

PLANT-BASED MADE EASY!



HIGH IN
PROTEIN

UP TO
2.25 MMA
CREDITS

100%
VEGAN / VEG

NO
CHOLESTEROL

SPEED SCRATCH
FRIENDLY

Offering playful plant-based alternatives to your menu classics, Rebellious delivers the same juicy and rich flavor as conventional chicken, with all the benefits of 100% vegan / vegetarian ingredients. Simple to prepare, these deliciously golden brown, protein-rich Kickin' Nuggets, Tenders, Patties and Popcorn Bites will enhance just about any speed scratch recipe!

ALL REBELLIOUS PRODUCTS CERTIFIED KOSHER AND HALAL!

PLANT-BASED
rebellious
Kickin' Nuggets



PLANT-BASED
rebellious
Kickin' Patties



PLANT-BASED
rebellious
Kickin' Popcorn
BITES



PLANT-BASED
rebellious
Kickin' Tenders



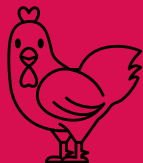
rebellious
foods

www.rebellious.com | hello@rebellious.com | (206) 880-1299

SCAN FOR
RECIPES!



PLANT-BASED NEVER TASTED SO GOOD!



KEEP FROZEN UNTIL READY FOR USE

Product is not fully cooked. Do not microwave. Cook thoroughly from frozen to at least 165°F internal temperature. Appliances may vary; adjust accordingly.

rebellyous
Kickin' Nuggets

PLANT-BASED NUGGETS

Nutrition Facts

About 53 servings per container
Serving size 5 Pieces (85g)

Amount per serving
Calories 210

	% Daily Value*
Total Fat 13g	17%
Saturated Fat 1g	5%
Trans Fat 0g	
Polyunsaturated Fat 3.5g	
Monounsaturated Fat 8g	
Cholesterol 0mg	0%
Sodium 340mg	15%
Total Carbohydrate 13g	5%
Dietary Fiber 1g	4%
Total Sugars 1g	
Includes 1g Added Sugars	2%
Protein 12g	
Vitamin D 0mcg	0%
Calcium 60mg	4%
Iron 2.8mg	15%
Potassium 330mg	8%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



CONVENTIONAL OVEN

Preheat oven to 400°F. Bake from frozen for 11-13 minutes, until the internal temperature reaches 165°F.

CONVECTION OVEN

Preheat oven to 400°F. Bake from frozen for 9-11 minutes, until the internal temperature reaches 165°F.

Item # KNFC212 • DOT# 787746 • Case GTIN: 00860002155821



NUGGETS, TENDERS, PATTIES' INGREDIENTS: Rehydrated Soy Protein (Water, Soy Protein Concentrate, Soy Protein Isolate), Canola Oil, Breading (Enriched Wheat Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid]), Vinegar, Vegetable Oil [Canola and/or Sunflower], Salt, Baking Soda, Yeast, Spice Extractives), Methylcellulose, Seasoning (Salt, Maltodextrin, Cane Sugar, Yeast Extract, Onion Powder, Dehydrated Garlic, Torula Yeast, Spices, Natural Flavors, Citric Acid, Extractives Of Turmeric (Color), Corn Starch

CONTAINS: SOY, WHEAT.

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Kickin' Popcorn

PLANT-BASED POPCORN BITES

Nutrition Facts

About 53 servings per container
Serving size 8 pieces (85g)

Amount per serving
Calories 200

	% Daily Value*
Total Fat 12g	15%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 380mg	17%
Total Carbohydrate 14g	5%
Dietary Fiber 3g	11%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 13g	
Vitamin D 0mcg	0%
Calcium 60mg	4%
Iron 0.8mg	4%
Potassium 360mg	8%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



CONVENTIONAL OVEN

Preheat oven to 400°F. Bake from frozen for 12 minutes, until golden in color and the internal temperature reaches 165°F.

CONVECTION OVEN

Preheat oven to 400°F. Bake from frozen for 8 minutes, until golden in color and the internal temperature reaches 165°F

Item # KBFC21 • DOT# 799313 • Case GTIN: 00860005933785



POPCORN BITES INGREDIENTS: Water, Soy Protein Concentrate, Canola Oil, Whole Wheat Flour, Soy Protein Isolate, Methylcellulose, Contains 2% or less: Cornstarch, Salt, Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Maltodextrin, Yeast Extract, Onion Powder, Spices (Including Celery Seed), Torula Yeast, Dehydrated Garlic, Garlic Powder, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Extractives Of Paprika, Yeast, Natural Flavor, Citric Acid, Extractives of Turmeric (Color) CONTAINS: SOY, WHEAT.



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Kickin' Patties

PLANT-BASED PATTIES

Nutrition Facts

About 53 servings per container
Serving size 1 Patty (85g)

Amount per serving
Calories 220

	% Daily Value*
Total Fat 13g	17%
Saturated Fat 2g	10%
Trans Fat 0g	
Polyunsaturated Fat 2g	
Monounsaturated Fat 9g	
Cholesterol 0mg	0%
Sodium 360mg	16%
Total Carbohydrate 14g	5%
Dietary Fiber 3g	11%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 13g	
Vitamin D 0mcg	0%
Calcium 60mg	4%
Iron 2mg	10%
Potassium 320mg	6%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



CONVENTIONAL OVEN

Preheat oven to 400°F. Bake from frozen for 11-13 minutes, until the internal temperature reaches 165°F.

CONVECTION OVEN

Preheat oven to 400°F. Bake from frozen for 9-11 minutes, until the internal temperature reaches 165°F

Item # KPFC21 • DOT# 787748 • Case GTIN: 00860005933747



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Kickin' Tenders

PLANT-BASED TENDERS

Nutrition Facts

About 53 servings per container
Serving size 3 Tenders (85g)

Amount per serving
Calories 230

	% Daily Value*
Total Fat 14g	18%
Saturated Fat 2g	10%
Trans Fat 0g	
Polyunsaturated Fat 2.5g	
Monounsaturated Fat 9g	
Cholesterol 0mg	0%
Sodium 370mg	16%
Total Carbohydrate 13g	5%
Dietary Fiber 3g	11%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 14g	
Vitamin D 0mcg	0%
Calcium 60mg	4%
Iron 2mg	10%
Potassium 310mg	6%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



CONVENTIONAL OVEN

Preheat oven to 400°F. Bake from frozen for 9-11 minutes, until the internal temperature reaches 165°F.

CONVECTION OVEN

Preheat the oven to 400°F. Bake from frozen for 8-10 minutes, until the internal temperature reaches 165°F.

Item # KTFC21 • DOT# 787745 • Case GTIN: 00860005933730



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foods

PLANT-BASED

NO HARM.

NO FOWL®

All Rebellyous products certified Kosher and Halal

	Case Pack	Case Weight	Case Dim. L x W x H (in)	Cases/Pallet	TI x HI	Credits
Kickin' Nuggets	2x 5 lb Bags	10 lbs	11 x 9 x 7.75	119	17 x 7	2.25 MMA
Kickin' Tenders	2x 5 lb Bags	10 lbs	11 x 9 x 8.5	119	17 x 7	2.25 MMA
Kickin' Patties	2x 5 lb Bags	10 lbs	11 x 9 x 8.5	119	17 x 7	2.0 MMA
Kickin' Popcorn Bites	2x 5 lb Bags	10 lbs	11 x 9 x 7.75	119	17 x 7	2.25 MMA

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