

Paul Oliver Memorial Hospital's Emergency Department Earns National Excellence Award as Hospital Celebrates 75 Years of Service

Frankfort, MI — For the fourth consecutive year, Paul Oliver Memorial Hospital (POMH) has been named a 2025 Human Experience (HX) Guardian of Excellence Award® winner by Press Ganey, the global leader in healthcare experience solutions and services. This distinction places POMH among the top 5% of hospitals nationwide for delivering exceptional patient experiences, and once again recognizes the outstanding care provided in its Emergency Department (ED).

This year's honor is especially meaningful as POMH celebrates its 75th anniversary and reflects on its legacy as Michigan's first Critical Access Hospital. For decades, the ED has served as a trusted lifeline for residents and visitors across Benzie County—often the first point of contact in moments of crisis. This recognition highlights not only clinical excellence, but also the compassion, teamwork, and personal connection that continue to define care at Paul Oliver.

"This award speaks to who we are as a team and what we value," said Kristi Johnson, Chief Nursing Officer for Munson Healthcare's South Region. "Our emergency department staff consistently shows up with empathy, skill, and an unwavering commitment to every person who walks through our doors. Their ability to deliver remarkable care in a rural setting demonstrates the very best of nursing and teamwork."

Designated as a Level IV Trauma Center, POMH's Emergency Department cares for approximately 6,000 patients each year. Behind every visit is a coordinated group of nurses, physicians, technicians, and support staff who work closely together to ensure timely, patient-centered care. Their focus on communication, safety, and compassion has strengthened year after year, reflected in consistently high patient experience ratings.

"What makes our department special is our people," said Jacob Ramseyer, DO, Medical Director of the POMH Emergency

Department. "Our team treats every patient like a neighbor—because most of the time, they are. We know this community, and the community trusts us. That relationship creates a level of care that is personal, responsive, and deeply meaningful. I'm incredibly proud of this team and the way they rise to every challenge."

As POMH celebrates this achievement, the ED team remains focused on continuous improvement and strengthening the experience of every patient who turns to them in a moment of need. This award reaffirms their dedication—and highlights a

commitment to compassion that extends far beyond clinical walls.


Press Ganey works with more than 41,000 healthcare facilities in its mission to reduce patient suffering and enhance caregiver resilience to improve the overall safety, quality, and patient experience. For additional details on the Press Ganey Human Experience Awards, visit 2025 Human Experience Award Recipients | Press Ganey.

To learn more about Paul Oliver Memorial Hospital, please visit munsonhealthcare.org/POMH.

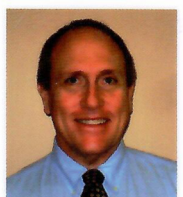


From left: Peter Marinoff, President and CEO - South Region; Jessica Hoffman, Nurse Manager; Colleen Green, CENA; Jacob Ramseyer, DO - POMH ED Medical Director; Margaret Gillen, RN; Lauren Corwin, RN; Brian McComb, DO - CMO South Region; and Kristi Johnson, CNO - South Region.

BUSINESS DIRECTORY




Cell - (231)-633-2323
Fax - (800)-531-6503
Toll Free - (800)-977-3386
Email - GaryScheitler@Gmail.com



Gary R. Scheitler
Owner, Principal Associate Broker
CRS, RSPS, IARP, Realtor®

www.PPUSA.com






When protecting your Auto, Home, Life, Commercial and more, the


EXPERIENCE MATTERS.

Call **Christina Feike** today!
(231) 258-FARM (3276)
430 S Cedar Street, PO BOX 70, Kalkaska
FarmBureauInsurance.com





Cell - (231)-409-1924
Fax - (800)-531-6503
Toll Free - (800)-977-3386
Email - Laurie@TorchLake.com



Laurie Olson
Realtor/Consultant

www.PPUSA.com

Licensed Assistant to Gary Scheitler

Tall Pines Computer Training

Helping grown-ups to get along with their computers

For tech help, call:
231-322-2787

This space could be your ad

GREEN ENERGY HOME SOLUTIONS, LLC

Solving Energy For Our Kids' Future

- Home Improvements -
- Siding - Decks -
- Garages -

KEN OEDER
President Lic & Ins
8924 Helena Rd
P.O. Box 145
Alden, MI 49612

kgogreen@hotmail.com
231-676-7444

= MENTAL HEALTH CORNER =

Understanding the Seasons of Life Part 3

This is the third and final part of the series on understanding our mental health in the different seasons of our lives.

I often emphasize being intentional about life, and moving through the seasons of our lives is no different. While some seasons of life pass by naturally, others can leave us feeling trapped. We end up worrying "What if I am stuck here?" It turns out that passing through the seasons of life is yet another aspect of our lives where it's better to be active than passive.

As we pass through seasons in life, we can unintentionally prolong them by resisting the process. While we cannot force a season to end, we can start with acceptance and move into intentional action. Each is as important as the other.

There are several reasons that we can find ourselves stuck in a season:

1. Avoidance: When we resist and refuse natural and necessary endings (Fall) or needed rest (Winter) our resistance drags it on.
2. Over-Identification: When we say to ourselves, "This is just who I am now"

(especially in Winter Seasons/Depression) we tend to stay there.

