

**NOTICES:**

**Lent Course: Every Wed after Mass from 25th Feb** - begins a series in each of the Gospels over the next four years, we explore the distinctive 'portrait' of Christ that each Gospel writer provides, and that together with our Gospel readings on Sundays, builds our faith in Christ. This year the Gospel of Matthew invites us to see that Jesus is the fulfilment of God's promise and the one who brings God's Kingdom.

**Lent Quiet Day** - 'Wrestling with God' Sat 21st Feb, 10-3pm, St Michaels. Bring your own lunch, Tea and Coffee available, two talks, meditation and things to do in the silence. Please sign up at back of Church by 16th Feb. Led by Fr Michael

**Memory Lane Dementia Café:** Fri 27th Feb 2pm @ St Michael's

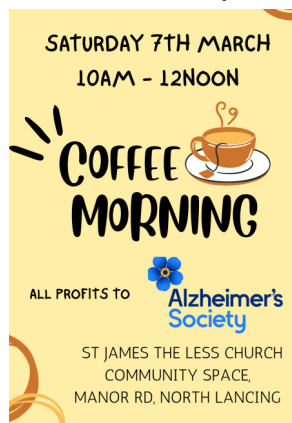
**Craft Get-Together:** Thursday 5th March, 10am

**World Day of Prayer:** Fri 6th March 10.30 service at St Micheal's South Lancing. Singers wanted for the choir, rehearsals on Fri 27th Feb 10am.

**Coffee & Cake:** Thursday 12th March, 10am

**Simple Lent Lunch:** Sunday 22nd March after Mass Soup and Roll, tickets available soon. Proceeds to a Mission Charity tbc.

**Holy Week: All strongly encouraged to attend** Sunday 29th March - Sunday 5th April



To donate please scan the QR Code



**Clergy Team:** Curate: Fr Ben Scott CMP,SSC 07492930704 chalkspringscurate@outlook.com  
Hon Assistants: Canon Michael Hart, Fr Gerald Kirsch & Fr David Pike

**Parish Office:** Administrator: Heather Crookes  
Open Tue to Thurs 9.15 -1.15pm, Fri 9.15 -12.15pm.  
St Peter's Church, Bowness Ave, Sompting.  
01903 750286. office@chalkspringchurches.org

**Churchwarden:** Peter Bowers 07525758616  
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**Safeguarding Officer:** Pat Phillips  
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## Parish of Lancing with Coombes



### Sunday before Lent



**Sunday 15<sup>th</sup> February 2026**

10.30am Sung Parish Mass

**Celebrant & Preacher: Fr Ben Scott**

Welcome to Mass today.  
Follow the service from this paper.

**Refreshments are served after the service - everyone is welcome to stay.**

### **For your prayers...**

**The Sick:** Pam Durrant, Sally Best, Christy Q, Ruth, Chris Moran, Robin Reeve, John Godden, Marion Moon, Enid White, Kath Cosson, Yvonne & Ian Parsons, Laura P, Pam Filmore, Debbie Demarco, Jo Q, Elaine Groves.

**Pray also:** Ian David, David Scott, Stella, Jaxson, Adam Mitchell, Richard Pullin, Teddy Bridges, Ann & Ernest, Nick Battershill, Margaret Sands, Celia Poetz, Gill Agate, Tommy Eames, Fiona Scott, Andrew, Paula Kinsella, Brad Holland.

