

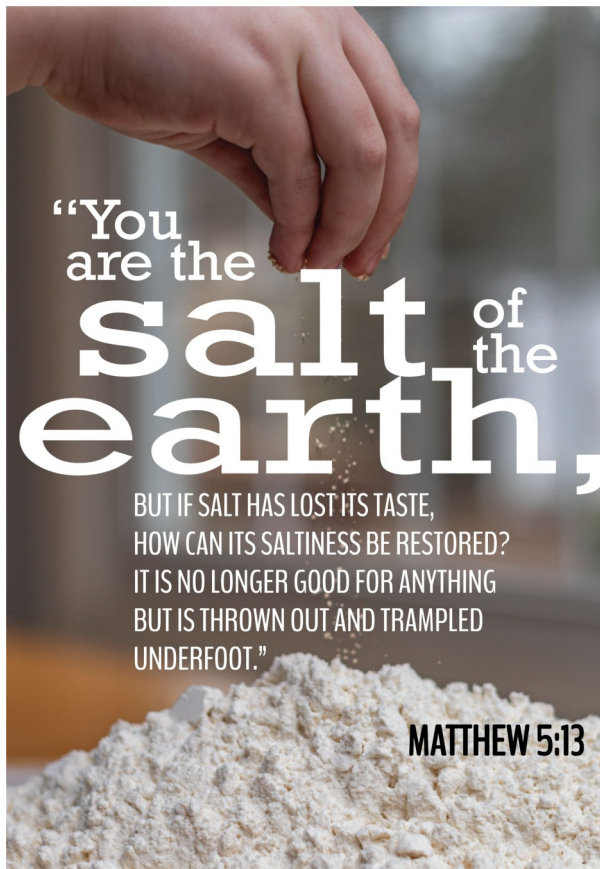
SAINT AMBROSE CATHOLIC CHURCH

TO LOVE TO NOURISH TO INSPIRE TO SERVE

Rev. Dennis - Marrell, Pastor
Maria Chavez - Parish Business Manager
Myla Halili - Admin. Assistant
Matthew Goldbach - Admin. Assistant
Brendan Coyle - Music Director



Fifth Sunday in Ordinary Time February 8, 2026



SCRIPTURE INSIGHTS

The prophet Isaiah presents the people of Israel with a simple proposition: if they help the poor and needy in their midst, God will immediately hear their prayers and heal them. The implication is clear. The people have not shared what they have with the hungry. They have not sheltered the homeless. They have not clothed the naked. Because of this, God refuses to hear them, leaving them in their self-inflicted gloom and darkness. But, Isaiah insists, if they turn away from false and malicious speech and satisfy the hunger of the afflicted, God's light will rise on them until it is as bright as high noon on a summer day.

Jesus also uses the metaphor of light to describe his disciples. They will shine before others not to bring glory to themselves but so that people will see their "good deeds" and give glory to God see (Mt 5:16). Elsewhere in Matthew's Gospel, Jesus makes clear what these good deeds might be: feeding the hungry, caring for strangers, clothing the naked, and visiting prisoners; see (Mt. 25:35-40).

First Reading: Zephaniah 2: 3; Zephaniah 3: 12-13

Responsorial Psalm: Psalms 146: 6-7, 8-9a, 9bc-10

Second Reading: First Corinthians 1: 26-31

Alleluia: Matthew 5: 12a

Gospel: Matthew 5: 1-12a

**"The just man is a light in darkness to the upright."
~Psalm 112:4-5, 6-7, 8-9**

MASS TIMES:

Sunday 10:00 a.m.. (Livestreamed) & 5:00 p.m.
Monday-Friday: 6:00 p.m.

ADORATION: Every Tuesday at 6:30 p.m.

CONFESSIONS

Saturday 4:00 p.m. - 5:00 p.m. or by
appointment

BAPTISMS

By Appointment

MARRIAGE

Arrangements 6 months in advance

ANNOINTING OF THE SICK & FUNERAL

Call the Parish Office

**NEED TO CATCH UP? Read our
bulletin on our website at any time**

FLOCKNOTE

Sign up for information and
upcoming events at:

<https://stambrosewho.flocknote.com/>



1281 N. FAIRFAX AVE | WEST HOLLYWOOD | CA | 90046 | 323-656-4433

Email: stambrosech@aol.com Website: www.stambrosewho.org

Office Hours: :10:00 a.m. – 4:00 p.m.




THIS IS THE HOUR FOR *Love*

Your gift feeds the hungry, welcomes the lonely, and supports families in need.



