



Our Lady of Guadalupe Parish and Shrine ***Faith Formation Office***

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Confirmation Saint Name Reflection

Please print all information clearly and return the form by **February 16th, 2026**

Return to Mrs. Hernandez

Please print out and attach a copy of the resource used to acquire the information on your Saint. For your information, please ensure you are using a Catholic website. (Wikipedia should not be used) You may also borrow a book from the parish library located in the parish center.

Confirmation Candidate's Name: _____
First Last

I have chosen to take the name of Saint: _____
Print Saint's Full Name

I chose this name/Saint because _____

My Saint was born on _____ in the country of _____
Date

My Saint died on _____ and was canonized on _____
Date Date

My Saint is the patron Saint of _____

Why was this person named a Saint? _____

What traits do you have in common with this Saint? _____

How are you living your life to be like this Saint?

What changes can you make in your life to live more like this Saint? _____

How were the Corporal and/or Spiritual Works of Mercy important in this Saint's life?

Saint Reflection

Note:

History behind the Confirmation Name The tradition of selecting a saint's name for Confirmation grew out of a pre-Vatican II practice that asked Confirmandi to select a Saint's name to be invoked during the Rite of Confirmation.

Some of your parents and grandparents may have been required to do this. However, since Vatican II, this practice is no longer a requirement of the Rite of Confirmation. The Church invites Candidates to keep the name given to them at Baptism or choose a Saint's name.

The Saint Reflection Whatever name you decide, your own name or that of a favorite saint, we ask that you explore how this holy person, this spiritual hero, this saint, offers you a witness to walk more closely with Christ during the Confirmation preparation process.

- Please – do your best to write a genuine, reflective, original work – not a cut and paste job off the internet. •

This should be a short personal reflection; this is not an essay or biography of a saint.

This is not academic, it's personal and spiritual.