**Recently Departed:** Patricia Sinclair

**The Departed commemorated this week:** Vera Stokes, Nora Best, Roger Passmore, Betty Woods, Kath Mills, Frank Todd, Ethel Chatfield, Ted Kennard, Stanley Elliott, Nellie Wood, David Finden, Helen Murphy, Jean Lowe, Charlotte and Amelia Packam, Mary Colquhoun, Jim Newgas, Stanley Benger

**Intentions:** Readers & Intercessors and those living in Abbots Way, Monks Cl & Penstone Cl.

### **Events and Services this week:**

**Morning Prayer everyday @ 8.00am**

**Tues 17<sup>th</sup> Feb:** Chat & Chill 2pm  
Rooted Pancake Party 3-4.30pm. Family Event at St Michael's Hall. All welcome

**Wed 18<sup>th</sup> Feb:** 11am Mass with Hymns and Ashes at St James. 7.30pm Sung Mass at St Michaels. Preacher: Br Steven CR  
3pm Cursillo Group at 22 Rossiter Rd

**Thurs 19<sup>th</sup> Feb:** Lunch Club - Amsterdam Pub in Shoreham. For lifts meet by Church at 11.45am.

**Fri 20<sup>th</sup> Feb:** 11am Funeral of Patricia Sinclair at St Mary's, Sompting.

**Sat 21<sup>st</sup> Feb:** Fr Michaels Quiet day: "Wrestling with God" 10.30-3pm @ St Michael's.  
7.15pm Chalksprings Supper Club Beach Green Hotel. (If booked)

**Sun 22<sup>nd</sup> Feb:** 10.30am Sung Parish Mass.

*All at St James unless otherwise stated.*

**ENTRANCE HYMN** *Stand*  
**NEH 234 Christ whose glory fills the skies**

**GREETING**

In the name of the Father,  
 and of the Son,  
 and of the Holy Spirit.  
**Amen.**

The Lord be with you.  
**And also with you.**

**PRAYERS OF PENITENCE**

Brothers and sisters, let us acknowledge our  
 sins, and so prepare ourselves to celebrate  
 these sacred mysteries.

**Lord, have mercy.** *Sung together*  
**Lord, have mercy.**

**Christ have mercy.**  
**Christ have mercy.**

**Lord, have mercy.**  
**Lord, have mercy.**

Almighty God, who forgives all who truly repent,  
 have mercy upon you, pardon and deliver you  
 from all your sins, confirm and strengthen you in  
 all goodness, and keep you in life eternal;  
 through Jesus Christ our Lord. **Amen**

**GLORIA IN EXCELSIS** *Sung together*

**R. Glory to God, Glory to God,  
 Glory to God in the Highest.**

**Glory to God in the Highest,  
 and peace to his people on earth.  
 Lord God, Heav'nly King  
 Almighty God and Father,  
 We worship you, we give you thanks,  
 we praise you for your glory. R.**

**Lord, Jesus Christ, only son of the Father,  
 Lord God, Lamb of God,  
 you take away the sin of the world,  
 have mercy on us;  
 You are seated at the right hand of the  
 Father, receive our prayer. R.**

**For you alone are the Holy one,  
 You alone are the Lord,  
 You alone are the most high,  
 Jesus Christ, with the Holy Spirit,  
 In the Glory of God the Father. R**

**COLLECT**

Almighty Father,  
 whose Son was revealed in majesty  
 before he suffered death upon the cross:  
 give us grace to perceive his glory,  
 that we may be strengthened to suffer with him  
 and be changed into his likeness,  
 from glory to glory;  
 who is alive and reigns with you,  
 in the unity of the Holy Spirit,  
 one God, now and for ever. **Amen**

**PRAYER AFTER COMMUNION** *Kneel/Sit*

Holy God, we see your glory  
 in the face of Jesus Christ:  
 may we who are partakers at his table  
 reflect his life in word and deed,  
 that all the world may know his power  
 to change and save.  
 This we ask through Jesus Christ our Lord.  
**Amen**

**NOTICES** *Sit*


**DISMISSAL** *Stand*

The Lord be with you.  
**And also with you.**

May almighty God bless you,  
 the Father,  
 and the Son,  
 and the Holy Spirit.  
**Amen.**

