



# PROGRAM OVERVIEW - April 6-May 21

Location	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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**Otters Pups** For beginner swimmers, ages 3-5 and 5-7, that are comfortable in the water with no fear, eager to swim and have the ability to focus and engage with the instructor. | \$300 for 7 weeks with a \$42.95 registration fee.

Westminster S&F						10:15-10:40 AM (5-7 yrs)
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**Big Otters** For beginner swimmers, ages 3-5 and 5-7, that can submerge head and face independently, float on stomach and back unassisted, and jump in the pool and roll over to a back floating position. | \$300 for 7 weeks with a \$42.95 registration fee.

Westminster S&F						11:15-11:40 AM
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**Tiny Turtles** For beginner swimmers, ages 5-7, that are comfortable in the water with no fear, eager to swim and have the ability to focus and engage with the instructor. | \$300 for 7 weeks with a \$42.95 registration fee.

Aurora Central HS						9:00-9:30 AM
Adams City HS	4:45-5:15 PM 4:45-5:15PM					
Morey Middle School				5:15-5:45 PM		
Westminster S&F						9:00-9:30 AM 10:50-11:20 AM

**Big Turtles** For emerging swimmers, ages 7-9, that are comfortable in the water with no fear, eager to swim and have the ability to focus and engage with the instructor. | \$300 for 7 weeks with a \$42.95 registration fee.

Aurora Central HS						9:00-9:30 AM 11:05-11:35 AM
Morey Middle School			4:40-5:10 PM			
Westminster S&F						11:30 AM-12:00 PM

**Starfish 1** For emerging swimmers, ages 6-10, that meet prior level prerequisites, can swim 10 yards of freestyle, swim on their back and dolphin kick for 1/2 a lap, and understand the concept of breaststroke. | \$270for 7 weeks with a \$42.95 registration fee.

Aurora Central HS						9:00-9:40 AM 9:35-10:15 AM 10:20-11:00 AM
Adams City HS	4:45-5:25 PM 5:25-6:05 PM 6:05-6:45 PM 6:45-7:25 PM	4:45-5:25 PM				
Morey Middle School			4:30-5:10 PM 5:15-5:55 PM	4:30-5:10 PM 5:50-6:20 PM		
Westminster S&F						9:30-10:10 AM 10:00-10:40 AM

**Starfish 2** For emerging swimmers, ages 6-11, that meet prior level prerequisites, can swim freestyle and backstroke 25 yards, understands the concept of butterfly and breaststroke, and can dive into the pool unassisted. | \$270for 7 weeks with a \$42.95 registration fee.

Aurora Central HS						10:30-11:10 AM
Adams City HS	4:45-5:25 PM 5:25-6:05 PM 6:05-6:45 PM	4:45-5:25 PM 5:30-6:10 PM				
Morey Middle School			5:15-5:55 PM 7:00-7:40 PM	4:45-5:25 PM 5:30-6:10 PM		
Westminster S&F						10:45-11:25 AM

**Narwhals** For proficient swimmers, ages 9-12, that meet prior level prerequisites, can swim 50 yards of freestyle and backstroke, swim 25 yards butterfly and breaststroke, and can dive into the pool unassisted. | \$270 for 7 weeks with a \$42.95 registration fee.

Aurora Central HS						9:35-10:15 AM
Adams City HS	5:25-6:05 PM 6:45-7:25 PM	6:15-6:55 PM				
Morey Middle School			6:00-6:40 PM	6:15-6:55 PM		

**Swim Squad 1** Non-competitive swim team for ages 7-10, that can swim freestyle, backstroke and are beginners in breaststroke and butterfly. | \$175 for 7 weeks with a \$42.95 registration fee.

Aurora Central HS						9:00-9:55 AM
Adams City HS	5:00-5:55 PM	5:10-6:05 PM				
Morey Middle School			6:00-6:55 PM	6:35-7:30 PM		
Westminster S&F						9:00-9:55 AM

**Swim Squad 2 & 3** Non-competitive swim team for ages 10-18, that can swim all four competitive strokes. | \$175for 7 weeks with a \$42.95 registration fee.

Aurora Central HS						10:00-10:55 AM
Adams City HS	6:45-7:40 PM	6:10-7:05 PM				



# PROGRAM OVERVIEW - April 6-May 21

**Location**      **Monday**      **Tuesday**      **Wednesday**      **Thursday**      **Friday**      **Saturday**

## My Spark Group Lessons

For 11-15 year old beginner swimmers. | \$315 for 7 week lesson with a \$42.95 registration fee.

Morey Middle School

6:45-7:25 PM

7:00-7:40 PM

## Private Lessons

For adult or youth swimmers of various skillset ranges (beginner to ironman competitors) that require or prefer one-on-one training. \$600 for 7 week lesson with a \$42.95 registration fee.

