

ASC-[Community] Facilitator's Guide

This guide is designed to help trainers, educators, and community leaders deliver the **ASC-[Community] Training Program** effectively. It provides structure, timing, group management strategies, and discussion prompts for each exercise in the Participant Workbook.

General Facilitation Principles

- **Create a Safe Space:** Encourage openness, emphasize respect, and honor all contributions.
 - **Balance Teaching and Dialogue:** Spend no more than 50% of time presenting; allow discussion and practice to deepen learning.
 - **Anchor to Lived Experience:** Always connect abstract concepts back to participants' real lives.
 - **Encourage Reflection:** Use journaling and group sharing to internalize lessons.
 - **Transparency:** Model the very principles of Lawful Energy Economics—fairness, accountability, dignity.
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Week 1: Foundations of Lawful Energy Economics

Timing (90 minutes): - 20 min presentation: The problem of miscalculated energy. - 15 min group discussion. - 20 min Exercise 1.1 (personal miscalculation worksheet). - 20 min Exercise 1.2 (community observations). - 15 min debrief.

Discussion Prompts: - Where do you see value being stolen in your household? - Which roles in your community are invisible to the market?

Facilitator Tip: Highlight emotional responses—this sets the stage for why ASC matters.

Week 2: The Scroll of Metrics

Timing (90 minutes): - 15 min presentation: HDB, CGN, LDWI explained. - 20 min Worksheet 2.1 (HDB). - 20 min Worksheet 2.2 (CGN). - 15 min Worksheet 2.3 (LDWI calculation). - 20 min debrief.

Discussion Prompts: - How different is your LDWI benchmark from your current income? - What would life look like if your household reached LDWI sufficiency?

Facilitator Tip: Emphasize dignity over numbers—participants should see themselves as worthy.

Week 3: The Jubilee Calculator

Timing (90 minutes): - 20 min presentation: Deficit categories. - 25 min Worksheet 3.1 (deficit tally). - 20 min Worksheet 3.2 (Covenant Hours conversion). - 25 min debrief.

Discussion Prompts: - What surprised you most about your household deficit? - How does it feel to see unpaid work counted?

Facilitator Tip: Some participants may feel anger or grief—acknowledge and affirm these emotions.

Week 4: ASC-[Community] Tokenomics

Timing (90 minutes): - 20 min presentation: Tokenomics (top-up, volunteer pay, matching, investment). - 20 min Exercise 4.1 (local spend simulation). - 20 min Exercise 4.2 (volunteer pay simulation). - 30 min debrief.

Discussion Prompts: - How does ASC change local loyalty? - How would your family benefit if caregiving were compensated?

Facilitator Tip: Use visual flow charts to show how ASC circulates like a living system.

Week 5: Governance & WitnessChain

Timing (90 minutes): - 20 min presentation: Sovereign, decentralized governance. - 20 min Exercise 5.1 (governance circle roleplay). - 25 min Exercise 5.2 (draft ASC rules). - 25 min debrief.

Discussion Prompts: - How do we build trust without central banks? - What safeguards should every ASC system include?

Facilitator Tip: Encourage roleplay energy—let participants feel what it means to govern together.

Week 6: Pilot Design & Roadmap

Timing (90 minutes): - 15 min presentation: Pilot phases. - 25 min Worksheet 6.1 (pilot roadmap). - 25 min Worksheet 6.2 (community fund projects). - 25 min final vision sharing.

Discussion Prompts: - What first step feels most achievable in our community? - Which projects would excite households to join?

Facilitator Tip: End on inspiration. Remind participants: “This is not fantasy—it is a system we can build together.”

Closing Ritual

- Invite participants to share one word that describes how they feel about building a sovereign economy.
 - Remind them: **“Every hour of your energy is lawful. Every act of service is worthy. Every community has the power to restore abundance.”**
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Appendices

- Sample slides (for visual learners).
- Checklist for facilitators (preparation + materials).
- Troubleshooting guide (handling resistance, technical issues).

Awonow — Training Sovereign Communities With Integrity and Dignity.