## **OUT & ABOUT**

Editor's note: This space is free to community organizations to promote events which are of benefit to the residents in and around Kalkaska County. Email your information to

tina.fieldsmedia@gmail.com

Please include date and time of the event, a contact number or email address. We prefer that you not include prices.

#### **SENIOR & COMMUNITY MEALS**

**Senior Lunch** Kalkaska Senior Center/COA, 303 S. Coral St, no reservation required for dine-in, carry out meal (w/o salad bar), all ages welcome, contact 231 258-5030

When: Mon, Tue, Wed, Thu, Fri, Salad bar at 11:30 am, Meal served at 12:00 pm

Senior Lunch Antrim County COA, 308 E. Cayuga St, Bellaire, dine-in or carry out, 231 533-8703

When: Mon, Tue, Wed, Thu, Fri, 11:30 am to 12:30 pm for dine-in, 11:30 to 12:00 pm for carry out (site is open 8:30 am to 4:00 pm)

**Senior Lunch,** Mancelona Senior Ctr, 122 E State St, dine-in available, RSVP the day before to Marianne at 231 587-9131

When: Mon, Tue, Wed, Thu, Fri, Salad Bar 11 to 11:45 am, Lunch served 12:00 to 12:30 pm (site is open 9:00 am to 1:30 pm)

**Senior Lunch,** Central Lake Meal Site, 1622 N. M-88, Central Lake, dine-in available, RSVP the day before to Lois at 231 544-6687

When: Mon, Tue, Wed, Thu, Fri 11:30 to 12:00 pm (site is open 10:00 am to 12:30 pm)

**KAIR's Ladles of Love,** 107 W. Third St, free community meal, everyone is welcome, contact 231 258-7836

When: Mon, 11:00 am to 1:00 pm

**Senior Lunch** (Kalkaska COA), Garfield Township Hall, 0466 W. Sharon Rd, Fife Lake, dine-in or pick-up, RSVP by 9 am to Marci at 231 360-7697

When: Mon, 12 noon to 12:30 pm

**Senior Meal,** Fife Lake Public Library, 77 Lakecrest Lane, Fife Lake, reservations must be made at the previous meal or 24 hours in advance, contact 231-922-4911

When: Tue, 11:45 am

**Community Meal**, Mancelona United Methodist Church, 117 W. Hinman, Mancelona, canceled if Mancelona schools are closed for inclement weather, 231 587-8461

When: Tue, except holidays, 5 to 6 pm

**Senior Lunch** (Kalkaska COA), Bear Lake Township Hall, 198 E. Bear Lake Rd, dine-in or pick-up, RSVP between 8:30 and 9 am to Iola at 941 270-1549

When: Tue, Thu, 12 noon to 12:30 pm

**Senior Lunch** (Kalkaska COA), South Boardman Senior Center, 5503 Boardman Rd SW, dine-in or pick-up, RSVP by 9 am to Marci at 231 360-7697

When: Tue, Thu, 12:30 to 1:00 pm

Kalkaska Baptist Community Meal, Kalkaska Baptist Church, 1151 CR 612, open to everyone, 217 871-5700 When: 2nd and last Tue, 5 to 7 pm

**Senior Meal,** The Rock, 115 E. Blair St, Kingsley, reservations must be made at the previous meal or 24 hours in advance contact 231 922-4911

When: Wed, 11:30 am

**Senior Lunch** (Kalkaska COA) Clearwater Township Hall, 5440 River St NW, Rapid City, dine-in or pick-up, RSVP by 8:30 am to Pam at 231 564-2794

When: Wed, 12 to 12:30 pm

**Community Meal**, Kalkaska United Ministries for Christ, 2525 Beebe Rd, curbside pick-up or dine in, donations accepted, contact 231 258-2820

When: Wed, except holidays, 5 to 6 pm

Community Meal, Kingsley United Methodist Church, 113 Blair St, Kingsley, contact 231 263-5278

When: 3rd Wed, 5 to 6:30 pm

**Easy Meals Fundraiser for American Legion**, Dale H Wheeler American Legion Post 219, 10283 M-113, Fife Lake, dine-in or drive-thru, contact 231 879-4475

When: Thu, 5-6 pm

**Veterans Dinner,** South Torch Lake Fire Department, 8765 Helena Rd, Alden, free dinner for Veterans and their families, contact 231 331-4204

When: 3rd Thu, 5:00 to 7:00 pm

Red Apron Community Dinner, Bellaire Community United Methodist Church, 401 N. Bridge St, Bellaire, everyone is welcome to this free meal, 231 533-8133

When: Last Thur, 5:00 to 6:00 pm

Senior Omelet Breakfast, Kalkaska Senior Center/COA, 303 S. Coral St, build your own omelet, alternate available each week, no reservation required, all ages welcome (may not be served on certain holidays or i\f special luncheons are scheduled), contact 231 258-5030

When: Fri, 8:00 to 9:00 am

Senior Breakfast, Antrim County COA/Meal Site, 308 E. Cayuga St, Bellaire, menu changes weekly, 231 533-8703 When: Fri. 8:00 to 9:00 am

Pasties & Pot Pies for Sale, Coldsprings Excelsior Township Area (CETA) Hall, 6615 County Rd 612, (to confirm dates and availability, call 231 258-9912) When: Fri, 1 to 3 pm

**Fish Fry**, Dale H. Wheeler American Legion Post 219, 10283 M-113, Fife Lake, dine-in, \$15 all-you-can-eat, age 5 and under is free, contact 231 879-4475

