

# OUT & ABOUT

**Editor's note:** This space is free to community organizations to promote events which are of benefit to the residents in and around Kalkaska County. Email your information to [tina.fieldsmedia@gmail.com](mailto:tina.fieldsmedia@gmail.com). Please include date and time of the event, a contact number or email address. We prefer that you not include prices.

## SENIOR & COMMUNITY MEALS

**Senior Lunch** Kalkaska Senior Center/COA, 303 S. Coral St, no reservation required for dine-in, carry out meal (w/o salad bar), all ages welcome, contact 231 258-5030  
**When: Mon, Tue, Wed, Thu, Fri, Salad bar at 11:30 am, Meal served at 12:00 pm**

**Senior Lunch** Antrim County COA, 308 E. Cayuga St, Bellaire, dine-in or carry out, 231 533-8703  
**When: Mon, Tue, Wed, Thu, Fri, 11:30 am to 12:30 pm for dine-in, 11:30 to 12:00 pm for carry out (site is open 8:30 am to 4:00 pm)**

**Senior Lunch**, Mancelona Senior Ctr, 122 E State St, dine-in available, RSVP the day before to Marianne at 231 587-9131  
**When: Mon, Tue, Wed, Thu, Fri, Salad Bar 11 to 11:45 am, Lunch served 12:00 to 12:30 pm (site is open 9:00 am to 1:30 pm)**

**Senior Lunch**, Central Lake Meal Site, 1622 N. M-88, Central Lake, dine-in available, RSVP the day before to Lois at 231 544-6687  
**When: Mon, Tue, Wed, Thu, Fri 11:30 to 12:00 pm (site is open 10:00 am to 12:30 pm)**

**KAIR's Ladies of Love**, 107 W. Third St, free community meal, everyone is welcome, contact 231 258-7836  
**When: Mon, 11:00 am to 1:00 pm**

**Senior Lunch** (Kalkaska COA), Garfield Township Hall, 0466 W. Sharon Rd, Fife Lake, dine-in or pick-up, RSVP by 9 am to Marci at 231 360-7697  
**When: Mon, 12 noon to 12:30 pm**

**Senior Meal**, Fife Lake Public Library, 77 Lakecrest Lane, Fife Lake, reservations must be made at the previous meal or 24 hours in advance, contact 231-922-4911  
**When: Tue, 11:45 am**

**Community Meal**, Mancelona United Methodist Church, 117 W. Hinman, Mancelona, canceled if Mancelona schools are closed for inclement weather, 231 587-8461  
**When: Tue, except holidays, 5 to 6 pm**

**Senior Lunch** (Kalkaska COA), Bear Lake Township Hall, 198 E. Bear Lake Rd, dine-in or pick-up, RSVP between 8:30 and 9 am, to Iola at 941 270-1549  
**When: Tue, Thu, 12 noon to 12:30 pm**

**Senior Lunch** (Kalkaska COA), South Boardman Senior Center, 5503 Boardman Rd SW, dine-in or pick-up, RSVP by 9 am to Marci at 231 360-7697  
**When: Tue, Thu, 12:30 to 1:00 pm**

**Kalkaska Baptist Community Meal**, Kalkaska Baptist Church, 1151 CR 612, open to everyone, 217 871-5700  
**When: 2nd and last Tue, 5 to 7 pm**

**Senior Meal**, The Rock, 115 E. Blair St, Kingsley, reservations must be made at the previous meal or 24 hours in advance contact 231 922-4911  
**When: Wed, 11:30 am**

**Senior Lunch** (Kalkaska COA) Clearwater Township Hall, 5440 River St NW, Rapid City, dine-in or pick-up, RSVP by 8:30 am to Pam at 231 564-2794  
**When: Wed, 12 to 12:30 pm**

**Community Meal**, Kalkaska United Ministries for Christ, 2525 Beebe Rd, curbside pick-up or dine in, donations accepted, contact 231 258-2820  
**When: Wed, except holidays, 5 to 6 pm**

**Community Meal**, Kingsley United Methodist Church, 113 Blair St, Kingsley, contact 231 263-5278  
**When: 3rd Wed, 5 to 6:30 pm**

**Easy Meals Fundraiser for American Legion**, Dale H Wheeler American Legion Post 219, 10283 M-113, Fife Lake, dine-in or drive-thru, contact 231 879-4475  
**When: Thu, 5-6 pm**

**Veterans Dinner**, South Torch Lake Fire Department, 8765 Helena Rd, Alden, free dinner for Veterans and their families, contact 231 331-4204  
**When: 3rd Thu, 5:00 to 7:00 pm**

**Red Apron Community Dinner**, Bellaire Community United Methodist Church, 401 N. Bridge St, Bellaire, everyone is welcome to this free meal, 231 533-8133  
**When: Last Thur, 5:00 to 6:00 pm**

**Senior Omelet Breakfast**, Kalkaska Senior Center/COA, 303 S. Coral St, build your own omelet, alternate available each week, no reservation required, all ages welcome (may not be served on certain holidays or if special luncheons are scheduled), contact 231 258-5030  
**When: Fri, 8:00 to 9:00 am**

**Senior Breakfast**, Antrim County COA/Meal Site, 308 E. Cayuga St, Bellaire, menu changes weekly, 231 533-8703  
**When: Fri, 8:00 to 9:00 am**

**Pasties & Pot Pies for Sale**, Coldsprings Excelsior Township Area (CETA) Hall, 6615 County Rd 612, (to confirm dates and availability, call 231 258-9912)  
**When: Fri, 1 to 3 pm**

**Fish Fry**, Dale H. Wheeler American Legion Post 219, 10283 M-113, Fife Lake, dine-in, \$15 all-you-can-eat, age 5 and under is free, contact 231 879-4475  
**When: 1st Fri, 4:30 to 7:00 pm (or until sold out)**

