



# Welcome to Swimming Simply Swim Camp!

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## Check-in & Check-out

### Before Camp begins:

All swimmers need to have a [contact info form](#) completed before they can attend swim camp. Please fill out the contact info form before the first day of camp.

### For all Check-ins & Outs:

Please note that we require a parent or guardian to check-in with campers on the first day of camp.

We will ask that parents or guardians have a photo ID for pick-up. If you would like to add someone to your camper's authorized pick-up list, please email [lauren@swimmingsimply.com](mailto:lauren@swimmingsimply.com).

### **Check-in and Check-out Times**

- Check-in is from 8:45-9:00. The camp day will start at 9:00
- Check out is from 3:00-3:15

Please avoid late drop off and early pick up. We charge a \$1 per minute late fee after 3:15 PM. If you need to pick up your camper during the camp day, please contact our Camp Director

### **Lauren Stewart**

[lauren@swimmingsimply.com](mailto:lauren@swimmingsimply.com)

(720) 557-1432.



## Directions

### [Directions to Hinkley High School](#)

Please use the link above which will guide you to the closest parking to the pool entrance which is on the south side of the school. The check-in desk will be by a blue mosaic bench.

### [Directions to Aurora Central](#)

Please use the link above which will direct you to park in the EAST parking lot, next to the baseball fields. The pool is in the building with the three circular windows. The door is on the south (left) side of this building.

### [Directions to Moorhead Rec Center](#)

Once you park, come in the front doors. After you pass the front desk, take a left. We will be in the large room to the left of the pool entrance doors.

## Communication/Contact

Please call or text Lauren, our Camp Director, at (720) 557-1432 if you are running late or run into any issues!

For contacting us with general questions: Email [welcome@swimmingsimply.com](mailto:welcome@swimmingsimply.com) or call 303-554-SWIM.

## What to Bring & Leave at Home

### What we provide:

- Swim Cap
- Kickboard

### What to bring each day (labeled with your camper's name on it):

- Warm clothes
- Shoes - NOT flip flops (Sandals with heel straps like Crocs or similar shoes are ok)
- Lunch
- A hearty snack
- Filled water bottle



- Sunscreen
- Two Towels
- Goggles
- Well-fitting swimsuit
- Fins/Flippers
- Backpack
- EpiPen/inhaler (if applicable)
- Adult Photo ID to check-out

## What to Bring (detailed)

**Warm Clothes:** Kids are often chilly once they get out of the pool. Packing a jacket and sweat pants helps keep them warm when we make crafts or go outside.

**Shoes - NOT Flip Flops or Sandals:** Kids will participate in outside activities like relay races. Flip flops and sandals aren't great to run around in and can be a hazard during these activities. Shoes with a heel strap (like Crocs) are acceptable.

**Water Bottle:** We recommend all campers come to camp each day with a water bottle.

**Food:** Please pack your camper a lunch, two large healthy snacks and a filled water bottle. Please note that campers may not share food due to health and safety restrictions. Food will not be refrigerated. Also note that swimmers get VERY hungry during this camp. Overpack for food!

**Towel:** Campers need to bring two good towels

**Backpack:** Campers' belongings will stay with them throughout the day, and they'll be bringing their projects home with them, so send them with their backpack to store their water bottle, lunch, and creations.

**Goggles:** Please make sure your camper has at least one pair of goggles that fit well and are comfortable to your swimmer. Do NOT bring snorkeling goggles.

**Fins/Flippers:** Your swimmer needs flippers/fins. Please purchase some that are similar to Finis or Speedo (can be found on [Amazon](#) or Swim Outlet) and NOT fins that are for scuba or snorkeling. We will have a few extras for loaners if needed.

**EpiPens/Inhaler:** If your child requires an EpiPen/Inhaler, please label it with their name and bring it to camp on Monday morning. All of our staff members are trained on how to administer an EpiPen in the event of an emergency. You're also welcome to call to talk through any concerns or specific instructions you may have. Also, please send us the appropriate form, also sent to you via email:

[Epi-pen form](#)

[Medication administration](#)

[Asthma care plan](#)



**What to Leave at Home:** We ask your campers to leave their pets, toys, games, cards, cell phones, video games, other technology items or any other personal valuables at home—Swimming Simply cannot be responsible for these items at camp. We do not allow weapons, drugs, alcohol, tobacco or other banned substances at camp.

## Camp Schedule

\*\*Please note, the camp schedule at Moorhead is slightly different due to scheduled Rec Center Activities. If your Moorhead camp swimmer isn't quite independent, they will have two 30 minute swim sessions in the morning and will craft/play games/go outside in the afternoon.

- ★ 8:45-9:00 Drop Off
- ★ 9:00-9:15 Opening & Stretch
- ★ 9:15-10:15 Swim Session 1
- ★ 10:25-10:40 Snack
- ★ 10:40-11:45 Free Swim / Activity Time
- ★ 12:00-12:45 Lunch / Outside Games
- ★ 1:00-2:00 Swim Session 2
- ★ 2:00-2:15 Pack Up
- ★ 2:15-3:00 Chill Activity Time
- ★ 3:00-3:15 Pick Up

## Additional Camp Information

**Illness:** If your child is sick and could possibly be contagious, please do not send them to camp. If a camper becomes sick while at camp, we will call a parent to come pick them up. If your camper has any signs of illness, they will be sent home. Campers can return when they are 24 hours fever free.

**Groupings:** We group swimmers by swimming ability for safety purposes. We will try to accommodate friend requests, but we cannot group swimmers together if their abilities are too different.

**Lost and Found:** Help us keep track of your campers' belongings by labeling all personal items (backpack, water bottle, lunchbox, jacket, hat, etc.) with their first and last names. Check the lost and found or ask camp office staff about any lost items.

**Behavior Issues:** We may ask swimmers who disrupt the camp experience for others to leave camp. We do not allow hitting or inflicting physical harm on other campers. In those cases, we will contact a parent to pick up the child immediately. We do not issue refunds to swimmers who are asked to leave camp.

**Camper Aides:** At this time, we cannot accommodate swimmers who need assistance.



## Policies

**Visitors:** Other than for the purposes of dropping off and picking up campers during check-in and check-out, visitors, including camper family members, are not permitted on campus

### Refunds

- **If you cancel:**
  - If you cancel more than seven (7) days before camp begins, you will receive a full refund of your payment to the original payment method.
  - No credit or refunds will be provided if you cancel within seven (7) business days of the camp start date....unless we have a waitlist and we can fill your spot!
    - Refunds may be given if we can fill your spot from a waitlist. This is not guaranteed.
    - You may request your registration be transferred to another person at no charge.
- **If Swimming Simply cancels camp:**
  - If we cancel due to state, county, or school health orders or mandate, you will receive a 90% refund to the original payment method and a 10% credit.
  - If we cancel for any other reason, you can choose between a 100% refund to the original payment method, or a 100% credit.
  - If we cancel in the middle of a clinic session or camp week due to state, county, or school health orders or mandates or any other emergency reason, you will receive a prorated credit based on the number of days canceled in that week.