



### SAINT CHOICE FORM

**This form must be completed and returned by January 11<sup>th</sup>, 2026.**

#### **So, what are saints?**

The first thing to understand is *why* you are being asked to choose a saint. The saints aren't just dead people that you see in stained glass windows and on holy cards. The Communion of Saints is:

[The] communion of "holy persons" (*sancti*) in Christ who "died for all," so that what each one does or suffers in and for Christ bears fruit for all. (*Catechism of the Catholic Church*, 961)

All the saints who came before you are part of your extended family. They are those wonderful relatives who are praying for you and rooting for you to get to Heaven.

#### **Why Should I Choose a Confirmation Saint?**

Just for a minute think about some uncle that you look up to or a cousin who you really like to imitate – then imagine that this person has been declared a saint and you can ask him/her to pray for you! Wouldn't that be great? That is exactly what you get when you choose a Confirmation saint – someone to emulate for his/her holiness and someone to intercede for you in Heaven.

#### **How do I pick one for Confirmation?**

To begin with, do not treat this as a box to check off and pick St. Francis just because you have a vague idea about his life. The first thing you should do is pray. Ask the Holy Spirit for guidance in choosing a saint that will be best for you. The second thing you should do is some research. Browse a library of patron saints online or do a google search for patron saints.

While you are reading about the saints ask yourself why you are drawn to some more than others. Is it because they were courageous in speaking about the Faith? Were they drawn to helping the poor? Did they have an occupation that you are interested in or have a family like yours? As you start to narrow down the saints you are interested in, think again about the reasons to choose one.

**Diocesan Guideline:** The use of the baptismal name for Confirmation better expresses the relationship between Baptism and Confirmation. If a new name is taken, it should be the name of a recognized saint. Candidates should be guided in choosing a name.

**Candidate (Your) Name:** \_\_\_\_\_

**Saint Name for Confirmation:** \_\_\_\_\_



## St. Mary's Catholic Community – Sponsor Registration Form

This form must be completed, signed, and returned  
to the parish office by January 11<sup>th</sup>, 2026.

Sponsors must be sixteen years of age, practicing Catholics and have received the Sacraments of Baptism, Confirmation and Eucharist. **Parents cannot sponsor their own children.** However, if the sponsor cannot be present for the Easter Vigil, parents can proxy candidates through the Rite on behalf of the sponsor.

### **Sponsor Information (Candidate name and signature at bottom of page)**

Sponsor Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Zip \_\_\_\_\_

Telephone (\_\_\_\_\_) \_\_\_\_\_

Is your sponsor registered at our parish? Yes \_\_\_\_ No \_\_\_\_ If no, please indicate the sponsor's parish name:  
\_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_

Is the Sponsor named above a baptized Catholic? Yes \_\_\_\_ No \_\_\_\_

Parish of Baptism \_\_\_\_\_ Month/Year of Baptism \_\_\_\_\_

Has the sponsor named above received?

- First Communion? Yes \_\_\_\_ No \_\_\_\_
- First Reconciliation? Yes \_\_\_\_ No \_\_\_\_
- Confirmation? Yes \_\_\_\_ No \_\_\_\_

Candidates select their sponsors in consultation with their parents. The selection of sponsors is to be based on appropriate lifestyle, participation in the Catholic faith, and the ability to provide the nurturing supportive role expected of a sponsor. The sponsor may be male or female who has himself/herself been confirmed. A parent may not act as a sponsor but may "present" the child with another qualified person being the sponsor. (Canon 893 with reference to Canon 874, #5) The full initiation of the sponsor is to be verified by the proposed sponsor providing a recently issued baptismal certificate with notations, or a credible witness.

Name of Candidate: \_\_\_\_\_

Note for youth and parents: Sponsors are highly encouraged to attend the Saturday morning rehearsal prior to the day of Easter Vigil Mass. Parents should attend as well, but if the sponsor cannot attend then a parent must attend in the sponsor's place.

Please sign below to attest that you certify that your sponsor has been baptized and confirmed in the Catholic Church and is a practicing Catholic and at least sixteen years of age or older. As such you state they are fit to act as your confirmation sponsor within the Catholic Church as prescribed in Canon Law:

\_\_\_\_\_  
Signature of Candidate

\_\_\_\_\_  
Date

## **Guidelines for Writing a Formal Letter to the Bishop Requesting the Sacrament of Confirmation**

You are being asked to write a letter to the Bishop requesting to receive the Sacrament of Confirmation. Please computer-type or handwrite your letter LEGIBLY in blue or black ink on a nice sheet of unlined paper (not spiral paper). Please let it be a sincere letter from you. Below is a guideline and template of how to write a formal letter, as well as points that should be included. Be sure the ***wording in the letter is your own***. Remember, ***please do not send your letter directly to the Bishop***. The individual letters for each parish are collected by the youth minister and delivered to the Bishop as a group. ***Please do not ask Bishop Peter to pray for your specific intentions.***

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Most Reverend Peter F. Christensen  
Bishop of the Diocese of Boise  
1501 Federal Way  
Boise, ID 83705

April xx, 20XX (The date you are writing the letter)

**Open your letter with Dear Bishop Christensen,**

In the **first paragraph**, identify yourself and mention that you are a member of X parish (your parish). Explain that you are seeking the Sacrament of Confirmation.

In the **second paragraph**, explain why you want to be confirmed. Provide enough detail to fill a paragraph. (For example, what you have learned through the years in your classes, your experiences within the parish and at Mass, the inspiration/example you have received from your sponsor, your service opportunities).

In the **third paragraph**, mention who you have chosen as your Confirmation saint and why you have selected this particular saint.

For the **fourth paragraph**, here are some other items you might choose from (you do not have to mention them all):

- How will being confirmed make a difference in your life?
- What role has God, and your faith, played in your life?
- Are there people in your life who have influenced your decision to seek Confirmation?
- Explain how you intend to contribute to the parish in the future--not only by attending Mass, but also by volunteering or otherwise enriching the lives of others in the church?
- What are the unique gifts God has given you for the purpose of building up his Church and caring for our brothers and sisters?

**Make the statement once again** that for the reasons you have explained above, you are requesting the Sacrament of Confirmation.

**Close** your letter with "Respectfully," or "Sincerely," and **sign your name** below.