When: 1st Fri, 4:30 to 7:00 pm (or until sold out)

**Free Breakfast,** Bear Lake Christian Church, 221 E. Bear Lake Rd SE, Kalkaska, sausage, eggs, and pancakes breakfast, open to the community, contact 231-258-6107 **When:** 3rd Sat, 8:00 to 10:00 am

Pancake Breakfast, Bellaire Masonic Lodge, 4905 Stover Rd, Bellaire, pancakes, eggs, sausage, biscuits & gravy, coffee, and orange juice, \$10 plate, contact 713 665-4100 When: last Sat, 7:00 to 11:00 am

VFW & Central Lake AmVets Monthly Breakfast, Central Lake AmVets, 1840 S. Main St, Central Lake, serving pancakes, sausage, scrambled eggs, sausage gravy & biscuits, hash browns, toast, beverages, 231 544-6455 When: 1st Sun, 9:00 am to 12:00 pm

**Family Meal Distribution,** The Orchard Church, 3903 Voice Rd, Kingsley, drive thru pick-up of a day's worth of meals for a day (breakfast, lunch, dinner) for a family of six, open to all, contact 231 263-8267

When: Last Sun, 4:30 to 6:00 pm

**Swiss Steak Dinner,** Bellaire Masonic Lodge, 4905 Stover Rd, Bellaire, includes dessert and beverages, proceeds to help with the Masons scholarship activities and help within the community, contact 231 377-7156

When: Last Sun, 4:30 to 7:00 pm

#### FARMERS' MARKET

Bellaire Winter Farmers' Market, 102 Maple St, Bellaire, inside the ASI Community Center, 231 350-8835 When: Fri., 9:00 am to 12:00 pm (through May '25)

#### **FOOD PANTRIES**

Little Free Pantry, Alden United Methodist Church, 9015 Helena Rd, Alden, located in front yard of the church When: available anytime

**Fife Lake** Community Church, 206 Boyd St, call 231 879-4270

When: hours by appointment only

**Love Locker Project,** Fife Lake Public Library, 77 Lakecrest Lane, Fife Lake, seasonal clothing for the community as needed, contact 231 879-4101

When: available anytime

**Share Shack Free Food Pantry,** Bear Lake Christian Church, 221 E. Bear Lake Rd SE, Kalkaska, located in the parking lot, 231-258-6107

When: available anytime

**KAIR Food Pantry/Thrift Store,** 324 S. Cedar St, Kalkaska, available to Kalkaska and Antrim County residents, curbside pickup only, call 231 258-0060 ext 4 by 2:45 pm to make an appointment

When: Mon, Tue, Thu, Fri, 10:00 am to 3:00 pm

**Bellaire Food Pantry**, 205 E. Broad St, 231-533-8600 When: **Mon & Thu 10 am - 4 pm, Sat 10 am - 12 pm** 

ACTS (Acme Christian Thrift Store & Pantry), 8925 M-72 East, Williamsburg, serving Grand Traverse, Kalkaska, & Antrim counties, by appt, 231 267-3002

When: Tues 5 - 7 pm, Wed 1 - 4 pm, Sat 10 am - 1 pm

**Mancelona Food Pantry & Resale,** 201 N. Maple St, Mancelona, 231-676-1686

When: Tues, Wed, Thu, 9:00 am to 3:00 pm

Central Lake Community Food Pantry, 1875 Main St, Central Lake, 231-544-6878

When: Tue 5:00 to 7:00 pm, Fri 3:00 to 5:00 pm

**Kingsley United Methodist Church,** 113 Blair St, Kingsley, call 231 263-5278 for appt if you are unable to come during open hours

When: Wed & Fri, 9 am to 12 pm

Rapid City Area Food Pantry, 9456 Valley Rd NW, Rapid City, donations accepted, contact Christine at 231 331-6246 When: Fri, except holidays, 11 am to 1:30 pm

**Kingsley Baptist Church**, 7511 Blackman Rd, Kingsley, call Jessica at 231-263-5650 for apt if you are unable to come during open hours

When: 2nd & 4th Fri, 1:00 to 3:00 pm

#### **HEALTH AND FITNESS**

**Yoga,** Fife Lake Library, 77 Lakecrest Lane, with Peggy Williams, restorative yoga, suggested donation of \$5-10 per class, contact lakesidetheraputics@gmail.com, to register, email kspratt@tadl.org

When: Mon, 11:30 am to 12:30 pm

**Yoga**, ASI Community Center & Park, 102 Maple St, Bellaire, with Daryl Allison-Busch, licensed instructor, contact 231 564-0010

When: Mon, 12:30 pm (Gentle) and 2 pm (Hatha)

**Bootcamp Class,** Kaliseum Recreation Complex, 1900 Fairgrounds Rd, included in Kaliseum membership or \$10 drop-in fee, Instructor Nickey Torrey, 231 258-5913 **When: Mon, 7:00 to 7:45 pm** 

**Yoga**, Helena Township Community Center, 8751 Helena Rd, Alden, contact 231 331-4643

When: Mon, Wed, Fri 8:30 to 9:30 am

**Let's Get Moving,** Bellaire Community United Methodist Church, 401 N. Bridge St, Bellaire, 30-minute "Body Groove" video for all levels (can be done in a chair, too) lead by Cherese Villareal, contact 580 471-7778 **When: Mon, Wed, 11:00 to 11:30 am** 