**Free Breakfast**, Bear Lake Christian Church, 221 E. Bear Lake Rd SE, Kalkaska, sausage, eggs, and pancakes breakfast, open to the community, contact 231-258-6107  
**When: 3rd Sat, 8:00 to 10:00 am**

**Pancake Breakfast**, Bellaire Masonic Lodge, 4905 Stover Rd, Bellaire, pancakes, eggs, sausage, biscuits & gravy, coffee, and orange juice, \$10 plate, contact 713 665-4100  
**When: last Sat, 7:00 to 11:00 am**

**VFW & Central Lake AmVets Monthly Breakfast**, Central Lake AmVets, 1840 S. Main St, Central Lake, serving pancakes, sausage, scrambled eggs, sausage gravy & biscuits, hash browns, toast, beverages, 231 544-6455  
**When: 1st Sun, 9:00 am to 12:00 pm**

**Family Meal Distribution**, The Orchard Church, 3903 Voice Rd, Kingsley, drive thru pick-up of a day's worth of meals for a day (breakfast, lunch, dinner) for a family of six, open to all, contact 231 263-8267  
**When: Last Sun, 4:30 to 6:00 pm**

**Swiss Steak Dinner**, Bellaire Masonic Lodge, 4905 Stover Rd, Bellaire, includes dessert and beverages, proceeds to help with the Masons scholarship activities and help within the community, contact 231 377-7156  
**When: Last Sun, 4:30 to 7:00 pm**

## FARMERS' MARKET

**Bellaire Winter Farmers' Market**, 102 Maple St, Bellaire, inside the ASI Community Center, 231 350-8835  
**When: Fri., 9:00 am to 12:00 pm (through May '25)**

## FOOD PANTRIES

**Little Free Pantry**, Alden United Methodist Church, 9015 Helena Rd, Alden, located in front yard of the church  
**When: available anytime**

**Fife Lake Community Church**, 206 Boyd St, call 231 879-4270  
**When: hours by appointment only**

**Share Shack Free Food Pantry**, Bear Lake Christian Church, 221 E. Bear Lake Rd SE, Kalkaska, located in the parking lot, 231-258-6107  
**When: available anytime**

**KAIR Food Pantry/Thrift Store**, 324 S. Cedar St, Kalkaska, available to Kalkaska and Antrim County residents, curbside pickup only, call 231 258-0060 ext 4 by 2:45 pm to make an appointment  
**When: Mon, Tue, Thu, Fri, 10:00 am to 3:00 pm**

**Bellaire Food Pantry**, 205 E. Broad St, 231-533-8600  
**When: Mon & Thu 10 am - 4 pm, Sat 10 am - 12 pm**

**ACTS (Acme Christian Thrift Store & Pantry)**, 8925 M-72 East, Williamsburg, serving Grand Traverse, Kalkaska, & Antrim counties, by appt, 231 267-3002  
**When: Tues 5 - 7 pm, Wed 1 - 4 pm, Sat 10 am - 1 pm**

**Mancelona Food Pantry & Resale**, 201 N. Maple St, Mancelona, 231-676-1686  
**When: Tues, Wed, Thu, 9:00 am to 3:00 pm**

**Central Lake Community Food Pantry**, 1875 Main St, Central Lake, 231-544-6878  
**When: Tue 5:00 to 7:00 pm, Fri 3:00 to 5:00 pm**

**Kingsley United Methodist Church**, 113 Blair St, Kingsley, call 231 263-5278 for appt if you are unable to come during open hours  
**When: Wed & Fri, 9 am to 12 pm**

**Rapid City Area Food Pantry**, 9456 Valley Rd NW, Rapid City, donations accepted, contact Christine at 231 331-6246  
**When: Fri, except holidays, 11 am to 1:30 pm**

**Kingsley Baptist Church**, 7511 Blackman Rd, Kingsley, call Jessica at 231-263-5650 for apt if you are unable to come during open hours  
**When: 2nd & 4th Fri, 1:00 to 3:00 pm**

## HEALTH AND FITNESS

**Yoga**, Fife Lake Library, 77 Lakecrest Lane, with Peggy Williams, restorative yoga, suggested donation of \$5-10 per class, contact [lakesidetherapeutics@gmail.com](mailto:lakesidetherapeutics@gmail.com), to register, email [kspratt@tadl.org](mailto:kspratt@tadl.org)

**When: Mon, 11:30 am to 12:30 pm**

**Yoga**, ASI Community Center & Park, 102 Maple St, Bellaire, with Daryl Allison-Busch, licensed instructor, contact 231 564-0010

**When: Mon, 12:30 pm (Gentle) and 2 pm (Hatha)**

**Bootcamp Class**, Kaliseum Recreation Complex, 1900 Fairgrounds Rd, included in Kaliseum membership or \$10 drop-in fee, Instructor Nickey Torrey, 231 258-5913  
**When: Mon, 7:00 to 7:45 pm**

**Yoga**, Helena Township Community Center, 8751 Helena Rd, Alden, contact 231 331-4643  
**When: Mon, Wed, Fri 8:30 to 9:30 am**

**Let's Get Moving**, Bellaire Community United Methodist Church, 401 N. Bridge St, Bellaire, 30-minute "Body Groove" video for all levels (can be done in a chair, too) lead by Cherese Villareal, contact 580 471-7778  
**When: Mon, Wed, 11:00 to 11:30 am**

**Chair Exercise**, Antrim County COA/Sr Meal Site, 308 E. Cayuga St, Bellaire, contact 231 533-8703  
**When: Mon, Wed, Thu. 10 to 10:45 am**

**Aerobic Exercise with Weights**, (Kalkaska COA) Senior Center, 303 S. Coral St, bring small hand weights or two cans of soup, contact 231 258-5030  
**When: Mon, Fri, 10:30 to 11:30 am**

**Lyrical/Contemporary Dance for Adults**, ASI Community Center, 102 S. Maple St, Bellaire, \$10 cost, contact 231 572-2518  
**When: 1st Tues, 5:45 to 6:45 pm**

