

New SNAP Work Rules

General Work Rules

If you are age 16-59 and get SNAP, you must:

- Tell Job & Family Services (JFS) if you are working
- Report to an employer when referred by JFS
- Take a suitable job, if offered
- Not quit a job or cut your hours below 30 hours per week (or earn less than \$217.50 per week) without a good reason

You do NOT need to meet the General Work Rules if you:

- Cannot work due to your health
- Are 16 or 17 and
 - * in school or
 - * enrolled at least half-time in a training program
- Care for a dependent child under 6 or for a person who cannot care for themselves
- Go to school, college, or a training program at least half-time and meet student eligibility requirements
- Get unemployment benefits or are currently applying for unemployment
- Meet work requirements under the Ohio Works First program
- Regularly attend a drug or alcohol treatment program

You can cut your work hours to less than 30 hours per week for a good reason like:

You are sick or are taking care of someone in your house who is sick

You do not have transportation to work

You cannot find childcare for a child aged 6-11

You are dealing with domestic violence

You can only quit a job for reasons that are not your fault. For example, if you face discrimination or unsafe or unfair working conditions.

What happens if you do not meet the General Work Rule?

- You can be sanctioned and lose your SNAP benefits for one to six months

ABA Work Rule (Able-bodied Adult Work Rule)

If you are aged 18-64 and get SNAP, you may need to follow the Able-Bodied Adult Work rule. This rule says you must “work” 20 hours a week, 80 hours per month.

“Work” can be

- A paid job
- Unpaid work
- Community service/volunteer service
- Work program

You do NOT have to meet the ABA Work rule if you:

- Are under the age of 60 and do not have to meet the General Work rules
- Are unable to work due to your health
- Are pregnant
- Have a child under 14 on your SNAP case
- Are an Indian, Urban Indian, or California Indian

Reporting Changes

If you work less than 20 hours a week (or 80 hours per month), you must tell your county Job and Family Services office by the 10th of the next month.

If you miss work hours for a good reason (like illness, caring for someone who is sick, transportation issues or domestic violence), you must report it right away.

What happens if you do not meet the ABA Work Rules?

- If you have not met the rule 3 times in 36 months, your SNAP benefits will be stopped.
- To get back on SNAP benefits, you must
 - * Work 80 hours over a 30-day period or
 - * Show that you no longer have to meet the ABA Work Rules

Have questions? We can help.

Call 1-888-246-4420.

Visit www.LASCO.org.



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This information is based on current law, which is subject to change. If you have questions, contact LASCO. LASCO is an equal opportunity organization and will not allow discrimination of any kind.