**Private Lesson Key**  
All Ages Lesson | 7 & Under Lesson

Aurora Central HS

7:30-8:00 PM  
7:40-8:00 PM  
7:40-8:00 PM

11:00-11:30 AM  
11:35-11:55 PM

Adams City HS

7:30-8:00 PM  
7:35-7:55 PM  
7:15-7:45 PM

4:45-5:05 PM  
7:00-7:30 PM  
7:10-7:40 PM

Morey Middle School

7:30-8:00 PM  
7:40-8:00 PM

7:35-7:55 PM  
7:40-8:00 PM

## Women's Clinic

Small, intimate swimming experience for women (18+) who have an intermediate level of swimming but would like coaching. \$225 for 8 weeks with a \$42.95 registration fee.

Adams City HS

6:50-7:45 PM

# PROGRAM OVERVIEW - May 5-June 11

## Otters Pups

For beginner swimmers, ages 3-5 and 5-7, that are comfortable in the water with no fear, eager to swim and have the ability to focus and engage with the instructor. | \$300 for 6 weeks with a \$42.95 registration fee.

Moorhead Rec Center

4:00-4:25 PM (5-7 yrs)  
4:25-5:50 PM (3-4 yrs)  
5:25-5:50 PM (3-4 yrs)

4:30-4:55 PM (5-7 yrs)  
5:05-5:30 PM (3-4 yrs)  
6:00-6:25 PM (3-4 yrs)

4:35-5:00 PM (3-4 yrs)  
5:05-5:30 PM (3-4 yrs)  
5:35-6:00 PM (5-7 yrs)  
6:05-6:30 PM (5-7 yrs)

## Big Otters

For beginner swimmers, ages 3-5 and 5-7, that can submerge head and face independently, float on stomach and back unassisted, and jump in the pool and roll over to a back floating position. | \$300 for 7 weeks with a \$42.95 registration fee.

Moorhead Rec Center

4:30-4:55 PM (3-4 yrs)  
4:55-5:20 PM (5-7 yrs)  
5:00-5:25 PM (5-7 yrs)  
5:30-5:55 PM (3-4 yrs)  
5:55-6:20 PM (5-7 yrs)

4:00-4:25 PM (3-4 yrs)  
4:35-5:00 PM (3-4 yrs)  
5:00-5:25 PM (3-4 yrs)  
5:30-5:55 PM (3-4 yrs)  
5:35-6:00 PM (5-7 yrs)  
6:05-6:30 PM (5-7 yrs)

4:25-4:50 PM (3-4 yrs)  
4:55-5:20 PM (3-4 yrs)  
6:00-6:25 PM (5-7 yrs)

## Tiny Turtles

For beginner swimmers, ages 5-7, that are comfortable in the water with no fear, eager to swim and have the ability to focus and engage with the instructor. | \$300 for 6 weeks with a \$42.95 registration fee.

Moorhead Rec Center

4:35-5:05 PM  
5:50-6:20 PM

4:45-5:15 PM  
5:20-5:50 PM  
5:50-6:20 PM

4:00-4:35 PM  
4:35-5:05 PM  
5:45-6:15 PM

## Big Turtles

For emerging swimmers, ages 7-9, that are comfortable in the water with no fear, eager to swim and have the ability to focus and engage with the instructor. | \$300 for 6 weeks with a \$42.95 registration fee.

Moorhead Rec Center

6:25-6:55 PM

4:40-5:10 PM  
5:15-5:45 PM  
5:55-6:25 PM  
6:30-7:00 PM

5:10-5:40 PM

## Starfish 1

For emerging swimmers, ages 6-10, that meet prior level prerequisites, can swim 10 yards of freestyle, swim on their back and dolphin kick for 1/2 a lap, and understand the concept of breaststroke. | \$270 for 6 weeks with a \$42.95 registration fee.

Moorhead Rec Center

4:00-4:40 PM  
5:04-5:45 PM  
5:10-5:50 PM  
6:20-7:00 PM

4:00-4:40 PM  
4:15-4:55 PM  
5:45-6:25 PM

4:00-4:40 PM  
4:00-4:40 PM  
4:45-5:25 PM  
5:30-6:10 PM

## Starfish 2

For emerging swimmers, ages 6-11, that meet prior level prerequisites, can swim freestyle and backstroke 25 yards, understands the concept of butterfly and breaststroke, and can dive into the pool unassisted. | \$270 for 6 weeks with a \$42.95 registration fee.

Moorhead Rec Center

4:45-5:25 PM  
5:30-6:10 PM

5:00-5:40 PM

4:45-5:25 PM  
5:30-6:10 PM  
6:15-6:55 PM

## Narwhals

For proficient swimmers, ages 9-12, that meet prior level prerequisites, can swim 50 yards of freestyle and backstroke, swim 25 yards butterfly and breaststroke, and can dive into the pool unassisted. | \$270 for 6 weeks with a \$42.95 registration fee.

Moorhead Rec Center

6:15-6:55 PM

6:15-6:55 PM