of thanksgiving for Mary Sumner's founding vision and for generations of members who have carried it forward. It is also an invitation to the future. In a world where families face loneliness, hardship, violence and inequality, Mothers' Union continues to offer friendship, prayer and practical hope. Its anniversary theme encourages people to "join us, join in" — a reminder that this global movement still depends on ordinary people choosing to serve their neighbours with love.

On Sunday 9 August, which is the day the Anglican Church celebrates Mary Sumner, we will welcome Canon Emma Ham-Riche, Diocesan Mothers' Union Chaplain, Vicar of St John's Preston, Brighton and Associate Archdeacon for Diversity and Inclusion to preach at St Peter's and St Michael's. The service at St Michael's will also include the enrolment of new members and will be followed by special refreshments.

Choral Evensong - Sunday 16 August

Aedan Kerney

For five years I have had the privilege of leading the singing of our St Mary's Singers for the Choral Evensongs. Choral Evensong on Sunday 16 August begins at 5pm and celebrates St Mary's Patronal Festival. The congregation will sing three hymns including "Tell out my soul" and "Sing we of the blessed Mother". The Introit is an a cappella version of "Such Love" and the anthem is Morton Lauridsen's beautiful "O magnum mysterium" which tells of the birth of Jesus.

After the Service there will be dancing by Sompting Morris on the lower field with drinks donated by the Sompting Estate and supplied by Stanley Alehouse.

The Guest Preacher for Choral Evensong will be The Revd Canon Dr Dominic Keech, Priest in Charge of Boxgrove Priory.

Prior to his appointment there in November last year he was Vicar of St Nicholas, Brighton. He was previously a Chaplain at Brasenose College Oxford, and has a research background in early church history.

We look forward to seeing you there on Sunday 16 August.

On Saturday 12 and Sunday 13 September, the Haestingas Regias re-enactors will be transporting Sompting Church back to

Heritage Open Days

Judy Excell

the year 1000! The interior of the church will be awash with ecclesiastical activity, with manuscripts being illustrated and reliquaries produced. Outside, the secular community who support the church will be busy, displaying crafts and producing food. Come and take in the sights, sounds and smells of Sompting as they would have been when this wonderful structure was new!

Guided Tours at fixed times describing the building of the church from the 10th Century, or take yourselves round.

Saturday 12: 10:30; 12:30; 14:30 /

Sunday 13: 11:30, 14:30

Tuesday 15: 10:30, 12:30, 14:30

Wednesday 16: 10:30, 12:30, 14:30

Thursday 17: 10:30, 12:30, 14:30

Friday 18: 10:30, 12:30, 14:30

Saturday 19: 10:30, 12:30, 14:30

Sunday 20: 11:30, 14:30

Pre-booking for tours preferred –

Contact Judy Excell: friends@stmarysompting.org.uk
or telephone 01903 245639

Maximum number of people per tour: 12

Estimated duration: 45 minutes

On Sunday 20 September at 9 am, St Mary's will celebrate its Harvest Thanksgiving followed by Morris Dancing.

Giving faithfully to our churches

The churches of South Lancing and Sompting are places of worship, welcome, prayer and service. They stand at the heart of our communities, offering pastoral care, celebration, comfort, teaching and practical support. To continue this mission, our churches depend on the generous and faithful giving of those who value their life and witness.

One of the simplest and most effective ways to give is through the Parish Giving Scheme. It is secure, confidential and easy to use, and it helps our churches plan ahead with confidence. Regular gifts, especially when supported by Gift Aid where applicable, provide a steady income for ministry, maintenance, outreach and care.

Regular and realistic giving is also of biblical importance. Scripture teaches us to offer back to God from what we have received, not reluctantly or under pressure, but thankfully, prayerfully and proportionately. Our giving is part of our discipleship: a sign of trust, gratitude and commitment to God's work among us.

The Parish Giving Scheme is not the only way to support the churches. Weekly or monthly giving envelopes remain available. What matters most is that each of us considers what we can give regularly, realistically and joyfully, so that the churches of South Lancing and Sompting may continue to flourish.

To find out more, go to <https://www.chalkspringchurches.org/south-lancing-and-sompting/giving>, ask for a giving pack, or speak to Ian Tout.

Shopping online? Support your church!

Go to www.easyfundraising.org.uk/causes/stpeterssompting/ (St Peter), [stmichaelallangelspcc/](http://www.easyfundraising.org.uk/causes/stmichaelallangelspcc/) (St Michael) or [stmaryssompting/](http://www.easyfundraising.org.uk/causes/stmaryssompting/) (St Mary) to sign up. We've raised over £2000 for our churches in this way.