**Chair Exercise,** Antrim County COA/Sr Meal Site, 308 E. Cayuga St, Bellaire, contact 231 533-8703

When: Mon, Wed, Thu. 10 to 10:45 am

Aerobic Exercise with Weights, (Kalkaska COA) Senior Center, 303 S. Coral St, bring small hand weights or two cans of soup, contact 231 258-5030 When: Mon, Fri, 10:30 to 11:30 am

Lyrical/Contemporary Dance for Adults, ASI Community Center, 102 S. Maple St, Bellaire, \$10 cost, contact 231 572-2518

When: 1st Tues, 5:45 to 6:45 pm

**Wii Bowling,** Antrim County COA/Sr Meal Site, 308 E. Cayuga St, Bellaire, contact 231 533-8703

When: Tue, 12:30 to 1:30 pm

Line Dance, Kalkaska Senior Center/COA, 303 S. Coral St, all skill levels welcome, contact 231 258-5030 When: Tue, 1:00 pm

**Table Tennis**, Kalkaska Senior Center/COA, 303 S. Coral St, contact 231 258-5030

When: Tue, 2:00 pm

**Line Dancing,** Fife Lake Library, 77 Lakecrest Lane, equipment provided, focused on seniors, contact to register 231 922-4911

When: Tue, Thu, 10:00 am

Yoga for Seniors, Kalkaska Senior Center/COA, 303 S. Coral St, contact 231 258-5030 When: Tue, Thu, 10:00 am

Cardio Drumming, Fife Lake Library, 77 Lakecrest Lane, equipment provided, focused on seniors, contact to register 231 922-4911

When: Tue, Thu, 10:00 am

**Fitness Over Fifty,** Fife Lake Library, 77 Lakecrest Lane, contact to register 231 922-491

When: Tue, Thu, 10:30 to 11:30 am

Chair Yoga, The Rock, 115 E. Blair St, Kingsley, class size is limited, advance registration is required, 231 922-4911 When: Wed, Fri, 9:15 am

Senior Exercise Class, Bear Lake Township Hall, 198 E. Bear Lake Rd NE, open for all seniors, mixing yoga, light impact aerobics, strength training, contact 989 330-7538 When: Wed, 9:00 to 10:00 am

**Taekwondo**, Kaliseum Recreation Complex, 1900 Fairgrounds Rd, included in Kaliseum membership or \$10 adults/\$5 child or senior drop-in fee, ages 6 years +, Instructor Mr. Allan, 231 258-5913

When: Wed, 4:30 to 5:30 pm

Strong Nation Class, Kaliseum Recreation Complex, 1900 Fairgrounds Rd, included in Kaliseum membership or \$10 drop-in fee, Instructor Lanae Bump, contact 231 258-5913 When: Wed, 6:00 to 6:45 pm

**Hand & Foot,** CETA Hall, 6615 CR612 NE, 231 587-9475

When: Thu, 10 am - noon

Wii Bowling, Kalkaska Senior Center/COA, 303 S. Coral St, COVID guidelines observed. contact 231 258-5030 When: Thu, 1:00 pm

**Pound Class,** Kaliseum Recreation Complex, 1900 Fairgrounds Rd, included in Kaliseum membership or \$10 drop-in fee, Instructor Nickey Torrey, contact 231 258-5913 **When: Thu, 6:00 to 6:45 pm** 

**Video-Lead Yoga,** Fife Lake Library, 77 Lakecrest Lane, adult/senior video lead beginner friendly, low impact yoga, no registration needed, yoga mats available to borrow, contact 231 879-4101

When: Fri, 9:00 to 10:00 am

**Bootcamp Class,** Kaliseum Recreation Complex, 1900 Fairgrounds Rd, included in Kaliseum membership or \$10 drop-in fee, Instructor Nickey Torrey, contact 231 258-5913 **When: Fri, 9:00 to 10:00 am** 

#### **BINGO, CARDS & BOARD GAMES**

Antrim County Duplicate Bridge Club, ASI Community Center & Park, 102 Maple St, Bellaire, 231 590-7293 When: Mon, 12:45 pm

## **OUT & ABOUT**

**Penny Bingo**, Kalkaska Senior Center/COA, 303 S. Coral St, all are welcome, \$1 donation, play with pennies, win pennies, bring lots of pennies or purchase from COA, contact 231 258-5030

When: Mon, 1:30 to 3:30 pm

**Euchre,** CETA Hall, 6615 CR612 NE, 231 587-9475 **When: Mon, 6 pm** 

Beginning Bridge: Sign-up is now occurring for this tenweek course that is being held at Helena Township Community Center in Alden. Cost: \$10 for book and \$5 suggested donation per lesson. Come, have fun, and meet some bridge players! Lessons, taught by Judy Kuiper, an ACBL Best Practices certified bridge teacher. To sign up, contact Judy at jkuiper@learnselfcompassion.com or 616-581-4668. Sponsored by Alden District Library and the Antrim County Bridge Club.

When: Tue 10 am - noon (begins May 6)

**Mah-Jongg,**, People of all skill levels are invited to play. Free Event. Sponsored by Alden District Library and held at Helena Township Community Center, 8751 Helena Rd, Alden, 231-331-4318.

When: Tue, 1 to 4 pm

**Euchre**, (Kalkaska COA) 303 S. Coral St, \$5.00 buy-in, 231 258-5030

When: Tue, 1 pm

**Euchre,** Antrim County COA/Sr Meal Site, 308 E. Cayuga St, Bellaire, \$5.00 buy-in, contact 231 533-8703

When: Tues, 6:00 pm

Piggit Hoggit, The Rock, 115 E. Blair St, Kingsley, euchre taken to the next level, \$1, contact 231 922-4911 When: Wed, 9:15 am OR 12:00 pm????

