



46th PPC Meeting Minutes | Summary and Action Plans:

Thursday, 26 June 2025

Vivian facilitated the meeting in Father Ray and John Paes' absence.

1. Building Update on Bathroom Renovation

- The PPC meeting was held with Father's absence and four main agenda items, including the Parish Hall bathroom renovation update. Deacon Nestor reported that Architect Greg Roja submitted a fee proposal for renovating the men's and women's restrooms in the parish hall, which was scaled down due to budget limitations. The proposal was deemed reasonable by Rico, and Deacon Nestor is waiting for Steve Bowers' approval before proceeding with the project.
- There's back-and-forth communication between Steve Bowers and Greg, and we're just waiting for Steve to sort of give it the thumbs up. Looks like it's going to move forward.

Action Plan(s):

- Before the final presentation to the committee, Father Ray will need to sign and issue a \$5,000 deposit.

2. Formation Update on Eucharistic Ministers & Readers

- Deacon Nes presented to the Parish Council that he is revising the Eucharistic Ministry (EM) training and Reader training so that it meets the archdiocese' guidelines to continue this and do our own training. He also had many conversations with Deacon Fred about what's going to happen regarding commissioning or regarding training for Readers and EMs in the Archdiocese, as there was nobody to replace Laura Bertone, so the parishes were advised to continue with ongoing faith, formation training.
- We had 75 new and returning and current ministers who came to the Readers and EM Workshops. Deacon Nestor provided the Readers workshop and also talked about the basics of the gestures. This is the hidden language of worship. Fr. Ray also wanted to make sure that our homebound ministers were managing the Blessed Sacrament and consecrated the host properly.
- They also pursued the Legion of Mary, who tends to do most of the homebound ministry, and they had 10 people show up. A lot of them are brand new and need homebound training. We're also standardizing the homebound ministry kit and the process of how to do it. Discussed with Charity and about what each homebound minister should have when they go to do that. There is also a "blue book" to use for homebound ministry that costs around \$5.
- Deacon Fred led the EM Workshop and managed to answer all questions and got valuable feedback from the people who attended, and they seemed to enjoy Deacon Fred.
- Deacon Nes led the Readers Workshop with 14 new readers in attendance and gave everybody an opportunity to do some reading within a small group and bigger group afterwards. The Readers' workshop received exceptional feedback.

Action Plan(s):

- To schedule a "make-up" workshop for those who were not able to attend.
- Targeting the month of August for their commissioning the new Eucharistic Ministers/Readers.



St. Augustine Catholic Church

Parish Pastoral Council (PPC)

3700 Callan Boulevard

South San Francisco, CA 94080

Tel. No.: (650) 873-2282 | Fax No.: (650) 873-1356

e-Mail: staugustineppc.ssf@gmail.com

Website: <https://www.staugustinessf.org/>

3. Jubilee Year Update (July and August)

- Rita informed the group on July 27th re: "Hope & Healing Workshop: Raising Mental Health Awareness and Cultivating the Healing Power of Hope." This FREE Workshop is open to the Archdiocese of San Francisco.
- The workshop will cover overview of mental health and the role of hope to foster resilience; Dr. Melanie Akalal will briefly talk about depression, anxiety, and dementia while Jocelyn dela Torre, RN will be talking about how to care for loved ones with dementia and caregivers; Catholic Charity which will focus on the community resources that's available.

MENTAL HEALTH MATTERS

Hope & Healing: Raising Mental Health Awareness and Cultivating the Healing Power of Hope

JULY 27, 2025 | 2pm to 5pm | Saint Augustine Parish Hall

According to CDC, **Mental Health is a state of well-being** that enables us to cope with the stresses of life, realize our abilities, learn well and work well, and contribute to our community. Mental health is important at every stage of life, from childhood and adolescence through adulthood and aging. **Hope and healing are essential components of recovery from mental health challenges.** Fostering hope, through supportive environments and positive self-care practices, can significantly improve mental well-being and promote healing.

As a faith community, **Saint Augustine parish** is helping raise awareness and helping change the conversation around mental health. Join us for a **FREE** workshop to learn more about:

- **Mental health challenges and ways for cultivating hope in daily life**
- **Recognize the signs and symptoms of depression, anxiety, and dementia, its treatments and when to seek professional help**
- **Caring for loved ones with dementia and their caregivers**
- **Creating a community of hope (community resources)**



MELANIE AKALAL, MD
Psychiatrist, The Permanente
Medical Group - Antioch, CA



**CATHOLIC CHARITIES
SAN FRANCISCO**
Adult Aging Programs
and Memory Café



JOCelyn de la Torre, RN, BSN, SNIV
Residential Care Facility for the
Elderly (RCF) Administrator
Hospice Case Administrator

Register by July 20
Go online using the link below:
www.bit.ly/HopeandHealing



Scan the QR Code
or Call Parish office
(650) 873-2282

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- **August:** Local pilgrimage (overnight) with 50 people in attendance, and these are the stops leaving St. Augustine on August 30th and then visit designated places by the Archdiocese.

Saint Augustine Church

JUBILEE PILGRIMAGE OF HOPE (LOCAL)

AUGUST 30 & 31

\$130* PER PERSON

*FULL PAYMENT MUST BE RECEIVED TO RESERVE YOUR SPOT.

INCLUDES BUS TRANSPORTATION & OVERNIGHT ACCOMMODATION (FOOD NOT INCLUDED)

- OPEN TO ALL PARISHIONERS
- FIRST COME FIRST SERVED
- SPACE IS LIMITED TO 50 PARTICIPANTS
- DOUBLE OCCUPANCY

ITINERARY: SATURDAY, AUGUST 30, 2025

- Morning Departure from Saint Augustine Church
- Cathedral of St Mary
- Mission Dolores
- National Shrine of St Francis
- Mission San Rafael
- St Patrick's Seminary
- Overnight at San Antonio de Padua

ITINERARY: SUNDAY, AUGUST 31, 2025

- Morning Departure from San Antonio de Padua
- Sunday Mass
- Lunch stop @ Seaside
- Back to SAC

REGISTER ONLINE
or Scan QR Code

www.bit.ly/SACJubileepilgrimage

St. Mary's Cathedral

San Antonio de Padua

National Shrine of St Francis

St. Patrick Seminary

Contact:

Patricia Abdelalim (Parish Office)
650.873.2282
Staugustinessf@aol.com

Nerissa Broas
Jubilee Ad Hoc Committee
415.601.3159
SACfaithformationprogram@gmail.com

○ Fiesta Update

Rita briefed the PPC on the Fiesta events, including:

- Participation of ministries to lead for the fiesta events.
- Collaborating with Nerissa, Khay and Deo on planning the church history exhibit.
- Promoting and engaging parishioners and the entire community to celebrate such significant milestones with the liturgical services and daily festivities during the week-long celebration, including updating the parish website with current organization information and photos.

3