**Wii Bowling**, Antrim County COA/Sr Meal Site, 308 E. Cayuga St, Bellaire, contact 231 533-8703  
**When: Tue, 12:30 to 1:30 pm**

**Line Dance**, Kalkaska Senior Center/COA, 303 S. Coral St, all skill levels welcome, contact 231 258-5030  
**When: Tue, 1:00 pm**

**Table Tennis**, Kalkaska Senior Center/COA, 303 S. Coral St, contact 231 258-5030  
**When: Tue, 2:00 pm**

**Line Dancing**, Fife Lake Library, 77 Lakecrest Lane, equipment provided, focused on seniors, 231 922-4911  
**When: Tue, Thu, 10:00 am**

**Yoga for Seniors**, Kalkaska Senior Center/COA, 303 S. Coral St, contact 231 258-5030  
**When: Tue, Thu, 10:00 am**

**Cardio Drumming**, Fife Lake Library, 77 Lakecrest Lane, equipment provided, focused on seniors, contact to register 231 922-4911  
**When: Tue, Thu, 10:00 am**

**Fitness Over Fifty**, Fife Lake Library, 77 Lakecrest Lane, contact to register 231 922-4911  
**When: Tue, Thu, 10:30 to 11:30 am**

**Chair Yoga**, The Rock, 115 E. Blair St, Kingsley, class size is limited, advance registration is required, 231 922-4911  
**When: Wed, Fri, 9:15 am**

**Senior Exercise Class**, Bear Lake Township Hall, 198 E. Bear Lake Rd NE, open for all seniors, mixing yoga, light impact aerobics, strength training, contact 989 330-7538  
**When: Wed, 9:00 to 10:00 am**

**Taekwondo**, Kaliseum Recreation Complex, 1900 Fairgrounds Rd, included in Kaliseum membership or \$10 adults/\$5 child or senior drop-in fee, ages 6 years +, Instructor Mr. Allan, 231 258-5913  
**When: Wed, 4:30 to 5:30 pm**

**Strong Nation Class**, Kaliseum Recreation Complex, 1900 Fairgrounds Rd, included in Kaliseum membership or \$10 drop-in fee, Instructor Lanae Bump, contact 231 258-5913  
**When: Wed, 6:00 to 6:45 pm**

**Hand & Foot**, CETA Hall, 6615 CR612 NE, 231 587-9475  
**When: Thu, 10 am - noon**

**Wii Bowling**, Kalkaska Senior Center/COA, 303 S. Coral St, COVID guidelines observed. contact 231 258-5030  
**When: Thu, 1:00 pm**

**Pound Class**, Kaliseum Recreation Complex, 1900 Fairgrounds Rd, included in Kaliseum membership or \$10 drop-in fee, Instructor Nickey Torrey, contact 231 258-5913  
**When: Thu, 6:00 to 6:45 pm**

**Video-Lead Yoga**, Fife Lake Library, 77 Lakecrest Lane, adult/senior video lead beginner friendly, low impact yoga, no registration needed, yoga mats available to borrow, contact 231 879-4101  
**When: Fri, 9:00 to 10:00 am**

**Bootcamp Class**, Kaliseum Recreation Complex, 1900 Fairgrounds Rd, included in Kaliseum membership or \$10 drop-in fee, Instructor Nickey Torrey, contact 231 258-5913  
**When: Fri, 9:00 to 10:00 am**

## BINGO, CARDS & BOARD GAMES

**Antrim County Duplicate Bridge Club**, ASI Community Center & Park, 102 Maple St, Bellaire, 231 590-7293  
**When: Mon, 12:45 pm**

**Penny Bingo**, Kalkaska Senior Center/COA, 303 S. Coral St, all are welcome, \$1 donation, play with pennies, win pennies, bring lots of pennies or purchase from COA, contact 231 258-5030  
**When: Mon, 1:30 to 3:30 pm**

# OUT & ABOUT

**Euchre**, CETA Hall, 6615 CR612 NE, 231 587-9475

**When: Mon, 6 pm**

**Beginning Bridge:** Sign-up is now occurring for this ten-week course that is being held at Helena Township Community Center in Alden. Cost: \$10 for book and \$5 suggested donation per lesson. Come, have fun, and meet some bridge players! Lessons, taught by Judy Kuiper, an ACBL Best Practices certified bridge teacher. To sign up, contact Judy at [jkuijper@learnsselfcompassion.com](mailto:jkuijper@learnsselfcompassion.com) or 616-581-4668. Sponsored by Alden District Library and the Antrim County Bridge Club.

**When: Tue 10 am - noon**

**Mah-Jongg**, People of all skill levels are invited to play. Free Event. Sponsored by Alden District Library and held at Helena Township Community Center, 8751 Helena Rd, Alden, 231-331-4318.

**When: Tue, 1 to 4 pm**

**Euchre**, (Kalkaska COA) 303 S. Coral St, \$5.00 buy-in, 231 258-5030

**When: Tue, 1 pm**

**Euchre**, Antrim County COA/Sr Meal Site, 308 E. Cayuga St, Bellaire, \$5.00 buy-in, contact 231 533-8703

**When: Tues, 6:00 pm**

**Piggit Hoggit**, The Rock, 115 E. Blair St, Kingsley, euchre taken to the next level, \$1, contact 231 922-4911

**When: Wed, 9:15 am OR 12:00 pm????**

**199er Bridge Game & Free Lessons:** Free lessons at 11:30am. Lunch (bring your own) and bridge talk at Noon. ACBL-sanctioned bridge game for \$5.00 at 12:30pm. For more details, contact Lou Slyker at 248-770-6152 or [ljslslyker@gmail.com](mailto:ljslslyker@gmail.com)

**When: Wed 11:30 am except 3rd Wed each month (May 7 - Oct 29)**

**Jackpot Bingo**, (Kalkaska COA) Senior Center, 303 S Coral St, fundraiser for the Senior Center, community welcome, must be 18+, contact 231 258-5030

