

THE PLANT-BASED OPTION THAT'S A SURE-FIRE HIT!



HIGH IN PROTEIN

100%
VEGAN / VEG

UP TO
**2.25 MMA
CREDITS**

NO
CHOLESTEROL

**SPEED SCRATCH
FRIENDLY**

Looking for a chicken alternative that kicks a little harder? You're getting warmer! Rebellious delivers the same juicy and rich flavor as conventional chicken, with all the benefits of 100% vegan / vegetarian ingredients, plus just the right amount of spice. Bring the heat to your speed scratch recipes. Easy to prepare, easy to love!

ALL REBELLIOUS PRODUCTS CERTIFIED KOSHER AND HALAL!



PLANT-BASED

rebellious
Spicy Kickin' Nuggets™

PLANT-BASED

rebellious
Spicy Kickin' Tenders™



PLANT-BASED

rebellious
Spicy Kickin' Patties™



SCAN FOR
RECIPES!

www.rebellious.com | hello@rebellious.com | (206) 880-1299

rebellious
foods

DON'T BE CHICKEN, MAKE IT SPICY!



Product is not fully cooked. Do not microwave. Cook thoroughly from frozen to at least 165°F internal temperature. Appliances may vary; adjust accordingly. **KEEP FROZEN UNTIL READY FOR USE**

rebellyous
Spicy Kickin' Tenders



Nutrition Facts

About 53 servings per container
Serving size **3 Tenders (85g)**

Amount per serving
Calories 220

% Daily Value*

Total Fat 12g	15%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 370mg	16%
Total Carbohydrate 14g	5%
Dietary Fiber 5g	18%
Total Sugars 0g	
Includes 0g Added Sugars	0%

Protein 13g

Vitamin D 0mcg	0%
Calcium 60mg	4%
Iron 2.3mg	15%
Potassium 340mg	8%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



OVEN

Preheat oven to 400°F. Arrange tenders in a single layer on a baking sheet. Bake from frozen for 10-12 minutes, until golden in color and internal temperature reaches 165°F.

CONVECTION OVEN

Preheat oven to 400°F. Arrange tenders in a single layer on a baking sheet. Bake from frozen for 8 minutes, until golden in color and internal temperature reaches 165°F.

SPICY TENDER INGREDIENTS: Water, Soy Protein Concentrate, Canola Oil, Enriched Wheat Flour (Enriched with Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Soy Protein Isolate, Methylcellulose, Contains 2% or less of: Corn Starch, Salt, Beet Powder, Onion Powder, Maltodextrin, Cane Sugar, Yeast Extract, Spices (including celery seed), Yeast, Garlic Powder, Natural Flavors, Torula Yeast, Dehydrated Garlic, Extractives of Paprika, Citric Acid, Extractives of Turmeric (color), Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate) CONTAINS: SOY, WHEAT.

Item # **KTFC22** • DOT # **799312**
Case GTIN: **00860005933778**



PLANT-BASED

NO HARM.

NO FOWL.

rebellyous
Spicy Kickin' Nuggets



Nutrition Facts

About 53 servings per container
Serving size **5 Nuggets (85g)**

Amount per serving
Calories 210

% Daily Value*

Total Fat 12g	15%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 390mg	17%
Total Carbohydrate 13g	5%
Dietary Fiber 6g	21%
Total Sugars 0g	
Includes 0g Added Sugars	0%

Protein 13g

Vitamin D 0mcg	0%
Calcium 60mg	4%
Iron 2.4mg	15%
Potassium 360mg	8%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



OVEN

Preheat oven to 400°F. Arrange nuggets in a single layer on a baking sheet. Bake from frozen for 12-14 minutes, until golden in color and internal temperature reaches 165°F.

CONVECTION OVEN

Preheat oven to 400°F. Arrange nuggets in a single layer on a baking sheet. Bake from frozen for 10-12 minutes, until golden in color and internal temperature reaches 165°F.

SPICY NUGGET INGREDIENTS: Water, Soy Protein Concentrate, Canola Oil, Enriched Wheat Flour (Enriched with Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Soy Protein Isolate, Methylcellulose, Contains 2% or less of: Salt, Cornstarch, Maltodextrin, Cane Sugar, Yeast Extract, Onion Powder, Beet Powder, Yeast, Spices (includes celery seed), Torula Yeast, Dehydrated Garlic, Natural Flavor, Garlic Powder, Extractives of Paprika, Citric Acid, Extractives of Turmeric (Color), Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate) CONTAINS: SOY, WHEAT.

Item # **KNFC22** • DOT # **799197**
Case GTIN: **00860005933761**



rebellyous
Spicy Kickin' Patties



Nutrition Facts

About 53 servings per container
Serving size **1 Patty (85g)**

Amount per serving
Calories 230

% Daily Value*

Total Fat 14g	18%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 330mg	14%
Total Carbohydrate 14g	5%
Dietary Fiber 5g	18%
Total Sugars 0g	
Includes 0g Added Sugars	0%

Protein 12g

Vitamin D 0mcg	0%
Calcium 60mg	4%
Iron 2mg	10%
Potassium 340mg	8%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



OVEN

Preheat oven to 400°F. Arrange patties in a single layer on a baking sheet. Bake from frozen for 10-13 minutes, until golden in color and internal temperature reaches 165°F.

CONVECTION OVEN

Preheat to 375°F. Arrange patties in a single layer on a baking sheet. Bake from frozen for 10-13 minutes, until golden in color and internal temperature reaches 165°F.

SPICY PATTY INGREDIENTS: Water, Soy Protein Concentrate, Canola Oil, Enriched Wheat Flour (Enriched with Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Soy Protein Isolate, Methylcellulose, Contains 2% or less of: Corn Starch, Salt, Beet Powder, Onion Powder, Maltodextrin, Cane Sugar, Yeast Extract, Spices (including Celery Seed), Yeast, Garlic Powder, Natural Flavors, Torula Yeast, Dehydrated Garlic, Extractives of Paprika, Citric Acid, Extractives of Turmeric (Color), Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate) CONTAINS: SOY, WHEAT.

Item # **KPFC22** • DOT # **788233**
Case GTIN: **00860005933754**



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foods

All Rebellyous products certified Kosher and Halal

	Case Pack	Case Weight	Case Dim. L x W x H (in)	Cases/Pallet	TL x HI	Credits
Plant-Based Spicy Kickin' Nuggets	2x 5 lb Bags	10 lbs	11 x 9 x 7.75	119	17 x 7	2.25 MMA
Plant-Based Spicy Kickin' Tenders	2x 5 lb Bags	10 lbs	11 x 9 x 8.5	119	17 x 7	2.25 MMA
Plant-Based Spicy Kickin' Patties	2x 5 lb Bags	10 lbs	11 x 9 x 8.5	119	17 x 7	2.0 MMA

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