

STARTERS

HOMEMADE FISH CHOWDER

(150 Cals) \$5.95

FISH TACOS

(630 Cals) \$15.95

GARLIC BREAD

(330 Cals) \$7.95

with cheese (410 Cals) \$9.95

MUSSELS

(760 Cals) \$16.95

BATTERED SHRIMP

(350 Cals) \$12.95

MUSHROOMS

(790 Cals) \$9.95

ONION RINGS

(880 Cals) \$9.95

CALAMARI

(660 Cals) \$13.95

DEEP FRIED PICKLES

(880 Cals) \$9.95

BREADED CLAMS

(530 Cals) \$8.95

SWEET POTATO FRIES

(780 Cals) \$10.95

FRESH CUT FRIES

(630 Cals) \$6.95

POUTINE

(910 Cals) \$12.95

SALAD

SML

LRG

COLESLAW \$1.95 (70 Cals) 3.95 (150 Cals)

CAESAR \$8.95 (360 Cals) 12.95 (540 Cals)

GREEK \$8.95 (380 Cals) 12.95 (570 Cals)

GARDEN \$8.95 (10 Cals) 12.95 (20 Cals)

CHOOSE FROM OUR DRESSINGS:

house-made italian (270 Cals) | ranch (260 Cals)

balsamic (210 Cals) | french (200 Cals)

thousand island (140 Cals)

SIDES

rice (390 Cals) \$4.50

bread & butter (230 Cals) \$2

california style veggies (50 Cals) \$7.95

gravy SML (40 Cals) \$2 | LRG (80 Cals) \$3

mushy peas (250 Cals) \$4.95

PLATTERS

SHRIMP & SCALLOP COMBO

5 pieces of battered tiger shrimp, 5 breaded bay scallops, served with chips (1160 Cals) \$25.95

add a salad: garden, greek or caesar

(1170-1540 Cals) \$29.95

SEAFOOD PLATTER

battered haddock, 3 battered black tiger shrimp, 3 breaded bay scallops and fresh cut fries (1620 Cals) \$28.95

add a salad: garden, greek or caesar

(1640-2000 Cals) \$32.95

HOUSE SPECIAL

battered halibut, 3 battered black tiger shrimp, 3 breaded bay scallops, onion rings and fresh cut fries with a choice of salad: garden, greek or caesar

(1500-1860 Cals) \$40.95

SPECIALS

Sundays & Mondays

HADDOCK FISH & CHIPS

premium haddock in our homemade light batter

served with our fresh cut french fries (1310 Cals) \$13.99

Wednesdays

COD FISH & CHIPS

King cod in our homemade light batter

served with our fresh cut french fries (1140 Cals) \$14.99

Everyday

HALIBUT FISH CRISPIES & CHIPS

Pressed halibut fish crispies in our homemade light batter

served with our fresh cut french fries (790 Cals) \$17

HALIBUT FISH BURGER & CHIPS

Pressed halibut burger in our homemade light batter

served with our fresh cut french fries (850 Cals) \$17

HALIBUT FISH CRISPIES AND CHIPS

HALIBUT FISH BURGER AND CHIPS

FRESH CUT.
FRESH TASTE.
FRESH FOOD.
- THE WAY IT OUGHT TO BE!



PLEASE VISIT

WWW.HALIBUTHOUSE.CA

SIGNATURES

LUNCH SIZE HALIBUT

| | |
|--|--------------------------|
| our signature cut alaskan halibut in our homemade light batter | |
| fish & chips | \$18.95 (790 Cals) |
| fish & onion rings | \$20.95 (1040 Cals) |
| fish & sweet potato fries | \$21.95 (780 Cals) |
| fish & poutine | \$22.95 (1070 Cals) |
| fish & california style veggies | \$21.95 (210 Cals) |
| fish & garden salad | \$20.95 (170 Cals) |
| fish & greek/caesar salad | \$20.95 (520-540 Cals) |
| fish & chips & garden salad | \$22.95 (800 Cals) |
| fish & chips & greek/caesar salad | \$22.95 (1150-1170 Cals) |
| 2pc fish & chips | \$26.95 (950 Cals) |