199er Bridge Game & Free Lessons: Free lessons at 11:30am. Lunch (bring your own) and bridge talk at Noon. ACBL-sanctioned bridge game for \$5.00 at 12:30pm. For more details, contact Lou Slyker at 248-770-6152 or ljslyker@gmail.com

When: Wed 11:30 am except 3rd Wed each month (May 7 - Oct 29)

**Jackpot Bingo,** (Kalkaska COA) Senior Center, 303 S Coral St, fundraiser for the Senior Center, community welcome, must be 18+, contact 231 258-5030

When: Wed, seating begins 4 pm, warm ups at 5 pm, regular games at 6 pm

Bingo, The Rock, 115 E. Blair St, Kingsley, \$1, contact 231 922-4911

When: Wed, Fri 10:15 to 11:15 am

**Billiards,** The Rock, 115 E. Blair St, Kingsley, enjoy a game on a first-come, first-served basis, all equipment provided, contact 231 922-4911

When: Wed, Fri 9:15 am to 12:15 pm

**Pinochle,** CETA Hall, 6615 CR612 NE, 231 587-9475

When: Wed, 6 pm

**Mah-jongg,** Antrim County COA/Sr Meal Site, 308 E. Cayuga St, Bellaire, contact 231 533-8703

When: Thu, 12:45 pm

**Euchre,** Rapid City Community Center (Red School House), 5407 River St, Rapid City, 231 331-6249 **When: Thu, 1 pm** 

**Bingo,** Antrim County COA/Sr Meal Site, 308 E. Cayuga St, Bellaire, contact 231 533-8703

When: 3rd Thu, during Birthday Dinner at 11:30 am

**Bingo,** ASI, 102 S. Maple St, Bellaire, community welcome must be 18+, contact 231 350-8835

When: 2nd & 4th Thu, Doors open 4 pm, play 5 pm

**Euchre,** The Rock, 115 E. Blair St, Kingsley, single player with individual scoring, experience is necessary for team play, lessons available, contact 231 922-4911

When: Fri 10:15 am to 12:15 pm

**Pantry Bingo**, Kalkaska Sr Center303 S. Coral St, all are welcome, play for pantry items, \$1 donation 231 258-5030

When: Fri, 1:30 to 3:30 pm

**Bingo,** American Legion Hall, 9850 S. Front St, Mancelona community welcome, must be 18+, 231 499-2364

When: Sat, doors open at 4 pm, play begins at 6 pm

**Pool**, Kalkaska Senior Center/COA, 303 S. Coral St, open to anyone who wants to play, must contact 231 258-5030 with your name and number

When: Sat, 6 pm

#### **Crafts & Hobbies**

**Small Crafts Groups,** Kalkaska Senior Center/COA, 303 S. Coral St, bring a personal small craft to work on while socializing, many are willing to teach basics of crochet, knitting, embroidery, etc, 231 258-5030

When: Mon, 9:00 to 11:00 am

**Wood Carvers,** Kalkaska Senior Center 303 S. Coral St, all levels of skill, teaching available, 231 258-5030 **When: Mon, 6 pm** 

Torch Area Artisans Guild, Creating art and contributing to the community for over 40 years. For more info, email: taartisansguild@gmail.com or Facebook: facebook.com/TorchAreaArtisansGuild. Sponsored by Alden District Library and held at Helena Township Community Center, 8751 Helena Rd, Alden, 231-331-4318

When: Tue, 10:00 am to 12:00 pm

Quilters Corner, Antrim County COA, 308 E. Cayuga St, Bellaire, bring your own project, 231 533-8703 When: Tue, 12:30 to 2:20 pm;

**Juniper Garden Club**, Clearwater Township Community Center, 5407 River St, Rapid City, contact 231 629-2498, new members welcome

When: 1st Tue, 1:00 pm

Alden Knitters & Crocheters, All skill levels welcome! For info, contact Sue Archer at 231-944-0013. Sponsored by Alden District Library, held at Helena Township Community Center & Library, 8751 Helena Rd, Alden, 231-331-4318.

When: Tue, 2:00 to 4:00 pm

Knitting - Bellaire Public Library, 111 S Bridge St, When: Tue 10 am

**Group Painting,** Antrim County COA/Sr Meal Site, 308 E. Cayuga St, Bellaire, 231 533-8703

When: Thu, 10:30 am

**Fiber Arts Group,** Fife Lake Public Library, 77 Lakecrest Ln, Fife Lake, bring your own lap project and craft with others by our warm fireplace, not lessons, contact 231 879-4101

When: Thu, 3:00 to 4:30 pm

**Kasky Kwilters**, (Kalkaska COA) Senior Center, 303 S Coral St, come see what we are doing! 231-384-0595

When: 1st Thu, 4:00 pm

**Great Lakes Scale Modelers,** Traverse City Area District Library, 610 Woodmere Avenue, Thirlby Room. Plastic models, any scale, trains, planes, automobiles. Whatever floats your boat. Contact Bruce, 231-620-1767 or Frank, 231-228-3474

When: 2nd Sat, 1To 4 pm

#### **Children's Activities**

**Tot Time,** Fife Lake Public Library, 77 Lakecrest Ln, Fife Lake, contact 231 879-4101

When: 1st Mon 10 am

Story Time with Miss Diane- Bellaire Public Library, 111 S Bridge St, Bellaire, open to children ages 0-5 and their caretakers, stories, crafts, snacks, 231 533-8814 When: Tue, 10:00 am

