

NOTICES:

Lent Group: Due to Fr Ben being in hospital we have made the decision to cancel the Lent Group. Please bear with us as everyone is stretched to cover existing services. Please keep Fr Ben in your prays.

Chat & Chill: Tues 17th March 2pm. Please bring photos of your mother/mother figure to share

Cursillo Group: Wed 18th March 3pm at 22 Rossiter Rd. All welcome.

Lunch club: Thurs 19th March to Marine Gardens. Meet there or outside church before noon for 12.30 table. RSVP Margaret 07788 712026

Simple Lent Lunch: Sunday 22nd March after Mass. Soup and Roll. Please add your name to the list in church.

Prayer Ministry Team: Wed 25 March @ 2.30pm.

Holy Week: All strongly encouraged to attend Sunday 29th March - Sunday 5th April

Turning Tides: Please see Wish List notice on box in church for items needed.

Lancing & Sompting Foodbank: Food items to be left in the box in the porch



Holy Week & Easter Mass Times

You are invited to experience the passion, death, and resurrection of Jesus through the Liturgy.

Holy Week:

- Palm Sunday 29th Mar - Parish Mass, Procession, Blessing of Palms 10.30am St James
- Monday 30th Mar - Low Mass 7.30pm at St Michaels
- Tuesday 31st Mar - Low Mass 7.30pm at St Michaels
- Wednesday 1st Apr - Chrism Mass at Chichester Cathedral 12noon
- Maundy Thursday 2nd Apr - Mass, Washing of Feet, Watch at Garden of Gethsemane 7.30pm
- Good Friday 3rd Apr - Ecumenical Walk of Witness + Open Air Service at Lancing Family Hub 11.15am
- Stations of the Cross at St James 2pm
- Liturgy of the Last Hour at St James 3pm
- Easter Vigil 4th Apr - 7.30pm at St Michaels
- Easter Sunday 5th Apr - 9am Mass at Coombes
- 10.30am Parish Mass St James

THE CHALK SPRING CHURCHES
ANGELIAN CHURCHES
LANSING, SOMPTING
AND COOMBES

Clergy Team: Curate: Fr Ben Scott CMP,SSC 07492930704 chalkspringscurate@outlook.com
Hon Assistants: Canon Michael Hart, Fr Gerald Kirsch & Fr David Pike

Parish Office: Administrator: Heather Crookes
Open Tue to Thurs 9.15 -1.15pm, Fri 9.15 -12.15pm.
St Peter's Church, Bowness Ave, Sompting.
01903 750286. office@chalkspringchurches.org

Churchwarden: Peter Bowers 07525758616
pbconsulting@hotmail.co.uk

Safeguarding Officer: Pat Phillips
safeguardinglancingwithcoombes@gmail.com

Parish of Lancing with Coombes



Lent 3

Sunday 8th March 2026
10.30am Sung Parish Mass

Celebrant & Preacher: Fr Gerald Kirsch

Welcome to Mass today.
Follow the service from this paper.

Refreshments are served after the service - everyone is welcome to stay.

For your prayers...

The Sick: Fr Ben, Pam Durrant, Sally Best, Christy Q, Ruth, Chris Moran, Robin Reeve, John Godden, Enid White, Kath Cosson, Yvonne & Ian Parsons, Laura P, Pam Filmore, Debbie Demarco, Elaine Groves.

Pray also: Ian David, David Scott, Stella, Jaxson, Adam Mitchell, Richard Pullin, Teddy Bridges, Ann & Ernest, Nick Battershill, Margaret Sands, Celia Poetz, Gill Agate, Tommy Eames, Fiona Scott, Andrew, Paula Kinsella, Brad Holland.

The Departed commemorated this week: Lewis Packham, George Hartland, Edith Joblin, Jessie Scott, Dick Clapshoe, James Ripley, Carina Livingstone

Intentions: Parish Office and those living in Shadwells Road, Shadwells Close & Daniels Close

Events and Services this week:

Morning Prayer everyday @ 8.00am

Wed 11th Mar: 11am Mass

Thurs 12th Mar: 10am Coffee & Cake

Sat 14th Mar: 10am Mini-Market at St Michael's

Sun 15th Mar: 10.30am Mothering Sunday Sung Parish Mass.