HAKE

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| our signature hake in our homemade light batter | |
| fish & chips | \$14.95 (970 Cals) |
| fish & onion rings | \$16.95 (1220 Cals) |
| fish & sweet potato fries | \$17.95 (960 Cals) |
| fish & poutine | \$18.95 (1250 Cals) |
| fish & california style veggies | \$17.95 (390 Cals) |
| fish & garden salad | \$16.95 (350 Cals) |
| fish & greek/caesar salad | \$16.95 (700-720 Cals) |
| fish & chips & garden salad | \$18.95 (980 Cals) |
| fish & chips & greek/caesar salad | \$18.95 (1330-1350 Cals) |
| 2pc fish & chips | \$24.95 (1310 Cals) |

HADDOCK

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| premium atlantic haddock loin in our homemade light batter | |
| fish & chips | \$17.95 (1310 Cals) |
| fish & onion rings | \$19.95 (1560 Cals) |
| fish & sweet potato fries | \$20.95 (1300 Cals) |
| fish & poutine | \$21.95 (1590 Cals) |
| fish & california style veggies | \$20.95 (730 Cals) |
| fish & garden salad | \$19.95 (690 Cals) |
| fish & caesar/greek salad | \$19.95 (1040-1060 Cals) |
| fish & chips & garden salad | \$21.95 (1320 Cals) |
| fish & chips & caesar/greek salad | \$21.95 (1670-1690 Cals) |
| 2pc fish & chips | \$31.95 (1990 Cals) |

COD

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| pacific king cod in our homemade light batter | |
| fish & chips | \$18.95 (1140 Cals) |
| fish & onion rings | \$20.95 (1390 Cals) |
| fish & sweet potato fries | \$21.95 (1130 Cals) |
| fish & poutine | \$22.95 (1420 Cals) |
| fish & california style veggies | \$21.95 (560 Cals) |
| fish & garden salad | \$20.95 (520 Cals) |
| fish & caesar/greek salad | \$20.95 (870-890 Cals) |
| fish & chips & garden salad | \$22.95 (1150 Cals) |
| fish & chips & caesar/greek salad | \$22.95 (1500-1520 Cals) |
| 2pc fish & chips | \$33.95 (1650 Cals) |

HALIBUT

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| our signature cut alaskan halibut in our homemade light batter | |
| fish & chips | \$24.95 (950 Cals) |
| fish & onion rings | \$26.95 (1200 Cals) |
| fish & sweet potato fries | \$27.95 (940 Cals) |
| fish & poutine | \$28.95 (1230 Cals) |
| fish & california style veggies | \$27.95 (370 Cals) |
| fish & garden salad | \$26.95 (330 Cals) |
| fish & greek/caesar salad | \$26.95 (680-700 Cals) |
| fish & chips & garden salad | \$28.95 (960 Cals) |
| fish & chips & greek/caesar salad | \$28.95 (1310-1330 Cals) |
| 2pc fish & chips | \$44.95 (1270 Cals) |

FRESHLY GRILLED

GRILLED HALIBUT

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| grilled halibut with garlic butter seasoning | |
| fish & chips | \$25.95 (810 Cals) |
| fish & onion rings | \$27.95 (1060 Cals) |
| fish & sweet potato fries | \$28.95 (800 Cals) |
| fish & poutine | \$29.95 (1090 Cals) |
| fish & california style veggies | \$28.95 (230 Cals) |
| fish & choice of salad | \$27.95 (190-560 Cals) |
| fish & chips & choice of salad | \$29.95 (820-1190 Cals) |
| fish & rice | \$27.95 (570 Cals) |

GRILLED ATLANTIC SALMON

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| atlantic skin on salmon, grilled with lemon dill seasoning | |
| fish & chips | \$22.95 (1070 Cals) |
| fish & onion rings | \$24.95 (1320 Cals) |
| fish & sweet potato fries | \$25.95 (1060 Cals) |
| fish & poutine | \$26.95 (1350 Cals) |
| fish & california style veggies | \$25.95 (490 Cals) |
| fish & choice of salad | \$24.95 (450-820 Cals) |
| fish & chips & choice of salad | \$26.95 (1080-1430 Cals) |
| fish & rice | \$24.95 (830 Cals) |