**When: Wed, seating begins 4 pm, warm ups at 5 pm, regular games at 6 pm**

**Bingo**, The Rock, 115 E. Blair St, Kingsley, \$1, contact 231 922-4911

**When: Wed, Fri 10:15 to 11:15 am**

**Billiards**, The Rock, 115 E. Blair St, Kingsley, enjoy a game on a first-come, first-served basis, all equipment provided, contact 231 922-4911

**When: Wed, Fri 9:15 am to 12:15 pm**

**Pinochle**, CETA Hall, 6615 CR612 NE, 231 587-9475

**When: Wed, 6 pm**

**Mah-jongg**, Antrim County COA/Sr Meal Site, 308 E. Cayuga St, Bellaire, contact 231 533-8703

**When: Thu, 12:45 pm**

**Euchre**, Rapid City Community Center (Red School House), 5407 River St, Rapid City, 231 331-6249

**When: Thu, 1 pm**

**Bingo**, Antrim County COA/Sr Meal Site, 308 E. Cayuga St, Bellaire, contact 231 533-8703

**When: 3rd Thu, during Birthday Dinner at 11:30 am**

**Bingo**, ASI, 102 S. Maple St, Bellaire, community welcome must be 18+, contact 231 350-8835

**When: 2nd & 4th Thu, Doors open 4 pm, play 5 pm**

**Euchre**, The Rock, 115 E. Blair St, Kingsley, single player with individual scoring, experience is necessary for team play, lessons available, contact 231 922-4911

**When: Fri 10:15 am to 12:15 pm**

**Pantry Bingo**, Kalkaska Sr Center 303 S. Coral St, all are welcome, play for pantry items, \$1 donation 231 258-5030

**When: Fri, 1:30 to 3:30 pm**

**Bingo**, American Legion Hall, 9850 S. Front St, Mancelona community welcome, must be 18+, 231 499-2364

**When: Sat, doors open at 4 pm, play begins at 6 pm**

**Pool**, Kalkaska Senior Center/COA, 303 S. Coral St, open to anyone who wants to play, must contact 231 258-5030 with your name and number

**When: Sat, 6 pm**

## Crafts & Hobbies

**Small Crafts Groups**, Kalkaska Senior Center/COA, 303 S. Coral St, bring a personal small craft to work on while socializing, many are willing to teach basics of crochet, knitting, embroidery, etc, 231 258-5030

**When: Mon, 9:00 to 11:00 am**

**Wood Carvers**, Kalkaska Senior Center 303 S. Coral St, all levels of skill, teaching available, 231 258-5030

**When: Mon, 6 pm**

**Torch Area Artisans Guild (TAAG):** This artisans' group has been creating art and contributing to the community for over 40 years. Newcomers are always welcome! For more info, email [taartisansguild@gmail.com](mailto:taartisansguild@gmail.com). Sponsored by Alden District Library and held at Helena Township Community Center, 8751 Helena Rd, Alden, 231-331-4318.

**When: Tue, 10:00 am to 12:00 pm**

**Quilters Corner**, Antrim County COA, 308 E. Cayuga St, Bellaire, bring your own project, 231 533-8703

**When: Tue, 12:30 to 2:20 pm;**

**Juniper Garden Club**, Clearwater Township Community Center, 5407 River St, Rapid City, contact 231 629-2498, new members welcome

**When: 1<sup>st</sup> Tue, 1:00 pm**

**Alden Knitters & Crocheters**, All skill levels welcome! For info, contact Sue Archer at 231-944-0013. Sponsored by Alden District Library, held at Helena Township Community Center & Library, 8751 Helena Rd, Alden, 231-331-4318.

**When: Tue, 2:00 to 4:00 pm**

**Knitting** - Bellaire Public Library, 111 S Bridge St,

**When: Thu 10 to noon**

**Group Painting**, Antrim County COA/Sr Meal Site, 308 E. Cayuga St, Bellaire, 231 533-8703

**When: Thu, 10:30 am**

**Fiber Arts Group**, Fife Lake Public Library, 77 Lakecrest Ln, Fife Lake, bring your own lap project and craft with others by our warm fireplace, not lessons, contact 231 879-4101

**When: Thu, 3:00 to 4:30 pm**

**Kasky Kwilters**, (Kalkaska COA) Senior Center, 303 S Coral St, come see what we are doing! 231-384-0595

**When: 1<sup>st</sup> Thu, 4:00 pm**

**Great Lakes Scale Modelers**, Traverse City Area District Library, 610 Woodmere Avenue, Thirlby Room. Plastic models, any scale, trains, planes, automobiles. Whatever floats your boat. Contact Bruce, 231-620-1767 or Frank, 231-228-3474

**When: 2<sup>nd</sup> Sat, 1To 4 pm**

**Antrim/Kalkaska Paper Crafters**, First Presbyterian Church in Elk Rapids. Soup and Salad Potluck lunch. Bring any handheld craft and work on your own project. Contact Beth Shuster at [beth\\_scrap1960@sbcglobal.net](mailto:beth_scrap1960@sbcglobal.net)

**When: 3<sup>rd</sup> Sat, 9am - 5pm**

## Children's Activities

**Tot Time**, Fife Lake Public Library, 77 Lakecrest Ln, Fife Lake, contact 231 879-4101

**When: 1<sup>st</sup> Mon 10 am**

**STEAM Club** - Central Lake District Library, 7900 Maple St., Central Lake. For Elementary age kids 8 years old and up. Class size is limited, registration required. Contact 231-544-2517

**When: Mon, 3:15 to 4 pm**

**Story Time with Miss Diane**- Bellaire Public Library, 111 S Bridge St, Bellaire, open to children ages 0-5 and their caretakers, stories, crafts, snacks, 231 533-8814