All at St James unless otherwise stated.

To donate please scan the QR Code



www.chalkspringchurches.org

ENTRANCE HYMN *Stand*
NEH 234 Christ whose glory fills the skies

GREETING

In the name of the Father,
 and of the Son,
 and of the Holy Spirit.
Amen.

The Lord be with you.
And also with you.

PRAYERS OF PENITENCE

Brothers and sisters, let us acknowledge our sins, and so prepare ourselves to celebrate the sacred mysteries.

Lord, have mercy. *Sung together*
Lord, have mercy.
Lord, have mercy.

Christ, have mercy.
Christ, have mercy.
Christ, have mercy.

Lord, have mercy.
Lord, have mercy.
Lord, have mercy.

Almighty God, who forgives all who truly repent, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in life eternal; through Jesus Christ our Lord. **Amen**

COLLECT

Almighty God,
 whose most dear Son went not up to joy
 but first he suffered pain,
 and entered not into glory before he was
 crucified: mercifully grant that we, walking in the
 way of the cross, may find in none other than the
 way of life and peace; through Jesus Christ your
 Son our Lord, who is alive and reigns with you,
 in the unity of the Holy Spirit, one God, now and
 for ever.
Amen

FIRST READING: Exodus 17:1-7 *Sit*

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the Lord commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarrelled with Moses, and said, 'Give us water to drink.' Moses said to them, 'Why do you quarrel with me? Why do you test the Lord?' But the people thirsted there for water; and the people complained against Moses and said, 'Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?' So Moses cried out to the Lord, 'What shall I do with this people? They are almost ready to stone me.' The Lord said to Moses, 'Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go.

DISMISSAL

Stand

The Lord be with you.
And also with you.

May almighty God bless you,
 the Father,
 and the Son,
 and the Holy Spirit.
Amen.

Go in the peace of Christ.
Thanks be to God.

FINAL HYMN:

NEH 437 Praise the Lord ye Heavens adore him.

Lent Lunch
 All are welcome to lunch
 Soup, bread and fruit

Sunday 22nd March
 12.30pm
 at St James the Less Church,
 Manor Road, Lancing

£5pp
 All proceeds going to Mercy Ships

**SATURDAY
 28 MARCH**

10am to Noon

EASTER FAIR

HANDMADE CARDS
 CAKE STALL
 BOTTLE TOMBOLA
 TOMBOLA

**EASTER EGG HUNT IN CHURCH
 (UNDER 12S)**
LADIES EASTER BONNET PARADE
 TEA, COFFEE AND HOT CROSS BUNS

**St James the Less Church,
 Manor Road, Lancing**

EGG HUNT

THE LORD'S PRAYER*Sit/Kneel*

**Our Father,
 who art in heaven,
 hallowed be thy name;
 thy kingdom come,
 thy will be done
 on earth as it is in heaven.
 Give us this day our daily bread,
 and forgive us our trespasses,
 as we forgive those
 who trespass against us;
 and lead us not into temptation,
 but deliver us from evil.
 For thine is the kingdom,
 the power and the glory,
 for ever and ever.
 Amen**

BREAKING THE BREAD

We break this bread to share in the body of Christ.

**Though we are many, we are one body,
 because we all share in one bread.**

AGNUS DEI *(Sung together)*

**Jesus, Lamb of God, have mercy on us.
 Jesus, bearer of our sins; have mercy on us.
 Jesus, redeemer of the world: give us your
 peace.**

INVITATION TO COMMUNION

This is the Lamb of God who takes away the sins of the world. Happy are those who are called to his supper.

