

Acacia in Action



Confident

Community

Caring

Connected

DATE: 10 May 2024

Newsletter Week 4 Term 2 2024

Dear Carers and Parents,

On Tuesday 7th May, many Acacia Hill students participated in the Variety Abilities Unleashed Kids excursion to Kilgariff Leisure Centre. It was a fun and inclusive day connecting children with disabilities to local sport and active recreation opportunities. A huge thank you is extended to Disability Sports NT and the School of Sport Education NT for making this possible for our students. Our students had a fabulous time - please check out the photos event in this newsletter.

We've been fortunate recently to have a decent stint of great weather and staff have supervised structured activities during lunch breaks with tremendous success. Students have explored different activities, such as adapted footy, constructions with large boxes, and playing on soft gym equipment. This has provided structured opportunities to share, communicate and problem solve in a safe and supported environment.

This week I sent home a letter regarding head lice. I ask you to keep a close eye on your child's head, particularly if they are scratching a lot, as we have had a wave (and second wave) of nits and head lice infestations. Please speak with your child's teacher or administration staff if you require any further information or assistance.

I am excited to inform you of new staff who have joined the Acacia Hill staff team this week: Jennifer Lopes is our new VET Coordinator who will begin working with our senior students in coming weeks; and John Parfitt who is our newest SESO. We are very pleased to have them join our team.

Finally, to all of our mothers, I hope you have a wonderful Mother's Day and that you are spoiled by your loved ones.

Kind regards,

HAPPY MOTHER'S DAY



NDIS Therapists

Please be reminded that NDIS providers must hold a current certificate of NDIS registration to apply for a NDIS service in NT Government schools.

DATES COMING UP

- Monday June 10—King's Birthday Public Holiday
- Friday 21 June—End of Term

Website: <https://www.acaciahill.nt.edu.au/>

Facebook Page: <https://www.facebook.com/Acacia-Hill-School-101999724805228/>

Allergy Alert: students at Acacia Hill have nut allergies and other serious eating conditions

What's happening around the school!

Room 3

Students having fun participating in learning tasks in Room 3! Sensory Room and Liberty Swing is always so much fun! Awesome work guys!!!

Teacher, Kam



Room 6

We are busy learners. We are learning about our theme "Everyone Is Healthy." We sorted foods that we should eat more and less of. We should remember to choose healthy snacks, fruits and vegetables!

Teacher, Carolyn



Room 10



Shayla participates in room 10 circle time.



Tiarni assembling the block puzzles.



Nabil and SESO Judy during our fun Friday barbecue time.

Room 17

We love reading a lot and coloring in activities. The students enjoy learning how to take care of their pets.

Teacher, Eunice



Excursion/Sports Day

29 Acacia Hill Students attended the Variety Abilities Unleashed Sports Day at the Kilgariff Leisure Centre on Tuesday May 7, 2024. The event designed to introduce students to new ways to engage in sport was a big hit as our students from all campuses had time to catch up with each other. The day's focus was to foster teamwork and collaboration in sport to enhance social wellbeing and friendship development.

Teacher, Jo



It was fun for students and staff at this AFL game.



Students in the middle of Wheelchair AFL helping others to have fun!

IDEAS IN NUTRITION

Do Dairy

Next week is Healthy bones week and Accredited Practicing Dietitians recommend sending dairy to school every day. Dairy foods have plenty of calcium to help develop strong bones.

Ideas for dairy in school lunch boxes

- 1 UHT milk poppas can be stored outside a fridge until they are opened.
- 2 Look for yoghurt that has less than 15 grams of sugar per 100g.
- 3 Create your own healthy yoghurt by adding fresh fruit to unflavoured/unsweetened yoghurt



IDEAS IN NUTRITION

Eat a Rainbow

Did you know that different coloured fruits and vegetables can give you different benefits? To get the most out of the fruits and vegetables you are eating try see how many different colour of fruits and vegetables you can get on your plate!



Support for Families and contact details

Autism Advisory Line: 24/7; Run by families of children with autism; 1300 22 777

Autism NT: 8948 4424; NT Mental Health Line: 1800 682 288; E-headspace: 1800 650 890; Kidshelpline: 1800 55 1800

FACES: 8:00AM-8:00PM Monday to Friday; parenting support, budgeting support; Referral for services; 1800 999 900

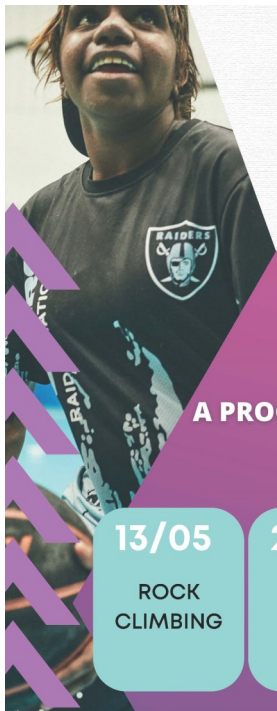
Parentline: Access to counsellors Monday to Friday 8:00am-10:00pm; 1300 301 300

13 YARN counselling (First Nations): 13 92 76

Relationships Australia sometimes sees children if they have the capacity to cater for the individual. There is a phone intake process in which they determine if they have the capacity. Family must pay for the service. The fee varies according to family income. Contact number is 8950 4100.

Dolly's Dream Support Line is now available to families and students 24/7, providing them with access to qualified counsellors for free and without a referral. To access this service, call or text 0488 881 033 or use this webchat.

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 **reclink
australia**

SUPER STRONG YP'S

A PROGRAM FOR YOUNG PEOPLE 12+
3:00PM - 4:30PM

13/05 ROCK CLIMBING	20/05 GYM INTRO SESSION	27/05 CIRCUIT WORKOUT	03/06 STADIUM SPORTS
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For more information:

 lucinda.moody@reclink.org

 0408 175 512



 **National
Road Safety
Week 2024**

Join us for the annual
Newland Park Road Safety Centre

FAMILY FUN DAY

Saturday 11 May
9am - 1pm
36 Newland St Gillen

FREE EVENT

Practise safe riding

Bring your bike & helmet or use ours

Hector the Road Safety Cat

Free sausage sizzle

Lots of kids activities



roadsafety.nt.gov.au



Learn something new at

Alice Springs OPEN DAY

cdu.edu.au/openday

- > Information stalls
- > Interactive activities
- > Demonstrations
- > Free entertainment
- > Chat with friendly staff
- > Local food vendors



Register for updates

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