**When: Tue, 10:00 am**

**Story Time**, Mancelona Township Library, 202 W. State St, Mancelona, stories and crafts, 231 587-9451

**When: Tue, 10:30 am**

**Wrigglers Preschool Story Time**, Kingsley Branch Library, 213 S. Brownson, Kingsley, children from birth to pre-kindergarten are welcome, stories, music, and movement, contact 231 263-5484

**When: Tue and Wed, 10:30 am**

**Story Time with Miss Diana**, Central Lake District Library, 7900 Maple St., Central Lake, with crafts, songs, stories, songs, and snacks, contact 231-544-2517

**When: Wed, 10:30 am**

**LEGO Club**, Central Lake District Library, 7900 Maple St, Central Lake, available to children ages 5+, drop-in club, registration required, call 231 544-2517

**When: Wed, 3:15 to 4:00 pm**

**5toOne Playgroup**, Kalkaska Early Head Start Classroom, 424 S. Cedar St, activities for children, resources for parents, music & movement, registration is encouraged, <https://bit.ly/EHSKAlRegistration>

**When: 2<sup>nd</sup> and 4<sup>th</sup> Wed, 10:30 am to 12:00 pm**

**Teen Dungeons & Dragons**, Kingsley Branch Library, 213 S. Brownson Ave, Kingsley, teen-led D&D campaign, everything needed is provided, refreshments, too, free activity and open to teens ages 13-19 years, parents are welcome, contact 231 263-5484

**When: 1<sup>st</sup> and 3<sup>rd</sup> Thu, 3:30 to 6:45 pm**

**5toOne Playgroup**, Rapid City Elementary, 5258 River St, Rapid City, child-led playtime, healthy snack, and story, registration is encouraged, <https://bit.ly/PlayinRapidCity>

**When: 2<sup>nd</sup> Thur, 8:45 to 10:00 am**

**Teen Challenge Board Games**, Central Lake District Library, 7900 Maple St, board games galore for teens age 12 and older, free with snacks provided, 231 54343-2517

**When: 4<sup>th</sup> Thur, 3:15 to 4:00 pm**

**Central Lake Community Playgroup**, First Congregation Church, 8066 W. State St, fun activities and lunch provided, meet in lower level. 231 347-0067

**When: Fri, 10:00 to 11:30 pm**

**Baby & Toddler Storytime**: Kalkaska County Library. Stories, music, movement, & crafts to promote literacy from birth to kindergarten. FREE. Includes 5toOne playgroup. Contact Kalkaska County Library at (231) 258-9411 or [info@kalkaskalibrary.org](mailto:info@kalkaskalibrary.org) for info.

**When: Fri 10:30 am**

**Story Time**, Mancelona Township Library, 202 W. State St, Mancelona, contact 231 587-9451

**When: Fri, 3:30 pm**

**5toOne Playgroup**, Mancelona School's Early Childhood Space, 203 Grove St, child-led playtime, healthy snack, and story, registration is encouraged, <https://bit.ly/PlayMancelona>

**When: 3<sup>rd</sup> Fri, 12:00 to 1:30 pm**

**O&A - continues on page 11**



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**231 - 258 - 5395**

508 N. Birch Street, Kalkaska

# OUT & ABOUT

## O&A - continued from page 3

**Kids' Coding Club**, Bellaire Public Library, 111 S. Bridge, Bellaire, an opportunity for kids to explore the world of computer coding at their level, ages 8-13 welcome, registration required, call 231 533-8814

**When: 3<sup>rd</sup> Sat, 10:00 to 11:00 am**

**Meet and Eat, Youth Event**, Mancelona United Methodist Church, 117 W. Hinman, Mancelona, planned by youth for youth including a meal, music, pastor's message, games & fun, grades 7-12, 231 587-8461

**When: 4<sup>th</sup> Sunday (3<sup>rd</sup> if 4<sup>th</sup> is a holiday weekend) 7:00 to 8:30 pm**

## Miscellaneous

**Monday Tech Help 1-on-1** Kalkaska County Library, 247 S. Cedar St, If you need some help setting up your new phone or laptop, troubleshooting tech problems, or just want to learn more about using the internet safely, then contact us to get 30 minutes of personalized support from our tech services librarian! Contact (231) 258-9411 or info@kalkaskalibrary.org to sign up!

**When: by appointment Mon 10am-4pm & Thu 1-5pm**

**Love Locker Project**, 449 W. State St at Fife Lake, Baptist, 49633 Free seasonal clothing, hygiene products, and blankets available 24/7

**When: available anytime**

**Love Locker Project - Kalkaska** 1972 Saunders Rd SE at Evergreen Bible Baptist, Free seasonal clothing, hygiene products, and blankets available 24/7

**When: available anytime**

**Love Locker Project- Rapid City** 7964 Rapid City Rd at North Light Ministry Free seasonal clothing, hygiene products, and blankets available 24/7

**When: available anytime**

**Stroke Recovery Group**, Antrim County COA/Sr Meal Site, 308 E. Cayuga, Bellaire, must register prior to each session, please call 231 533-8703

**When: 3<sup>rd</sup> Mon, 3:00 to 4:00 pm**

**Tech Tuesdays with Gabe**, Bellaire Public Library, 111 S. Bridge St, contact 231 533-8814

**When: Tue, 11 am to 3 pm**

**Kalkaska County Breastfeeding Support Group**, Blue Fish Early Learning Center, 405 E. Dresden St, contact District Health Department 10 at 231 258-8669

**When: 1<sup>st</sup> & 3<sup>rd</sup> Tue, 10:00 to 11:00 am**

**Kalkaska Baby Pantry**, Kalkaska Church of Christ, 1725 W Kalkaska Rd, Clothing, diapers, wipes available (donations of such are accepted), serving children to size 4T, contact 231 258-9441

**When: 2<sup>nd</sup> & 4<sup>th</sup> Tue, 9:30 am to 1 pm.**

**Girlfriends Social Hour**, Kalkaska Senior Center/COA, 303 S. Coral St, grab a friend and enjoy a coffee or juice, and time with other ladies, senior and nearly senior women are welcome, contact 231 258-5030

**When: Wed 10 am**

**Tech Tuesdays with Gabe!** Bellaire Public Library, 111 S. Bridge St, 231 533-8814

**When: Wed, 11 am to 3 pm**

**Spanish Speaking Cohort**, Bellaire Public Library, 111 S. Bridge St, 231-533-8814

**When: Wed, 4 pm**

**Thursday Tech Help 1-on-1** Kalkaska County Library, 247 S. Cedar St, If you need some help setting up your new phone or laptop, troubleshooting tech problems, or just want to learn more about using the internet safely, then contact us to get 30 minutes of personalized support from our tech services librarian! Contact (231) 258-9411 or info@kalkaskalibrary.org to sign up!