Please make your gift online today! timgive.org

In 2025, the Together in Mission Annual Appeal raised **\$13.4 million**, helping **61 underserved Catholic parishes** and **75 Catholic schools** across the Archdiocese of Los Angeles.

These funds supported essential facility improvements and scholarships, giving students access to safe, modern learning environments.

Last year, the parishioners of **St. Ambrose** generously contributed **\$12,537** toward our parish goal of **\$14,927**. Thank you for your continued generosity and faithful support.

This month, **Archbishop José Gomez** invites every Catholic to support **Together in Mission 2026**. The Archdiocesan goal is **\$17.7 million**, and our parish goal this year is **\$17,288**.

The theme for this year's appeal is "**This Is the Hour for Love**," carefully chosen by Archbishop Gomez. It reminds us that the Lord is working through each of us—and that now is the time to respond in love by supporting parishes and schools that cannot meet their most urgent financial needs on their own.

Please note: **you are not being asked to donate money today**. Instead, we ask every household and family to make a **new pledge** to Together in Mission. You may fulfill your pledge gradually over the remainder of the year.

You may make a pledge in any of the following ways:

- Using the information mailed to your home
- Using the pledge envelopes available in the pews or the church vestibule
- Online at **TIMGive.org** or by scanning the QR code (select *St. Ambrose Parish* under "Find Your Parish")
- By phone at **(323) 656-4433** or **(213) 637-7672**

Thank you for helping us answer the call—because **this is the hour for love**.



Mass with Blessing and Distribution of Ashes
February 18, 2026 at 12:00 Noon & 7:00 p.m.

Ash Wednesday & Lenten Observances

As we begin the holy season of Lent, the Church invites us to prayer, fasting, and almsgiving.

Abstinence from Meat: All Catholics **14 years of age and older** are to abstain from meat on **Ash Wednesday, Good Friday, and all Fridays of Lent**.

Fasting: All Catholics **18 through 58 years of age** are to fast on **Ash Wednesday and Good Friday**.

Fasting consists of **one full meatless meal**. Two additional smaller meatless meals may be taken to maintain strength, but together should not equal a full meal. **Eating between meals is not permitted**.

Those whose health or ability to work would be seriously affected are **not obliged** to fast or abstain.

Have You Remembered Your Parish or School in Your WILL or TRUST? For information, please contact the **Planned Giving Office 213-637-7504**
PlannedGiving@LA-Archdiocese.org

PRAY FOR YOUR PARISH FINANCES

"Give to the Most High as He has given to you, generously, according to your means. For the Lord is one who always repays and he will give back sevenfold. (Sirach 35)

OFFERTORY

02/01/26 Offertory	\$1,563.00
02/01/26 Online	\$2,634.00
<i>Total:</i>	\$4,197.00

We're so grateful for your generosity! Did you know you can give online anytime, anywhere?



It's quick and easy:

- Visit our website
- Click on the "Giving" tab on the homepage
- Choose your preferred method of donation and follow the prompts *or simply Scan the QR code here*.



Together, we can continue to strengthen our parish, support those in need, and carry out the work we are called to do.

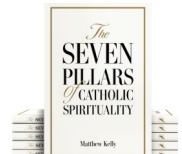


DID YOU KNOW? *The real dangers of pornography exposure*

We know that pornography is a great evil, and easy access to the internet makes it all too likely that many children will be exposed to pornography at increasingly young ages — even if they are not actively searching for it. Children who are exposed to pornography are more likely to be abused, or to be desensitized to inappropriate behavior in their own relationships. Pornography can also change a child's brain, activating dopamine in patterns similar to substance addiction. For more information, read the VIRTUS® article "The real danger of children being exposed to pornography" At lacatholics.org/did-you-know.

Journey Toward the Cross - The Seven Pillars of Catholic Spirituality

Journey toward the cross with us as we open our hearts through prayer, Scripture reading, and meaningful conversation.



Meetings will be held on **Tuesdays at 7:15 p.m.**, from **February 17** through **March 31, 2026**.

Please note: Due to the Mardi Gras festivities, the first meeting on February 17 will begin at **8:15 p.m.**, allowing everyone time to enjoy the celebration.

February 17, 2026 – 8:15 p.m. (Mardi Gras Event Adjustment)
Come explore, reflect, and grow in faith together.

👉 Sign up here: **Pre-registration is required.**
<https://stambroseweho.flocknote.com/signup/240108>