**Lord, I am not worthy to receive you, but only
 say the word, and I shall be healed.**

*If you would like to receive a blessing, please
 bring your service sheet with you*

COMMUNION ANTHEM *Sit*
Christ is the World in which we move
(choir will sing)

PRAYER AFTER COMMUNION *Kneel/Sit*

Merciful Lord,
 grant your people grace to withstand
 the temptations of the world, the flesh and the
 devil, and with pure hearts and minds to follow
 you, the only God; through Jesus Christ our Lord.
 Amen

NOTICES *Sit*

I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink.' Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarrelled and tested the Lord, saying, 'Is the Lord among us or not?'

This is the word of the Lord:
Thanks be to God

RESPONSE TO PSALM 95
**O that today you would hearken to his
 Voice! Harden not your hearts.**

SECOND READING: Romans 5:1-11

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us.

For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person—though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

This is the word of the Lord:
Thanks be to God

GOSPEL ACCLAMATION *Stand*

Praise to you, O Christ, king of eternal glory!
 Lord, you are really the saviour of the world:
 give me the living water, so that I may never get
 thirsty
Praise to you, O Christ, king of eternal glory!

GOSPEL: John 4:5-42

The Lord be with you.
And also with you.

+ Hear the Gospel of our Lord Jesus Christ
 according to John.
Glory to you, O Lord.

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon.

A Samaritan woman came to draw water, and Jesus said to her, 'Give me a drink'. (His disciples had gone to the city to buy food.) The Samaritan woman said to him, 'How is it that you, a Jew, ask a drink of me, a woman of Samaria?' (Jews do not share things in common with Samaritans.) Jesus answered her, 'If you knew the gift of God, and who it is that is saying to you, "Give me a drink", you would have asked him, and he would have given you living water.' The woman said to him, 'Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?' Jesus said to her, 'Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life.' The woman said to him, 'Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water.'

The Gospel of the Lord:
Praise to you, O Christ

HOMILY

NICENE CREED *Stand*

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.
We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
through him all things were made.
For us and for our salvation
he came down from heaven,
was incarnate from the Holy Spirit
and the Virgin Mary and was made man.
For our sake he was crucified
under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead,
and his kingdom will have no end.
We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son
is worshipped and glorified,
who has spoken through the prophets
We believe in one holy catholic
and apostolic Church.
We acknowledge one baptism
for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come.
Amen.**

INTERCESSIONS *Kneel/Sit*

Lord, in your mercy: **hear our prayer.**

+ Rest eternal grant to them, O Lord,
and let light perpetual shine upon them.

Merciful Father,
**accept these prayers
for the sake of your Son,
our Saviour Jesus Christ.
Amen.**

PEACE *Stand*

Lord Jesus Christ, who said to your Apostles:
Peace I leave you, my peace I give you, look not
on our sins, but on the faith of your Church, and
graciously grant her peace and unity in
accordance with your will. Who live and reign for
ever and ever.
Amen.

The peace of the Lord be always with you.
And also with you.

Let us offer one another a sign of peace.

OFFERTORY HYMN: *Stand*
NEH 339 Be thou my vision

OFFERTORY PRAYERS

Pray, brothers and sisters, that my sacrifice
and yours may be acceptable to God, the
almighty Father.

**May the Lord accept the sacrifice at your
hands, for the praise and glory of his name,
for our good, and the good of all his Church.**

Be pleased, O Lord, with these sacrificial
offerings, and grant that we who beseech pardon
for our own sins, may take care to forgive our
neighbour. Through Christ our Lord.
Amen

EUCCHARISTIC PRAYER

The Lord be with you.
And also with you.

Lift up your hearts.
We lift them to the Lord

Let us give thanks to the Lord our God
It is right to give thanks and praise

*The Priest continues singing the Preface,
ending with:*

Holy, Holy, holy Lord *(Sung together)*
**God of power and might,
Heaven and earth are full of your glory,
Hosanna in the highest.
Blessed is he who comes
in the name of the Lord.
Hosanna in the highest.**

*The Priest concludes the Eucharistic Prayer.
At the end all respond boldly; AMEN!*