**When: Thu, 1:00 to 5:00 pm**

**Everyone Has a Story**, Kingsley Branch Library, 213 S. Brownson Ave, join with the library and the Kingsley Folk School for a storytelling community circle, you are welcome to share your personal stories with others to create connections in our community, 231 263-5484

**When: 2<sup>nd</sup> Thur, 5:30 to 7:00 pm**

**Antrim County Baby Pantry**, St. Anthony's Church, 209 Jefferson Ave, Mancelona, providing food, clothing, diapers, and other items for children from birth until their 6<sup>th</sup> birthday (donations accepted), masks optional, one shopper per family and children are welcome but must remain with their parent, new families, please arrive by 2 pm for paperwork and bring valid ID, 231 492-7426

**When: 2<sup>nd</sup> & 4<sup>th</sup> Thu, 11:00 am to 3:00 pm**

**Dance**, Mancelona Senior Center, 122 E. State St, Mancelona, \$7 admission, bring a dish to pass, contact Cheryl at 231 587-9131

**When: 1<sup>st</sup> and 3<sup>rd</sup> Fri, 6:00 to 9:00 pm**

**Fruit of the Womb Baby Pantry**, Kalkaska Baptist Church, 1651 County Rd 612, contact 231 258-5409

**When: Sat, 9:00 to 11:00 am**

**Rock n' Jam**, The Rock of Kingsley, local musicians are welcome to come jam and the public is welcome to come listen, tap their toes, dance, contact 231 263-7000

**When: 2<sup>nd</sup> Sat, (through Oct) 5:00 to 8:00 pm**

**Simply Delicious with Chef Tom**, Kingsley Branch Library, 213 S. Brownson Ave, a quick and inspiring cooking class, learning tips and techniques while exploring global cuisine and spices, contact 231 263-5484

**When: Last Saturday of the month, 10 - 11 am**

## Veterans/Active Duty

**MWR (Morale, Welfare, & Recreation)**, Belay My Last Barracks, 5210 E. Boardman Rd, South Boardman, veterans are welcome to hang out and enjoy a meal, use the rec room, gym, or theater, peer support specialist is also available, contact 231 631-5372

**When: Mondays, 6:30 pm**

**Kalkaska VFW Land-O-Lakes Post 8684, VFW Post 408** Hyde St, Quartermaster: Joe Graff, Commander: Luke TenHopen

**When: 1<sup>st</sup> Mon, 6:00 pm**

**Mancelona American Legion Post #0264**, 9850 S. Front St, Commander: Benjamin Zerod, Adjutant: Tamara Hunt

**When: 1<sup>st</sup> Mon, 6:00 pm**

**Antrim County Veteran Coffee Talks**, 118 Bridge St, Elk Rapids, contact 231 533-8499

**When: 3<sup>rd</sup> Mon, 9 am**

**Vets Coffee Time**, Kalkaska Senior Center/COA, 303 S. Coral St, free coffee and donuts, hosted by American Legion Post #480, contact Darel at 231 258-9445

**When: 2<sup>nd</sup> Wed, 9:00 to 11:00 am**

**American Legion Post 219**, 10283 M-186, Fife Lake, Commander: Cameron Wojoie, Adjutant: Craig Heckert, contact 231 879-4475

**When: 2<sup>nd</sup> Wed, 6:30 pm**

**Coffee Talk for Veterans**, M88 Morning Grind, presented by Antrim Co Veterans Affairs, contact 231 533-8499

**When: 3<sup>rd</sup> Wed, 8:30 am**

**South Boardman American Legion #463 and Auxiliary Meeting, South Boardman Legion Hall**, 5479 Boardman Rd (at the tank), South Boardman, Commander: Lindarae Radtke, Adjutant: Elwin Hall, contact 231 369-2944

**When: 1<sup>st</sup> Thu, 6:00 pm**

**Kalkaska American Legion Post 0480**, Kalkaska Senior Center/COA, 303 S. Coral St. Commander: Jim Brown, Adjutant: Stephen Bloomfield, contact 231 384-0762

**When: 3<sup>rd</sup> Thu, 1:00 pm**

**M88 Monthly Muster**, M-88 Morning Grind, 614 Cayuga St, Bellaire, coffee talk for Antrim County Veterans and their families to connect and share in much needed military camaraderie, contact 231 632-9155

**When: 1<sup>st</sup> Sunday, 12:00 pm**

## BOOK CLUBS

**The Bookies Book Club**, at host's home, contact 231 879-4101 or flpl@tadl.org for location and details

**When: 3<sup>rd</sup> Tue, 7:00 pm**

**The Last Tuesday Book Group**- Bellaire Public Library, 111 S Bridge St, Bellaire, contact 231 533-8814

**When: last Tue, 1:00 pm**

**Monthly Book Club**, Kalkaska Senior Center/COA, 303 S. Coral St, new book each month to be announced at previous meeting or contact 231 258-5030 for info

**When: 2<sup>nd</sup> Wed, 1:00 pm**

**The Page Turners Book Club**- Bellaire Public Library, 111 S Bridge St, Bellaire, registration appreciated, contact 231 533-8814

