

ALAMOSA SENIOR CITIZENS CENTER

NEWSLETTER | JUNE 2025

A NOTE FROM OUR DIRECTOR!

The warm weather is here and so are our day trips abroad! See our Plan Ahead section in the newsletter for our upcoming Summer Schedule! We are planning trips to Creede, Santa Fe Museums, and Salida for shopping.

Our Annual Yard Sale Fundraiser will be happening in August, we are asking for item donations to help make our sale a success! Please call the office at (719) 589-3277 to schedule a drop-off.

We are very grateful for each and every one of you! We would love to hear from our members about programming you would like to see in the future!



Mount Rushmore News!

Make sure you don't miss out on the Mount Rushmore Trip to South Dakota this September! For those who are going on the trip, the remaining amounts are due by **06/15**. If you've only paid the deposit, the remainder is \$954 for Double Occupancy or \$1224 for Single Occupancy.



“

AND SINCE ALL THIS
LOVELINESS CAN NOT BE
HEAVEN, I KNOW IN MY
HEART IT IS JUNE.” —ABBA
LOUISA GOOLD WOOLSON





"JUNE IS THE PEARL OF SUMMER,
SHINING WITH WARMTH AND
JOY." –L.M. MONTGOMERY

In case of emergency dial.....	911
Alamosa Police.....	719-589-2548
Police Dispatch.....	719-589-5807
Alamosa Fire.....	719-589-2533
Alamosa Water.....	719-589-2593
Alamosa Trash.....	719-589-2593
Xcel Energy.....	800-895-4999
SLV REC.....	719-852-3538
Alamosa Senior Citizens.....	719-589-3277
Area Agency on Aging.....	719-589-4511
Alamosa Public Library.....	719-589-6592
SLV Veterans Services.....	719-589-1109
Homelake Veterans Home.....	719-852-5118
San Luis Care Center.....	719-589-9081
Evergreen Nursing Home.....	719-589-4951
The Bridge.....	719-587-3514



**"IF A JUNE NIGHT COULD TALK,
IT WOULD PROBABLY BOAST IT
INVENTED ROMANCE." —
BERNARD WILLIAMS**

Alamosa Senior Citizens Spotlight



Rachael Campbell is a meal-server for South-Central Colorado Seniors at the Alamosa Senior Center. She's originally from Michigan but moved to Alamosa ten years ago. Her hobbies are gardening, writing, and outdoor activities. She likes that the Senior center has activities to keep seniors active and social. She also likes the comederie and the staff!

Keep up-to-date on our Facebook Page!

Our Facebook Page and our Facebook Groups are a wonderful place to get our daily schedule and to keep up with the changes that are happening at the Center.

SCAN ME



Annual Yard Sale - August 16th!

The Alamosa Senior Citizens is holding it's annual Yard Sale Fundraiser on August 16th! We are currently open for item donations to make our sale a success!! Please call us at (719) 589-3277 to arrange for a drop-off. Due to our limited staff, we are unable to pick up items. We will take just about anything :)



**"LIVE IN THE SUNSHINE. SWIM IN
THE SEA. DRINK IN THE WILD AIR."
—RALPH WALDO EMERSON**

Activities Around the Valley

If you have any questions about these activities, please contact the Senior Centers directly.

Antonito

No activities collected

Northerner's

Bingo - Mon & Wed @ 10 am

Card Games - Tues @ 10 am & Thurs @
9:30 am

Antonito Senior Center.....719-376-2294
Costilla County Seniors.....719-672-3376
Northerner's Senior Center.....719-274-4029
Tri-County Senior Citizens.....719-852-5778

Day Trips for June!

06/14: Xanadu - Matinee

Based upon the Motion Picture! Xanadu follows the electrifying tale of Kira, a magical Greek muse who descends from the heavens of Mount Olympus to Venice Beach in 1980 on a quest to inspire struggling artist, Sonny, to achieve the greatest artistic creation of all time – the first roller disco. **\$55 for members. \$65 for non-members due at sign-up!**

06/10 - Casino

Join the Alamosa Senior Center on a day trip to the Santa Claran Casino!!
\$20 for members/\$30 for non-members.





"GREEN WAS THE SILENCE, WET WAS THE LIGHT, THE MONTH OF JUNE TREMBLED LIKE A BUTTERFLY." –PABLO NERUDA.

Things to Note...

Among our normal schedule, these are some important goings-on for the month of June!

Transportation

Grocery Trips this month: 6/11 and 6/25. Within Alamosa - to Safeway, City Market, or Walmart. Transportation is available to members within the City of Alamosa for in-town doctor's appointments, prescription pick-up, and grocery shopping. We do not transport outside of Alamosa. The ride will pick up beginning at 10 am and will drop you off to complete your shopping. You will have an hour at the store. We will also help Alamosa members get to the senior center and back home if that is needed. Transportation needs to be scheduled at least 3 hours in advance, however, we prefer 24 hours' notice. Transportation can only be within Alamosa, and between the hours of 9:00 am and 1:00 pm.