3. Control Dramas: When we try to force growth before we are ready, this can lead to burnout.
4. Loss of Meaning: When we walk through life without intentional purpose, the seasons can feel random instead of intentional.

So, how do we move forward?

1. Accept and Even Embrace the Season: This reduces the resistance and internal conflict that unintentionally prolongs seasons.
2. Do the "Work" for the Season: Rest in Winter, Release in Fall, Build in Spring and Execute in Summer
3. Hold a Long-Term View: Tell yourself that this is a chapter...not the whole story.

I would like to end this 3-part series with a personal example. My wife and I had quite a last 6 months of 2017. During that time, we were married, had a child and bought a house. I also had three different professional jobs during that time. There were many overlapping seasons: Getting Married (Summer), Birth of our Child (Spring), Buying a House (Summer-

Maintaining/Moving our Horse Ranch) and Three Different Professional Jobs (Fall at the end of each and Spring at the beginning of each). We are rarely in a single season of our lives.

The best mental health advice I can give you on the Seasons is this: "Name it. Work with it. Move through it."

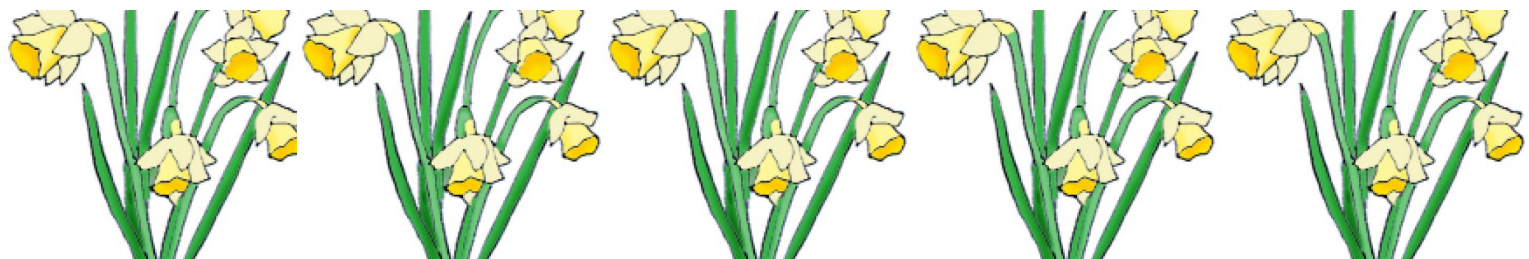
Our lives are not defined by the Seasons of our life but rather by how we move through them. Understanding this is just another way that we win at life.

-Adam DeVaney, LCSW, CECF

=====

Adam DeVaney is a clinical social worker and therapist with over a decade of experience working with clients with a diversity of challenges from addiction and anxiety to overcoming trauma and helping people to learn what it takes to live their best lives. Along with his wife, Mandi, he founded Life's Work Clinic in Kalkaska, Michigan, and Life's Work Coaching with a local and global footprint. Adam has dedicated his life to serving others and walking with them on their healing journeys.

LIFE'S WORK CLINIC



God Doesn't Make Junk

God doesn't make junk! I tell the kids in my life this all the time. What do I mean by this? Well, we are created in God's image. So therefore, He doesn't make junk. We are created by a loving Heavenly Father who created us with purpose.

We are created for the purpose of serving God and loving others, including ourselves. God doesn't want us to talk bad about anyone, including ourselves. We tend to be our own worst critics. We tear ourselves down better than anyone else ever could. We as God's creation need to know our value.

The world tells us how we should value ourselves. We are seen as important by how many followers we have on social media. We are seen as important by how we dress or if we are following the current trends.

God sees our hearts. He sees who we are on the inside. You can be beautiful according to the world on the inside but have an ugly heart. I tell

my kiddos all the time they are beautiful inside and out, because God made them.

What we all need to understand, kids and adults, is we are enough just as we are. God created us in His image and likeness. We are called to love others as much as we love ourselves.

God didn't call us to be perfect. The only one who was perfect was Jesus. We are human and make mistakes. He called us to love others and care for those around us. God loves us just as we are, mistakes and all.

When we talk about ourselves or others remember we are all created and loved by God. So, treating others by loving them the way God would is being created in God's image.

How do we love others the way Jesus would? We serve, we encourage, we step alongside and help when the opportunity presents itself. We need to start placing our value on godly things.

We tend to place our value on things in this world. If we don't have these things then we feel like we have failed. We feel like we are not good enough. That is the biggest lie that has ever been told. Our value is not placed on things like stuff, looks, and money. Our value is placed in who are in Christ Jesus.

In Him, we are children of God, who loved us so much He sent His son to die on a cross for us and our sins so we can spend eternity with Him in Heaven. We need to be storing up treasures in Heaven, not here on earth. People are the most important treasure, including you!

Alison Neihardt, LPC, NCC

=====

Alison Neihardt is a local child therapist at her private practice Helping Kids Counseling Services, LLC located in Kalkaska, MI. Reached at 231-590-4812 or email hkupnorth@gmail.com