**When: 2<sup>nd</sup> Wed, 7:00 pm**

**Kingsley Afternoon Book Club**- Kingsley Branch Library, 213 Brownson Ave, Kingsley, does not meet in Dec, June, July, or Aug, contact 231 263-5484

**When: 4<sup>th</sup> Wed, 2:00 to 3:00 pm**

**Fife Lake Library Book Club-Take 2**, Fife Lake Public Library, 77 Lakecrest Lane, Fife Lake, 231 879-4101

**When: 4<sup>th</sup> Wed, 2:30 pm**

**Mindfulness Book Club**- Bellaire Public Library, 111 S Bridge St, Bellaire, contact 231 533-8814

**When: last Wed, 4:00 pm**

**Nature Book Club**, Bellaire Public Library, 111 S Bridge St, Bellaire, led by members of the Antrim Conservation District, contact 231 533-8814

**When: 1<sup>st</sup> Thu, 9:30 am**

**Books 'n Brie Book Club**, Presented by Alden District Library, Helena Township Community Center, 8751 Helena Rd, Alden, enjoy snacks and beverages while discussing the month's book, free of charge, sponsored by the Alden District Library, contact 231 331-4318

**When: 2<sup>nd</sup> Thu, 3:30 pm**

**T.T. Nooners Book Club**, Kalkaska County Library, 247 S. Cedar St, 231 258-9411

**When: 3<sup>rd</sup> Thu, 12 to 1 pm**

**Teen Book Club** - at the Kalkaska County Library. Teens ages 14-18 are welcome to join us to read and discuss books with friends. Snacks will be provided! Contact (231) 258-9411 or info@kalkaskalibrary.org for more info.

**When: 3<sup>rd</sup> Thu, 3:30pm**

**The Rory Gilmore Book Club**, Fife Lake Public Library, 77 Lakecrest Lane, Fife Lake, contact 231 879-4101

**When: Last Sat, 4:00 pm**

## Organization Meetings

**Kalkaska Democrats**, contact Gary at 231 590-3397 for current meeting location

**When: 1<sup>st</sup> Mon, 6:00 pm**

**Kingsley Friends of the Library**, Kingsley Branch Library, 213 S. Brownson, Kingsley, open for ages 0-5 years, contact 231 263-5484

**When: 3<sup>rd</sup> Mon, 5:00 to 6:00 pm**

**Kalkaska Conservation District Board of Directors**, District Office, 406 S. Cedar St, Suite A, Kalkaska, contact Mark, 231 258-3307

**When: 3<sup>rd</sup> Mon, 5:00 pm**

**National Trout Festival**, Trout Town Tavern & Eatery, 306 Elm St, 231 384-1509

**When: 4<sup>th</sup> Mon, 5:30 pm**

**Kalkaska Republicans**, Kalkaska COA/Senior Center, 303 S. Coral St

**When: Last Mon., 7:00 pm**

**Kalkaska Kiwanis Meeting**, Kalkaska Senior Center/COA, 303 S. Coral St

**When: 2<sup>nd</sup> and 4<sup>th</sup> Tue, 12:00 pm**

**Friends of the Central Lake District Library**, Central Lake District Library, Conference Room, 7900 Maple St, contact 231 544-1144

**When: 3<sup>rd</sup> Tue, 10:00 to 11:00 am**

**Friends of the Kalkaska County Library**, Kalkaska County Library 247 S. Cedar St, downstairs

**When: 4<sup>th</sup> Tues., 4:00 pm**

**Friends of the Fife Lake Public Library**, 77 Lakecrest Lane, Fife Lake, contact Denise, 734 444-2484

**When: 2<sup>nd</sup> Wed., 11:00 am**

**Chain of Lakes Genealogy Club**, Central Lake Library, 7900 Maple St, 231 544-2517

**When: 3<sup>rd</sup> Wed, 6:00 pm**

**BIGG (Genealogy Group)**, Bellaire Public Library, 111 S Bridge St, Bellaire, contact 231 533-8814

**When: 1<sup>st</sup> Thu, 10:30 am**

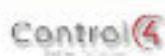
**South Boardman American Legion #463 and Auxiliary Meeting**, South Boardman Legion Hall, 5487 Boardman Rd (at the tank), South Boardman, contact 231 369-2944



**COFFEE TIME for VETERANS**  
 Free coffee & donuts  
 Second Wednesday Each Month  
 9 to 11 am  
 Kalkaska Senior Center  
 303 S. Coral St  
 Hosted by American Legion Post 480  
 Contact-Darel at 258-9445



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#### O&A - cont. from page 11

**Alcoholics Anonymous Meeting (AA)**,  
 Forrest Home Township Hall, 351 Bridge  
 St, Bellaire

**When: Mon, Wed, 12:00 pm**

**Alcoholics Anonymous Meeting (AA)**,  
 Forrest Home Township Hall, 351 Bridge  
 St, Bellaire

**When: Mon, Thu, 12:00 pm**

**TOPS #1304 Meeting**, Kalkaska United  
 Ministries for Christ, 2525 Beebe Rd,  
 Kalkaska, contact 231 384-2154

**When: Tue, 9:00 am weigh ins, 10:00 am  
 meeting**

**Al-Anon Family Group, Stepping Toward  
 Serenity**, on ZOOM: login information on  
 meeting list at Alanon-d39.org

**When: Tues, at noon**

**Al-Anon, Al-Teen Meeting**, (Kalkaska  
 COA) Senior Center, 303 S Coral St,  
 contact Linda 231 384-3227

**When: Tue, 7:00 pm**

**Alcoholics Anonymous Meeting (AA)**,  
 Kalkaska Senior Center, 303 S Coral St  
**When: Tue, 8:00 pm**

**Secular Sobriety Group**, AA of Traverse  
 City, meets on ZOOM, ID#447 584 8945  
 PW 628608, more info at  
 secularAAinMichigan.org