LEGO Club, Central Lake District Library, 7900 Maple St, Central Lake, available to children ages 5+, drop-in club but parents filling out a registration is strongly recommended, contact 231 544-2517 When: Tue OR Wed, 3:15 to 4:00 pm

**Story Time,** Mancelona Township Library, 202 W. State St, Mancelona, stories and crafts, 231 587-9451 **When: Tue, 10:30 am** 

**Wigglers Preschool Story Time,** Kingsley Branch Library, 213 S. Brownson, Kingsley, children from birth to pre-kindergarten are welcome, stories, music, and movement, contact 231 263-5484

When: Tue and Wed, 10:30 am

Story Time with Miss Diana, Central Lake District Library, 7900 Maple St., Central Lake, with crafts, songs, stories, songs, and snacks, contact 231-544-2517 When: Wed, 10:30 am

**5toOne Playgroup,** Kalkaska Early Head Start Classroom, 424 S. Cedar St, activities for children, resources for parents, music & movement, registration is encouraged, https://bit.ly/EHSKalRegistration When: 2nd and 4th Wed, 10:30 am to 12:00 pm

**Teen Dungeons & Dragons**, Kingsley Branch Library, 213 S. Brownson Ave, Kingsley, teen-led D&D campaign, everything needed is provided, refreshments, too, free activity and open to teens ages 13-19 years, parents are welcome, contact 231 263-5484

When: 1st and 3rd Thu, 3:30 to 6:45 pm

**5toOne Playgroup**, Rapid City Elementary, 5258 River St, Rapid City, child-led playtime, healthy snack, and story, registration is encouraged, https://bit.ly/ PlayinRapidCity

When: 2nd Thur, 8:45 to 10:00 am

**Teen Challenge Board Games**, Central Lake District Library, 7900 Maple St, board games galore for teens age 12 and older, free with snacks provided, 231 54343-2517

When: 4th Thur, 3:15 to 4:00 pm (

Central Lake Community Playgroup, First Congregation Church, 8066 W. State St, fun activities and lunch provided, meet in lower level. 231 347-0067 When: Fri, 10:00 to 11:30 pm

Baby & Toddler Storytime: Kalkaska County Library. Stories, music, movement, & crafts to promote literacy from birth to kindergarten. FREE. Includes 5toOne playgroup. Contact Kalkaska County Library at (231) 258-9411 or info@kalkaskalibrary.org for info. When: Fri 10:30 am

**Story Time,** Mancelona Township Library, 202 W. State St, Mancelona, contact 231 587-9451

When: Fri, 3:30 pm

**5toOne Playgroup,** Mancelona School's Early Childhood Space, 203 Grove St, child-led playtime, healthy snack, and story, registration is encouraged, https://bit.ly/PlayMancelona

When: 3rd Fri, 12:00 to 1:30 pm

When: 3rd Sat, 9am - 5pm

Antrim/Kalkaska Paper Crafters, First Presbyterian Church in Elk Rapids. Soup and Salad Potluck lunch. Bring any handheld craft and work on your own project. Contact Beth Shuster at beth scraps1960@sbcglobal.net

O&A - continues on page 11



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## **OUT & ABOUT**

#### O&A - continued from page 3

Kids' Coding Club, Bellaire Public Library, 111 S. Bridge, Bellaire, an opportunity for kids to explore the world of computer coding at their level, ages 8-13 welcome, registration required, call 231 533-8814 When: 3rd Sat, 10:00 to 11:00 am

Meet and Eat, Youth Event, Mancelona United Methodist Church, 117 W. Hinman, Mancelona, planned by youth for youth including a meal, music, pastor's message, games & fun, grades 7-12, 231 587-8461

When: 4th Sunday (3rd if 4th is a holiday weekend) 7:00 to 8:30 pm

#### Miscellaneous

Monday Tech Help 1-on-1 Kalkaska County Library, 247 S. Cedar St, If you need some help setting up your new phone or laptop, troubleshooting tech problems, or just want to learn more about using the internet safely, then contact us to get 30 minutes of personalized support from our tech services librarian! Contact (231) 258-9411 or info@kalkaskalibrary.org to sign up!

When: by appointment Mon 10am-4pm & Thu 1-5pm

Stroke Recovery Group, Antrim County COA/Sr Meal Site, 308 E. Cayuga, Bellaire, must register prior to each session, please call 231 533-8703

When: 3rd Mon, 3:00 to 4:00 pm

Tech Tuesdays with Gabe, Bellaire Public Library, 111 S. Bridge St, contact 231 533-8814

When: Tue, 11 am to 3 pm

Kalkaska County Breastfeeding Support Group, Blue Fish Early Learning Center, 405 E. Dresden St, contact District Health Department 10 at 231 258-8669 When: 1st & 3rd Tue, 10:00 to 11:00 am

Kalkaska Baby Pantry, Kalkaska Church of Christ, 1725 W Kalkaska Rd, Clothing, diapers, wipes available (donations of such are accepted), serving children to size 4T, contact 231 258-9441

When: 2nd & 4th Tue, 9:30 am to 1 pm.

