

PROGRAM OVERVIEW

Location	Monday*	Tuesday	Wednesday	Thursday	Friday	Saturday
Otters Pups	For beginner swimmers, ages 3-5 and 5-7, that are comfortable in the water with no fear, eager to swim and have the ability to focus and engage with the instructor. \$400 for 8 weeks with a \$42.95 registration fee.					
Moorhead Rec Center		4:25-4:50 PM (3-4 yrs) 5:05-5:30 PM (3-4 yrs) 6:00-6:25 PM (5-7 yrs) 6:30-6:55 PM (5-7 yrs)		4:25-4:50 PM (3-4 yrs) 5:05-5:30 PM (3-4 yrs) 6:00-6:25 PM (5-7 yrs) 6:30-6:55 PM (5-7 yrs)		
Big Otters	For beginner swimmers, ages 3-5 and 5-7, that can submerge head and face independently, float on stomach and back unassisted, and jump in the pool and roll over to a back floating position. \$400 for 8 weeks with a \$42.95 registration fee.					
Moorhead Rec Center	·	4:35-5:00 PM (3-4 yrs) 4:55-5:20 PM (5-7 yrs) 6:00-6:25 PM (5-7 yrs) 6:30-6:55 PM (5-7 yrs)	·	4:35-5:00 PM (3-4 yrs) 4:55-5:20 PM (5-7 yrs) 6:00-6:25 PM (5-7 yrs) 6:30-6:55 PM (5-7 yrs)		
Tiny Turtles		rs, ages 5-7, that are co for 8 weeks with a \$42.	omfortable in the water wit .95 registration fee.	h no fear, eager to swim a	and have the ability to	o focus and engage wit
Aurora Central HS			5:30-6:00 PM 6:05-6:35 PM**			9:00-9:30 AM 11:30 AM -12:00 PM
Adams City HS	4:45-5:15 PM 5:30-6:00 PM 6:05-6:35 PM	4:45-5:15 PM 5:20-5:50 PM 6:05-6:35 PM				
Moorhead Rec Center		4:00-4:30 PM** 4:35-5:05 PM** 5:55-6:25 PM**		4:00-4:30 PM** 4:35-5:05 PM** 5:55-6:25 PM**		
Morey Middle School				4:30-5:00 PM 5:50-6:20 PM		
DPS Location TBD			5:05-5:35 PM			9:00-9:30 AM 10:20-10:50 AM
Big Turtles			omfortable in the water wi \$42.95 registration fee.	th no fear, eager to swim	and have the ability t	o focus and engage
Aurora Central HS			5:30-6:00 PM** 6:15-6:45 PM 7:05-7:35 PM**			9:00-9:30 am 10:20-10:50 AM
Adams City HS	4:45-5:15 PM 5:20-5:50 PM 5:55-6:25 PM 6:40-7:10 PM	4:45-5:15 PM 5:30-6:00 PM 5:55-6:25 PM 6:40-7:10 PM				
Moorhead Rec Center		4:00-4:30 PM** 5:20-5:50 PM** 5:55-6:25 PM**		4:00-4:30 PM** 5:20-5:50 PM** 5:55-6:25 PM**		
Morey Middle School				5:15-5:45 PM 5:50-6:20 PM		
DPS Location TBD			4:30-5:00 PM 6:25-6:55 PM			9:00-9:30 AM 11:30 AM-12:00 PM
Starfish 1			t prior level prerequisites, preaststroke. \$360 for 8			back and dolphin kick
Aurora Central HS			5:30-6:10 PM 6:05-6:45 PM			9:35-10:15 AM 11:00-11:40 AM
Adams City HS	4:45-5:25 PM 5:20-6:00 PM 6:30-7:10 PM	4:45-5:25 PM 5:20-6:00 PM 6:30-7:10 PM 7:15-7:55 PM				
Moorhead Rec Center		4:35-5:15 PM** 5:30-6:10 PM		4:00-4:40 PM 4:35-5:15 PM** 5:30-6:10 PM		
Morey Middle School				4:30-5:10 PM 6:25-7:05 PM		
DPS Location TBD			4:30-5:10 PM 5:40-6:20 PM			9:35-10:15 AM 11:20 AM-12:00 PM
Starfish 2			t prior level prerequisites, to the pool unassisted. \$			
Aurora Central HS			5:30-6:10 PM 6:50-7:30 PM			10:20-11:00 AM
Adams City HS	4:45-5:25 PM 5:30-6:10 PM 7:15-7:55 PM	4:45-5:25 PM 6:15-6:55 PM 6:50-7:30 PM				
Moorhead Rec Center		4:00-4:40 PM 5:10-5:50 PM		5:10-5:50 PM 6:15-6:55 PM		
Morey Middle School				5:05-5:45 PM		

*Monday: 7 week session (no lessons on Labor Day, Sept. 1, 2025). Tuesday, Wednesday, Thursday, Saturday: 8 week session.