GRILLED SHRIMP

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| 8 pieces of grilled black tiger shrimp marinated with garlic butter, served with cocktail sauce (70 Cals) | |
| shrimp & chips | \$22.95 (790 Cals) |
| shrimp & onion rings | \$24.95 (1040 Cals) |
| shrimp & sweet potato fries | \$25.95 (780 Cals) |
| shrimp & poutine | \$26.95 (1070 Cals) |
| shrimp & california style veggies | \$25.95 (210 Cals) |
| shrimp & choice of salad | \$24.95 (170-540 Cals) |
| shrimp & chips & choice of salad | \$26.95 (800-1170 Cals) |
| shrimp & rice | \$24.95 (550 Cals) |



FROM THE SEA

BLACK TIGER SHRIMP [8PC]

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| shrimp & chips | \$21.95 (1090 Cals) |
| shrimp & onion rings | \$23.95 (1340 Cals) |
| shrimp & sweet potato fries | \$24.95 (1080 Cals) |
| shrimp & poutine | \$25.95 (1370 Cals) |
| shrimp & california style veggies | \$24.95 (510 Cals) |
| shrimp & choice of salad | \$23.95 (470-840 Cals) |
| shrimp & chips & choice of salad | \$25.95 (1100-1470 Cals) |
| shrimp & rice | \$23.95 (850 Cals) |

BREADED SCALLOPS [8PC]

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| scallops & chips | \$21.95 (1020 Cals) |
| scallops & onion rings | \$23.95 (1270 Cals) |
| scallops & sweet potato fries | \$24.95 (1010 Cals) |
| scallops & poutine | \$25.95 (1300 Cals) |
| scallops & california style veggies | \$24.95 (440 Cals) |
| scallops & choice of salad | \$23.95 (400-770 Cals) |
| scallops & chips & choice of salad | \$25.95 (1030-1400 Cals) |
| scallops & rice | \$23.95 (780 Cals) |

FROM THE LAND

BURGER

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| roadhouse beef burger | |
| CHOICE OF TOPPINGS: | |
| lettuce (5 Cals) onion (10 Cals) tomato (10 Cals) | |
| pickles (5 Cals) relish (40 Cals) mustard (20 Cals) | |
| mayonnaise (190 Cals) ketchup (40 Cals) | |
| burger with chips | |
| (1290 Cals) \$14.95 | |
| cheeseburger with chips | |
| (1350 Cals) \$15.95 | |

CHICKEN WINGS [8PC]

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| breaded chicken wings with chips | |
| (1600 Cals) \$18.95 | |
| CHOICE OF SAUCES: | |
| honey garlic (85 Cals) BBQ (140 Cals) hot (0 Cals) | |

CHICKEN FINGERS [4PC]

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| breaded chicken fingers with chips (1180 Cals) \$17.95 | |
| CHICKEN SOUVLAKI | |
| homemade marinated chicken souvlaki | |
| served with tzatziki sauce (120 Cals) | |
| souvlaki with rice or fries & greek | |
| salad (980-1230 Cals) \$22.95 | |



TAKEOUT FAMILY PACKS

HAKE

5 FISH • LARGE CHIPS • 2 COLESLAW • 5 CAN POP
(serves 5: 780 Cals/serving) \$65

HADDOCK

5 FISH • LARGE CHIPS • 2 COLESLAW • 5 CAN POP
(serves 5: 1120 Cals/serving) \$77

COD

5 FISH • LARGE CHIPS • 2 COLESLAW • 5 CAN POP
(serves 5: 920 Cals/serving) \$85

HALIBUT

5 FISH • LARGE CHIPS • 2 COLESLAW • 5 CAN POP
(serves 5: 750 Cals/serving) \$105

DESSERT

CHEESECAKE

Delicious Cheesecake Factory Cheesecake (450-650 Cals) \$8.50

MINI-DONUT BITES

8 warm mini donut bites dusted in icing sugar and served with chocolate sauce (500 Cals) \$6.95

KID'S MENU

all plates are served with chips and a canned soft drink (0-150 Cals) for guests 12 and under

HALIBUT & CHIPS (500 Cals) \$12.95

CHICKEN FINGERS & CHIPS (590 Cals) \$12.95

BURGER & CHIPS (950 Cals) \$12.95

DRINKS

POP/JUICE/WATER (0 - 150 Cals) \$2.50

PERRIER (0 Cals) \$4.00

COFFEE/TEA (5 Cals) \$3.95

Adults and youth (ages 13 and older) need an average of 2,000 calories a day, and children (ages 4 to 12) need an average of 1,500 calories a day. However, individual needs vary.