Speaker Series

Join us on Tuesday, June 10, at 1:00pm in the Senior Center activity room, when Nichole Hunter, RN, Executive Director and Tiffany Ruiz, Account Executive, with At Home Healthcare, will present a talk entitled, "Caregiver Resources." This informative presentation will share the many resources available to caregivers through At Home Healthcare. Their program offers skilled services such as nursing and physical therapy that are 100% covered by Medicare. Their number one goal is to keep patients at home for as long as possible and as safe as possible. They provide medication management, disease process education, preventing falls, aftercare post ortho procedures, and nutrition education. They have a social worker who can help with additional resources as well.



"JUNE HAS NEVER LOOKED MORE BEAUTIFUL THAN SHE DOES NOW, UNADORNED AND HONEST, VULNERABLE YET INVINCIBLE." –MARIE LU

Plan Ahead for the Summer!

Call the office at (719) 589-3277 to register for the following events.

Creede Repertory Theater

Join the Alamosa Senior Center as we attend three plays in Creede this season! Get your name on the list now! **Ticket money is due at sign-up!** \$55 for members, \$65 for

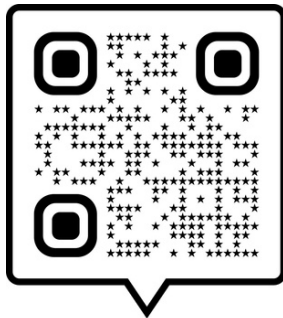
07/09: Silent Sky - Matinee^{non-members}

Silent Sky follows the true story of 19th Century scientist Henrietta Leavitt, whose breakthroughs in astronomy profoundly impacted the way we see the universe.



July 10th

Think360 and Alamosa Senior Center are partnering again to offer a Papermaking workshop. Just like the watercolor and printmaking workshops held in March, there is no cost to you to attend. We do ask that you register.



Facebook Group

08/13: The 39 Steps - Matinee

Richard Hannay's life is pretty dull, but when a mysterious woman appears in his apartment one stormy night, he gets pulled into an epic caper of murder and mayhem.

Dates TBA (June/July): Colcha Embroidery Workshop

Colcha embroidery is a textile practice that came to Colorado's San Luis Valley from Northern New Mexico in the 19th Century and has been shaped by revival movements into a pictorial art that often illustrates local architecture, landscapes, community traditions, personal narratives, and folklore.



"TO KEEP THE HEART
UNWRINKLED, TO BE HOPEFUL,
KINDLY, CHEERFUL, REVERENT –
THAT IS TO TRIUMPH OVER OLD
AGE." – THOMAS BAILEY ALDRICH

Birthdays!



1-Rebecca Vigil
6-Kathy Lujan
6-Doug Chang Sr
7-Michele Shioshita
7-Mary Hester
10-Mary Vigil

11-Raida Knapp
11-John Betz
14-Mary Ellen Fleming
17-Linette Jenkins
17-Avis M Gill
19-Luella Lenberg
21-Marta Shoman

27-Elizabeth Le Blanc
27-Vivian Balance
27-Donald R Thompson
29-Roy Kiefer
29-Rebecca Mercier
30-Lynn Johnson
30-Michael Stefano



The Retired and Senior Volunteer Program (RSVP) of Alamosa County is looking for volunteers! We believe that folks aged 55 and up have much to contribute to their communities through volunteer engagement. Powered by AmeriCorps Seniors, RSVP connects older adults with opportunities that make a difference in their area, while helping them stay engaged and healthy. We are looking for volunteers to serve at one of our many volunteer stations addressing a variety of community needs, including our very own Alamosa Senior Citizens Center! Contact Nancy Harris today if you or someone you know is looking to give back through volunteer service in our area. Call 303-551-0624, ext. 721, email nancy@projecthelping.org, or visit <https://www.sparkthechangecolorado.org/rsvp.html>.

Important Notices

Please contact the Alamosa Senior Citizens if you have any questions

Lunches

Noon lunches are provided by South-Central Colorado Seniors, the local Area Agency on Aging.

You must be 60 or older to eat for the suggested donation price of \$4.00. If you are younger than 60, you must pay \$9.00 to eat. Reservations in advance are required. Call 719-589-4511 at least 24 hours in advance. **Beginning Nov 21, lunch will not be served on Thursdays! The center will be open on Thursdays.**

Trips

Anyone can go on our trips, if they are 50 and over. Trip costs vary, but members get a discount on the trip fee. Invite your friends and make a day of it!

Memberships

Anyone can be a member if they are 50 and over. Dues are \$40.00 per person per year. If your name is highlighted, we have not received your dues for this year.

If your name is highlighted, then your annual membership fee is due. Individual membership is \$40 per year. Ambassador membership is \$100 per year.

JUNE NEWSLETTER

Our mission is to provide a place for senior citizens to come together to meet social, recreational, cultural, educational, health, and nutritional needs, to foster an environment through caring service that will also promote dignity, independence and a sense of purpose for seniors as well as to have an opportunity to participate in a rewarding volunteer program.



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