

SAINT AMBROSE CATHOLIC CHURCH

TO LOVE TO NOURISH TO INSPIRE TO SERVE

Rev. Dennis - Marrell, Pastor
Maria Chavez - Parish Business Manager
Myla Halili - Admin. Assistant
Matthew Goldbach - Admin. Assistant
Brendan Coyle - Music Director



The Solemnity of the
Most Holy Body and Blood of Christ
June 7, 2026



Those who eat my flesh and
drink my blood abide in me,
and I in them.

JOHN 6:56

SCRIPTURE INSIGHTS

During the exodus from Egypt, God supported Israel's life in two ways. First, God provided miraculous bread. God also instructed the Israelites, guiding them through the desert and giving laws that provided peace and prosperity. As this Sunday's first reading reaches, miraculous food and divine instruction worked together to keep the Israelites alive as they journeyed through the desert.

In the second reading, Paul adapts these ancient teachings for Christ's early followers. Apparently, the Eucharistic banquets at Corinth had become immoderate and sometimes even decadent events. Paul reminds the Corinthians that the bread and wine were not just food, they were the real presence of Christ. Anyone who consumed them became coinheritors of Christ's mission. Sharing the Eucharistic banquet signified a willingness to live and die for the salvation of God's people. Paul teaches the Corinthians to balance their authentic joy at Christ's presence with an awareness of the awesome responsibility the gift confers.

In the Gospel reading, Jesus provides a similar adaptation to his first followers. He compares the flesh and blood he offers his followers to the manna that Israel ate in the desert. The ancient Israelites received bread as a gift from God, but the bread Jesus offers is a gift of this very self.

Just as Israel found life in bread and instruction, so Christians find eternal life in the Eucharist and Christ's example. The life of the world is sustained when Christians consume the Body and Blood of Christ and then go forth to teach generosity, courage, love, and faith.

Praise the Lord, Jerusalem!

MASS TIMES:

Sunday 10:00 a.m.. (Livestreamed) & 5:00 p.m.
Monday-Friday: 6:00 p.m.

ADORATION: Every Tuesday at 6:30 p.m.

CONFESSIONS

Saturday 4:00 p.m. - 5:00 p.m. o

BAPTISMS

By Appointment

MARRIAGE

Arrangements 6 months in advance

ANNOINTING OF THE SICK & FUNERAL

**NEED TO CATCH UP? Read our
bulletin on our website at any time**

FLOCKNOTE

Sign up for information and
upcoming events at:

<https://stambrosewho.flocknote.com/>



1281 N. FAIRFAX AVE | WEST HOLLYWOOD | CA | 90046 | 323-656-4433
Email: stambrosech@aol.com Website: www.stambrosewho.org

Today's Solemnity

Desiring to give his people a perpetual means of sharing in the saving work of his paschal mystery, the Lord instituted the Eucharist as the sacrament of this abiding presence. Today's solemnity is a moment for the Church to pause and give thanks for the immense treasure of the Lord's self-giving of his risen Body and Blood made present for us under sacramental signs.

June 7, 2026

First Reading: Deuteronomy 8: 2-3, 14b-16a

Responsorial Psalm: Psalms 147: 12-13, 14-15, 19-20

Second Reading: First Corinthians 10: 16-17

Alleluia: John 6: 51

Gospel: John 6: 51-58

The United States Conference of Catholic Bishops (USCCB) will consecrate the United States to the Sacred Heart of Jesus on **June 11, 2026**, and invite all parishioners to join in this consecration.

The United States Conference of Catholic Bishops voted to consecrate the United States of America to the Sacred Heart of Jesus in June 2026. This pious custom celebrates and marks America's 250th anniversary of the signing of the Declaration of Independence.



Through this consecration, the USCCB is inviting all Catholics to lead their lives by faith and see the face of Christ reflected in each sister and brother. Read more about the consecration from the USCCB visit: <https://www.usccb.org/consecration-united-states-sacred-heart-jesus>

Join LA Catholics and Catholics across the nation in praying the Sacred Heart of Jesus Novena ahead of this consecration. Follow on social media @lacatholics or visit this webpage daily (June 3-11).

Visit: <https://www.usccb.org/novena-sacred-heart-jesus>

DID YOU KNOW? Consistency is key

Safe adults who consistently follow the rules and observe healthy boundaries that keep children safe are key to building trust with the children in their care. When you demonstrate healthy boundaries, children are more likely to identify adults who do not follow boundaries. They also learn that they can trust you in difficult situations and can come to you with information about unsafe adults or abuse. For more information, read the VIRTUS® article "The Importance of Child Abuse Prevention Month—All Year Long" at lacatholics.org/did-you-know.



We warmly invite you to encounter Christ in a special way through **Adoration of the Blessed Sacrament** every Tuesday after the 6:00 p.m. Mass. Take a moment in your week to pause, pray, and rest in the presence of the Lord.



**Have You Remembered Your Parish or School in Your WILL or TRUST? For information, please contact the Planned Giving Office 213-637-7504
PlannedGiving@LA-Archdiocese.org**

PRAY FOR YOUR PARISH FINANCES

"Give to the Most High as He has given to you, generously, according to your means. For the Lord is one who always repays and he will give back sevenfold. (Sirach 35)

OFFERTORY

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| 05/31/26 Offertory | \$ 1,098.00 |
| 05/31/26 Online | \$ 2,689.00 |

Total: \$3,787.00

**Thank you for your faithful support
That keeps our parish alive**

Online Giving



PRAY WITH THE POPE

Take a moment, pray with the Pope

Pray with the Pope is a global initiative of the Pope's Worldwide Prayer Network where the Holy Father shares his monthly prayer intention, an invitation to pray and mobilize for the challenges facing humanity and the mission of the Church. Simple and accessible, it helps anyone, anywhere, take a moment to pray with the Pope and stay connected to the Church's mission.

Pope's Prayer Intention – June 2026 For the values of sports

Visit: <https://www.popesprayer.va/praywiththepope/>

**Mental Health
Summit 2026**
— FAITH • HOPE • HEALING • COMMUNITY —



The Office of Life Justice and Peace invites you to the Mental Health Summit 2026 for speaker presentations and panel discussions on the various topics involving mental health ministry.

**Saturday, July 18, 2026
8:30 AM to 5:00 PM
Bishop Alemany High School
1111 N. Alemany Dr.
Mission Hills, CA 91345**



Scan this QR code
to register

For more information contact Ann Sanders at 213-637-7655
asanders@la-archdiocese.org or Esmeralda Sosa at
213-637-7477 esosa@la-archdiocese.org

Sunday Hospitality

Please join us after the 10:00 a.m. Mass for coffee and donuts, graciously hosted by our Hospitality Ministry.



All are welcome—come enjoy fellowship and community as we gather together.