Go in the peace of Christ.  
**Thanks be to God.**

**FINAL HYMN: NEH 343 Bright the vision that  
 delighted.**



**ASH WEDNESDAY**  
 marking the beginning of Lent  
**Wednesday 18 February**  
 PREACHER: BROTHER STEVEN HAWS CR  
 from The Community of The Resurrection, Mirfield  
 11 am: Mass with Giving of Ashes  
 St James the Less, Lancing  
 7.30 pm: Sung Mass with Giving of Ashes  
 St Michael and All Angels, Lancing  
 All welcome



**SATURDAY AFTERNOON  
 PICTURES**  
 EXPERIENCE THE STORY OF THE ONE TRUE KING  
 Disney  
**MUFASA**  
 THE LION KING  
**Saturday 21 February, 3.30 pm**  
**St Peter's Church**  
 Bowness Avenue, Sompting, BN15 9TS  
**ADMISSION FREE**  
**Donations welcome**  
 All children must be accompanied by an adult  
 Please book at  
[WWW.CHALKSPRINGCHURCHES.ORG/COMING-SOON](http://WWW.CHALKSPRINGCHURCHES.ORG/COMING-SOON)  
 or telephone 01903 750286

**Holy, Holy, holy Lord** (Sung together)  
**God of power and might,**  
**Heaven and earth are full of your glory,**  
**Hosanna in the highest.**  
**Blessed is he who comes**  
**in the name of the Lord.**  
**Hosanna in the highest.**

*The Priest concludes the Eucharistic Prayer.*  
*At the end all respond boldly; Amen*

**THE LORD'S PRAYER** Sit/Kneel

**Our Father,**  
**who art in heaven,**  
**hallowed be thy name;**  
**thy kingdom come,**  
**thy will be done**  
**on earth as it is in heaven.**  
**Give us this day our daily bread,**  
**and forgive us our trespasses,**  
**as we forgive those**  
**who trespass against us;**  
**and lead us not into temptation,**  
**but deliver us from evil.**  
**For thine is the kingdom,**  
**the power and the glory,**  
**for ever and ever.**  
**Amen**

**BREAKING THE BREAD**

We break this bread to share in the body of Christ.  
**Though we are many, we are one body,**  
**because we all share in one bread.**

**AGNUS DEI** (Sung together)

**Lamb of God: you take away the sins of the world; have mercy on us**

**Lamb of God, you take away the sins of the world; have mercy on us.**

**Lamb of God, you take away the sins of the world; grant us peace.**

**INVITATION TO COMMUNION**

This is the Lamb of God who takes away the sins of the world. Happy are those who are called to his supper.

**Lord, I am not worthy to receive you, but only say the word, and I shall be healed.**

*If you would like to receive a blessing, please bring your service sheet with you*

**COMMUNION ANTHEM** Sit  
**NEH 305 Soul of my Saviour** (choir will sing)

**FIRST READING: Exodus 24:12-end** Sit

The LORD said to Moses, 'Come up to me on the mountain, and wait there; and I will give you the tablets of stone, with the law and the commandment, which I have written for their instruction.' So Moses set out with his assistant Joshua, and Moses went up into the mountain of God. To the elders he had said, 'Wait here for us, until we come to you again; for Aaron and Hur are with you; whoever has a dispute may go to them.' Then Moses went up on the mountain, and the cloud covered the mountain. The glory of the LORD settled on Mount Sinai, and the cloud covered it for six days; on the seventh day he called to Moses out of the cloud. Now the appearance of the glory of the LORD was like a devouring fire on the top of the mountain in the sight of the people of Israel. Moses entered the cloud, and went up on the mountain. Moses was on the mountain for forty days and forty nights. This is the word of the Lord:  
**Thanks be to God**

**RESPONSE TO PSALM 2: You are my Son; this day have I begotten you.**

**SECOND READING: 2 Peter 1:16-end**

For we did not follow cleverly devised myths when we made known to you the power and coming of our Lord Jesus Christ, but we had been eyewitnesses of his majesty. For he received honour and glory from God the Father when that voice was conveyed to him by the Majestic Glory, saying, 'This is my Son, my Beloved, with whom I am well pleased.' We ourselves heard this voice come from heaven, while we were with him on the holy mountain. So we have the prophetic message more fully confirmed. You will do well to be attentive to this as to a lamp shining in a dark place, until the day dawns and the morning star rises in your hearts. First of all you must understand this, that no prophecy of scripture is a matter of one's own interpretation, because no prophecy ever came by human will, but men and women moved by the Holy Spirit spoke from God.