Girlfriends Social Hour, Kalkaska Senior Center/COA, 303 S. Coral St, grab a friend and enjoy a coffee or juice, and time with other ladies, senior and nearly senior women are welcome, contact 231 258-5030

When: Wed 10 am

Tech Tuesdays with Gabe! Bellaire Public Library, 111 S. Bridge St, 231 533-8814

When: Wed, 11 am to 3 pm

**Spanish Speaking Cohort,** Bellaire Public Library, 111 s. Bridge St, 231-533-8814 When: Wed, 4 pm

Thursday Tech Help 1-on-1 Kalkaska County Library, 247 S. Cedar St, If you need some help setting up your new phone or laptop, troubleshooting tech problems, or just want to learn more about using the internet safely, then contact us to get 30 minutes of personalized support from our tech services librarian! Contact (231) 258-9411 or info@kalkaskalibrary.org to sign up!

When: Thu, 1:00 to 5:00 pm

Everyone Has a Story, Kingsley Branch Library, 213 S. Brownson Ave, join with the library and the Kingsley Folk School for a storytelling community circle, you are welcome to share your personal stories with others to create connections in our community, 231 263-5484 When: 2nd Thur, 5:30 to 7:00 pm

Antrim County Baby Pantry, St. Anthony's Church, 209 Jefferson Ave, Mancelona, providing food, clothing, diapers, and other items for children from birth until their 6th birthday (donations accepted), masks optional, one shopper per family and children are welcome but must remain with their parent, new families, please arrive by 2 pm for paperwork and bring valid ID, 231 492-7426

When: 2<sup>nd</sup> & 4<sup>th</sup> Thu, 11:00 am to 3:00 pm

Dance, Mancelona Senior Center, 122 E. State St, Mancelona, \$7 admission, bring a dish to pass, contact Chervl at 231 587-9131

When: 1st and 3rd Fri, 6:00 to 9:00 pm

Fruit of the Womb Baby Pantry, Kalkaska Baptist Church, 1651 County Rd 612, contact 231 258-5409 When: Sat. 9:00 to 11:00 am

Rock n' Jam, The Rock of Kingsley, local musicians are welcome to come jam and the public is welcome to come listen, tap their toes, dance, contact 231 263-7000

When: 2nd Sat, (through Oct) 5:00 to 8:00 pm

Simply Delicious with Chef Tom, Kingsley Branch Library, 213 S. Brownson Ave, a quick and inspiring cooking class, learning tips and techniques while exploring global cuisine and spices, contact 231 263-5484

When: Last Saturday of the month, 10 - 11 am

#### **Veterans/Active Duty**

MWR (Morale, Welfare, & Recreation), Belay My Last Barracks, 5210 E. Boardman Rd, South Boardman, veterans are welcome to hang out and enjoy a meal, use the rec room, gym, or theater, peer support specialist is also available, contact 231 631-5372

When: Mondays, 6:30 pm

Kalkaska VFW Land-O-Lakes Post 8684, VFW Post 408 Hyde St, Quartermaster: Joe Graff, Commander: Luke TenHopen

When: 1st Mon, 6:00 pm

Mancelona American Legion Post #0264, 9850 S. Front St, Commander: Benjamin Zerod, Adjutant: Tamara Hunt When: 1st Mon, 6:00 pm

Antrim County Veteran Coffee Talks, 118 Bridge St, Elk Rapids, contact 231 533-8499

When: 3rd Mon, 9 am

Vets Coffee Time, Kalkaska Senior Center/COA, 303 S. Coral St, free coffee and donuts, hosted by American Legion Post #480, contact Darel at 231 258-9445 When: 2nd Wed, 9:00 to 11:00 am

American Legion Post 219, 10283 M-186, Fife Lake, Commander: Cameron Wojoie, Adjutant: Craig Heckert, contact 231 879-4475

When: 2nd Wed, 6:30 pm

Coffee Talk for Veterans, M88 Morning Grind, presented by Antrim Co Veterans Affairs, contact 231 533-8499 When: 3rd Wed, 8:30 am

South Boardman American Legion #463 and Auxiliary Meeting, South Boardman Legion Hall, 5479 Boardman Rd (at the tank), South Boardman, Commander: Lindarae Radtke, Adjutant: Elwin Hall, contact 231 369-2944 When: 1st Thu, 7:00 pm

Kalkaska American Legion Post 0480, Kalkaska Senior Center/COA, 303 S Coral St. Commander: Jim Brown, Adjutant: Stephen Bloomfield, contact 231 384-0762 When: 3rd Thu, 1:00 pm

M88 Monthly Muster, M-88 Morning Grind, 614 Cayuga St, Bellaire, coffee talk for Antrim County Veterans and their families to connect and share in much needed military camaraderie, contact 231 632-9155

When: 1st Sunday, 12:00 pm

#### **BOOK CLUBS**

The Bookies Book Club, at host's home, contact 231 879-4101 or flpl@tadl.org for location and details

When: 3rd Tue, 7:00 pm

The Last Tuesday Book Group- Bellaire Public Library, 111 S Bridge St, Bellaire, contact 231 533-8814 When: last Tue, 1:00 pm

Monthly Book Club, Kalkaska Senior Center/COA, 303 S. Coral St, new book each month to be announced at previous meeting or contact 231 258-5030 for info

When: 2nd Wed, 1:00 [m

The Page Turners Book Club- Bellaire Public Library, 111 S Bridge St, Bellaire, registration appreciated, contact 231 533-8814

When: 2nd Wed, 7:00 pm

Nature Book Club, Bellaire Public Library, 111 S Bridge St, Bellaire, led by members of the Antrim Conservation District, contact 231 533-8814

When: 1st Thu, 9:30 am

Kingsley Afternoon Book Club- Kingsley Branch Library, 213 Brownson Ave, Kingsley, does not meet in Dec, June, July, or Aug, contact 231 263-5484