**When: Tues, Thu, 7 pm, Sun, 12 pm (also  
 in person)**

**Alcoholics Anonymous Meetings (AA)**,  
 Kalkaska United Ministries for Christ, 2525  
 Beebe Rd  
**When: Tue, Thu, Sat 12:00 pm**

**Alcoholics Anonymous Meeting (AA)**,  
 Fife Lake Village Office, 616 Bates Rd  
**When: Wed, 7:00 pm**

**Alcoholics Anonymous Meeting (AA)**,  
 Central Lake VFW Hall, 1805 S. Main St,  
**When: Wed, 8:00 pm**

**Grief Support Group**, (Kalkaska COA)  
 Senior Center, 303 S Coral St, all ages  
 welcome, contact 231 258-5030  
**When: 2<sup>nd</sup> and 4<sup>th</sup> Wed, 10:30 am**

**Antrim Co Parkinson Support Group**,  
 Bellaire Family Health Center, 4955 S M-  
 88, Bellaire, 231 633-1237  
**When: 3<sup>rd</sup> Wed, 2 pm**

**Grief Support**, Kalkaska Church of Christ,  
 1725 W. Kalkaska Rd, faith-based grief  
 support, contact 231 258-9441  
**When: Thu, 6:00 pm**

**S-Anon Support Group** - Calvary Lutheran  
 Church, 10180 Elk Lake Rd, Elk Rapids.  
 For family and friends affected by  
 someone else's sex addiction. Contact:  
 miplaceofpeace@gmail.com, 231-714-4099  
**When: Thu, 7:00 pm**

**All Recovery Meeting**, Ursula House, 8099  
 West Old State Rd, Central Lake, peer led  
 support group for people in recovery and/or  
 their family members, 231 266-4412  
**When: Thu, 8:00 pm**

**Alcoholics Anonymous Meeting (AA)**,  
 St Paul's Lutheran Church, 2470 Beebe Rd,  
 Open Meeting  
**When: Thu, 8:00 pm**

**Alcoholics Anonymous Meeting (AA)**, The  
 Rock Youth Center, 115 E Blair, Kingsley  
**When: Thu, 7:00 pm**

**Weight Management Support Group**,  
 Kalkaska Memorial Health Center, 419 S.  
 Coral St, Classroom A, contact Ashley  
 Snyder, 231 258-3613  
**When: 2nd Thu, 3:00 to 4:00 pm**

**Diabetes Support Group**, Kalkaska  
 Memorial Health Center, 419 S. Coral St,  
 Classroom A, contact Katie Daman, 231  
 258-3091  
**When: 4th Thu, 3:00 to 4:00 pm**

**Deliverance**, Kalkaska Baptist Church,  
 1651 Co Rd 612, Kalkaska, faith-based  
 support for all addictions, contact Heath 231  
 564-3715  
**When: Fri, 6:00 pm**

**Alcoholics Anonymous Meeting (AA)**,  
 Surrender Today Coldsprings Fellowship  
 Church, 532 S. Cedar St, Kalkaska  
**When: Fri, 7:00 pm**

**Alcoholics Anonymous Meeting (AA)**, Fife  
 Lake Village Office, 616 Bates Rd,  
**When: Fri, 8:00 pm**

**Narcotics Anonymous (NA)**, Mill Pond  
 Pavilion, Hyde St, Kalkaska  
**When: Sat, 7:00 pm**

**Alcoholics Anonymous Meeting (AA)**,  
 Bellaire United Methodist Church, 401 N.  
 Bridge St, Bellaire  
**When: Sat, 8:00 pm**

## Becky's Children's Crocheted Mittens in Three Sizes

### First Piece: Fingers and top half of palm

Rnd 1: Begin with ch 1 into a magic ring, then  
 hdc 6 (7, 8) into ring, join (slst into first st of rnd).

Rnd 2: ch 1, 2 hdc in each st around, join (12 sts,  
 14 sts, 16 sts). TIP: After completing rnd 2, snug  
 up magic ring and secure yarn tail.

Rnd 3: ch 1, 2 hdc in each st around, join (24 sts,  
 28 sts, 32 sts).

Rnds 4-11 (4-12, 4-13): ch 1, work even, join.  
 Leaving a short tail, cut yarn and set aside.

### Second Piece: Thumb, bottom half of palm, cuff

Rnd 1: Begin with ch 1 into a magic ring, then hdc  
 10 (10, 11) into ring, join.

Rnds 2-6 (2-7, 2-8): ch 1, work even, join.

Rnd 7 (8, 9): join at 1st st of first piece, ch 1, work  
 even, join. TIP: To avoid a gap between the end of  
 the first piece and the start of the thumb, after  
 completing the last st of the first piece, yo, hook  
 through same st just worked, pull yarn through,  
 hook through next (first thumb) st, pull yarn  
 through (4 loops on hook), pull yarn through all  
 loops (34 sts, 38 sts, 43 sts).

Rnd 8 (9, 10): ch 1, work even, join.

Shaping below thumb: Rnds 9-11 (10-13, 10-14)  
 ch 1, follow chart, join.

Size	Round	Dec hdc every #th & next sts tog	Additional sts to finish rnd	End rnd st count
Small	9	7	2	30
	10	9	0	27
	11	8	0	24
Medium	10	8	2	34
	11	10	1	31
	12	9	1	28
	13	13	0	26
Large	11	9	3	39
	12	12	0	36
	13	11	0	33
	14	10	0	30

Rnd 12 (14, 15-16): Ch 1, work even, join.

### Cuff:

Row 1: ch 7, turn, sc next 6 chs, sl st next 2 sts.

Row 2: turn, ch 1, sc next 6 sts in back loops.

Row 3: turn, ch 1, sc next 6 sts in back loops, sl st  
 next 2 sts.

Repeat rows 2 & 3 around. Finish by sl st two  
 sides of cuff together.