^{**}Tentative classes - will not be available for registration until confirmed.



PROGRAM OVERVIEW

Monday Wednesday Location **Tuesday Thursday Friday** Saturday For proficient swimmers, ages 9-12, that meet prior level prerequisites, can swim 50 yards of freestyle and backstroke, swim 25 yards **Narwhals** butterfly and breaststroke, and can dive into the pool unassisted. | \$360 for 8 weeks with a \$42.95 registration fee. 6:15-6:55 PM 9:35-10:15 AM Aurora Central HS 5:30-6:10 PM 6:05-6:45 PM Adams City HS 6:30-7:10 PM 7:15-7:55 PM 7:00-7:40 PM 4:45-5:25 PM Moorhead Rec Center 4:45-5:25 PM 6:15-6:55 PM Morey Middle School 6:25-7:05 PM **DPS Location TBD** Non-competitive swim team for ages 7-10, that can swim freestyle, backstroke and are beginners in breaststroke **Swim Squad 1** and butterfly. | \$225 for 8 weeks with a \$42.95 registration fee. **Aurora Central HS** 5:30-6:25 PM 9:00-9:55 AM 5:00-5:55 PM Adams City HS 5:10-6:05 PM DPS Location TBD 9:00-9:55 AM Non-competitive swim team for ages 10-18, that can swim all four competitive strokes. | \$225 for 8 weeks with a \$42.95 registration Swim Squad 2 & 3 fee. 6:30-7:25 PM 10:00-10:55 AM **Aurora Central HS Adams City HS** 6:10-7:05 PM 6:50-7:45 PM **DPS Location TBD** 10:00-10:55 AM For 11-15 year old beginner swimmers. | \$315 for 7 week lesson with a \$42.95 registration fee. My Spark Group Lessons 7:20-8:00 PM **Aurora Central HS DPS Location TBD** 7:00-7:40 PM Private Lesson Key For adult or youth swimmers of various skillset ranges (beginner to ironman competitors) that **Private Lessons** Adult/Youth Lesson | 7 & Under Lesson require or prefer one-on-one training. \$600 for 7 week lesson with a \$42.95 registration fee. 10:55-11:25 AM 6:50-7:10 PM 7:00-7:20 PM 11:05-11:35 AM 5:00-5:30 PM **Aurora Central HS** 11:40-12:00 PM 7:30-8:00 PM 11:40-12:00 PM 7:30-8:00 PM 4:45-5:05 PM 6:16-6:46 PM 7:35-7:55 PM Adams City HS 4:30-5:00 PM 6:50-7:10 PM 7:40-8:00 PM 4:00-4:20 PM 4:00-4:20 PM 9:00-9:30 AM 4:00-4:30 PM 9:35-10:05 AM 4:00-4:30 PM 5:25-5:55 PM 5:25-5:55 PM 10:10-10:30 AM Moorhead Rec Center 10:35-11:05 AM 6:30-7:00 PM** 6:30-7:00 PM** 6:30-7:00 PM** 6:30-7:00 PM** 11:45-12:05 PM Morey Middle School 7:30-8:00 PM 5:15-5:35 PM 11:00-11:30 AM 7:10-7:30 PM 11:05-11:35 AM **DPS Location TBD** 7:30-8:00 PM 11:40-12:00 PM *Neurodiverse / Special For youth (ages 5+) who are Neurodiverse and/or have special needs who require or prefer one-on-one training. \$600 for 8 weeks of 20-minute lessons, \$800 for 8 weeks of 30-minute lessons. **Needs Private Lessons** Small, intimate swimming experience for women (18+) who have an intermediate level of swimming but would like coaching. Women's Clinic \$225 for 8 weeks with a \$42.95 registration fee. Adams City HS 7:05-8:00 PM **KEY FALL 2025 SESSION CALENDAR Aurora Central Start Date Adams City Start Dates AUGUST SEPTEMBER OCTOBER Moorhead Start Date** S S W Т F S S S S M т M Т W т F М Т W Т **Morey Start Date** 1 2 3 1 2 2 3 4 5 6 2 **DPS Location TBD** 31 1 3 4 7 8 9 7 8 9 3 4 5 6 10 11 12 13 8 9 10 LAST DAY **NO LESSONS** 10 11 12 13 14 15 16 14 15 16 17 18 19 20 15 16 18 22 25 26 27 23 24 25 24 26 27 28 30 28 29 30 26 27 28 29 30 31

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