When: 4th Wed, 2:00 to 3:00 pm

Fife Lake Library Book Club-Take 2, Fife Lake Public Library, 77 Lakecrest Lane, Fife Lake, 231 879-4101

When: 4th Wed, 2:30 pm

Mindfulness Book Club- Bellaire Public Library, 111 S Bridge St, Bellaire, contact 231 533-8814

When: last Wed, 4:00 pm

Books 'n Brie Book Club, Presented by Alden District Library, Helena Township Community Center, 8751 Helena Rd, Alden, enjoy snacks and beverages while discussing the month's book, free of charge, sponsored by the Alden District Library, contact 231 331-4318

When: 2nd Thu, 3:30 pm

T.T. Nooners Book Club, Kalkaska County Library, 247 S. Cedar St, 231 258-9411

When: 3rd Thu, 12 to 1 pm, except December

Teen Book Club - at the Kalkaska County Library. Teens ages 14-18 are welcome to join us to read and discuss books with friends. Snacks will be provided! Contact (231) 258-9411 or info@kalkaskalibrary.org for more info. When: 3rd Thu, 3:30pm

The Rory Gilmore Book Club, Fife Lake Public Library, 77 Lakecrest Lane, Fife Lake, contact 231 879-4101 When: Last Sat, 4:00 pm

#### **Organization Meetings**

Kalkaska Democrats, contact Gary at 231 590-3397 for current meeting location

When: 1st Mon, 6:00 pm

Kingsley Friends of the Library, Kingsley Branch Library, 213 S. Brownson, Kingsley, open for ages 0-5 years, contact 231 263-5484

When: 3rd Mon, 5:00 to 6:00 pm

Kalkaska Conservation District Board of Directors, District Office, 406 S. Cedar St, Suite A, Kalkaska, contact Mark, 231 258-3307

When: 3rd Mon, 5:00 pm

National Trout Festival, Trout Town Tavern & Eatery, 306 Elm St. 231 384-1509 When: 4th Mon, 5:30 pm

Kalkaska Republicans, Kalkaska COA/Senior Center, 303 S. Coral St When: Last Mon., 7:00 pm

Kalkaska Kiwanis Meeting, Kalkaska Senior Center/ COA, 303 S. Coral St

When: 2nd and 4th Tue, 12:00 pm

Friends of the Central Lake District Library, Central Lake District Library, Conference Room, 7900 Maple St, contact 231 544-1144

When: 3rd Tue, 10:00 to 11:00 am

Friends of the Kalkaska County Library, Kalkaska County Library 247 S. Cedar St, downstairs

When: 4th Tues., 4:00 pm

Friends of the Fife Lake Public Library, 77 Lakecrest Lane, Fife Lake, contact Denise, 734 444-2484 When: 2nd Wed., 11:00 am

Chain of Lakes Genealogy Club, Central Lake Library, 7900 Maple St, 231 544-2517

When: 3rd Wed, 6:00 pm BIGG (Genealogy Group), Bellaire Public Library, 111 S

Bridge St, Bellaire, contact 231 533-8814 When: 1st Thu., 10:30 am

South Boardman American Legion #463 and Auxiliary Meeting, South Boardman Legion Hall, 5487 Boardman Rd (at the tank), South Boardman, contact 231 369-2944

When: 1st Thur., 7:00 pm

Knights of Columbus, St Joseph the Worker Council #7419, St Mary of the Woods Catholic Church, 438 Co Rd 612 NE, Kalkaska, contact Dave at 231 587-4328

When: 1st Thu, 7 pm

Friends of the Alden District Library, Helena Township Community Center, 8752 Helena Rd, Alden, 231 331-4318 When: 3rd Thu, 9:30 am social time, 10:00 am meeting

Alden Men's Club, Alden United Methodist Church Fellowship Hall, 9015 Helena Rd, Alden. Come see what we are all about, "Helping others in need," contact 603 540-3581 or visit www.aldenmensclub.org

When: last Saturday of the month, 8:00 am (except July and November), no meeting in December.

#### **SUPPORT GROUPS**

Alcoholics Anonymous (AA), Alden United Methodist Church, 9015 Helena Rd, Alden

When: Sun, 7:00 pm

Alcoholics Anonymous (AA), Central Lake VFW Hall, 1805 S. Main St, Central Lake When: Sun, 7:00 pm

Alcoholics Anonymous Meeting (AA), Sportsmens Club, 6095 Garfield Rd, Kingsley

When: Sun, Tue, 8:00 pm (Sun only May-Sept Mayfield Pond Park)

Narcotics Anonymous (NA), Living in Harmony, United Methodist Church, 2525 Beebe Rd, Kalkaska When: Mon, 7:00 pm

Alcoholics Anonymous Meeting (AA), Fife Lake Methodist Church, 206 Boyd St,

When: Mon, 8:00 pm Alcoholics Anonymous Meeting (AA), Hope Lutheran

Church, 2680 S. M-88, Bellaire When: Mon, 8:00 pm

Alcoholics Anonymous Meeting (AA), St Anthony Catholic Church, 209 Jefferson Ave, Mancelona When: Mon, Wed, Fri 7:00 pm

Alcoholics Anonymous Meeting (AA), Forrest Home Township Hall, 351 Bridge St, Bellaire When: Mon, Wed, 12:00 pm

Alcoholics Anonymous Meeting (AA), Forrest Home Township Hall, 351 Bridge St, Bellaire When: Mon, Thu, 12:00 pm

O&A - continues on page 13

## COMMUNITY OUT & ABOUT



# County of Kalkaska Department of Veterans Affairs In the Kalkaska County Senior Center 303 S Coral St, P.O. Box 1204, Kalkaska, MI 49646

veterans@kalkaskacounty.org phone: 231-258-3370

Our office is available to assist Veterans, their spouses and dependents in obtaining any and all Federal, State and County benefits they may be eligible to receive.