This is the word of the Lord:  
**Thanks be to God**

**GOSPEL ACCLAMATION** Stand

**Alleluia, alleluia!**

If anyone loves me he will keep my word, and my Father will love him, and we shall come to him.  
**Alleluia!**

**GOSPEL: Matthew 17:1-9**

The Lord be with you. **And also with you.**

+ Hear the Gospel of our Lord Jesus Christ according to Matthew.

**Glory to you, O Lord.**

Six days later, Jesus took with him Peter and James and his brother John and led them up a high mountain, by themselves. And he was transfigured before them, and his face shone like the sun, and his clothes became dazzling white. Suddenly there appeared to them Moses and Elijah, talking with him. Then Peter said to Jesus, 'Lord, it is good for us to be here; if you wish, I will make three dwellings here, one for you, one for Moses, and one for Elijah.' While he was still speaking, suddenly a bright cloud overshadowed them, and from the cloud a voice said, 'This is my Son, the Beloved; with him I am well pleased; listen to him!' When the disciples heard this, they fell to the ground and were overcome by fear. But Jesus came and touched them, saying, 'Get up and do not be afraid.' And when they looked up, they saw no one except Jesus himself alone. As they were coming down the mountain, Jesus ordered them, 'Tell no one about the vision until after the Son of Man has been raised from the dead.'

The Gospel of the Lord:  
**Praise to you, O Christ**

**HOMILY****NICENE CREED**

*Stand*

**We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.  
We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father;  
through him all things were made.  
For us and for our salvation  
he came down from heaven,  
was incarnate from the Holy Spirit  
and the Virgin Mary and was made man.  
For our sake he was crucified  
under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory  
to judge the living and the dead,  
and his kingdom will have no end.  
We believe in the Holy Spirit,  
the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son  
is worshipped and glorified,  
who has spoken through the prophets**

**We believe in one holy catholic  
and apostolic Church.  
We acknowledge one baptism  
for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come.  
Amen.**

**INTERCESSIONS**

*Kneel/Sit*

Lord, in your mercy: **hear our prayer.**

+ Rest eternal grant to them, O Lord,  
**and let light perpetual shine upon them.**

Merciful Father,  
**accept these prayers  
for the sake of your Son,  
our Saviour Jesus Christ.  
Amen.**

**PEACE**

*Stand*

Lord Jesus Christ, who said to your Apostles:  
Peace I leave you, my peace I give you, look not  
on our sins, but on the faith of your Church, and  
graciously grant her peace and unity in  
accordance with your will. Who live and reign for  
ever and ever.  
**Amen.**

The peace of the Lord be always with you.  
**And also with you.**

Let us offer one another a sign of peace.

**OFFERTORY HYMN:**

*Stand*

**NEH 494 Christ is the world's true light**

**OFFERTORY PRAYERS**

Pray, brothers and sisters, that my sacrifice  
and yours may be acceptable to God, the  
almighty Father.

**May the Lord accept the sacrifice at your  
hands, for the praise and glory of his name,  
for our good, and the good of all his Church.**

May this oblation, O Lord, we pray,  
cleanse and renew us  
and may it become for those who do your will  
the source of eternal reward.  
Through Christ our Lord. **Amen**

**EUCCHARISTIC PRAYER**

The Lord be with you.  
**And also with you.**

Lift up your hearts.  
**We lift them to the Lord**

Let us give thanks to the Lord our God  
**It is right to give thanks and praise**

*The Priest continues singing the Preface,  
ending with:*