Monday - Thursday, 8 a.m. - 1 p.m.

This project funded by the Michigan Veterans Affairs Agency

#### **COFFEE TIME for VETERANS**

Free coffee & donuts Second Wednesday Each Month 9 to 11 am

> Kalkaska Senior Center 303 S. Coral St

Hosted by American Legion Post 480 Contact-Darel at 258-9445

## **Anyway**

People are often unreasonable, irrational, and self-centered.

Forgive them anyway.

If you are kind, people may accuse you of selfish, ulterior motives.

Be kind anyway.

If you are successful, you will win some unfaithful friends and some genuine enemies.

Succeed anyway.

If you are honest and sincere, people may deceive you. Be honest and sincere anyway.

What you spend years creating, others could destroy overnight.

Create anyway.

If you find serenity and happiness, some may be jealous.

Be happy anyway.

The good you do today, will often be forgotten.

Do good anyway.

Give the best you have, and it will never be enough.

Give your best anyway.

In the final analysis, it is between you and God. It was never between you and them, anyway.

-this version is attributed to Mother Teresa

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or call: 231-322-2787 or 231-645-0244

#### O&A - continued from page 11

TOPS #1304 Meeting, Kalkaska United Ministries for Christ, 2525 Beebe Rd, Kalkaska, contact 231 384-2154

When: Tue, 9:00 am weigh ins, 10:00 am

**Al-Anon Family Group, Stepping Toward** Serenity.

on ZOOM:

login information on meeting list at Alanond39.org

When: Tues, at noon.

Al-Anon, Al-Teen Meeting, (Kalkaska COA) Senior Center, 303 S Coral St, contact Linda 231 384-3227

When: Tue, 7:00 pm

Alcoholics Anonymous Meeting (AA), Kalkaska Senior Center, 303 S Coral St When: Tue, 8:00 pm

Secular Sobriety Group, AA of Traverse City, meets on ZOOM, ID#447 584 8945 PW 628608, more info at secularAAinMichigan.org

When: Tues, Thu, 7 pm, Sun, 12 pm (also in person)

Alcoholics Anonymous Meetings (AA), Kalkaska United Ministries for Christ, 2525 Beebe Rd

When: Tue, Thu, Sat 12:00 pm

Alcoholics Anonymous Meeting (AA), Fife Lake Village Office, 616 Bates Rd When: Wed, 7:00 pm

Alcoholics Anonymous Meeting (AA), Central Lake VFW Hall, 1805 S. Main St, When: Wed, 8:00 pm

Grief Support Group, (Kalkaska COA) Senior Center, 303 S Coral St, all ages welcome, contact 231 258-5030

When: 2<sup>nd</sup> and 4<sup>th</sup> Wed, 10:30 am

Antrim Co Parkinson Support Group, Bellaire Family Health Center, 4955 S M-88, Bellaire, 231 633-1237 When: 3rd Wed, 2 pm

Grief Support, Kalkaska Church of Christ, 1725 W. Kalkaska Rd, faith-based grief support, contact 231 258-9441

When: Thu, 6:00 pm

 $\textbf{S-Anon Support Group -} \ \textbf{Calvary Lutheran}$ Church, 10180 Elk Lake Rd, Elk Rapids. For For family and friends affected by someone else's sex addiction. Contact:

miplaceofpeace@gmail.com, 231-714-4099 When: Thu, 7:00 pm

All Recovery Meeting, Ursela House, 8099 West Old State Rd, Central Lake, peer led support group for people in recovery and/or their family members, 231 266-4412 When: Thu, 8:00 pm

Alcoholics Anonymous Meeting (AA), St Paul's Lutheran Church, 2470 Beebe Rd, Open Meeting

When: Thu, 8:00 pm

Alcoholics Anonymous Meeting (AA), The Rock Youth Center, 115 E Blair, Kingsley When: Thu, 7:00 pm

Weight Management Support Group, Kalkaska Memorial Health Center, 419 S. Coral St, Classroom A, contact Ashley Snyder, 231 258-3613

When: 2nd Thu, 3:00 to 4:00 pm

Diabetes Support Group, Kalkaska Memorial Health Center, 419 S. Coral St, Classroom A, contact Katie Daman, 231 258-3091

When: 4th Thu, 3:00 to 4:00 pm

Deliverance, Kalkaska Baptist Church, 1651 Co Rd 612, Kalkaska, faith-based support for all addictions, contact Heath 231 564-3715

When: Fri, 6:00 pm

Alcoholics Anonymous Meeting (AA), Surrender Today Coldsprings Fellowship Church, 532 S. Cedar St, Kalkaska

When: Fri, 7:00 pm

Alcoholics Anonymous Meeting (AA), Fife Lake Village Office, 616 Bates Rd,

When: Fri, 8:00 pm

Narcotics Anonymous (NA), Mill Pond Pavilion, Hyde St, Kalkaska When: Sat, 7:00 pm

Alcoholics Anonymous Meeting (AA), Bellaire United Methodist Church, 401 N. Bridge St, Bellaire

When: Sat, 8:00 pm



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